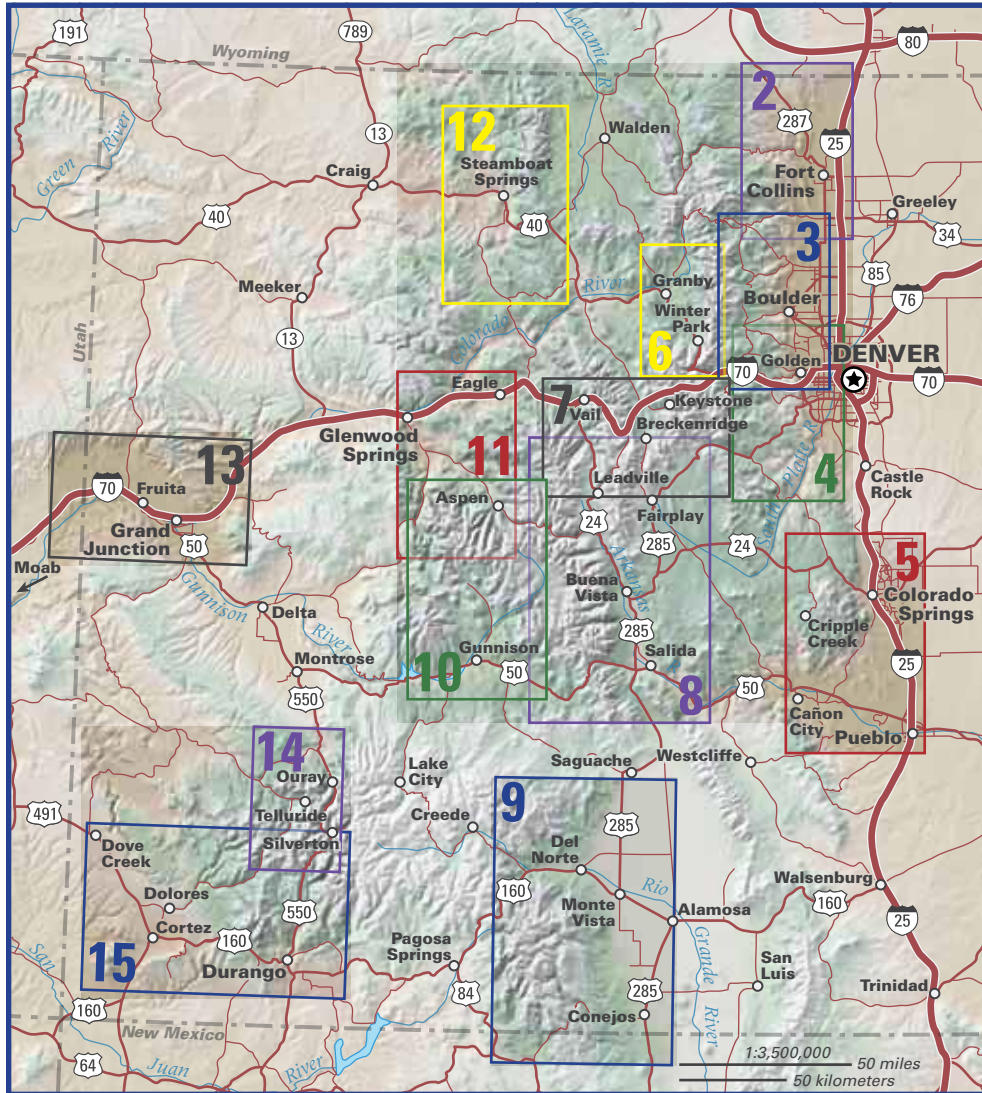




UNITED STATES



Area of Detail



1 - Introduction	6
2 - Fort Collins	20
Bobcat Ridge, Devil's Backbone, Blue Sky Trail, Horsetooth Mountain Park, Lory State Park, Foothills Trail, Youngs Gulch, Soapstone Prairie	
3 - Boulder	40
South Boulder Trails, The Dirty Bismark, East Boulder Trail, Foothills Trail, Boulder Valley Ranch, Betasso Preserve, Switzerland Trail, Walker Ranch, Heil Ranch, Picture Rock Trail, Hall Ranch, Antelope Trail, Rabbit Mountain, Ceran Saint Vrain, West Magnolia, East Magnolia, Mud Lake Open Space, Sourdough Trail, South Saint Vrain	
4 - Denver and Golden	78
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5 - Colorado Springs and Pueblo	118
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6 - Winter Park	142
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Keystone Gulch to Aqueduct, Keystone Resort, Peaks Trail, Colorado Trail via Tiger Road, Breckenridge Resort, Pioneer to Game Trail, Flume Loop, Baker's Tank, The Tenmile Traverse, Colorado Trail to Searle Pass, Son of Middle Creek, North Trail, Vail Resort, Cougar Ridge, Two Elk Trail, Whiskey Creek	
8 - Salida and Leadville	190
Camp Hale to Tennessee Pass, Turquoise Lake, Hagerman Pass, Twin Lakes, Colorado Trail along Mt Elbert, Colorado Trail Cottonwood to Princeton, Salida Mountain Trails, Bear Creek to Methodist Mountain, Shavano to Princeton, Fooses-Green Loop, Monarch Crest	
9 - San Luis Valley	218
Penitente Canyon, Cumbres and Toltec Railroad, Cat Creek, Alder Bench, Trout Creek	
10 - Crested Butte and Gunnison	230
The 401, Dyke Trail, Lower Loop, Snodgrass, Upper Loop, Crested Butte Resort, Teocalli Ridge, Deer Creek, Pearl Pass, Star Pass and Taylor Pass, Reno-Flag-Bear-Deadman, Doctor Park, Hartman Rocks, Canyon Creek	
11 - Aspen, Glenwood, and Roaring Fork	258
Sunnyside, Rim Trail, XC Racecourse, Government, Snowmass Resort, Basalt Mountain, Hay Park, Scout Trail	
12 - Steamboat Springs	276
