

BARBELL STANDARD

THE ORIGINAL

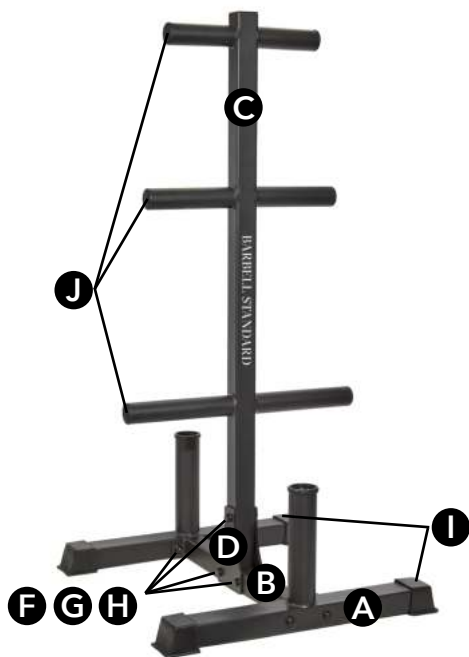
# Weight Plate Tree Bar Storage

## Assembly Instructions



# Package Contents

QTY	Description	QTY	Description
<b>A</b>	2x 24" legs	<b>F</b>	8x Bolts (15mm)
<b>B</b>	1x 20" base	<b>G</b>	8x Washers
<b>C</b>	1x 49.5" Upright	<b>H</b>	8x Hex nuts
<b>D</b>	2x A-brackets	<b>I</b>	4x Rubber feet
<b>E</b>	2x Rectangle plates	<b>J</b>	6x Caps
		<b>K</b>	2x Wrenches (15mm)



**E K**  
Not Pictured

## IMPORTANT NOTE

Load weights low and on both sides of the tree if you intend to store more than 250 pounds of plates for extended periods of time.

# Step 1

## Items needed for Step 1:

2x A

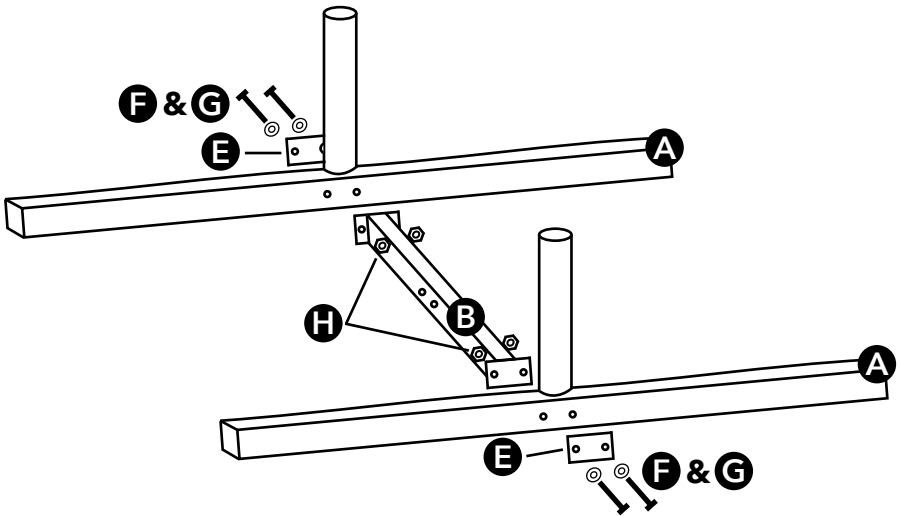
2x E

4x I

1x B

4x F, G, H

2x K



## Instructions

Place washers **G** on bolts **F**. Put two bolts through each plate **E**. Bolts of one **E** pass through one of **A** and then through one side of **B**. Attach nuts **H** to bolts. Repeat for other side. Attach all four rubber feet **I** to ends of **A**. Ensure the legs are level, loosen **H** to adjust as needed.

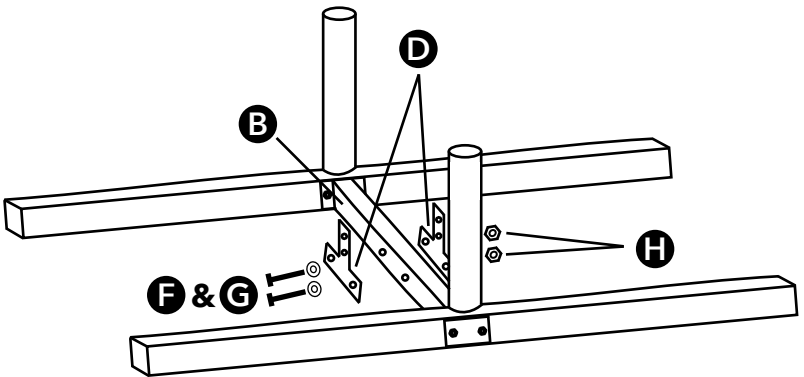
# Step 2

## Items needed for Step 2:

2x D

2x F, G, H

2x K



## Instructions

Place washers **G** on bolts **F**. Place the two bolts through one of the plates **D**. Pass the two bolts through **B** (assembled Step 1), then through the other **D**. Tighten nuts **H** loosely (you'll tighten them in the next step).

# Step 3

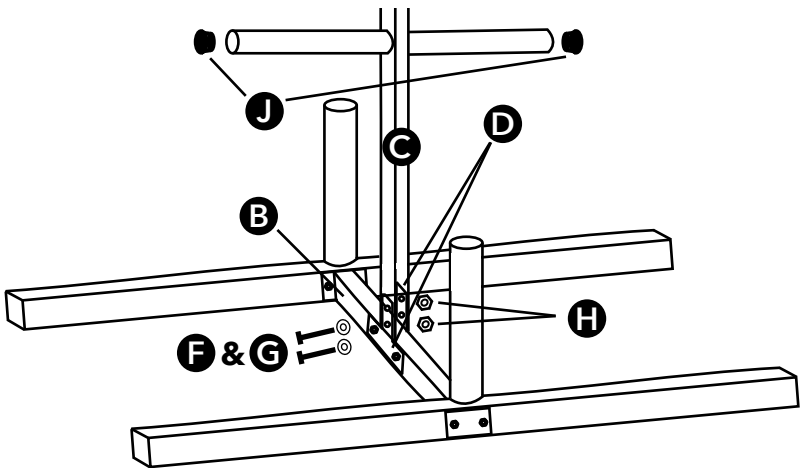
## Items needed for Step 3:

1x C

6x J

2x F, G, H

2x K



## Instructions

Place washers **G** on bolts **F**. Rest **C** to sit level on **B**, directly in between the two loosely fastened **D**. Place the bolts through **D**, then **C**, and then out through the other **D**. Fasten nuts **H**, tightly, and then tighten the two loose nuts from Step 2. Insert all caps **J** into **C**.

# Step 4

## Load up your weight tree and share

1. Load up your plates and bar/s
2. Snap some pictures
3. Show us your setup!



## Storage Overview

### 6" Top Posts

- 12 2.5 lb plates (each)
- 9 5 lb plates (each)
- 6 10 lb plates (each)

### 8" Middle Posts

- 12 10 lb plates (each)
- 6 25 lb plates (each)
- 5 35 lb plates (each)

### 10" Bottom Posts

- 7 25 lb plates (each)
- 7 35 lb plates (each)
- 7 45 lb plates (each)

### Olympic Bar Holders

- 2 2" Olympic Bars

