

Battling Backne

Professional Treatment Protocol

Acne on the back, or “backne” is a common and often embarrassing condition for your clients. The skin on the back is much thicker, and has more oil glands than the skin on the face therefore presenting more cases of patients with active acne on the back. DermaMed’s new microdermabrasion protocol is specifically designed to remove blackheads and clogged pores, which are common complaints of those who suffer from this condition. This protocol utilizes mechanical and topical interventions to manage backne for long-term results.



ITEMS YOU WILL NEED:

- ◆ 4x4 Gauze Pad
- ◆ Water
- ◆ botana-gel cleanser™
- ◆ glycolic acid 30%
- ◆ treatment neutralizer
- ◆ microdermabrasion system
- ◆ retinyl enzyme treatment
- ◆ vitA-clear serum™
- ◆ green tea vita-E moisturizer™
- ◆ daily eclipse™ - oil free sunscreen SPF 30

PROCEDURE:

1. Cleansing

- ◆ Apply botana-gel cleanser™ with green tea to the entire back.
- ◆ Massage gently to cleanse.
- ◆ Rinse with water and pat dry.

2. glycolic acid 30%

- ◆ Put glycolic acid 30% on a 4"-by- 4" gauze pad.
- ◆ Carefully apply to the back.
- ◆ Leave on for 2 to 3 minutes.

3. Neutralize

- ◆ Saturate a 4"-by- 4" gauze pad with treatment neutralizer.
- ◆ Generously apply to the back.
- ◆ Rinse with water and pat dry.

4. MegaPeel Microdermabrasion Procedure

- ◆ Dry the skin thoroughly prior to treatment.
- ◆ Make 2 passes over the skin. Treat the entire back vertically the first time, horizontally the second time.
- ◆ Pull the skin taut – in the same direction the hand-piece is moving – as you treat in that area.
- ◆ Slowly glide the hand-piece over the skin back and forth over the area.
- ◆ Dust any particles off the skin.
- ◆ OPTIONAL: Manual extractions may now be performed as needed.

5. retinyl enzyme treatment

- ◆ Apply a thin layer of retinyl enzyme to the back.
- ◆ Distribute a generous layer over the area of the back being treated.
- ◆ Leave on for 5 minutes.

- ◆ Use a clean, wet 4"-by- 4" gauze pad to remove.
- ◆ Rinse.
- ◆ Repeat until the skin is no longer sticky. (Do this at least 3 times.)

6. vitA-clear serum™

- ◆ Apply a layer of vitA-clear serum™ to the area of the back being treated.
- ◆ Do not massage the serum into the back.
- ◆ Allow to dry for 2 minutes.

7. green tea vita-E moisturizer™

- ◆ Apply green tea vita-E moisturizer™ to the face, avoiding the eye area.
- ◆ Do not massage into the face.
- ◆ Apply appropriate eye cream.
- ◆ Allow to dry for 2 minutes before using sunscreen.

8. Optional

- ◆ If the client will be out in the sunlight without a shirt, then apply daily eclipse™ - oil free sunscreen barrier protection to any areas on the back that are exposed to sunlight.

CONTRAINDICATIONS:

- ◆ Accutane use within one or two years (assessment made by physician)
- ◆ Fitzpatrick skin types IV – VI (may create hyper-pigmentation)
- ◆ Pregnancy or lactation
- ◆ Anyone with an infectious disease
- ◆ Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)

HOME CARE INSTRUCTIONS

Recommend using:

Clarifying Kit

- ◆ vitA-clear serum™ -antioxidant/oil control (18 ml)
- ◆ AHA salicylic solution (50 ml)
- ◆ green tea toner – with glycolic (50 ml)
- ◆ PLUS: dmSkincare's repair bar

FOLLOW-UP TREATMENTS

- ◆ Patient should follow up with treatments at 3-4 week intervals.

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan that is tailored to your needs, please call [610-358-4447](tel:610-358-4447) or visit us at www.DermaMedSolutions.com.