

vital baby®

NURTURE®

easy pour breast milk
storage bags



www.vitalbaby.com

Made in China to Vital Baby®
specifications.

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**BPA
FREE**

IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY BEFORE USE.

CARE FOR YOUR PRODUCT

- Single use only, do not reuse.
- Do not allow to come into contact with solvents or harsh chemicals, this could damage the product.
- Never defrost or heat milk in a microwave.
- Frozen milk can be kept for up to 3 months. Once thawed, the milk should be kept refrigerated and consumed within 24 hours.
- Throw away any leftover milk after a feed, once thawed do not re-freeze milk.
- Do not boil breast milk.
- To avoid freezer burn, remove as much air as possible from the bag before freezing.

HOW TO USE YOUR EASY POUR BREAST MILK STORAGE BAGS

1. As our bags are pre-sterilised its important to only handle them with clean hands. Please wash your hands thoroughly before touching.
2. Gently tear the perforated opening strip as indicated on the bag.
3. Open the bag, and fill with your expressed breast milk. The bag can hold up to 250ml of breast milk.
4. Remove as much air as you can before sealing the bag. Ensure the bag is fully sealed and closed securely to prevent leaking, and place in your fridge or freezer. Refer to the CARE FOR YOUR PRODUCT section of this leaflet for storage information.
5. When you are ready to use your stored breast milk, gently cut the pour spout using scissors and pour into your sterilised feeding bottle.
6. Single use only, dispose of the bag after use.