Ride Appendix

TRAIL SYSTEM	#	TRAIL	DISTANCE	ELEVATION GAIN	RIDING TIME	PHYSICAL RATING	TECHNICAL RATING	PG
CHEYENNE AND	LAR	AMIE						33
North Cheyenne Community Park	A	Red Wave	1.93 miles	82 feet	20 - 60 minutes	EASY	BEGINNER	35
Curt Gowdy State Park	в	Stone Temple	3.74 miles	510 feet	30 - 90 minutes	MODERATE	INTERMEDIATE	39
Curt Gowdy State Park	с	XTERRA Curt Gowdy	12.62 miles	2,193 feet	2- 3 hours	HARD	INTERMEDIATE/ Advanced	43
Curt Gowdy State Park	D	Shoreline	3.5 miles	435 feet	30 - 60 minutes	EASY	BEGINNER	46
Pole Mountain	E	Headquarters National Recreation Trail	10.31 miles	1,388 feet	2 - 3 hours	MODERATE	INTERMEDIATE	48
Vedauwoo Recreation Area	F	Turtle Rock Trail	3.97 miles	546 feet	45 - 90 minutes	MODERATE	INTERMEDIATE	52
Laramie Schoolyard	G	Prom Date to Lunch Lady	3.0 miles	231 feet	30 - 90 minutes	EASY	BEGINNER/ Intermediate	56

CENTENNIAL, ENCAMPMENT AND SARATOGA

Corner Mountain Trail System	A	Corner Mountain Loop	2.72 miles	426 feet	30 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	61
Little Laramie Trails	в	River Trail	3.65 miles	507 feet	45 - 90 minutes	MODERATE	BEGINNER/ Intermediate	63
North Fork Little Laramie River	с	North Fork Trail	8.84 miles	1,438 feet	2 - 4 hours	MODERATE	INTERMEDIATE/ Advanced	65
Sheep Lake	D	Sheep Lake Trail	18.7 miles	2,077 feet	90 minutes - 3 hours	MODERATE	INTERMEDIATE	67
Rock Creek	E	Rock Creek National Recreation Trail	10.76 miles	866 feet	2 - 4 hours	HARD	ADVANCED	71
Green Rock	F	Libby Creek Trail	4.13 miles	729 feet	1 - 2 hours	MODERATE	INTERMEDIATE	74
French Creek Canyon	G	French Creek Canyon Trail	5.29 miles	223 feet	1 - 2 hours	MODERATE	BEGINNER/ Intermediate	76
Brush Creek Trail System	н	Mainline Trail	5.34 miles	514 feet	45 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	80
Medicine Bow Rail Trail	I	Medicine Bow Rail Trail	22.76 miles	571 feet	2 - 4 hours	MODERATE	BEGINNER	82
Lower Encampment River	J	Encampment River Trail	9.92 miles	1,064 feet	90 minutes - 3 hours	MODERATE	INTERMEDIATE	89
East Fork Encampment River	к	East Fork Encampment River Trail	4.4 miles	424 feet	1 - 2 hours	MODERATE	INTERMEDIATE	91
Bottle Creek Trail System	L	Backdoor Loop	2.06 miles	464 feet	30 - 60 minutes	EASY	BEGINNER/ Intermediate	94

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Ride Appendix (continued)

TRAIL SYSTEM	#	TRAIL	DISTANCE	ELEVATION GAIN	RIDING TIME	PHYSICAL RATING	TECHNICAL RATING	PG		
GLENDO, GUERNSEYAND WHEATLAND										
Glendo State Park	A	Ponderosa	1.68 miles	99 feet	20 - 40 minutes	EASY	BEGINNER	101		
Glendo State Park	в	Narrows Bluff	12.46 miles	1,347 feet	90 minutes - 3 hours	MODERATE	INTERMEDIATE	102		
Glendo State Park	с	Rocky River	11.7 miles	1,571 feet	90 minutes - 3 hours	MODERATE	ADVANCED	105		
Guernsey State Park	D	The Castle	7.0 miles	1,048 feet	1 - 2 hours	MODERATE	BEGINNER/ Intermediate	108		
Laramie Peak	Е	Laramie Peak Trail	9.16 miles	2,879 feet	3 - 5 hours	STRENUOUS	ADVANCED	112		

NEWCASTLE AND SUNDANCE

Cook Lake Recreation Area	A	Cliff Swallow Trail	3.86 miles	705 feet	45 - 90 minutes	MODERATE	BEGINNER/ INTERMEDIATE	118
Carson Draw and Sundance Trail System	в	Carson Draw - Reuter Springs Trail	5.33 miles	790 feet	45 minutes - 2 hours	MODERATE	BEGINNER/ Intermediate	122
Carson Draw and Sundance Trail System	с	Bearlodge Mountain Classic - Challenge Course	13.08 miles	2,470 feet	1 - 3 hours	MODERATE	INTERMEDIATE	125
Dugout Gulch Botanical Area	D	Dugout Gulch Botanical Trail	8.88 miles	1,310 feet	1 -2 hours	MODERATE	BEGINNER/ INTERMEDIATE	128
Flying V	Е	Cambria Trail	3.86 miles	703 feet	1 -2 hours	MODERATE	BEGINNER/ Intermediate	131
Serenity Trail	F	Serenity Trail	3.24 miles	685 feet	45 - 90 minutes	MODERATE	INTERMEDIATE	133

115

CASPER AND GLENROCK									
Duncan Ranch	A	Duncan Loop	4.7 miles	609 feet	1 - 2 hours	MODERATE	BEGINNER/ Intermediate	140	
North Platte River Trails	в	North Platte River Trails	5+ miles	70 feet	30 - 60 minutes	EASY	BEGINNER	141	
Squaw Creek	с	Squaw Creek Trail	4.59 miles	715 feet	30 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	143	
Rotary Park	D	Bridle Trail	3.57 miles	1,062 feet	1 - 2 hours	STRENUOUS	ADVANCED	146	
Hogadon Basin Ski Area	Е	Hogadon Basin	1.52 miles	288 feet	20 - 60 minutes	EASY	BEGINNER/ INTERMEDIATE	149	
Casper Mountain Trails Center	F	The Maze	0.98 miles	106 feet	20 - 60 minutes	EASY	BEGINNER	151	
Casper Mountain Trails Center	G	Eadsville Trail	3.1 miles	413 feet	1 - 3 hours	MODERATE	BEGINNER/ Intermediate	155	
Muddy Mountain Environmental Education Area	н	Muddy Mountain Trail	4.46 miles	496 feet	90 minutes - 3 hours	EASY	BEGINNER/ Intermediate	158	

Ride Appendix (continued)

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TRAIL SYSTEM	#	TRAIL	DISTANCE	ELEVATION GAIN	RIDING TIME	PHYSICAL RATING	TECHNICAL RATING	PG
BUFFALO AND SI	-IERI	DAN						161
Tongue River Canyon	A	Tongue River Canyon Trail	4.58 miles	983 feet	1 - 2 hours	MODERATE	ADVANCED	164
Soldier Ridge	в	Soldier Ridge Trail	8.08 miles	927 feet	90 minutes - 3 hours	MODERATE	BEGINNER/ INTERMEDIATE	166
Red Grade Trail System	с	Prairie to Tip of the Woods Trail	1.75 miles	294 feet	30 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	168
Grouse Mountain	D	Grouse Mountain Trail	4.35 miles	176 feet	30 - 90 minutes	MODERATE	INTERMEDIATE/ Advanced	172
Clear Creek Trail System	Е	William J. Mentock Trail	6.56 miles	607 feet	45 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	174

GREYBULL, LOVELL AND TENSLEEP

Bucking Mule Falls	A	Bucking Mule Falls National Recreation Trail	4.92 miles	586 feet	45 - 90 minutes	MODERATE	BEGINNER/ Intermediate	180
Shell Canyon	в	Bench Trail	10.5 miles	1,373 feet	2 - 4 hours	HARD	INTERMEDIATE/ Advanced	182
East Tensleep Lake	с	East Tensleep Lake Trail	10.18 miles	1,464 feet	2 - 4 hours	MODERATE	INTERMEDIATE	186

CODY AND THERMOPOLIS Willow Park Ski Trails D Island Park Trail 4.57 miles 406 feet 45 minutes - 2 hours MODERATE Outlaw Trail System A Outlaw's Greatest Hits 8.4 miles 1,202 feet 90 minutes - 3 hours MODERATE

