



PROTECT™

healthcare kit

**IMPORTANT CARE & USE INFORMATION.
READ THIS INFORMATION BEFORE USE**

**BPA
FREE**

digital bath and room thermometer

Our Vital Baby® digital room and bath thermometer has been specially designed to give fast and accurate temperature readings whether it is sitting in baby's room or floating in their bath. The large LCD display makes it easy to read the temperature and the built-in warning light flashes, making it clear when bath water is too hot.

This thermometer also doubles up as a fun bath toy that is safe and free from Phthalates, Latex and BPA.

Why is it important to monitor the temperature of baby's room?

Newborn babies are not able to regulate their own body temperature. It is therefore very important that the temperature of their surroundings are monitored to make sure that they are not too cold or too hot so that you can adapt their bedding, change their clothing or alter the temperature of their room accordingly.

Why measure the temperature of baby's bath?

Measuring baby's bath water is important for baby's safety and comfort. A newborn baby's skin is very sensitive and delicate and can react much more quickly to temperature changes than toddler or adult skin. It is therefore very important to test and monitor the temperature of baby's bath water before and during bath time to make sure that the temperature is not too hot and does not fall too low. With our digital bath and room thermometer you can easily check if the water temperature is correct.

Instructions for safe care and use:

Your Vital Baby® digital room & bath thermometer must be stored and used at a temperature ranging between 0°C and 50°C for best results.

For use as a room thermometer:

- 1) Tap the screen firmly to switch on the thermometer.
- 2) Place the thermometer on a surface or shelf that is out of direct sunlight and not near a direct heat/cooling source such as a radiator or air conditioner.
- 3) The temperature will be displayed in the digital display and will fluctuate as the ambient temperature of the air fluctuates.
- 4) The ideal temperature for baby's room is between 16°C and 20°C.
- 5) Thermometer will switch off automatically after 1 hour.

Note: the word 'COLD' appearing at the top of the display screen is only applicable when the thermometer is used to measure the temperature of bath water. Please ignore this function when using the thermometer to monitor the temperature of baby's room.

For use as a bath water thermometer:

The thermometer is 100% waterproof and is suitable for submerging in bath water.

- 1) Tap the screen firmly on a hard surface to switch on the thermometer.
- 2) Place the thermometer in baby's bath and start to fill the bath with the required amount of water using cold water first.
- 3) Once you have added the desired amount of cold water slowly add hot water until the temperature reaches around 37°C. This temperature is just right for your baby.
- 4) If the temperature is 39° or higher the LED light above the display screen will flash RED as a warning. The screen will also display the actual temperature reading. If you see a reading of 39°C or higher DO NOT place your baby in the bath. You will risk scalding your baby. Add cold water to bring the temperature down to 37°C.
- 5) Over the duration of your baby's bath time you should monitor the temperature regularly to make sure that the water has not gotten too cold. If you notice the temperature drop and the 'COLD' symbol is displayed add a little warm water making sure that you do not pour hot water directly onto baby.
- 6) Once bath time is over and baby is warm, dry and safe, remove the thermometer from the water and towel dry.
- 7) Thermometer will switch off automatically after 1 hour.

Cleaning and Maintenance:

Wash the thermometer in warm soapy water, rinse well in hot water and dry before using for the first time and after each use.

Do not use abrasive or solvent based cleaning agents as this may damage the product. Not suitable for use in microwave, steam or cold water sterilisers.

When not in use, store the thermometer in a dry area away from direct sunlight and heat/cooling sources.

Replacing the battery:

If the display becomes faded the battery needs to be replaced for accurate results.

To replace the battery, open the cover on the reverse of the thermometer by using a coin to turn the cover in the direction indicated.

Remove the old battery and replace with a new CR2032 battery. Replace the cover carefully to avoid damaging the waterproof seal and tighten with a coin in the direction indicated.

For your child's safety and health WARNING!

- NEVER LEAVE A BABY UNATTENDED IN THE BATH!
- ALWAYS CHECK THE TEMPERATURE OF THE WATER BEFORE PLACING BABY IN THE BATH.
- Always use this product under adult supervision.
- Before each use, inspect the product and throw away at the first sign of damage or weakness.
- Keep all components not in use out of the reach of children.
- Whilst the readings given by this thermometer are accurate they should be used as a guide only.