Coulton Creek, South Fork of the Elk, Scott's Run, Mad Creek, Red Dirt Trail, Hot Springs Trail, Emerald Mountain Loop, Spring Creek, Wyoming Trail from Buffalo Pass, Rabbit Ears Pass to Steamboat Ski Area, Muddy Slide, Rock Creek to Teepee Creek Loop, Steamboat Resort	
13 - Grand Junction and Fruita	298
Palisade Rim, Tabeguache, Bookcliffs, The Edge Loop, Kokopelli, Highline Lake State Park, Rabbit Valley	
14 - Telluride	322
The Gondola Trails, Eider Deep, Galloping Goose	
15 - Durango and Cortez	330
Horse Gulch, Telegraph, Animas Mountain, Colorado Trail Dry Fork Loop, Haffin Creek, Hermosa Creek, Durango Mountain Resort, Engineer Mountain, Canyon of the Ancients, Phil's World, Boggy Draw	

B White Ranch ★★★★★

(3 miles northwest of Golden)

Technical Difficulty: 

Physical Difficulty: **Very Strenuous**

Distance: 10.3 miles

Time: 2 - 4 hours

Type: Lollipop loop

Surface: Singletrack

Climbing: 2,600'

Season: Spring, Summer, Fall

Crowds: Some

Dogs:  Dogs must be leashed

Tough, technical riding provides the best total-body workout in the Front Range

Ride Description

There are many options for mountain biking on the trails at White Ranch, with some of them being only moderately difficult. With that said, this ride is one of the most difficult in the Front Range: it is guaranteed to leave you exhausted, bloodied, and defeated. The climbing on the Belcher Gulch Trail is heinously steep and the descent on Mustang is technical and intimidating. However, if you can manage to survive until the Longhorn Trail, the fast descent (with exciting drops!) is pure bliss for the skilled rider.

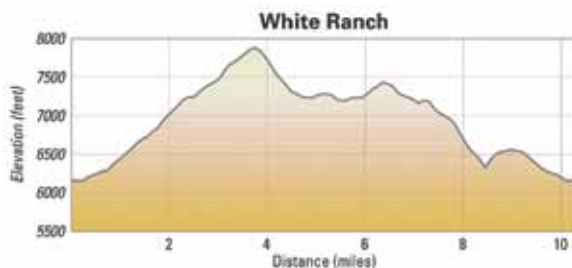
There are not many trees along the steep climb up the Belcher Hill Trail, and this section of the ride bakes in the sun. Even so, riding on a hot day is highly recommended – dripping sweat and passing out from heatstroke at White Ranch is a time-honored Front Range mountain biking tradition!

