



Print versions of our pandemic book, Project: Kids, Let's Be Superheroes, were donated to North Elmsley Public School as part of our Iris Delivering of Mental Health Awareness campaign.

Give Back on #GivingTuesday

Today, we celebrate #GivingTuesday. This global day of giving invites individuals to celebrate the holiday season by giving back and creating change in their communities.

At Iris, our mission is to develop accessible tools and products to help practice good mental health and wellness throughout one's life. To date, we have successfully donated \$1.2 million worth of resources and with your support, we can grow further!

A generous gift of **\$10 CAD** (or foreign currency equivalent) can cover the cost of a printed book donation to a school or frontline mental health organization. This #GivingTuesday, your contribution can make a difference!

[Give a Gift](#)

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