

Softening Scars

Professional Treatment Protocol

ITEMS YOU WILL NEED:

- ◆ 4 X 4 cotton gauze
- ◆ botana-gel cleanser™
- ◆ water
- ◆ microdermabrasion system
- ◆ vitA-clear serum™
- ◆ argan boost serum™
- ◆ green tea vita-E moisturizer™
- ◆ daily eclipse® - oil free sunscreen SPF 30



This protocol is effective for reducing the size and improving texture of acne and post-surgical scars. Includes both scar reduction and stimulation of surrounding tissue to enhance collagen production to restore even-textured skin. Results will progressively improve with treatments at 2 week intervals for at least 4 to 8 treatments.

PROCEDURE:

1. Cleansing

- ◆ Apply botana-gel cleanser™ with green tea to the entire face.
- ◆ Massage gently to cleanse.
- ◆ Rinse with water and pat dry.

2. MegaPeel Microdermabrasion Procedure

Treatment may be performed to a post-operative or post-trauma scar after the healing process is complete, approximately 8 weeks. Redness is not contraindicated but petechiae should be avoided when working on scars less than 1 year old. For older scarring, petechiae is the desired endpoint.

MegaPeel Settings:

Silver hand piece: 45-60kpa with divided clear tip (new scars up to 1 year old)

Gold hand piece: 50-65kpa with gold tip (old, heavy scars)

- ◆ Dry skin thoroughly prior to treatment.
- ◆ For scars with contracture, complete 2 passes across the scar in a "zig-zagging" motion.
- ◆ Hold handpiece in one spot for up to 5 seconds and then "pop" off skin, moving along the scar border.
- ◆ Work up one side of the scar and down the other.
- ◆ Petechiae is the desired endpoint if not in a medical setting.
- ◆ If in medical setting, using gold handpiece and gold tip, hold handpiece on skin until pin prick blood established. Ensure that proper sterilization methods for handpiece are in place and replace tubing after treatment.
- ◆ After treatment is complete, dust skin free of any particles.

3. vitA-clear serum™

- ◆ Immediately apply a liberal amount of the vitA-clear serum™ all over the area being treated

4. argan boost serum™

- ◆ Follow by a layer of argan boost serum™ mixed with the vitA-clear serum™.

5. green tea vita-E moisturizer™

- ◆ Apply green tea vita-E moisturizer™ to the face, avoiding the eye area.
- ◆ Do not massage into the face.

- ◆ Apply appropriate eye cream.
- ◆ Allow to dry for 2 minutes before using sunscreen.

6. Finish

- ◆ Apply daily eclipse® - oil free sunscreen SPF 30 to treated area if exposed to sunlight.

CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician).
- ◆ Fitzpatrick skin types IV – VI (may create hyper-pigmentation).
- ◆ Pregnancy or lactation.
- ◆ Anyone with an infectious disease.
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (always refer to a physician).
- ◆ Do not treat over semi-permanent make-up.

AFTER CARE INSTRUCTIONS

Immediately post treatment, follow this home care regimen for up to 3 days:

- ◆ argan boost serum™, lightly massage into treated area 2 X daily.
- ◆ daily eclipse™ - oil free SPF 30 sunscreen - if the area treated will be exposed to sunlight

After 3rd day, follow this home care regimen:

- ◆ high potenC serum™ 2 X daily followed by light massage with argan boost serum™, then application of daily eclipse™ if area will be exposed to sunlight.
- ◆ For continued lightening, begin using clari-tone serum™ nightly instead of high potenC, followed by light massage with argan boost serum™.

FOLLOW-UP TREATMENTS

- ◆ Patient should follow up with treatments at 2 week intervals, with at least 4 to 8 treatments.

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at www.DermaMedSolutions.com.