

FOOD

Best Ugly Bagel or Sourdough toast	6
w/ either peanut butter, jam, cream cheese or marmite or marmite (v)	
Toasted Granola with Organic Oats	12
w/ poppy seed labneh, blueberries, pistachio & cocoa nibs (v)	
Poached, Scrambled or Fried Eggs	12
w/ sourdough or wholemeal toast (v)	
Manuka Smoked Salmon Bagel	16
w/dill cream cheese,crispy capers & mesclun	
Seared Big Eye Tuna Salad	21.5
w/ summer greens, black rice, activated seeds & matcha dressing (gf) OR	
Grilled Organic Tofu	19
marinated in ginger & rice wine (gf, v)	
Grilled Chicken Quesadilla	18.5
w/ spinach, mozzarella, avocado, sour cream & fresh tomato salsa	
Whipped Avocado On Grilled Midnight Baker Bread	16.5
w/ vine ripened tomatoes, baked feta, sago crunch & little leaves (gf, v)	
Atomic French Toast	16.5
w/grilled banana, honey bourbon & smoked maple butter (v)	
Potato Hash Brown	19
w/ poached egg, tomatillo relish & mesclun salad and halloumi OR harmony bacon (gf, v)	

SIDES

Harmony Bacon	7
Manuka Smoked Salmon	9
Grilled Mushrooms	6
Grilled Tomatoes	6
Two Poached, Scrambled or Fried Eggs	4
Summer Greens	6
Pork & Fennel Sausages	9
Grilled Halloumi	6

*gf - gluten free

*v - vegetarian

Gluten free bread available on request **2**

See cabinet for sandwiches & sweets

KITCHEN CLOSSES AT 2:30PM

PLEASE ORDER AT COUNTER