Outlaw Trail System	A	Outlaw's Greatest Hits	8.4 miles	1,202 feet	90 minutes - 3 hours	MODERATE	INTERMEDIATE/ Advanced	196
Berm Baby Berm	в	Berm Baby Berm	1.8 miles	282 feet	20 - 60 minutes	EASY	BEGINNER/ INTERMEDIATE	199
Beck Lake Bike Park and Trails	с	Go Dog Go	1.35 miles	70 feet	20 - 40 minutes	EASY	BEGINNER	202
Beck Lake Bike Park and Trails	D	Daily Grind	3.91 miles	366 feet	20 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	203
Beck Lake Bike Park and Trails	E	Prickly Pear	4.23 miles	387 feet	45 - 90 minutes	MODERATE	BEGINNER/ Intermediate	204
Slickrock	F	Slickrock	6.57 miles	1,090 feet	1 - 3 hours	MODERATE	INTERMEDIATE/ Advanced	209
Hot Springs State Park	G	Spirit Trail	3.56 miles	570 feet	30 - 90 minutes	EASY	BEGINNER/ Intermediate	213

193

191

BEGINNER/

INTERMEDIATE

177

Wyoming Singletrack – A Mountain Bike Trail Guide **27**

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Ride Appendix (continued)

TRAIL SYSTEM	#	TRAIL	DISTANCE	ELEVATION GAIN	RIDING TIME	PHYSICAL RATING	TECHNICAL RATING	PG
DUBOIS AND LAI	NDE	R						215
Dubois Recreation Area	Α	Overlook Trail	4.74 miles	826 feet	30 - 90 minutes	EASY	BEGINNER/ Intermediate	218
The Bus	в	The Bus Loop	8.35 miles	1,411 feet	1 - 3 hours	MODERATE	INTERMEDIATE	222
Sinks Canyon	с	Moose Gulch - Sage Draw Loop	2.99 miles	446 feet	30 - 90 minutes	EASY	BEGINNER/ Intermediate	227
Sinks Canyon	D	Middle Fork Trail	3.18 miles	743 feet	1 - 2 hours	MODERATE	INTERMEDIATE	228
Sinks Canyon	Е	Brewer's Trail	21.26 miles	2,816 feet	2 - 4 hours	HARD	INTERMEDIATE/ Advanced	229
CWC Trails	F	Sinks Canyon Center Loop	1.67 miles	214 feet	30 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	231
Johnny Behind the Rocks	G	Red Ridge	4.53 miles	702 feet	30 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	236
Johnny Behind the Rocks	н	Johnny on Top	6.16 miles	965 feet	45 - 90 minutes	MODERATE	INTERMEDIATE/ Advanced	237
South Pass City State Historic Site	I	Flood and Hindle Mining Trail	1.39 miles	107 feet	20 - 40 minutes	EASY	BEGINNER	240
South Pass City State Historic Site	J	Carissa Mine Trail	2.55 miles	322 feet	45 - 90 minutes	MODERATE	BEGINNER/ INTERMEDIATE	241
EVANSTON, GREI	EN R	RIVER AND ROCI	K SPRINGS					243
Bear River State Park	A	Cottonwood Trail	2.42 miles	39 feet	20 - 60 minutes	EASY	BEGINNER	245
Bear River State Park	в	Rio Oso Trail System	6.34 miles	739 feet	45 - 90 minutes	MODERATE	BEGINNER/ Intermediate	246
Better than Dead	с	Better than Dead	5.45 miles	729 feet	1 - 3 hours	MODERATE	BEGINNER/ Intermediate	249
FMC Park	D	Channel Surfing	2.08 miles	84 feet	20 - 60 minutes	EASY	BEGINNER	252
Wilkins Peak	Е	Pick Your Poison	12.9 miles	1,909 feet	1 - 3 hours	MODERATE	INTERMEDIATE	255
BONDURANT AN	D PI	NEDALE						257
Cliff Creek Falls	Α	Cliff Creek Falls Trail	11.84 miles	1,515 feet	3 - 5 hours	HARD	ADVANCED	260
Warren Bridge Recreation Area	в	Warren Bridge Hiking Trail	10.24 miles	396 feet	1 -3 hours	MODERATE	INTERMEDIATE/ Advanced	263
Glimpse Lake	с	Glimpse Lake Trail	7.4 miles	1,208 feet	2 - 4 hours	MODERATE	INTERMEDIATE/ Advanced	265
Fremont Lake	D	West Fremont Lake Trail	6.4 miles	432 feet	30 - 90 minutes	MODERATE	INTERMEDIATE	267
CCC Ponds Recreation Area	Е	CCC Ponds Trail	1.24 miles	20 feet	20 - 60 minutes	EASY	BEGINNER	272
Elk Chase	F	Elk Chase Downhill	4.34 miles	562 feet	45 - 90 minutes	MODERATE	INTERMEDIATE/ Advanced	273
The Mesa	G	Tyler Draw	5.06 miles	313 feet	1 -2 hours	MODERATE	BEGINNER/ Intermediate	278
En Tu Suenos	н	En Tus Suenos	4.84 miles	480 feet	1 -2 hours	MODERATE	INTERMEDIATE	280

Ride Appendix (continued)

INTRODUCTION

TRAIL SYSTEM	#	TRAIL	DISTANCE	ELEVATION GAIN	RIDING TIME	PHYSICAL RATING	TECHNICAL RATING	PG
JACKSON								283
Teton Pass	A	Snotel	6.23 miles	1,029 feet	30 - 90 minutes	MODERATE	INTERMEDIATE	286
Teton Pass	в	Black Canyon Trail	6.22 miles	826 feet	45 - 90 minutes	MODERATE	ADVANCED	289
Teton Pass	с	Phillips Ridge Trail	10.62 miles	1,355 feet	1 - 3 hours	HARD	INTERMEDIATE/ Advanced	290
Teton Pass	D	Phillips Canyon Trail	15.08 miles	3,149 feet	2 - 4 hours	STRENUOUS	ADVANCED	292
Jackson Hole Mountain Resort	Е	Hoback Trail	8.42 miles	1,784 feet	1 - 3 hours	MODERATE	BEGINNER/ INTERMEDIATE	294
Gros Ventre	F	Horsetail Creek Trail	12.29 miles	2,056 feet	2 - 4 hours	HARD	ADVANCED	298
Cache Creek & Game Creek	G	Putt - Putt	6.18 miles	1,245 feet	30 - 90 minutes	EASY	BEGINNER/ INTERMEDIATE	303
Cache Creek & Game Creek	н	Skyline	19.18 miles	3,755 feet	2 - 4 hours	HARD	ADVANCED	304
Munger Mountain	I	Munger Mountain Loop	7.72 miles	1,444 feet	1 - 2 hours	MODERATE	BEGINNER/ Intermediate	306
Snake River Canyon	J	Dog Creek to Cabin Creek Loop	7.42 miles	1,361 feet	2 - 4 hours	HARD	ADVANCED	307
ALTA								311
Aspen Trail	A	Aspen Trail	8.84 miles	1,643 feet	1 -2 hours	MODERATE	BEGINNER/ Intermediate	317
Teton Canyon	в	Sheep Bridge Trail	4.52 miles	288 feet	30 - 90 minutes	EASY	BEGINNER	319
Teton Canyon	С	Mill Creek Trail	7.0 miles	1,243 feet	1 - 2 hours	MODERATE	INTERMEDIATE	321
Grand Targhee Resort	D	Jolly Green Giants	4.75 miles	511 feet	30 - 90 minutes	EASY	BEGINNER/ Intermediate	325
Grand Targhee Resort	Е	Rocky Mountain Way	9.03 miles	1,250 feet	1 - 2 hours	MODERATE	INTERMEDIATE	326
Grand Targhee Resort	F	Grand Targhee Loop	27.08 miles	3,756 feet	3 - 6 hours	STRENUOUS	INTERMEDIATE/ Advanced	329
YELLOWSTONE N	IATI	ONAL PARK						333
Bunsen Peak	A	Bunsen Peak Road	5.81 miles	370 feet	1 - 3 hours	MODERATE	BEGINNER/ Intermediate	336
Mount Washburn	в	Mount Washburn	5.9 miles	1,537 feet	1 - 3 hours	HARD	INTERMEDIATE	339

Fountain Freight

Road

Lone Star

Geyser Trail

3.99 miles

4.7 miles

88 feet

109 feet

С

D

Midway Geyser Basin

Lone Star Geyser

BEGINNER

BEGINNER

342

345

30 - 90

minutes 30 - 90

minutes



Vedauwoo Recreation Area



The Vedauwoo (pronounced vee-duh-voo) Recreation Area is rich in cultural and natural history and is a true gem of the National Forest System. Vedauwoo is believed to be a version of the Arapaho word "bito'o'wu" meaning "earthborn". Native Americans thought playful spirits piled up the boulders. Today Vedauwoo is a world renowned rock climbing area, which is also a popular biking, hiking, picnic and camping area.

