

Refine & Clear Protocol

Professional Treatment Protocol

The Refine & Clear protocol features mandelic acid, an alpha hydroxy acid, with a large molecule proven to control blemishes and reduce pigment. Safe for all skin types, mandelic acid has anti-bacterial properties to effectively manage breakouts. The Refine & Clear protocol will increase cell turnover, promote the release of comedones and reduce sebum production creating a brighter, smoother complexion without irritation.



ITEMS YOU WILL NEED:

- ◆ 4x4 Gauze Pad
- ◆ fan brush
- ◆ Water
- ◆ botana-gel cleanser™
- ◆ mandelic combo peel 30%
- ◆ treatment neutralizer
- ◆ MegaPeel EX® Microdermabrasion (Optional)
- ◆ hydra-repair mask™
- ◆ mandelic serum
- ◆ green tea vita-E moisturizer™
- ◆ daily eclipse® - oil free sunscreen SPF 30

PROCEDURE:

1. Cleansing

- ◆ Apply botana-gel cleanser™ to the entire face.
- ◆ Massage gently to cleanse and remove makeup.
- ◆ Rinse with water and pat dry.

2. mandelic combo peel 30%

- ◆ Apply sparingly with fan brush to face, avoiding the eye/lip area.
- ◆ Leave on for 7 to 10 minutes.
- ◆ *For a more aggressive treatment, use after microdermabrasion.

3. treatment neutralizer

- ◆ Saturate a 4"-by- 4" gauze pad with treatment neutralizer.
- ◆ Generously apply to the face, avoiding the eye area.
- ◆ Rinse with water and pat dry.

4. MegaPeel Microdermabrasion Procedure

- ◆ Dry the skin thoroughly prior to treatment.
- ◆ Make 2 passes over the skin. Treat the entire face vertically the first time, horizontally the second time.
- ◆ Pull the skin taut – in the same direction the hand-piece is moving – as you treat in that area.
- ◆ Slowly glide the hand-piece over the skin back and forth over the area.
- ◆ Dust any particles off the skin.

5. hydra-repair mask™

- ◆ Apply a liberal amount to clean skin and leave on for 10 minutes.
- ◆ After 10 minutes, add water to fingertips and massage into a lather.
- ◆ Remove with a damp 4x4, facial sponge or a hot towel.
- ◆ Pat dry.

6. mandelic serum

- ◆ Apply a few drops over entire face with clean fingertips.

7. green tea vita-E moisturizer™

- ◆ Apply green tea vita-E moisturizer™ to the face, avoiding the eye area.
- ◆ Do not massage into the face.
- ◆ Apply appropriate eye cream.
- ◆ Allow to dry for 2 minutes before using sunscreen.

8. Finish

- ◆ Apply daily eclipse® - oil free SPF 30 sunscreen barrier protection to face and décolleté.

9. Home Care

- ◆ Recommend adding mandelic serum and green tea vita-E moisturizer™ to skin care regimen.

CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician)
- ◆ Anyone with a herpetic breakout (cold sores)
- ◆ Pregnancy or lactation
- ◆ Anyone with an infectious disease
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)
- ◆ Do not treat over semi-permanent make-up

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at www.DermaMedSolutions.com.