

Helping Hands

Professional Treatment Protocol

Hands are the first give-away to your "real" age, yet most of us treat our faces but neglect our hands. DermaMed's microdermabrasion anti-aging hand protocol helps to reduce the signs of aging, UV damage and dehydration so your hands will look as young as your face.



ITEMS YOU WILL NEED:

- ◆ botana-gel cleanser™
- ◆ microdermabrasion system
- ◆ retinyl enzyme treatment
- ◆ argan boost serum™
- ◆ To treat hands with age spots/hyperpigmentation: clari-tone serum™ and AHA salicylic solution
- ◆ To treat hands for anti-aging: high potenC serum™ and C-difference vitamin C lotion™
- ◆ daily eclipse™ - oil free sunscreen SPF 30

PROCEDURE:

1. Cleansing

- ◆ Apply botana-gel cleanser™ with green tea to the hands.
- ◆ Massage gently to cleanse.
- ◆ Rinse with water and pat dry.

2. Microdermabrasion Procedure

- ◆ Settings (if using a MegaPeel Microdermabrasion System): 45 kPa using the silver hand-piece and clear divided tip.
- ◆ Dry the skin thoroughly prior to treatment.
- ◆ Brace the skin on the hand to be treated first, to ensure patient comfort during the treatment. If possible have client hold a tennis ball or make a fist while performing the treatment.
- ◆ Make 2 passes over the top of the hand, treating vertically the first time, horizontally the second time. Repeat on the other hand. Treat the fingers and juncture between the fingers as well.
- ◆ If hands have calluses on the palms, microdermabrasion settings may be increased to 60 kPa and treated as in the step above.
- ◆ Thoroughly dust skin and crystals off of the skin.

3. retinyl enzyme treatment

- ◆ Apply a thin layer of retinyl enzyme to the hand and wipe the product over the hand.
- ◆ Leave on for 7 minutes.
- ◆ Use a clean, wet 4"-by- 4" gauze pad to remove.
- ◆ Rinse.
- ◆ Repeat until the skin is no longer sticky. (Do this at least 2 times.)

4. Hydrate

- ◆ Massage argan boost serum™ into the hands.
- ◆ Wrap hands with a hot towel, warming mitts or dip hands in paraffin (follow instructions on paraffin bath).
- ◆ Keep on for 5-6 minutes, or during the time when client may be receiving a facial or microdermabrasion treatment on face.

5. To treat hands with age spots and hyperpigmentation:

- ◆ Apply a layer of AHA salicylic solution to the hand.
- ◆ Follow with a layer of clari-tone serum Leave on skin.
- ◆ Follow with Step 7.

6. To treat hands for anti-aging:

- ◆ Apply a thin layer of high potenC serum™ to the hand.
- ◆ Follow with a layer of C-difference vitamin C lotion™.
- ◆ Follow with Step 7.
- ◆

7. Finish

- ◆ Apply daily eclipse™ - oil free SPF 30 sunscreen barrier protection to the top of the hands.

HOME CARE INSTRUCTIONS

For reducing appearance of pigmentations on the hands, recommend a home treatment regimen of:

- ◆ clari-tone serum™
- ◆ AHA salicylic solution
- ◆ daily eclipse™ - oil free SPF 30 sunscreen

For reducing signs of aging on the hands, recommend a home treatment regimen of:

- ◆ high potenC serum™
- ◆ C-difference™ vitamin C lotion
- ◆ daily eclipse™ - oil free SPF 30 sunscreen

FOLLOW-UP TREATMENTS

- ◆ Patient should follow up with treatments at 3-4 week intervals.

CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician)
- ◆ Fitzpatrick skin types IV – VI (may create hyper-pigmentation)
- ◆ Pregnancy or lactation
- ◆ Anyone with an infectious disease
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at www.DermaMedSolutions.com.