

# Support During & After Vaccinations



USING BIORAY KIDS® & BIORAY DAILY® FOR TEENS & ADULTS

BY STEPHANIE RAY, BCN, CNHP

The choice of how and whether to vaccinate as adults or for our children is a very personal one. It can be a daunting experience wading through the difficult options. If you do decide to vaccinate, you want the vaccine to be as effective as possible with the least amount of side effects. Using BIORAY Kids® or BIORAY Daily®, this is possible.

**More than 75% of parents are concerned about the side effects of vaccinations<sup>1</sup>.**

## ORGANS TO SUPPORT WHEN GETTING IMMUNIZATIONS

1. Support the adrenal system to keep the body's natural stress responder strong. Getting shots is emotional and physically stressful.
2. It's important for our biggest filtration system, the liver, to be working well. The liver is responsible for cleaning the blood and has pathways for removing toxins. This allows the byproducts in vaccines to have the least negative impact.
3. The gastrointestinal system goes into overdrive, fighting invaders that have entered the body. Supporting the microbiome in the gastrointestinal tract keeps immunity strong.
4. Vaccines contain toxins which pollute the body and interfere with cellular and mitochondrial function. Removing toxins is a crucial component for the body's ability to repair and regenerate.

### Length of time:

Take for a minimum of 5 days prior to vaccinations and continue for 3 weeks following each inoculation.

Here are recommendations for using BIORAY Kids® or BIORAY Daily® product lines when getting vaccinated. Choose one line or mix and match between lines.

### BIORAY Kids® Suggested Intake:

Give 1 mL per 25 lbs of body weight of each product, 1-2 times a day.\*

1. NDF Calm®
2. NDF Tummy®
3. NDF Focus®

### BIORAY Daily® Suggested Intake:

Take 2 mL of each product, 1-2 times a day.\*

1. Loving Energy® Alcohol Free
2. Liver Lover®
3. Belly Mend®
4. Mind Focus®/Primary Detox® or both

\*Add products in one at a time every 24 hours. If no irritations, continue all BIORAY® products mixed together.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

## ADDITIONAL RECOMMENDATIONS ON THE DAY OF VACCINATION:

- Have an ice pack with you. Immediately following injection, apply ice pack to the area for 15-30 minutes.
- Homeopathic Remedy Thuja 6x: Take 4 pellets immediately under tongue, and then again 1 hour, 1 ½ hours and 2 hours following vaccination.
- Rescue Remedy: Take 3-4 times on day of vaccination; before going to the doctor's appointment, immediately after vaccine and 1-2 times later in the day.

Working with a caring and thoughtful health practitioner is recommended. At BIORAY® supporting you and your family's health goals is our highest priority.



<sup>1</sup> According to a survey released by the Center for Disease Control in the latest from American Academy of Pediatrics

# Support During Antibiotic Use



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Utilizing natural formulas to support the body's ability to stay balanced when medications are needed provides us with the best of both worlds. Medications like antibiotics have the following negative impacts on the body:

- Antibiotics destroy friendly and beneficial microbiology in the gastrointestinal tract which leaves us susceptible to bad bugs or invaders.
- Toxic byproducts of antibiotics stress the liver, kidneys, adrenals, GI tract and bowels.

## ORGANS TO SUPPORT WHILE USING ANTIBIOTICS

1. During antibiotic use, it's important to support the body's ability to filter toxins by nourishing the liver as well as supporting the adrenals which is the organ system that handles stress. Results are feeling less irritable and better sleep.
2. Many people experience gut issues or loose stools from antibiotics. Support healthy intestines with beneficial yeast and probiotic lysates during antibiotic use.
3. After antibiotic use, continue liver, adrenal support and detoxification. It's important to keep residue left behind from medication moving down and out of the body.
4. Reestablish beneficial flora in the gastrointestinal tract with your choice of live probiotics.

Here are recommendations for using BIORAY Kids® or BIORAY Daily® product lines when using antibiotics or other medications. Choose one line or mix and match between lines.

### Length of time:

Give recommended products during antibiotic use and continue for 1-3 months depending on length of antibiotic use and severity of symptoms.

\*Add products in one at a time every 24 hours. If no irritations, continue all BIORAY® products mixed together.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Stephanie Ray, BCN, CNHP has over 30 years of experience in Chinese medicine, specializing in detoxification and organ support. Stephanie serves as the driving force behind BIORAY® line of dietary supplements for doctors and their patients.



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### BIORAY Daily® Suggested Intake:

Take 2 mL of each product, 1-2 times a day

1. Loving Energy® Alcohol Free
2. Liver Lover®
3. Belly Mend®
4. Mind Focus®/Primary Detox® or both

### ADDITIONAL RECOMMENDATIONS:

- Saccharomyces Boulardii - Open up capsule(s) and mix in water or juice. 1-3 capsules, 3x a day.
- Live Probiotics of your choice - Open capsules and mix in water or juice. 2-4 capsules, 2 times a day.

### BIORAY Kids®



### BIORAY Daily®