Specification and notes:

Measuring Range: 0°C-50°C / 32°F-122°F

Measuring Time: About 10 seconds

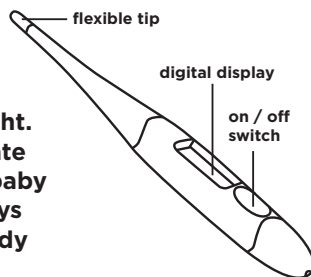
Accuracy: +/-1°C+/-2°F

Resolution: 1°C / 1.8°F

Battery: CR2032 lithium

flexisafe fever alarm thermometer

Our flexisafe fever alarm thermometer has been designed to be safe and easy to use for all the family. Its 3-in-1 use makes it suitable for oral, underarm or rectal use at any time of the day or night. The 30 second reading provides reliable and accurate results to minimise your stress at times when your baby may be unwell. The built-in memory function displays the previous reading taken to help keep track of body temperature changes over the course of the day.



Instructions for safe care and use:

- 1) Before using your Vital Baby® flexisafe fever alarm thermometer make sure that it is stored and used at a temperature ranging between 16°C and 31°C for best results.
- 2) Turn on the thermometer by pressing and holding the power button. You will hear a 'beep', the display screen will turn on and the last measured temperature together with the letter 'M' will be displayed. The display screen will then return to show 37°C/98.6°F (This indicates that there is sufficient power for accurate temperature measurement and that the self-test cycle is complete). Release the power button. The display should now show 'Lo°C' or 'Lo°F' and is ready to measure temperature.
- 3) You are now ready to take your baby's temperature (please refer to the 'where to take temperature readings' instructions for safe and accurate readings).
- 4) After about 30 seconds you will hear and see one of two alarms:
 - a. 'Normal Alarm' – the sound 'beep.... beep.... beep... beep' will be heard along with the actual temperature reading being displayed. This indicates that the temperature detected is below 37.8°C/100°F.
 - b. 'Fever Alarm' – the sound 'beepbeepbeep...beepbeepbeep... beepbeepbeep' will be heard along with the actual temperature reading being displayed. This indicates that the temperature detected is above 37.8°C/100°F.

Note: During temperature measurement the display screen will show;

- c. 'Lo°C' or 'Lo°F' if the measured

temperature is below 32°C/90°F; or

- d. 'Hi°C' or 'Hi°F' if the measured temperature is above 43.0°C/109.9°F.
- 5) For best results and to maintain the accuracy of each measurement please allow at least 5 minutes between each measurement taken.
 - 6) To change the display reading between C and F start with the power off, then press and hold the power switch on until the screen changes from C to F. Repeat the process to change back from F to C.
 - 7) To turn the thermometer off, press the power on button or simply leave for more than 9 minutes to 'auto-off'.

Where to take temperature readings

The Vital Baby® flexisafe fever alarm thermometer is suitable for oral, underarm or rectal use at any time of the day or night by following these simple instructions.

To ensure hygiene, cleaning and sterilisation of the thermometer is required before every measurement.

For oral use:

For best results the mouth should be closed for 1 minute and, where possible, do not eat or drink 15 minutes prior to the reading to create a stable and accurate temperature reading.

Ensure the thermometer is clean. Turn the thermometer on and follow the above instructions. Then simply place the probe under the tongue, close the mouth and wait for approximately 30 seconds for the reading to be displayed.

For rectal use:

The most accurate area of the body to take temperature readings is the rectum. Please follow these instructions very carefully making sure not to over insert the probe beyond the metal tip.

Ensure the thermometer is clean. Turn the thermometer on and follow the instructions for safe care and use. Then simply insert the metal tip into the rectum. A small amount of lubricant such as petroleum jelly may be used if necessary. Wait for approximately 30 seconds for the reading to be displayed.

For under-arm use:

Ensure the thermometer is clean. Turn the thermometer on and follow the instructions for safe care and use. Then simply place the probe under the armpit ensuring that the probe is trapped between the arm and the upper body. Wait for approximately 30 seconds for the reading to be displayed. For most accurate reading leave underarm for 3 minutes.