Driving Directions

From Golden, head north on CO-93 for about 3 miles. Turn left on W 56th Avenue and go 1.1 miles. At a T-intersection, turn right on Pine Ridge Road and immediately arrive at the White Ranch Trailhead.

Riding Directions

- B1 - 0.0** Leave the parking lot on the Belcher Hill Trail and enjoy the easy cruising before things get difficult.
- B2 - 1.2** Continue straight on Belcher Hill Trail as Whippetree Trail goes right. Climb steeply.
- B3 - 1.8** Continue straight on Belcher Hill as Longhorn goes right.
- B4 - 2.4** Continue straight on Belcher Hill as Mustang goes left. Continue past two intersections with Round Up Loop on the right.
- B5 - 2.9** Continue straight on Belcher Hill as Maverick loop goes right. Cross Sawmill Trail and climb past difficult water-bars on Belcher Hill.



- B6 - 3.8** Arrive at the top of the hill! Go left on Mustang as Belcher Hill goes right. Ride down the cool wooden ramps!
- B7 - 4.1** Go right on Mustang as Sawmill goes left.
- B4 - 5.9** Turn left on Belcher Hill and climb up this section again.
- B5 - 6.4** Turn right on Maverick.
- B8 - 7.3** Bear right on Longhorn.
- B9 - 7.7** Continue straight on Longhorn as Shorthorn goes right.
- B10 - 8.6** Continue straight on Whippetree.
- B2 - 9.2** Turn left on Belcher Hill. Head back to the parking lot.

Trestle Bike Park at Winter Park Resort ★★★★★

(2 miles south of Winter Park)

Hours: 9:00 - 5:30, early June to late September

Price: \$34 full day as of 2010

Vertical Relief: 1,700'

Description

For riders who dream of hitting hundreds of jumps on the way down to the base of a chairlift, then Trestle Bike Park is heaven on earth. The resort has one traditional downhill trail with steep, rocky terrain (Trestle Downhill), but the bike park is best known for its butter-smooth trails with huge berms, lots of jumps, and numerous wooden features. Almost all of the jumps can be rolled, so beginners and those without proper downhill bikes can still have a great time. There's also an assortment of delightful cross country and green-circle downhill trails, so even novices will enjoy riding here.

Driving Directions

From the town of Winter Park, head south for about 2 miles and turn right into Winter Park Resort.




You'll flip for the incredible jumps and features at Trestle Bike Park! Photo: Xavier Torrents



Steve Wentz goes big at Sol Vista

Lower Loop ★★★★★

(Starts from downtown Crested Butte)

Technical Difficulty: 

Physical Difficulty: **Easy**

Distance: 8.8 miles

Time: 1 – 2 hours

Type: Lollipop Loop

Surface: Singletrack, paved road

Climbing: 650'