The Turtle Rock Trail circumnavigates the massive boulders, slabs and cliffs of the fascinating rock formations that define Vedauwoo. This is a wellmarked trail that has excellent flow with multiple technical sections through and over decomposed granite, rock gardens, granite slabs, and roots. Tear it up on this spectacular loop – it can be ridden in either direction – but remember to savor the unique surroundings of this extraordinary place. And if you find the turtle in the rock, let me know. ELEVATION: 8,050 - 8,307 feet

SEASON: May - October

MANAGING AGENCY: U.S. Forest Service; Medicine Bow-Routt National Forest, 2468 Jackson Street, Laramie, WY 82070; 307-745-2300

FEES: \$5 per day per vehicle

DRIVING DIRECTIONS: From Laramie travel I-80 east for approximately 15 miles to Exit 329. Continue one mile east on FS-700, Vedauwoo Glen Road and park in the overflow lot at the entrance to the Vedauwoo Recreation Area.

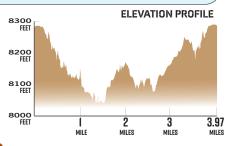
CAMPING: There are 28 campsites available in the adjacent Vedauwoo Campground. It is managed by the U.S. Forest Service. Fees – \$10 per night per campsite. No reservations; first come, first served.



F – Turtle Rock Trail

distance» 3.97 MILES elevation gain» 546 FEET riding time» 45 - 90 MINUTES





Riding Directions

F1-0.0 Start at the overflow parking lot. Cross the cattle guard and continue a short distance on paved surface to access the Turtle Rock Trail.

F2 - 0.12 Trail junction; bear left onto the Turtle Rock Trail. The trail descends rapidly – be cautious of loose granite in corners.

F3 - 0.54 Trail junction; continue downhill to the left.

F4 - 0.56 Arrive at the West Turtle Rock Trailhead. Cross the paved parking lot to the left and regain the trail. Almost immediately pass through gate – remember to close and latch the gate. The trail is generally smooth, wide singletrack. Riders will encounter occasional rock obstacles, some more technical than others.



F5 - 1.48 Trail junction; bear right away from the riparian area and continue on the Turtle Rock Trail. The trail climbs and is rocky and sandy. At the top the trail levels out before a series of fun drops and short climbs. Dirt trail eventually converts to granite slab. **Option:** For added mountain bike enjoyment, bear left to access additional trails (perhaps more appropriately categorized as "cow trails"). These trails are not marked or maintained by the U.S. Forest Service. Pedal House and All Terrain Sports, popular bike shops in Laramie maintain detailed maps of the singletrack and cow trails in the area. They are available online.

F6 - 2.68 Arrive at gate and the East Turtle Rock Trailhead. Close the gate and continue on the singletrack trail to the left as it parallels the Middle Fork of Crow Creek.

F7 - 2.88 Pass the Turtle Rock Trailhead. Continue on the singletrack trail as it begins to climb. Watch for downed timber.

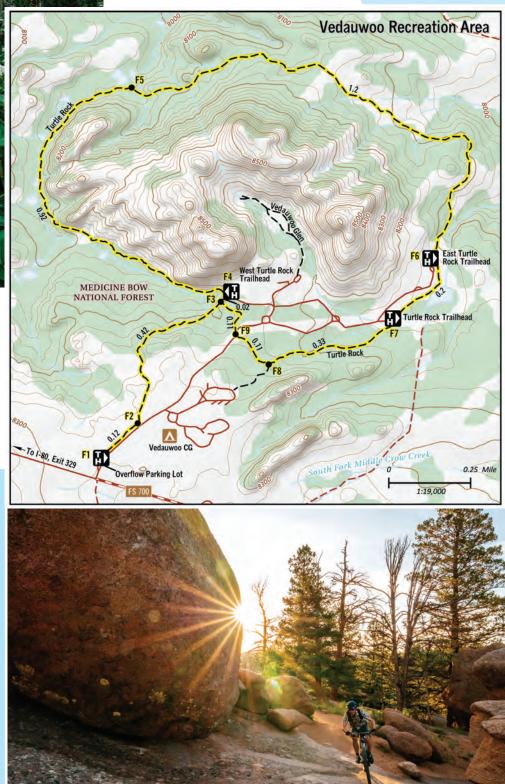
F8 - 3.21 Trail junction; bear right. **Option:** For those staying in the Vedauwoo Campground, continue left for a short climb to your campsite.

F9-3.32 Road crossing.

F3 - 3.43 Trail junction; bear left and begin to climb back to the trailhead.

F1-3.97 End at the overflow parking lot.

Vedauwoo Recreation Area



Jay Goodrich

Chapter 6



BUFFALO AND SHERIDAN

Set against the Bighorn Mountains and vast sprawls of ranchland, the communities of Buffalo and Sheridan are two of the coolest small towns in Wyoming. With quaint, thriving downtown districts, an active art and culture scene, a burgeoning craft brewing industry, an abundance of recreation opportunities, including incredible riding from town, you may find you never want to leave.

In stark contrast to the western slope of the Bighorn Mountains, the trails on the eastern side are generally less rocky and technical. With the recent addition of the Red Grade Trail System, easily the finest purposebuilt singletrack in **northcentral Wyoming**, a new era of mountain biking in the region is being ushered in. With plans to significantly expand the system in the coming years it is only going to get better. But there are

more great trails – pleasant cruisers, lung-busting climbs, and wide open descents – complete with gorgeous wildflowers and rewarding views along the way. Did I mention you may never want to leave?

Tongue River Canyon 1	63
Soldier Ridge1	65
Red Grade 1	67
Grouse Mountain 1	171
Clear Creek Trail System 1	73

AREA ATTRACTIONS

Three picturesque byways twist, turn and climb through the Bighorn Mountains. On the southern **Cloud Peak Skyway** (US-16) take in spectacular views of the Cloud Peak Wilderness as you cross Powder River Pass between Tensleep and Buffalo. The **Big Horn Scenic Byway** (US-14) in the middle crosses Granite Pass between Shell and Dayton. Along the way stop and view Shell Falls in Shell Creek Canyon. And on the northern **Medicine Wheel Passage** (US-14A) between Lovell and Burgess Junction check out Medicine Wheel National, a historic archeological landmark. Allow approximately 90 minutes driving time for each of these scenic routes and leave plenty of time to enjoy a hike or to drop a fishing line in one of the lakes and rivers along the way. FREE

Crazy Woman Canyon is a rugged canyon at the base of the Bighorn Mountains south of Buffalo. There are many legends, but few clues as to the identity of the "Crazy Woman." A single lane gravel road winds up the Canyon and high into the Bighorn Mountains. Along the way gaze up at the massive cliff walls that form the canyon and bask in the serenity of Crazy Woman Creek and the massive boulders that litter its route. Large vehicles and trailers are not permitted. The Canyon is located approximately 12 miles south of Buffalo and west of I-25 from the Trabing Road exit (Exit 291). FREE

In the heart of Buffalo, take a dip in **Washington Memorial Park Swimming Pool,** the largest outdoor swimming pool in Wyoming. Fitness fanatics have access to lap lanes, while the young at heart can rip down the slide. Best of all, entrance is free of charge. FREE West Angus Street and South Burritt Avenue, Buffalo, WY 82834 (307-684-5566; cityofbuffalowy.com)

In December of 1866 a military force under the command of Captain William J. Fetterman left Fort Phil Kearny in pursuit of Crazy Horse and a small band of warriors. In an ambush, 2,000 Indians killed all 81 soldiers. Until the Battle of the Little Bighorn (commonly referred to as "Custer's Last Stand") ten years later, it was the largest loss of life suffered by the U.S. military on the Great Plains. Today visitors to **Fort Phil Kearny State Historic Site** can view the remains of the fort and visit the Fetterman and Wagon Box battle sites. These historic sites are located between Buffalo and Sheridan west of I-90 at Exit 44. 528 Wagon Box Road, Banner, WY 82832 (307-684-7629; wyoparkswyogov)

