

Keep track of the 24 hours of GMT time

O Mirror Hand

12 Hour representation of 24 Hour GMT hand

O Bi-directional Bezel with +/- indicator

This Bezel is used to track a third time zone that can be offset from the GMT time zone by adding or subtracting hours from the GMT time.

GMT Time Zone

or a Second Time
Zone

24 Hour GMT -

Rotating Bi-

Directional Bezel

to track a Third Time Zone



SETTINGS

O WINDING

Unscrew the crown until it releases into the 1st position. Turn the crown clockwise to manually wind. The movement will also self wind while worn on the wrist. To achieve a full wind, turn the crown 40 times clockwise for a maximum power reserve. Once finished, push the crown in and screw down completely.

O SETTING THE DATE

Unscrew the crown and pull to the 2nd position, then turn the crown clockwise to adjust the date. Once finished, push the crown in and screw down completely.

O SETTING THE TIME

Unscrew the crown and pull to the 3rd position, then turn the crown until the current time is set. To prevent movement damage, move hands only in a clockwise direction. Once finished, push the crown in and the screw down completely.

O SETTING THE GMT

Unscrew the crown and pull to the 2nd position, then turn the crown counter clockwise to adjust the GMT hand. Once finished, push the crown in and screw down completely.

counter-clockwise for for GMT - Hours GMT + Hours adjustment adjustment Screw down position Manual Winding (Position 1) Adjust the GMT hand (Position 2) Time setting (Position 3) Quick correction of date (Position 2)

Rotate Bezel clockwise

Rotate Bezel