Season: Summer, Fall

Crowds: Crowded

Dogs:  Trail can be crowded

A delightful cruise — perfect for the novice rider

Ride Description

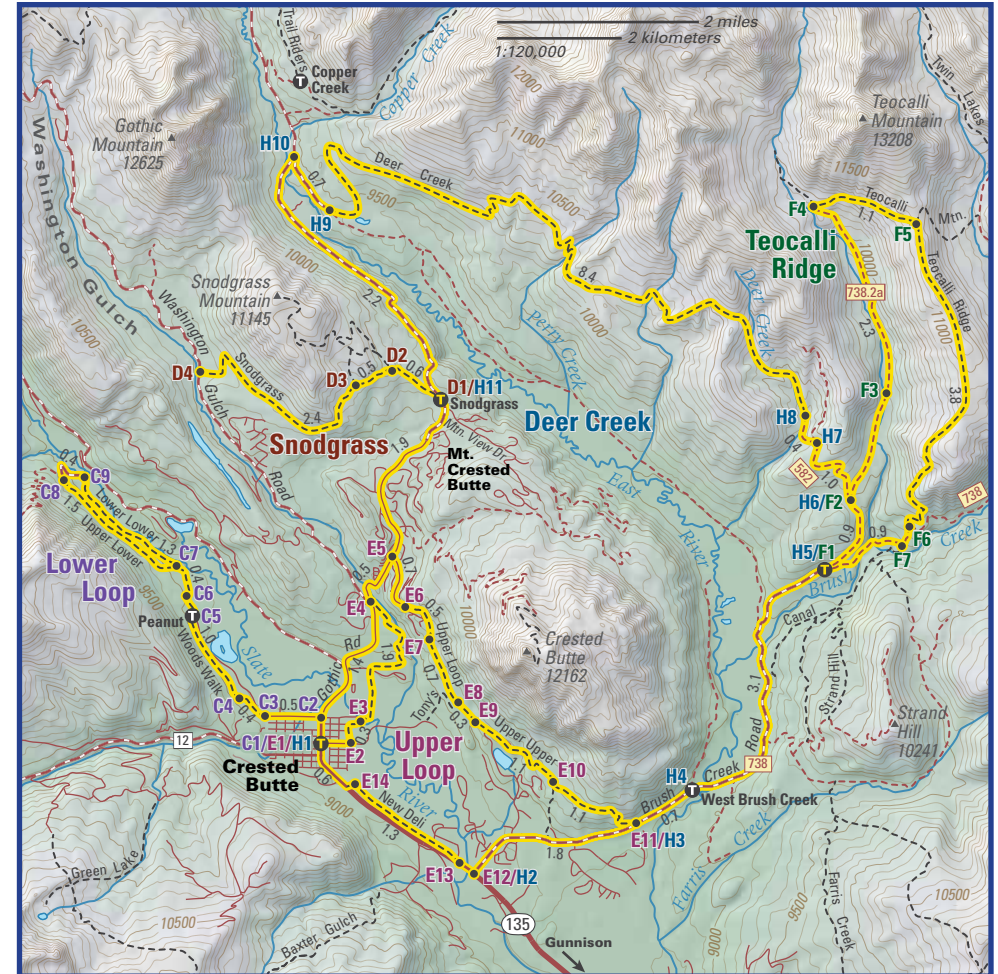
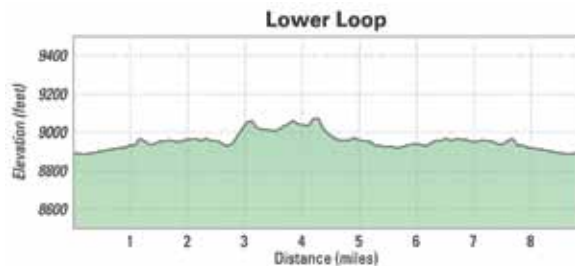
The Lower Loop is guaranteed to put a smile on any mountain biker's face. It's a great ride for those looking for entertaining singletrack through meadows and aspen groves, but wishing to avoid the tough technical challenges typical of Crested Butte trails. The trail is described below as starting from downtown Crested Butte, which involves some nice riding along the Woods Walk Trail. Lazier riders can drive to the Peanut Trailhead and start at mile 2.2, shortening the ride to only 3.4 miles.

Driving Directions

Start the ride from the intersection of CO-135 (6th Street) and Elk Avenue in downtown Crested Butte.

Riding Directions

- C1 - 0.0** From the corner of 6th Street (CO-135) and Elk Avenue, begin riding north on 6th Street.
- C2 - 0.3** Turn left on Butte Avenue.
- C3 - 0.8** Where Butte Road turns into Peanut Lake Road (and turns to dirt) turn left onto unmarked singletrack (the Woods Walk Trail). At the next junction, turn right, staying close to Peanut Lake Road.
- C4 - 1.2** Turn right to stay on the Woods Walk Trail as an unmarked trail goes left.
- C5 - 2.2** Arrive at the Peanut Trailhead. Follow signs towards the Lower Loop Trail.
- C6 - 2.4** Turn right onto the Lower Loop Trail.
- C7 - 2.8** Come to the junction of Lower-Lower and Upper-Lower. Turn left onto Upper-Lower.
- C8 - 4.3** Turn right (downhill) on Gunsight Pass Road.
- C9 - 4.7** Turn right onto unmarked singletrack. After 200 feet, turn right again on the Lower-Lower Trail.
- C7 - 6.0** Arrive back at the junction with Upper-Lower Trail. Bear left and head back to Crested Butte the way that you came.