Cleaning and Maintenance:

The thermometer is waterproof but should not be fully submerged in water.

Wash the thermometer in warm soapy water, rinse well in warm water (not boiling water) and dry before using for the first time and after each use. You can sterilise the thermometer by using alcohol or sterilising wipes.


Do not use abrasive or solvent based cleaning agents as this may damage the product. Do not submerge the thermometer tip in alcohol. Do not boil, microwave, steam or cold water sterilise. Not suitable for use in a dishwasher.

Avoid dropping or exposing the thermometer to sudden shock.

Do not remove any parts except when replacing the battery.

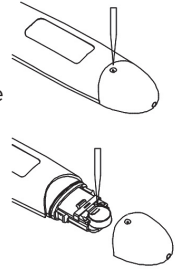
When not in use, store the thermometer in a dry area that is out of direct sunlight. Avoid strong electromagnetic sources to avoid interference and malfunction.

Replacing the battery:

Every 12 months, if the display becomes faded or when the  symbol appears on the screen, the battery needs to be replaced for accurate results.

To replace the battery, insert a narrow object (pin or ballpoint pen) into the hole indicated, and slide the cover off the thermometer.

Remove the old battery and replace with a new LR41 battery. Replace the cover carefully to avoid damaging the waterproof seal.



For your child's safety and health WARNING!

- Always use this product under adult supervision
- Before each use, inspect the product and throw away at the first sign of damage or weakness.
- Keep all components not in use out of the reach of children.
- Whilst the readings given by this thermometer are accurate they should be used as a guide only. If you are worried about your baby's temperature you should contact your doctor or take them to hospital for a professional examination.

Specification and notes:

Measuring Range: 32.0°C-42.9°C (90°F-111°F)

Measuring time: About 30 seconds

Accuracy: $\pm 0.1^{\circ}\text{C}$ ($\pm 0.2^{\circ}\text{C}$) for 35.0-41.0°C (95°F -102°F) & $\pm 0.2^{\circ}\text{F}$ ($\pm 0.4^{\circ}$) for remaining range at an ambient of 22°F (71.6°F)

Display: 3 1/2 LCD digits
(Unit of display : 0.1°C /0.1°F)

Battery: 1.5VDC (LR41) Alkaline

Battery life: About 1000 readings.

Weight: 12 g

- 1) It is suitable for measuring temperature of human body.
- 2) This thermometer is designed and manufactured to comply with the relevant requirements in EN12470-3: Performance of Compact Electrical Thermometers (non-predictive and predictive) with maximum device.
- 3) This thermometer has passed EMC emission test, immunity test according to EN60601 -1 -2 and biocompatibility test according to MDD annex I.
- 4) According to the degree of protection against electric shock, this thermometer is classified to BF, in accordance with EN60601 -1.

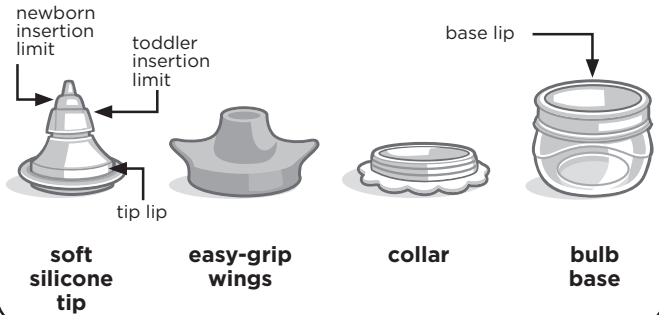
nasal decongester

Vital Baby® nasal decongester has been specially designed to clear baby's nose quickly and effectively with a gentle squeeze. Phthalate, Latex and BPA free.

Before using your Vital Baby® nasal decongester, please ensure that you read the instructions carefully. For use on babies noses from 0+ months. Safe for microwave, steam and cold water sterilisation.

IMPORTANT CARE INFORMATION!
PLEASE RETAIN THIS IMPORTANT INFORMATION FOR FUTURE REFERENCE.