MOUNTAIN BIKE SHOPS

Buffalo

The Sports Lure 66 South Main 307-684-7682

sportslure.com

Sheridan

Back Country Bike and Mountain Works

330 North Main Street 307-672-2453

Sheridan Bicycle Company

33 West Brundage Street 307-763-4481 facebook.com/ sheridanbicyclecompany/

MOUNTAIN BIKE ORGANIZATIONS

Bomber Mountain Cycling Club

Sheridan, WY facebook.com/ bombermountaincycling/

Cycle Wyoming

Statewide cyclewyoming.org

International Mountain Bicycling Association (IMBA)

4888 Pearl East Circle, Suite 200E Boulder, CO 80301 303-545-9011 imba.com

Sheridan Community Land Trust

P.O. Box 7185 Sheridan, WY 82801 307-673-4702 sheridanclt.org

Wyoming Pathways

P.O. Box 153 Wilson, WY 83014 307-413-8464 wyopath.org

ANNUAL MOUNTAIN BIKE EVENTS AND RACES

Antelope Butte Summer Festival Sheridan, WY antelopebuttefoundation.org

TrailFest

Sheridan, WY sheridanclt.org

Wyoming Gravel Grinder Series Statewide wyominggravel.com

O WY Tourism

Tongue River Canyon



On the east side of the Bighorn Mountains is the rugged and impressive Tongue River Canyon. At its entrance, high overhead among the towering cliffs, is a rock arch. Mountain biking, hiking, rock climbing and fishing are popular recreation activities. It is best to avoid the area during the Bighorn Trail Run, a popular event held each June with endurance trail running races of 18 to 100 miles.

The Tongue River Canyon Trail traces the north bank of the river passing by, through and over massive limestone boulders. These rock gardens will present a significant technical challenge for most riders, but some will find it possible to clean the route. Throughout the canyon there are a number of suitable spots to rest, enjoy the view, or dip your head in the river (not recommended during spring runoff). The ride profiled here ends where Sheep Creek enters the Tongue River near the end of the canyon. If you have time, enjoy expansive fields of wildflowers beyond the canyon or check out the Tongue River Caves near the start of the ride.

ELEVATION: 4,220 - 4,881 feet

SEASON: June – October

MANAGING AGENCY: U.S. Forest Service; Bighorn National Forest, 2013 Eastside 2nd Street, Sheridan, WY 82801; 307-674-2600

FEES: None

DRIVING DIRECTIONS: From Dayton travel west on CR-92 for approximately 3.5 miles. Park at the Tongue River Canyon Trailhead immediately past the Amsden Creek Wildlife Habitat Management Area.

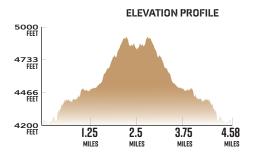
CAMPING: There is a camping area – Tongue River Campground – in the adjacent Amsden Creek Wildlife Habitat Management Area. It is managed by the Wyoming Game and Fish Commission. Fees – none. No reservations; first come, first served.



A – Tongue River Canyon Trail

distance» 4.58 MILES elevation gain» 983 FEET riding time» 1 - 2 HOURS





Riding Directions

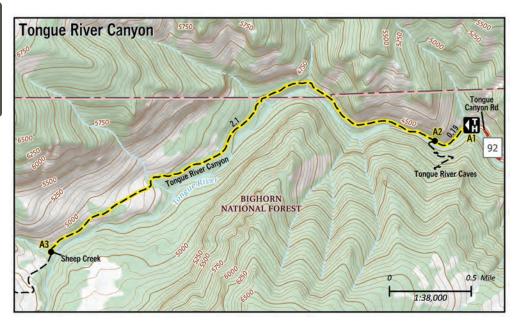
A1-0.0 Start at Tongue River Canyon Trailhead at the end of CR-92.

A2 - 0.19 Trail junction; bear right and continue on the Tongue River Canyon Trail. The trail to the left and across the bridge leads to the Tongue River Caves.

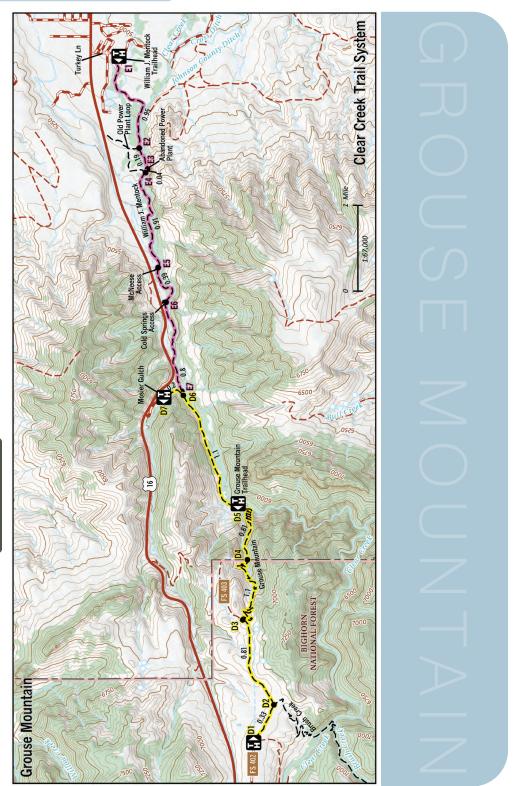
A3 - 2.29 Arrive at Sheep Creek. Turn around and return to the start along the same route.

A1-4.58 End at the Tongue River Canyon Trailhead.

Note: A popular variation of this route – approximately 10 miles – involves a one-way shuttle ride from Freeze Out Point above the Tongue River Canyon. Start your descent on FS-199, passing FS-180. At the intersection with FS-198 and 181 (there is a gate at this junction), take a left on FS-181. Shortly thereafter, along a small creek, take a right on the Horse Creek Trail (#159). Continue on the Horse Creek Trail to its terminus at the Tongue River Canyon Trail (#002) along a fenceline. Go left and follow the Tongue River Canyon Trail downhill into the canyon and eventually to the trailhead.



Grouse Mountain



Grouse Mountain



The Grouse Mountain Trail connects the Bighorn National Forest to the City of Buffalo's trail system. From the top it winds through fields of wildflowers and grasses on a wide swooping descent. Below the Powder River Basin and its rolling grasslands are on panoramic display. As the trail enters the pines and aspens along the north side of Grouse Mountain the turns tighten. The trail then flattens out along Clear Creek and follows a gravel road to the Mosier Gulch Picnic Area. This trail is special in the spring when the wildflowers are in full bloom and as spectacular in the fall when the aspens turn colors.

Note: The route is described below as a shuttle. Alternatively, the trail can be ridden as an out-andback from either trailhead. Doing so requires an unrelenting uphill grinder and, except for the fittest riders, is not recommended.

ELEVATION: 5,700 - 6,938 feet

SEASON: June – October

MANAGING AGENCY: U.S. Forest Service; Bighorn National Forest, 2013 Eastside 2nd Street, Sheridan, WY 82801; 307-674-2600; Bureau of Land Management, Buffalo Field Office, 1425 Fort Street, Buffalo, WY 82834; 307-684-1100; City of Buffalo, Buffalo Trails Board, 46 North Main Street, Buffalo, WY 82834; 307-684-5566

FEES: None

DRIVING DIRECTIONS: From Buffalo travel approximately 9.5 miles west on US-16. Turn left on FS-402 and drive 1 mile to a fence/gate. Start the ride here. Leave a shuttle vehicle at the Mosier Gulch Picnic Area, which is accessed off of US-16 approximately 5.5 miles west of Buffalo.

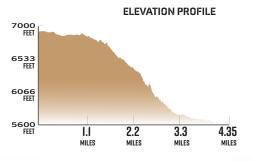
CAMPING: There are 9 campsites available in the nearby Middle Fork Campground, which is managed by the U.S. Forest Service. Fees – \$16-17 per night per campsite. Reservations can be made online at recreation.gov or by calling 877-444-6777.





distance» 4.35 MILES elevation gain» 176 FEET riding time» 30 - 90 MINUTES





Riding Directions

D1-0.0 Start at the gate at the end of FS-402. Follow FS-403 downhill.

