

Combatting Calluses

Professional Treatment Protocol

ITEMS YOU WILL NEED:

- ◆ 4x4 Gauze Pad
- ◆ Water
- ◆ botana-gel cleanser™
- ◆ glycolic acid 30%
- ◆ treatment neutralizer
- ◆ microdermabrasion system
- ◆ retinyl enzyme treatment
- ◆ argan boost serum™
- ◆ daily eclipse™ - oil free sunscreen SPF 30



Offer your customers a pedicure add-on treatment that will deliver immediate results. By combining microdermabrasion and a chemical peel, this protocol will reveal soft and smooth skin with long-term benefits.

PROCEDURE:

1. Cleansing

- ◆ Apply botana-gel cleanser™ with green tea to the feet.
- ◆ Massage gently to cleanse.
- ◆ Rinse with water and pat dry.

2. glycolic acid 30%

- ◆ Put glycolic acid 30% on a 4"-by- 4" gauze pad.
- ◆ Carefully apply to the heel and callused areas, which is typically the heel and ball of the foot and the pads of the toes, keeping clear of bunions.
- ◆ Leave on for 3 to 4 minutes.

3. Neutralize

- ◆ Saturate a 4"-by- 4" gauze pad with treatment neutralizer.
- ◆ Generously apply to the feet.
- ◆ Rinse with water and pat dry.

4. Microdermabrasion Procedure (this may be performed with an aggressive tip, such as the MegaPeel gold hand-piece and tip).

- ◆ Dry the feet thoroughly prior to treatment.
- ◆ Make 2 passes over the callused areas. Treat each area vertically the first time, horizontally the second time.
- ◆ Slowly glide the hand-piece over the skin back and forth over the area.
- ◆ Dust any particles off the skin.

5. retinyl enzyme treatment

- ◆ Apply a thin layer of retinyl enzyme to a 4"-by- 4" gauze pad.
- ◆ Wipe the product over the feet.
- ◆ Leave on for 5 minutes.
- ◆ Use a clean, wet 4"-by- 4" gauze pad to remove.
- ◆ Rinse.
- ◆ Repeat until the skin is no longer sticky. (Do this at least 2 times.)

6. argan boost serum™

- ◆ Apply argan boost serum™ generously to the feet.
- ◆ Gently massage the feet.
- ◆ Place a hot towel over the feet or do a paraffin treatment and leave on for at least 10 minutes.

7. Finish

- ◆ Apply daily eclipse™ - oil free sunscreen barrier protection to the top of the feet if they will be exposed to sunlight.

CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician)
- ◆ Fitzpatrick skin types IV – VI (may create hyper-pigmentation)
- ◆ Pregnancy or lactation
- ◆ Anyone with an infectious disease
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)

AFTER CARE INSTRUCTIONS

Instruct patient to use the following treatment at home on the feet:

- ◆ AHA salicylic solution. Remove excess with warm wash cloth.
- ◆ Apply argan boost serum™.
- ◆ Follow with a layer of green tea vita-E moisturizer™.
- ◆ Place socks on feet.

FOLLOW-UP TREATMENTS

- ◆ Patient should follow up with treatments at 3-4 week intervals.

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at www.DermaMedSolutions.com.