



RECIPE | SKINCARE | VEGAN | NATURAL

FOAMING SUGAR SCRUB

PHASE A:

- WATER - 6%

PHASE B:

- GLYCERIN - 10%
- CAPRYLIC/CAPRIC TRIGLYCERIDE - 7%
- SODIUM COCOYL ISETHIONATE - 11.5%
- COCAMIDOPROPYL BETAINE - 4%

PHASE C:

- STEARIC ACID - 5%

PHASE D (COOLDOWN):

- BEETROOT POWDER - 2%
- RASPBERRY SEED OIL - 3%
- ESSENTIAL OILS
 - LAVENDER OIL - 0.48%
 - ROSE OIL - 0.02%
 - GERANIUM OIL - 0.50%
- EUXYL® K 903 (PRESERVATIVE) - 0.50%
- SUGAR - 50%

INSTRUCTIONS

1. **PHASE A:** MEASURE WATER INTO A HEAT-RESISTANT CONTAINER OR BEAKER.
2. **PHASE B:** IN A SEPARATE BEAKER, COMBINE GLYCERIN, CAPRYLIC/CAPRIC TRIGLYCERIDE, SODIUM COCOYL ISETHIONATE, AND COCAMIDOPROPYL BETAINE. ENSURE PROPER SAFETY PRECAUTIONS BY WEARING A RESPIRATOR TO PROTECT AGAINST POTENTIAL IRRITATION FROM SODIUM COCOYL ISETHIONATE (SCI) INHALATION. GENTLY MIX **PHASE B** UNTIL ALL INGREDIENTS ARE THOROUGHLY INCORPORATED. SET ASIDE FOR LATER USE.
3. **PHASE C:** INCORPORATE THE STEARIC ACID INTO A MEDIUM TO LARGE HEAT-RESISTANT MIXING BOWL, WHICH WILL SERVE AS THE PRIMARY VESSEL FOR COMBINING ALL INGREDIENTS LATER ON.
4. PLACE **PHASE A, B, AND C** IN A WATER BATH AT MEDIUM TO LOW HEAT. WHILE HEATING, ENSURE TO MIX **PHASE B** GENTLY TO AVOID CLUMPING OR UNEVEN DISTRIBUTION.
5. ONCE THE STEARIC ACID HAS MELTED, REMOVE ALL CONTAINERS FROM THE WATER BATH. BEGIN BY ADDING **PHASE A TO PHASE C** AND BLEND THE MIXTURE THOROUGHLY USING A HAND MIXER. NEXT, INCORPORATE **PHASE B** INTO THE COMBINED MIXTURE OF PHASES A AND C.
6. **PHASE D (COOLDOWN):** ONCE THE MIXTURE HAS COOLED DOWN TO AROUND 40°C, ADD BEETROOT POWDER, RASPBERRY SEED OIL, ESSENTIAL OILS (LAVENDER, ROSE, GERANIUM), EUXYL® K 903 (PRESERVATIVE), AND SUGAR. MIX WELL UNTIL ALL INGREDIENTS ARE EVENLY DISTRIBUTED.
7. POUR THE FORMULATION INTO STERILIZED CONTAINERS AND ALLOW IT TO COOL COMPLETELY BEFORE SEALING.