D2 - 0.33 Junction with the Brush Creek Trail (#217); continue downhill on FS-403.

D3 - 1.14 Trail junction; take the Grouse Mountain Trail (#205-right) downhill. There are a series of switchbacks, some wide open, others tight.

D4 - 2.24 Fenceline marking the Bighorn National Forest boundary.

D5 - 3.05 Arrive at the Grouse Mountain Trailhead adjacent to Clear Creek. Ride the gravel road downriver.

D6 - 4.15 Gate across the road; continue uphill to the left to the Mosier Gulch Picnic Area.

D7 - 4.35 End at the Mosier Gulch parking area. **Option:** From the Mosier Gulch Picnic Area continue downriver on the William J. Mentock Trail to its terminus outside of Buffalo (see page 174).



Clear Creek Trail System



The western section of the City of Buffalo municipal trail system – the William J. Mentock Trail – follows Clear Creek upstream to the base of the Big Horn Mountains. From the trailhead, the trail is flat, wide, and non-technical. This section is perfect for beginners and families. After the first mile, the trail tightens and gets a little more technical with a few rocks to maneuver around and over. Beginner intermediate riders will be challenged, but the reward for trying is worth it. More experienced riders will appreciate the opportunity to be creative around the rock features.

At the midpoint the trail passes the remains of the Buffalo Hydro-Electric Power Plant. Constructed in 1914 by H.P. Rothwell, its medieval castlelike appearance is said to have come from his admiration of European castles. In addition to its architecture, it is worth checking out the graffiti-like art, but use caution as the structure is in disrepair.

ELEVATION: 5,160-5,700 feet

SEASON: May – November

MANAGING AGENCY: City of Buffalo, Buffalo Trails Board, 46 North Main Street, Buffalo, WY 82834; 307-684-5566

FEES: None

DRIVING DIRECTIONS: From Buffalo travel approximately 3 miles west on US-16. Turn left on Turkey Lane and drive ¼ of a mile to the William J. Mentock Trailhead.

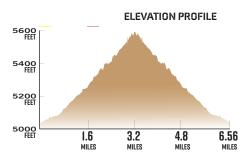
CAMPING: None



E – William J. Mentock Trail

distance» 6.56 MILES elevation gain» 607 FEET riding time» 45 - 90 MINUTES





Riding Directions

E1 - 0.0 Start at the William J. Mentock Trailhead. The trail starts out fairly flat on hard pack crushed gravel.

E2 - 0.95 Junction with the Old Power Plant Loop Trail; continue straight on the William J. Mentock Trail.

E3 - 1.14 Arrive at the abandoned Buffalo Hydro-Electric Power Plant. Continue on the William J. Mentock Trail.

E4 - 1.18 Junction with the Old Power Plant Loop Trail; continue straight on the William J. Mentock Trail.

E5 - 2.09 Junction with the McNeese Access Trail; continue straight on the William J. Mentock Trail.

E6 - 2.48 Junction with the Cold Springs Access Trail; continue straight on the William J. Mentock Trail.

E7 - 3.28 Arrive at the Mosier Gulch Picnic Area. Turn around and return to the start along the same route.

E1 - 6.56 End at the William J. Mentock Trailhead.



East Tensleep Lake



This well-worn, old-fashioned trail climbs steadily through thick stands of pines and across several wet meadows to East Tensleep Lake, a glaciercarved lake situated below Bighorn Peak. Beyond the Cloud Peak Wilderness, a high alpine wilderness area known for its towering summits, creates a dramatic backdrop. Fly fishermen and women should bring a rod along: the fishing along West Tensleep Creek and Lake is almost as entertaining as the mountain biking. Finish off with a ripping descent to Island Park where the trail levels off and meanders along the creek to the trailhead.

Note: From the end of this ride at East Tensleep Lake, it is possible to create a loop by descending the Lake Creek all-terrain vehicle trail to the Sitting Bull Campground. From there, access the trailhead at Tyrell Ranger Station via the Willow Park Ski Trails.

ELEVATION: 8,405 - 9,803 feet

SEASON: June – October

MANAGING AGENCY: U.S. Forest Service; Bighorn National Forest, 2013 Eastside 2nd Street, Sheridan, WY 82801; 307-674-2600

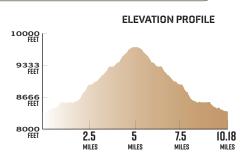
FEES: None

DRIVING DIRECTIONS: From Ten Sleep travel approximately 17 miles east on US-16, Cloud Peak Skyway. Turn left (north) on FS-27 and continue for 1.6 miles. There is a small parking area on the right side of FS-27, immediately past the Tyrrell Ranger Station.

CAMPING: There are 10 campsites available in the nearby Island Park Campground, which is managed by the U.S. Forest Service. Fees – \$16 per night per campsite. Reservations can be made online at recreation.gov or by calling 877-444-6777.







Riding Directions

C1-0.0 Start at the small parking area on the right side of FS-27, immediately past the Tyrrell Ranger Station. Follow the doubletrack, which parallels West Tensleep Creek.

C2 - 0.41 Trail junction; bear right and cross the bridge over West Tensleep Creek. Immediately after crossing the creek the trail forks; go left on the Island Park Trail and wind through the woods.

C3 - 1.71 Cross bridge. Almost immediately the trail forks; bear left and continue on the East Tensleep Lake Trail (#068) as it meanders along the west edge of Island Park. Once the trail leaves the Island Park area it climbs several steep switchbacks before climbing more gradually. The trail will parallel Willow Creek, faintly crossing several meadows.

C4 - 3.21 Trail junction; continue straight on the East Tensleep Lake Trail.

C5 - 3.35 Cross an abandoned road and continue on the East Tensleep Lake Trail. Be aware – there are numerous deceptive tree markings. Presumably, they lead to hunting camps in the area. Do not follow them.

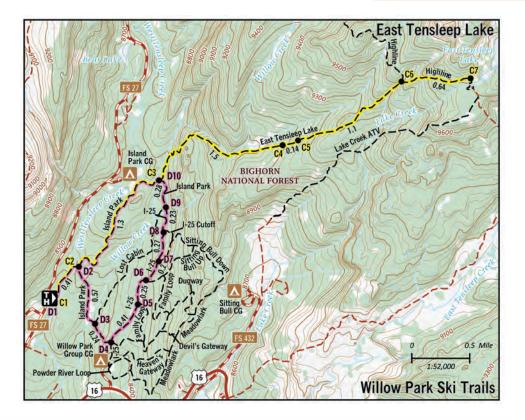
C6 - 4.45 Trail junction; bear right and continue on the Highline Trail (#067).

C7 - 5.09 Arrive at the outlet of East Tensleep Lake. Park your bike and climb the remaining 100 yards to the lake. Turn around and return to the start along the same route.

C1 - 10.18 End at the parking area.



East Tensleep Lake





Chapter 8



CODY AND THERMOPOLIS

Founded by William F. "Buffalo" Bill" Cody in 1896, Cody is the eastern gateway to Yellowstone National Park in **northwest Wyoming.** Second only to Jackson Hole, Cody is home to the highest concentration of great mountain biking trails accessible from, or in close proximity to, town. Beck Lake Bike Park (see page 201) is a great place to learn and practice fundamental bike handling skills before heading out on the adjacent network of cross-country trails. Outlaw features rough, technically challenging lines and stunning views of the Rattlesnake Mountains and Heart Mountain. For those that prefer a little freedom of expression, head east of town and ride the wide-open slickrock on the Slickrock Trail.

South of Cody at the northern end of the Wind River Canyon, a small trail

system is growing at Hot Springs State Park in Thermopolis, home of the largest hot spring in the world. Outside of Yellowstone National Park, this may be the only place in Wyoming (and perhaps the world) where you have the chance to ride singletrack alongside a free-roaming herd of bison. Afterwards, slip into the therapeutic mineral hot waters (104 degrees Fahrenheit) at the State Bath House, which is free and open the public.

