

WHAT TEAT FLOW DO YOU NEED?

Check on the chart that you have the correct teat for your baby.*



*these age/flow rate recommendations are a guide only.

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IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY BEFORE USE

For your child's safety and health. WARNING!

INFANTS MUST NOT BE FED WITHOUT ADULT SUPERVISION
- accidents can occur if baby is left alone with a feeding bottle such as baby falling or choking.

Never use feeding teats as a soother.

Inspect immediately before and after each use and pull the feeding teat in all directions. Throw away at the first signs of damage or weakness.

Do not leave a feeding teat in direct sunlight or heat, or leave in sterilising solution for longer than recommended, as this may damage and weaken the teat.

Continuous and prolonged sucking of fluids will cause tooth decay - tooth decay in young children can occur when non-sweetened fluids are used. This can occur if baby is allowed to use the bottle for long periods through the day and particularly through the night, when saliva flow is reduced or if it is used as a soother.

Clean all components as soon as possible after use.

If using milk formula, make up all feeds according to the manufacturer's instructions.

Ensure that the self sealing cap is correctly in place when shaking the bottle to mix the feed and hold the bottle upright.

Never use a microwave oven to reheat baby's milk - it is difficult to judge the temperature of reheated milk and you may scald your baby.

For safety and hygienic reasons it is recommended that feeding teats are replaced at least every two months.

CLEANING & CARE

These bottles and teats are suitable for all forms of sterilisation and are top rack dishwasher safe.

Before first use and after each use, inspect the bottle and all its components to ensure that they are clean and undamaged.

Immediately after each feed, disassemble all parts of the bottle and rinse the inside and outside of every component.

Using diluted liquid detergent and a bottle brush, brush all components thoroughly, inside and out, to remove all traces of milk and rinse with fresh clean water.

Do not use abrasive or solvent based cleaning agents as this may cause damage.

Store in a dry, covered container out of direct sunlight when not in use. Do not allow the product to come in to contact with oil-based foods (e.g. oil / tomato based sauces) as staining will occur.

STERILISING

Before sterilising disassemble and clean all parts of the bottle.

Sterilise the bottle and all its components by placing them in boiling water for at least 5 minutes before first use.

Sterilise in sterilising solution (ensure that all parts are fully submerged in solution) or by boiling in water for at least 5 minutes or in a microwave steam steriliser.

Always follow manufacturers instructions carefully.

HOW TO ASSEMBLE YOUR BOTTLES

Step 1

Vital Baby® NURTURE® breast like feeding bottles are much wider than standard bottles, therefore extra care needs to be taken when assembling the teat with the screw ring.

Place the teat on a hygienic surface and lower the screw ring on top of the teat (see diagram A).

Step 2

Whilst holding the screw ring in place, use the sterilised tongs to pinch the top of the teat and gently pull upward in different directions until it pops into place (see diagram B).

The join where the teat and screw ring meet should be smooth (see diagram C).

Next fasten the screw ring and assembled teat to the bottle base.

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Carefully designed and made to the highest safety standards to conform to EN 14350.

vital baby®

NURTURE®
breast like feeding
bottles & teats

BPA
FREE