PARTS LIST



3 SIMPLE STEPS

Before each use, inspect the nasal decongester and all its components to ensure that they are clean and undamaged.



diagram i

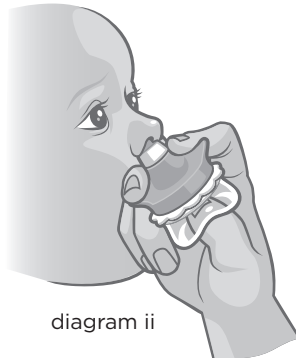


diagram ii

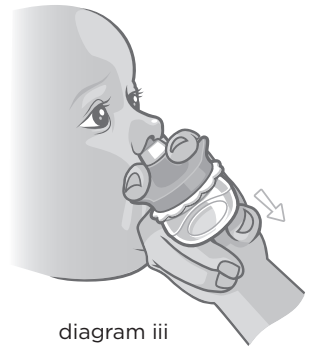


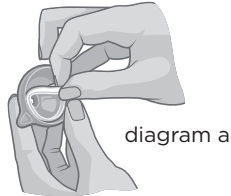
diagram iii

1. Holding the decongester as shown push the bottom of the bulb base inwards with your thumb (see diagram i). For best results hold the nasal decongester as shown, pushing the base with your thumb rather than squeezing the sides.
2. Whilst holding the base inwards with your thumb (see diagram i), gently place tip of the decongester into baby's nostril and tilt it to the side (see diagram ii). Be careful not to over-insert the decongester. Do not push past the relevant insertion limit.
3. Slowly release the bulb allowing the suction to draw the mucus out of baby's nostril (see diagram iii).

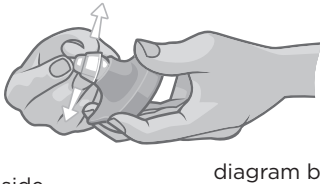
CLEANING, CARE AND ASSEMBLY

Before using for the first time and after each use disassemble all components, wash with warm soapy water and sterilise according to your steriliser manufacturer's instructions.

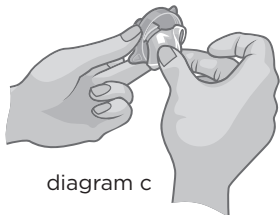
- a) Loosen the silicone tip from the underside of the wings (see diagram a)



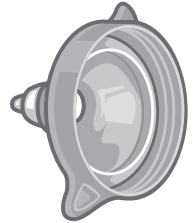
- b) Grip the silicone tip and gently pull upwards whilst moving from side to side until tip comes out of easy-grip wings (see diagram b). Wash all components with warm soapy water and sterilise according to your steriliser manufacturer's instructions. After cleaning and sterilising ensure you reassemble the nasal decongester correctly.



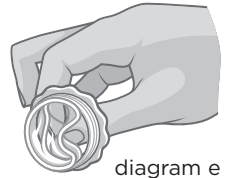
Push the silicone tip through the top of the easy-grip wings (see diagram c).



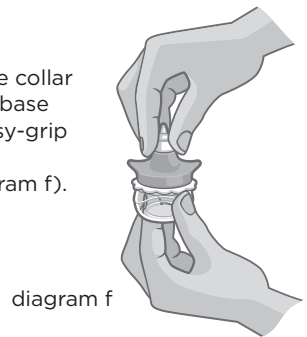
- c) Pull the tip through the top of the easy-grip wings until the toddler insertion limit pops through and the tip lip is flush against inside of the easy-grip wings (see diagram d).



- d) Place the collar around the top of the bulb base. squeeze until the base lip fits around the collar (see diagram e).



- e) Screw the collar and bulb base to the easy-grip wings (see diagram f).



For your child's safety and health **WARNING!**

- This product is not a toy. Adult supervision required.
- NEVER use the nasal decongester to force air into baby's nostril.
- Keep all components not in use out of reach of children.
- Be careful not to over-insert the decongester.
- Do not push past the insertion limit.
- Do not allow the product to come into contact with oil-based foods (e.g. oil / tomato based sauces) as staining will occur.
- Clean all components as soon as possible after use.

www.vitalbaby.com

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