Outlaw	
Berm Baby Berm	
Beck Lake	
Slickrock	207
Hot Springs State Park	

AREA ATTRACTIONS

Following the attacks on Pearl Harbor, hundreds of thousands of people of Japanese ancestry in the United States and Canada, most of who were legal citizens, were forced to abandon their homes and businesses and held in internment camps throughout the western interior. From August of 1942 to November of 1945, more than 14,000 individuals were incarcerated at the Heart Mountain Relocation Center behind barbed wire and under the watchful eye of armed guards. The **Heart Mountain Interpretive Center** is dedicated to telling the story of this dark episode in American history through the photographs, artifacts and stories of those incarcerated at Heart Mountain. 1539 Road 19, Powell, WY 82435 (307-754-8000; heartmountain.org) In 1905, with the support of Colonel William F. "Buffalo Bill" Cody, work began to develop a reservoir to support agricultural development throughout the northern Big Horn Basin. When completed in 1910, its dam was the highest in the world at 325 feet (it was raised an additional 25 feet in 1993). Almost immediately the reservoir became a draw for outdoor recreation and in 1957 **Buffalo Bill State Park** was established. Popular activities include boating, fishing and camping. 4192 North Fork Highway, Cody, WY 82414 (307-587-9227; wyoparkswyo.gov)

Along its 1,300 foot face more than 90 petroglyphs with almost 300 figures have been carved into the Legend Rock, some of which have been dated more than 10,000 years old. Listed on the National Register of Historic Places in 1973, Legend Rock Petroglyph Site is managed by the Wyoming Department of State Parks and Cultural Resources and includes a visitor center, interpretive trails and a picnic shelter. Look and observe, but never touch any of the petroglyphs. To visit Legend Rock travel 21 miles north of Thermopolis on WY-120. Turn left on Upper Cottonwood Creek Road and travel five miles west. October through April a key is required, which can be checked out at Hot Springs State Park, the Thermopolis-Hot Springs Chamber of Commerce, or the Hot Springs County Museum. FREE (307-864-2176; wyoparks.wyo.gov)

One of the finest dinosaur museums in the United States, the Wyoming Dinosaur Center is noted for its collection of fossils, including the "Thermopolis Specimen," considered the most complete and best preserved Archaeopteryx on display in the world. Visitors can wander among 20 full-size dinosaur skeletons and observe scientists study and prepare fossils in the on-site preparation lab. Those interested in an interactive. hands-on experience can participate in a dinosaur dig at the nearby Warm Springs Ranch. Advanced registration is required. 110 Carter

Ranch Road, Thermopolis, WY

82443 (800-455-3466; wyodino.org) 307-754-5481

MOUNTAIN BIKE SHOPS

Cody

Absaroka Bicycles 220117th Street 307-527-5566

Joyvagen Cycles

901 12th Street 307-527-0640 joyvagen.com

Powell

Larsen's Bicycles 255 East 2nd Street 307-754-5481

MOUNTAIN BIKE ORGANIZATIONS

Cycle Wyoming Statewide cyclewyoming.org

Hot City Outdoor Alliance Thermopolis, WY

International Mountain Bicycling Association (IMBA)

4888 Pearl East Circle, Suite 200E Boulder, CO 80301 303-545-9011 imba.com

Park County Pedalers

P.O. Box 2671 Cody, WY 82414 parkcountypedalers.org

Park County Youth Cycling

Park County, WY sites.google.com/site/ pcyouthcycling/

Wyoming Pathways

PO. Box 153 Wilson, WY 83014 307-413-8464 wyopath.org Statewide wyominggravel.com

Chapter 11



BONDURANT AND PINEDALE

Sublette County in **western Wyoming** is an undiscovered gold mine for pure, natural and unfiltered mountain bike trails. Surrounded by alpine lakes, rugged peaks and sagebrush, Bondurant and Pinedale are cattle towns with a history and culture tied to the land. Passing through you are more likely to see a rider on horseback than a mountain bike, but do not let appearances fool you. Pinedale was the first community in Wyoming to establish a bike share program – Go Spokes, and the Great Divide Mountain Bike route passes through town on its way from Banff, Canada to Antelope Wells, New Mexico.

The rides throughout this region range from pioneer trails to purposebuilt, and wander across landscapes from high-desert to mountains. Trails near town are simple with touches of sophistication, but therein

lays the beauty. A little pedaling opens up ribbons of ripping singletrack through dry drainages and rangelands of sagebrush. As you venture deeper into the backcountry, the terrain becomes more rugged and remote. Punctuated by breathtaking panoramas of the Wind River and Wyoming mountain ranges and congressionally designated wilderness, a ride in the woods has never been so satisfying. With no stoplight in the county, just remember to stop on your way through, because it would be a shame not to.

Note: Bondurant and Pinedale is black and grizzly bear country. Although encounters are rare, it is important to avoid conflict. Before setting out, review the simple guidelines for minimizing the potential for a threatening encounter on page 16.

Cliff Creek Falls	261
Glimpse Lake2 Fremont Lake	267 271
Elk Chase The Mesa En Tus Suenos	277

AREA ATTRACTIONS

Hidden far from the crowds along the western edge of the Wind River Range, the **Green River Lakes Recreation Area** is a scenic treasure worth visiting. This glacial carved valley is framed by mountainsides of pine and rugged cliff bands. At the end of the valley Squaretop Mountain stands guard over a chain of blue-green lakes. The attentive might get a glimpse of Wyoming's big game – moose, elk, deer, antelope, and bear (grizzly and black) are commonly spotted. For a true western experience, visit in October to observe cowboys on horseback push cattle from summer range to winter forage some seventy miles to the west. From Pinedale head west on US-191 for 6 miles, then turn right on WY-352. Follow WY-352 for approximately 25 miles until the pavement ends at the Bridger-Teton National Forest. Continue on the dirt Union Pass Road (FS-600), then right on Green River Lakes Road (FS-650) for 18 miles to Green River Lake. FREE (307-739-5500; fs.usda.gov/btnf)

The **Museum of the Mountain Man** in Pinedale preserves the history, art and artifacts of the Rocky Mountain fur trade. Included in the collection is a 17th century Shoshone sheephorn bow, the oldest known to exist, a 1800s Sioux teepee reproduction, and a grizzly bear diorama featuring an attack on frontiersman Hugh Glass who was immortalized in the movie "The Revenant." Similarly, the nearby **Sommers Homestead Living History Museum** offers a chance to experience life of the earliest pioneer families in the Green River Valley. Tour a restored log home, ring the dinner bell, or have a little fun on the teeter totter and wagon-wheel merry-go-round. 700 East Hennick, Pinedale, WY 82941 (307-367-4101; mmmuseum.com)

Do you need a warm-up before hitting the trail or are you beat up from a ride? Take some time to relax in the soothing waters of Granite Hot Springs. Situated northwest of Pinedale at the end of a dirt road in the Gros Ventre Range, the mineral pool is tucked against a mountainside above Granite Creek Falls, creating a remote and intimate experience. In the winter the hot spring are only accessible via snowmobile, dog sled, skiing or fat bike. Granite Creek Road, Jackson, WY 83001 (307-690-6323; fs.usda. gov/btnf)

MOUNTAIN BIKE SHOPS

Pinedale

A to Z Hardware

77 West Pine Street 307-367-2116 facebook.com/a-to-zhardware-530637700391366/

Geared Up

432 Pine Street 307-399-5539 gearedupbikes.com

MOUNTAIN BIKE ORGANIZATIONS

Cycle Wyoming

Statewide cyclewyoming.org

International Mountain Bicycling

Association (IMBA) 4888 Pearl East Circle, Suite 200E Boulder, CO 80301 303-545-9011 imba.com

Wyoming Pathways

P.O. Box 153 Wilson, WY 83014 307-413-8464 wyopath.org



Warren Bridge Recreation Area



Located in north central Sublette County, Warren Bridge sits at the upper end of the Green River in the sage and grassland. Along its course, the Green River flows south through western Wyoming to Colorado and Utah where it combines with the Colorado River. The Warren Bridge Trail traces the Green River upstream through patches of willow and pines where osprey and eagles perch in search of trout. Expansive views of snowcapped peaks and access to camping and fishing along the banks of the river set the Warren Bridge Recreation Area apart from other riding destinations in the area. There are a few uneven, eroded patches that demand attention, but generally the trail is easygoing and simple to follow.

Note: The Warren Bridge Hiking Trail crosses private property several times. These property owners have granted public easements for the Warren Bridge Hiking Trail. Please respect private property – stay on the trail and follow any posted rules.

