

# European Facial Treatment

## Professional Treatment Protocol

This treatment will leave skin feeling refined and refreshed. The enzyme exfoliator denatures proteins of surface dead cells and also enhances vitamin A delivery to tighten and rejuvenate skin. Soothing botanicals nourish and hydrate all skin types.

Interested in an Express Facial? Convert this protocol to an Express European Facial by exfoliating without microderm and reducing treatment area to Face and décolleté.

### ITEMS YOU WILL NEED:

- ◆ 4X4 Non-Woven Gauze Pad
- ◆ Cotton Rounds
- ◆ Cotton Towel
- ◆ Water
- ◆ botana-cream cleanser
- ◆ MegaPeel EX System (optional)
- ◆ botana-scrub cleanser
- ◆ retinyl enzyme treatment
- ◆ calm and balance™ therapeutic massage oil
- ◆ argan boost serum™
- ◆ hydra-repair mask
- ◆ eye-radiance K'reme
- ◆ green tea vita-E moisturizer™
- ◆ daily eclipse® - oil free sunscreen SPF 30



### PROCEDURE:

#### 1. Cleansing

- ◆ Apply botana-cream cleanser.
- ◆ Massage gently to cleanse and remove makeup.
- ◆ Rinse with water and pat dry.

#### 2. To exfoliate with microderm: MegaPeel Microdermabrasion Procedure (optional)

- ◆ Dry the skin thoroughly prior to treatment.
- ◆ Make 2 passes over the skin. Treat the entire face vertically the first time, horizontally the second time.
- ◆ Pull the skin taut – in the same direction the hand-piece is moving – as you treat in that area.
- ◆ Slowly glide the hand-piece over the skin back and forth over the area.
- ◆ Dust any particles off the skin.

#### 2. To exfoliate without microderm:

- ◆ Apply nickel sized amount of botana-scrub.
- ◆ Massage onto damp skin.
- ◆ Remove with wet 4x4 non woven gauze pads.
- ◆ Rinse until all crystals are removed and pat dry.

#### 3. retinyl enzyme treatment

- ◆ Apply a thin layer of retinyl enzyme, avoiding the eye and lip area.

- ◆ Leave on for 5-7 minutes. Perform Step 4 calm and balance™ hand massage at this time.
  - ◆ Use a clean, wet 4"-by- 4" non-woven gauze pad to remove.
  - ◆ Rinse.
  - ◆ Repeat rinse until the skin is no longer sticky. (Do this at least 3 times.)
4. calm and balance™ therapeutic massage oil (optional)
- ◆ Perform hand massage during retinyl enzyme treatment.
5. argan boost serum™
- ◆ Apply several drops of argan boost serum™ to the face, neck, shoulders and décolleté.
  - ◆ Massage face, neck, shoulders and décolleté, adding water as needed.
  - ◆ Remove serum with botana-cream cleanser and water, and pat dry.
  - ◆ Perform extractions if needed. Rinse with water and pat dry.
6. hydra-repair mask
- ◆ Apply a liberal amount of hydra-repair mask to entire face avoiding eye area.
  - ◆ Leave on for 10 minutes. Perform Step 7 eye-radiance K'reme™ treatment at this time.
  - ◆ Add water to fingertips and massage into a lather.
  - ◆ Rinse and remove excess with warm damp cotton towel.
7. eye-radiance K'reme™
- ◆ Apply 1-2 pumps of eye-radiance K'reme™ to the orbital bone and undereye area.
  - ◆ Dampen cotton pads with cool water and cover eyes. Leave on for 10 minutes.
8. green tea vita-E moisturizer™
- ◆ Avoiding the eye area apply green tea vita-E moisturizer™ to the face, neck, shoulders and décolleté.
  - ◆ Do not massage .
  - ◆ Allow to dry for 2 minutes before applying additional product.
9. eye radiance K'reme™
- ◆ Apply thin layer to delicate eye area.
10. Finish
- ◆ Apply thin layer of daily eclipse to face, neck, shoulders and décolleté; working very gently with hands.

#### CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician)
- ◆ Fitzpatrick skin types IV – VI (may create hyper-pigmentation)
- ◆ Anyone with a herpetic breakout (cold sores)
- ◆ Pregnancy or lactation
- ◆ Anyone with an infectious disease
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)
- ◆ Do not treat over semi-permanent make-up

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at [www.DermaMedSolutions.com](http://www.DermaMedSolutions.com).