

# Smooth Stems Protocol

## Professional Treatment Protocol



This relaxing, non-invasive treatment will kick start the production of collagen as well as improve circulation and texture of the skin. You no longer have to hide your legs from your adoring fans after this experience!

Perfect to treat stretch marks, uneven texture on buttocks and thighs or any area of the leg that needs extra attention.

### ITEMS YOU WILL NEED

- water
- botana gel cleanser
- glycolic acid 30%
- treatment neutralizer
- MegaPeel
- D2o solution
- Gly10 exfoliating lotion
- skintrinty serum
- hydrate & renew body lotion
- ageless CBD facial oil
- daily eclipse spf 30



### PROCEDURE

#### 1. Cleanse

- Apply botana-gel cleanser™ with green tea to the area being treated.
- Massage gently to cleanse.
- Rinse with water and pat dry

#### 2. Microdermabrasion Procedure

- Dry the skin thoroughly prior to treatment.
- Make 2 passes over the skin (one horizontal, one vertical).
- Wipe off remaining crystals with a soft cloth or brush
  - MegaPeel Settings: If using a MegaPeel microdermabrasion system, use the following treatment parameters:
    - Silver hand-piece: 45-60 kPa with clear divided tip (on new stretch marks or uneven texture).
    - Gold hand-piece: 50-65 kPa with gold tip (on older stretch marks).



### 3. **Boost hydration**

- Saturate cotton with D20 Solution and use as compress on treated area. Leave on 1-3 minutes

### 4. **gly10 exfoliating lotion™**

- Immediately apply a liberal amount of the gly10 exfoliating lotion™ to the area being treated. Do not remove.

### 5. **skintrinity serum**

- apply a liberal amount of skintrinity serum to the area being treated. Massage in.

### 6. **hydrate & renew body lotion**

- Apply liberal amount of hydrate and renew body lotion and massage (can add 2 pumps ageless cbd facial oil – massage before lotion or mix with lotion)

### 7. **Finish**

- Apply daily eclipse™ - oil free SPF 30 sunscreen barrier protection to the area that was treated, if will be exposed to sunlight.

## **AFTER CARE INSTRUCTIONS**

For better results, instruct patient to use the following products starting immediately post treatment:

gly10 exfoliating lotion™ massaged nightly into area.

skintrinity serum massage daily into area.

ageless cbd facial oil and hydrate and renew body lotion™ - used together at night.

daily eclipse™ - oil free SPF 30 sunscreen - if the area treated will be exposed to sunlight

## **FOLLOW-UP TREATMENTS**

Follow up with additional treatments in 2 or 4-week intervals for a minimum of 6 treatments then reassess.

## **CONTRAINDICATIONS:**

- **Accutane use within one or two years (assessment made by physician)**
- **Fitzpatrick skin types IV – VI (may create hyper-pigmentation)**
- **Pregnancy or lactation**
- **Anyone with an infectious disease**
- **Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)**

## **Learn More**

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call 610-358-4447 or visit us at [www.DermaMedSolutions.com](http://www.DermaMedSolutions.com).