ELEVATION: 7,503 - 7,626 feet

SEASON: June – October

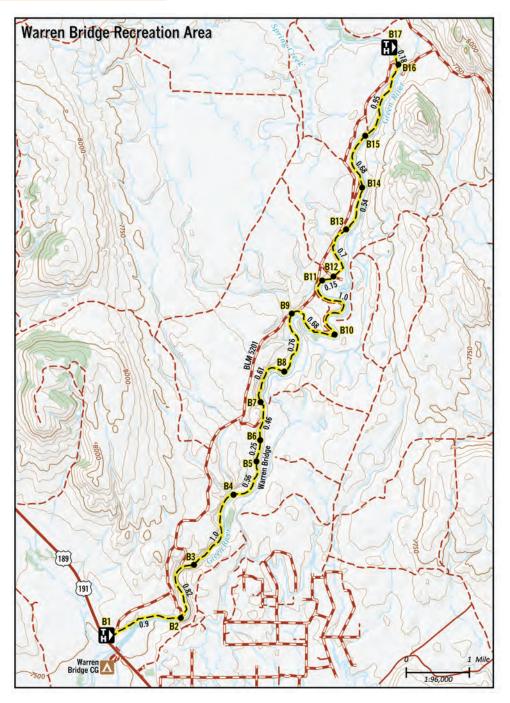
MANAGING AGENCY: Bureau of Land Management, Pinedale Field Office, 1625 West Pine Street, Pinedale, WY 82941; 307-367-5300; Wyoming Game and Fish Department, 5400 Bishop Boulevard, Cheyenne, WY 82006; 307-777-4600

FEES: None

DRIVING DIRECTIONS: From Pinedale travel west on US-191 for approximately 20 miles to the Warren Bridge Recreation Area. Turn right on BLM-5201 and park next to the information kiosk. Stage another vehicle at River Access Area 12 at the end of BLM-5201.

CAMPING: There are 16 campsites available in the Warren Bridge Campground, which is managed by the Bureau of Land Management. Fees – \$10 per night per campsite. No reservations; first come, first served. There are an additional 12 separate camping areas scattered along the length of the Warren Bridge Hiking Trail.

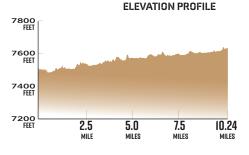






distance» 10.24 MILES elevation gain» 396 FEET riding time» 1 - 3 HOURS







Riding Directions

B1-0.0 Start at the parking area along BLM-5201 and begin by riding upriver.

B2 - 0.9 Pass River Access Area 1. The trail continues on doubletrack for approximately onequarter of a mile before returning to singletrack.

- B3-1.72 Pass River Access Area 2.
- B4 2.72 Cross a fence.
- **B5 3.28** Gate.
- B6 3.53 Gate.

B7 - 3.99 Pass River Access Area 3. Across the river is an old shovel, which conjures memories of the book Mike Mulligan and His Steam Shovel.

B8 - 4.6 Pass River Access Area 4. Follow the dirt road adjacent to the river.

B9 - 5.36 Pass River Access Area 5, adjacent to BLM-5201. The singletrack picks up on the right across the riparian area the follows a short section of doubletrack.

B10 - 6.04 Pass River Access Area 6. The trail is rough and eroding in this section.

B11-7.04 Cross a fence.

B12 - 7.19 Pass River Access Area 7. The trail crosses the sagebrush and picks up a section of doubletrack before returning to singletrack.

B13 - 7.89 Pass River Access Area 8. This section of trail follows a fading doubletrack.

B14-8.43 Pass River Access Area 9 and 10.

B15 - 9.11 Cross a fence.

B16 - 10.06 Pass River Access Area 11.

B17 - 10.24 End at River Access Area 12.

5 male

Fremont Lake



Simple and playful, the West Fremont Lake Trail is a little of both. One of the closest singletracks to Pinedale, this ride is fitting for an afternoon workout or an evening escape. From the trailhead, the ride crosses Pine Creek and rounds the southern end of Fremont Lake through the sagebrush. As the trail straightens out it rises between two glacial moraines, topping out near the midpoint of the lake in sight of the magnificent Wind River Range. Although the route is smooth and the climb is gentle, watch for a few sandy patches and gopher holes. On the return, the descent can be rapid and even raucous, particularly if you happen to spring off one of the gopher mounds. Give it a try if you dare. It is fun, but do not harm the wildlife (no gophers or any other animals were harmed in the making of this book).



1.6

MILES

3.2

MILES

4.8

MILES

64

MILES

7200 FEET ELEVATION: 7,430 - 7,661 feet

SEASON: June – October

MANAGING AGENCY: U.S. Forest Service; Bridger-Teton National Forest, 340 North Cache, Jackson, WY 83001; 307-739-5500

FEES: None

DRIVING DIRECTIONS: From Pinedale travel north on Fremont Lake Road for approximately 3 miles. Where Skyline Drive (FS-740) starts, turn left to continue on Fremont Lake Road and then left on Lower Fremont Lake South (FS-749). Travel approximately 0.75 miles and turn left on Fremont Lake Dam Access (FS-749Q) and continue to the Fremont Lake dam.

CAMPING: There are 54 campsites available in the Fremont Lake Campground, which is managed by the U.S. Forest Service. Fees – \$12-24 per night per campsite. Reservations can be made online at recreation.gov or by calling 877-444-6777.

Riding Directions

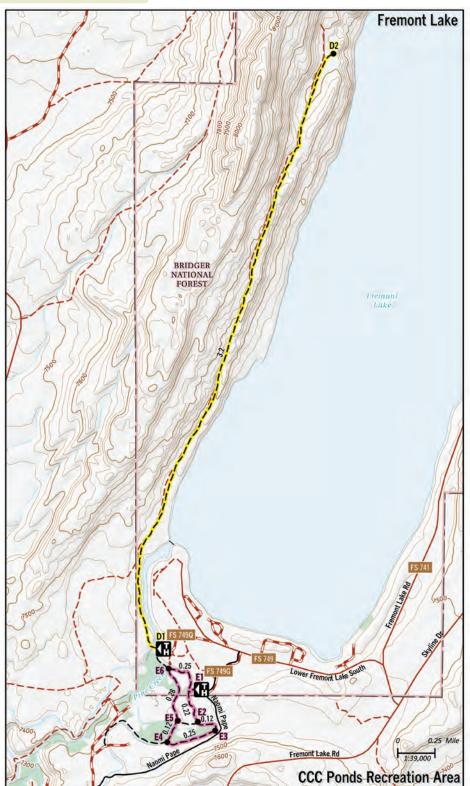
D1-0.0 Start at the parking area adjacent to the original Fremont Lake Dam. Cross the dam and follow the singletrack that bears to the right. The trail will parallel Fremont Lake and occasionally transitions from single to doubletrack for the first mile, but is easy to follow. The trail is generally smooth, with a few sandy sections, and maintains a slight uphill climb to the turnaround point.

D2 - 3.2 Reach a fence line where only posts remain due to fire. Continue 300 feet to an overlook with panoramic views of the Wind River Range, one of the most spectacular mountain ranges in North America. This is a natural turnaround point. Return to the start along the same route.

D1-6.4 End at the parking area.

Option: From the parking area one can access the CCC Ponds Recreation Area and the paved Naomi Pape Bike Path, which connects to Pinedale.

Fremont Lake







Cache Creek & Game Creek



Jackson is blessed with unimaginable natural beauty and the most accessible mountain bike trail system in Wyoming – Cache Creek and Game Creek along Snow King Mountain. Situated on the edge of the Gros Ventre Wilderness, this recreation escape is minutes from anywhere in the valley. In fact, it is probably easier to ride to a trailhead than drive. And because it is so easy to access, it is a short cruise to Town Square after a ride for a meal and drink over tales of adventure.