Descending the 401 Trail during the 2010 Crested Butte Classic. photo: Fredrik Marmsater

Ride	Technical Difficulty	Physical Difficulty	Stars	Distance (miles)	Dogs	Location	Page Number
CO Trail - Mt Elbert	◆	Strenuous	4.5	14.6		20 mi SW of Leadville	201
CO Trail - Cttnwd	◆	Moderate	4	19.8		9 mi W of Buena Vista	202
Salida Mtn Trails	● to ◆	Easy to Strenuous	3.5	up to 20.0		Starts in Downtown Salida	204
Rainbow Trail	■	Easy	4	10.8		8 mi SE of Salida	206
CO Trail - Shavano	◆◆	Very Strenuous	4	up to 29.0		15 mi NW of Salida	208
Fooses-Green Loop	◆	Very Strenuous	5	25.1		15 mi W of Salida	210
Monarch Crest	◆	Moderate	5	34.7		20 mi W of Salida	214
Canyon Creek	◆	Insanely Strenuous	3.5	19.1		40 mi W of Salida	216
9 - SAN LUIS VALLEY							218
Penitente Canyon	■	Easy	3.5	5.3		25 mi NW of Monte Vista	220
Cumbres & Toltec	●	Easy	2.5	17.7		30 mi S of Alamosa	222
Cat Creek	◆	Strenuous	4	13.2		30 mi W of Alamosa	224
Alder Bench	◆	Very Strenuous	4	up to 13.0		4 mi N of South Fork	226
Trout Creek	◆	Strenuous	3	up to 18.0		3 mi SW of South Fork	228
10 - CRESTED BUTTE and GUNNISON							230
The 401	◆	Strenuous	4.5	13.5		8 mi N of Crested Butte	234
Dyke Trail	◆	Strenuous	4.5	13.8		7 mi W of Crested Butte	236
Lower Loop	●	Easy	3.5	7.8		Starts in Crested Butte	238
Snodgrass Trail	■	Moderate	4	7.0		4 mi N of Crested Butte	240
Upper Loop	◆	Moderate	4	11.3		Starts in Crested Butte	242
Teocalli Ridge	◆◆	Strenuous	4	10.4		7 mi NE of Crested Butte	244
C.B. Resort	● to ◆◆	Easy to Strenuous	4	many		3 mi N of Crested Butte	245
Deer Creek Trail	◆	Strenuous	5	26.7		Starts in Crested Butte	246
Pearl Pass	◆◆	Insanely Strenuous	4	37.7		Starts in Crested Butte	248

Ride	Technical Difficulty	Physical Difficulty	Stars	Distance (miles)	Dogs	Location	Page Number
Star & Taylor Pass	◆	Insanely Strenuous	4.5	38.8		Starts in Aspen	251
Reno-Flag-Bear	◆	Strenuous	4	13.2		14 mi SE of Crested Butte	252
Doctor Park	◆	Strenuous	5	21.1		25 mi SE of Crested Butte	254
Hartman Rocks	■	Moderate	3.5	8.9		4 mi SW of Gunnison	256
11 - ASPEN and the ROARING FORK VALLEY							259
Sunnyside Loop	◆	Strenuous	4.5	16.0		Starts in Aspen	261
Snowmass Resort	● to ◆	Easy to Strenuous	4	many		Starts in Snowmass Village	262
Rim Trail	■	Strenuous	5	10.3		Starts in Snowmass Village	264
Snowmass - XC	◆	Moderate	5	11.8		Starts in Snowmass Village	266
Government Trail	◆	Strenuous	4.5	22.0		Starts in Snowmass Village	268
Cattle Creek Trail	◆	Moderate	4	15.1		15 mi NE of Carbondale	270
Hay Park	◆	Strenuous	4	18.6		10 mi SE of Carbondale	272
Scout Trail	◆	Strenuous	3	17.9		Starts in Glenwood Springs	274
12 - STEAMBOAT SPRINGS							276
Coulton Creek	◆	Strenuous	2	9.1		24 mi N of Steamboat	278
S. Fork of the Elk	■	Moderate	4	9.8		25 mi N of Steamboat	279
Scott's Run	◆	Strenuous	4	14.6		28 mi N of Steamboat	280
Mad Creek	■	Moderate	3	7.5		7 mi of Steamboat	282
Red Dirt Trail	◆	Moderate	4	6.1		7 mi N of Steamboat	283
Hot Springs Trail	◆	Strenuous	2	6.6		7 mi N of Steamboat	284
Emerald Mtn	■	Strenuous	3	4.8		Starts in Steamboat	286
Spring Creek	■	Moderate	3	10.2		Starts in Steamboat	289
Wyoming Trail	■	Moderate	4	15.2		13 mi E of Steamboat	290
Rabbit Ears Pass	■	Moderate	5	31.6		22 mi E of Steamboat	292