
$\qquad$

REMOVE SHOES,
WEAR SOCKS AND

## PLACE HEEL

$\frac{1^{\prime \prime}}{\text { inch }}$


IMPORTANT NOTE: Your software must be set to print at 100\% ACTUAL SIZE. Do not use "Fit to Page" or it will alter the size. Use the alignment arrows to tape or staple the two pages together. When printed correctly the inch markings should match a ruler.

Your size is where your longest toe touches the horizontal lines at the top of the page. If your foot is between sizes, use the larger size.

