



BOTTOMS UP KNOCKER FOR DOUBLE POINT NEEDLES (EASIER START FOR KNITTED KNOCKERS, SAME GREAT RESULT!)

Materials:

1 set 7"-8" double point needles, size 4(5); Cascade Yarns Ultra Pima Fine, sport weight cotton or Ultra Pima, DK; stitch marker to mark needle 1; tapestry needle.



Gauge : 6 st=1" (5 st = 1"). Counts in () are for DK/US 5 needles

BOTTOM PIECE:

Starting with a 20" tail, cast on 15 sts and divide between 3 needles (5 each needle).

Round 1 – kfb, k to the last stitch, kfb. (each needle).

Round 2 – Knit to last stitch, kfb (each needle).

Repeat 1 & 2 until you have number of stitches for your desired cup size.

- A cup – stuffed diameter equals 4.5" (across) 72(66) – 24(22)/needle
- B cup – stuffed diameter equals 5" (across) 78(72) – 26(24)/needle
- C cup – stuffed diameter equals 5.5" (across) 90(84) – 30(28)/needle
- D cup – stuffed diameter equals 6" (across) 102(90) – 34(30)/needle
- DD/E cup – stuffed diameter equals 6.5" (across) 108(96) – 36(32)/needle

*Visit www.knittedknockers.org for notes on larger sizes. Each size goes up about 1/2" in diameter. Sizing is a bit of an art. Looser knit will stretch more when stuffed. Stuffed knockers should measure the diameters listed above, measured straight across the back.

TURNING ROWS: Purl 2 rounds, these two rounds help define the edge as you begin to create the front of your knocker.

TOP PIECE (WITHOUT NIPPLE): (preferred)

Decrease round: K to last 2 sts on each needle, k2tog. Repeat this round until you have 6 sts left (2 on each needle). Cut yarn leaving an 8" tail.

Thread tail through remaining sts with tapestry needle and pull tight. Bring to inside of knocker and fasten off.

TOP PIECE (WITH NIPPLE):

Decrease round: K to last 2 st on each needle, k2tog. Repeat this round until you have 3 sts left (1 on each needle) Knit these 3 stitches on to one needle and proceed with an I-cord for 3 rounds. Cut yarn leaving an 8" tail. Using a tapestry needle, thread tail through remaining stitches. Stretch and twist I-cord tightly and stitch down all around it to create a small nipple. The completed nipple should be no more than 3/8 inch in diameter. Pull remaining tail to the inside of the knocker and fasten off.

Final Step To Finish Bottom Piece: Using a tapestry needle, weave beginning tail through every other cast-on stitch. This will make a draw-string like closure so the knocker stuffing level can later be adjusted by the wearer.

Fill with Poly Fiber Fil™ or ship them unstuffed to save on postage.

Terms Used: CO - Cast On ; kfb - knit into front & back of stitch ; K - knit; P - Purl; k2tog - knit 2 sts together.

Visit <http://www.knittedknockers.org/make-a-knocker/> for tips and videos on how to make the Bottoms Up Knitted Knockers for DPNs

Why A Knitted Knocker?

Over 50K mastectomies in the US each year. Prosthetics can be hot, expensive, and heavy; Knitted Knockers are soft, light, huggable and can be worn in a regular bra. They are distributed free to those who need them.

Finished Knockers or donations can be mailed to:

Knitted Knockers

Support Foundation

1780 Iowa St.

Bellingham, WA 98229

WHY ULTRA PIMA FINE and UL-

TRA PIMA by Cascade Yarns?

100% Pima Cotton, super soft, washable, and affordable.

Approximately \$1.75 per knocker depending on size.

www.knittedknockers.org

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