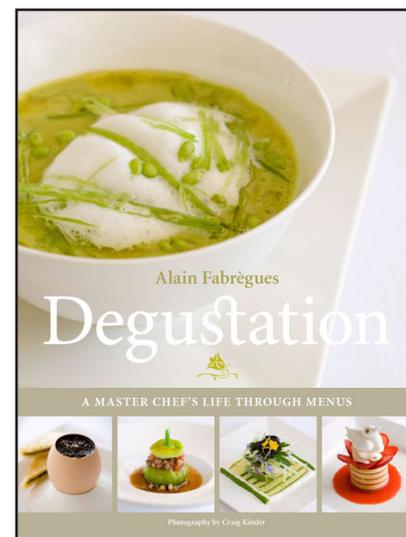


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# Media Release

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## Degustation A Master Chef's Life Through Menus By Alain Fabrègues



ISBN 9781921401510  
\$84.95 hb

*'For more than two decades Alain Fabrègues has been an inspiration to all French chefs around Australia, including me. And now this great man's energy for food and pleasing customers is apparent on every page of Degustation.'* Shannon Bennett

Alain Fabrègues is one of Australia's premier French chefs and his first cookbook, *Degustation* showcases his passion for creating exquisite fine food.

Well-known for founding The Loose Box restaurant in Mundaring, Western Australia, Alain's culinary skills have been developed and refined over 45 years, from his start as an apprentice in Bordeaux, France.

Much like a degustation menu, this stunning cookbook is presented in many parts – the chapters begin with an aspect of Alain's life and recount events that shaped his amazing career.

Seventy of his famous dishes have been expertly photographed and come accompanied by a number of drawings and paintings by Fabrègues himself, who believes the marriage between creative art and cuisine is integral to his success.

Two entire menus have been created around one of Alain's passions, the black truffle. In recent years Alain has formed the Toodyay Truffle Company and planted over 1,500 trees in a bid to grow black truffles in Toodyay.

### ABOUT THE AUTHOR

After winning Chef of the Year three consecutive times as well as numerous Gold Plate Awards, Alain competed for and was awarded the highest honour attainable by a craftsman, the Meilleur Ouvrier de France in 1991. Since then, Presidents Mitterrand and Chirac each awarded Alain, by decree, a knighthood. Alain opened The Loose Box restaurant in Perth over thirty years ago – it is now considered arguably the finest classic French restaurant in Australia. Alain also founded Perth's annual Truffle Festival and has since placed Western Australia on the 'truffle map.'

### MEDIA ENQUIRIES

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