



www.knittedknockers.org, email: barbara@knittedknockers.org

Materials

1 set 6" double point needles, size 4 (5). Cascade Yarns Ultra Pima Fine, sport weight cotton or (Ultra Pima, DK) stitch marker to mark needle 1, tapestry needle

Outer Piece

CO 3 sts*

Next row - kfb every stitch

Divide on 3 needles - Start knitting in the round

Round 1 - kfb, k1 each needle

Rnd 2 - K to last st on each needle, m1, k1. place stitch marker

A cup - Repeat rnd 2 24(18) times or amount to equal 5" diameter (across)

B cup - Repeat rnd 2 26(20) times or amount to equal 5.5" diameter (across)

C cup - Repeat rnd 2 30(24) times or amount to equal 6" diameter (across)

D cup - Repeat rnd 2 32(26) times or amount to equal 6.5" diameter (across)

E cup - Repeat rnd 2 34(28) times or amount to equal 7" diameter (across)

Purl 2 rounds

Inner Piece

Round 1 - K to last 2 sts, k 2 tog (each needle)

Round 2 - Ssk, k to last 2 sts, k 2 tog (each needle)

Repeat Rnds 1 and 2 til 12 sts total (4 each needle)

Cut yarn (long tail) - thread tail through 12 sts and leave loose to allow for stuffing

Fill with Fiber Fil - (Optional, we will fill for you if you want :-))

***Optional nipple: work 4 rows of I-cord. Knot I-Cord very tightly and stitch down for small nipple**

Visit www.knittedknockers.org for tips and video on How to make great knitted knockers.

sts

3sts

6sts

6 - 2 each ndl

9 - 3 each ndl

12 - 4 each ndl

84(66) - 28(22) each ndl

90(72) - 30(24) each ndl

102(84) - 34(28) each ndl

108(90) - 36(30) each ndl

114(96) - 38(32) each ndl

WHY A KNITTED KNOCKER

Over 50K mastectomies in the US each year.

Prosthetics are expensive, hot and heavy; Knockers are soft, lightweight and huggable.

WHY ULTRA PIMA FINE and ULTRA PIMA by Cascade Yarns

100% Pima Cotton, super soft, washable, and affordable, about \$1.75 per knocker depending on size.

AppleYarns.com offers yarns & kits for Knockers plus they donate money back to **KnittedKnockers.org**.

***Finished Knockers can be mailed to:
Knitted Knockers.org
1780 Iowa St
Bellingham WA 98229***