



Dear Participant,

In order to be able to support participants on the life changing workshop please would you read the message below and let me know if there were anything you would like to discuss.

During the spring of 2007, the energy of Angelic Reiki went through a transition and was experienced by workshop participants in a more pure and potent way. This divine energy, by its very nature, creates balance; thus, searching out everything within our consciousness, physically, emotionally, and spiritually, that compromises us embracing the truth of our own divinity. As you may have realised from the website, our teachings and practices are based on The Ancient Wisdom.

In the ancient times, "students" had to commit to a time of preparation before receiving initiation. Today, with the fast pace with which everything is moving, it is not appropriate to do as Pythagoras, for example did, . . . asking his students to be in silence for three years before entering his school. We therefore just ask you to hold in your consciousness the sacredness of the work we are to do. This includes embracing all personal changes and clearings that will present themselves to you in the time running up to the workshop.

People do experience, to varying degrees of intensity, physical, emotional, and spiritual clearings. If any of these clearings present a problem to you, please contact me (Teachers email address and/or phone number) and I will do whatever I can to support you and give you an insight into the process. I give no specific advice as to diet or lifestyle leading up to the workshop, but just ask you to be open to your own guidance and embrace whatever feels right for you.

Because of the cleansing purity of the energy that is now contacted in Angelic Reiki, we have been shown by past experience that it is important our participants advise their teacher if they are, at the present, or in the past, taking any prescribed psychotropic

medication (for example antidepressants) or used alcohol or recreational drugs. (IT IS STRONGLY ADVISED THAT THIS IS DONE.

We take no responsibility for any problems that may arise) Please reply to this e-mail in order to let me know that you appreciate and embrace what we have been guided to pass out to all our students.

Love and Peace Always,

Gary Bashford