

Redness Relief Treatment

Professional Treatment Protocol

Vascular redness is chronic inflammation of facial skin characterized by redness, prominent blood vessels, swelling, and/or skin eruptions that look similar to acne. Microdermabrasion can be used conservatively to decrease the redness associated with rosacea.

****If your client has been diagnosed with rosacea and is considering microdermabrasion, they should consult with their dermatologist or cosmetic surgeon prior to treatment.****

ITEMS YOU WILL NEED:

- ◆ 4X4 Gauze Pad
- ◆ Soft fan brush
- ◆ Water
- ◆ botana-cream cleanser
- ◆ glycolic acid 30%
- ◆ treatment neutralizer
- ◆ MegaPeel EX System (optional)
- ◆ derma renewal gel™
- ◆ C-difference™ - vitamin C lotion
- ◆ eye-radiance K'reme™
- ◆ daily eclipse® - oil free sunscreen SPF 30

PROCEDURE:

Series of Redness Relief Facial treatments may begin with one modality at a time, adding the glycolic or microdermabrasion in future treatments at the discretion of the skincare professional.

1. Cleansing

- ◆ Apply botana-cream cleanser to entire face with lukewarm to cool water.
- ◆ Massage gently to cleanse and remove makeup.
- ◆ Remove with lukewarm to cool water, pat dry.

2. glycolic acid 30%

- ◆ Put glycolic acid 30 % on a 4"-by- 4" gauze pad.
- ◆ Carefully apply to the skin, avoiding the eye area.
- ◆ Leave on for 2 to 3 minutes.

3. Neutralize

- ◆ Saturate a 4"-by- 4" gauze pad with treatment neutralizer.
- ◆ Generously apply to the face, avoiding the eye area.
- ◆ Rinse with water and pat dry.

4. MegaPeel Microdermabrasion Procedure

- ◆ Dry the skin thoroughly prior to treatment.
- ◆ Make 2 passes over the skin. Treat the entire face vertically the first time, horizontally the second time.
- ◆ Pull the skin taut – in the same direction the hand-piece is moving – as you treat in that area.
- ◆ Slowly glide the hand-piece over the skin back and forth over the area.

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SKINCARE



- ◆ Dust any particles off the skin.

5. derma renewal gel™

- ◆ Apply liberal amount of derma renewal gel™ as a soothing mask with soft fan brush to face and neck.

6. Cool compresses

- ◆ Saturate 4 soft, 4"-by- 4" gauze pad with cool water, open length wise and lay compresses on top of derma renewal gel, placing one across forehead and eyes, one diagonally across each cheek toward the mouth, one across neck (adjust as needed for client's comfort and preferred breathing position).
- ◆ Leave on for 5 to 10 minutes.
- ◆ May add hand massage during this time.
- ◆ Using the cool compresses, gently remove excess derma renewal gel, leaving skin slightly damp.

7. C-difference™ - vitamin C lotion

- ◆ Apply layer of C-difference™ to face, neck and décolleté.

8. Finish

- ◆ Apply appropriate eye cream.
- ◆ Apply thin layer of daily eclipse to face, neck and décolleté; working very gently with hands.

9. Home Care

- ◆ Recommend adding C-difference™ vitamin C lotion to skin care regimen.

CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician)
- ◆ Fitzpatrick skin types IV – VI (may create hyper-pigmentation)
- ◆ Anyone with a herpetic breakout (cold sores)
- ◆ Pregnancy or lactation
- ◆ Anyone with an infectious disease
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)
- ◆ Do not treat over semi-permanent make-up

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at www.DermaMedSolutions.com.