Throughout the area there is a labyrinth of classic and purpose-built singletrack trails, from beginner to expert. Novice mountain bikers and families will appreciate the simplicity of the Cache Creek Sidewalk or the slightly more technical Hagen or Putt-Putt trails. Intermediate and advanced riders tend to appreciate Sink or Swim along the base of Snow King, West Game Creek Trail along the back side or the recently built Skyline Trail along the spine of the mountain. Advanced and expert riders are drawn to Josie's Ridge from the peak of Snow King or down Wilson Canyon. The list of great trails and rides is lengthy. This is a great place to mix and match trails, after all, variety is the spice of life. SEASON: June – October PHYSICAL RATING: Easy – Strenuous TECHNICAL RATING: Beginner – Advanced

ELEVATION: 6,142-8,213 feet

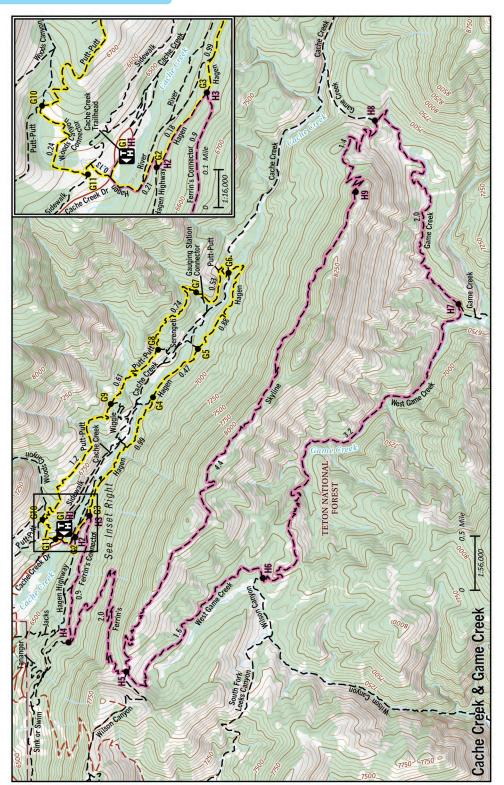
MANAGING AGENCY: U.S. Forest Service; Bridger-Teton National Forest, 340 North Cache, Jackson, WY 83001; 307-739-5500

FEES: None

DRIVING DIRECTIONS: From downtown Jackson travel east on Broadway Avenue. Turn right (south) on Redmond Street and then left (east) on Cache Creek Drive, which ends at the Cache Creek Trailhead. In addition to the Cache Creek Trailhead, the Cache Creek and Game Creek trail system can be accessed from the following trailheads: Nelson Drive, Snow King, Wildlife Lane, Flat Creek Bridge, Wilson Canyon, and Game Creek.

CAMPING: There are 12 campsites in the Curtis Canyon Campground, which is located adjacent to the National Elk Refuge. It is managed by the U.S. Forest Service. Fees – \$15 per night per campsite. No reservations; first come, first served.







Strike out on a gentle roll through the forest and sagebrush on Putt-Putt, a Jackson classic for the child at heart, young or old. With little elevation gain or loss and plenty of winding adventure, this trail will imprint a smile on your face and bring you back to mountain biking time and again. With the addition of the Hagen Trail it is possible to create a loop, with a ramble through the pines along Cache Creek. It is a bit more technical, with a few roots and rocks thrown in, but nothing hard to push past. If the loop is too short or it is time to step up the challenge, try it in reverse or strike out on the Hagen Highway over to Sink or Swim.



Riding Directions

G1 - 0.0 Start at the Cache Creek Trailhead and ride Cache Creek Road towards town. Almost immediately after leaving the parking lot, go left on the singletrack and ride the Hagen Trail, which crosses Cache Creek.

G2 – 0.21 Junction with the Hagen Highway Trail; bear left and continue on the Hagen Trail as it traverses Snow King Mountain parallel to Cache Creek. Continue upstream on the Hagen Trail until it bends back and crosses.

G3 – 0.39 Junction with the Ferrin's Connector Trail; continue straight on the Hagen Trail.

G4 – 1.38 Junction with the Wiggle Trail; continue straight on the Hagen Trail.

G5 – 1.85 Junction with the Serengeti Trail; continue straight on the Hagen Trail. The trail eventually bends back and crosses Cache Creek.

G6 – 2.73 Cross Cache Creek Road and connect to the Putt-Putt Trail. Enjoy the rolling ride back towards Jackson, but watch for other trail users.

G7 – 3.26 Junction with the Gauging Station Connector Trail; continue to the right on the Putt-Putt Trail.

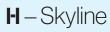
G8 – 4.0 Junction with the Serengeti Trail; continue to the right on the Putt-Putt Trail.

G9 – 4.61 Junction with the Wiggle Trail; continue to straight on the Putt-Putt Trail.

G10 – 5.81 Trail junction; go left and ride down the Woods Canyon Connector Trail.

G11–6.05 Trail junction; bear left and return to the trailhead.

G1-6.18 End at the Cache Creek Trailhead.



distance» 19.18 MILES elevation gain» 3,755 FEET riding time» 2 - 4 HOURS



ELEVATION PROFILE



Skyline, running along the upper spine of Snow King Mountain, is a recent addition to the Cache Creek and Game Creek Trail System. The trail passes through meadows of grass and wildflowers, thick stands of pine and aspen, and over and around rock outcrops and cliff bands. Striking views of Grand Teton National Park and the National Elk Refuge are widespread. From the west. Skyline connects to the Ferrin's Trail, a grand climb out of Cache Creek or a spectacular descent. Given its rise out of the valley. time crunched fitness fanatics often ride Ferrin's as a standalone route. On the east, both Cache Creek and Game Creek offer access to Skyline along a divide between the two drainages. A masterful loop (presented here) includes riding down the West Game Creek drainage through the remnants of the Little Horsethief Fire. In mid-summer the blackened trunks of pines stand in stark contrast to the green undergrowth and pink wildflowers. Despite its close proximity to town parts of this route feel a world away. But then again, that is why you are here to escape!

Riding Directions

H1-0.0 Start at the Cache Creek Trailhead and ride Cache Creek Road towards town. Almost immediately after leaving the parking lot, go left on the singletrack and ride the Hagen Trail, which crosses Cache Creek.

H2–0.21 Junction with the Hagen Highway Trail; bear left and continue on the Hagen Trail.

H3 – 0.39 Trail junction; go right and ride up the Ferrin's Connector Trail.

H4 – 1.29 Trail junction; go left and climb the Ferrin's Trail. The climb is a steady grind, but never overly technical.

H5 – 3.29 Trail junction – turn around and enjoy the view. Continue on the back side of Snow King Mountain by riding the West Game Creek Trail downhill.

H6 – 4.89 Junction with the Wilson Canyon Trail; continue straight on the West Game Creek Trail. This section of trail passes through the remnants of the Little Horsethief Fire along the West Game Creek drainage to Game Creek.

H7 – 8.09 Trail junction; go left on the Game Creek Trail and climb steadily to a bench above Cache Creek.

H8 – 10.09 Trail junction; go left on the Skyline Trail, which climbs a series of switchbacks.

H9 – 11.49 Overlook. Continue right on the Skyline Trail. This section of trail traverses along the ridgeline of Snow King Mountain.

H5 – 15.89 Trail junction; go right on the Ferrin's Trail and return to the trailhead.

H1-19.18 End at the Cache Creek Trailhead.



Yellowstone

Without a word to break the stillness we mounted our wheels and were soon rolling down the mountain side. – W.O. Owen recounting the first bike tour of Yellowstone National Park – 1883 – in Outing magazine

Early accounts of Yellowstone's wonders were considered suspicious by the public. A government-sponsored expedition in 1871 would change the course of history, producing the first photographs and sketches of the landscape and its wildlife. A year

later, Congress would establish Yellowstone as the world's first national park, "for the benefit and enjoyment of the people." Not long after, Billy Owen of Laramie, along with several of his friends, would be the first to tour the park on bicycle.

At heart of Yellowstone's allure lie its geothermal features – geysers, hot springs, fumaroles (steam vents) and mud pots. Although other locations, including Iceland and New Zealand, are famous for geysers and thermal springs, nowhere in the world are there as many as in Yellowstone. In fact, more than half of all the known geothermal features are found in the park. Among them, Old Faithful is the most famous; however it is worth marveling at others, such as Grand Prismatic Spring, the Fountain or Artist Paint Pots, and Mammoth Hot Springs.

Bunsen Peak	
Mount Washburn	
Midway Geyser Basin	
Lone Star Geyser	

Note: Yellowstone is black and grizzly bear country. Although encounters are rare, it is important to avoid conflict. Before setting out, review the simple guidelines for minimizing the potential for a threatening encounter on page 16. If Yellowstone's supervolcano draws people, its abundant and diverse wildlife lure them back time and again. With more than 2.2 million acres to roam within the park, Yellowstone and the surrounding ecosystem is the most intact habitat in the lower United States. Outside of Alaska, there is no place with more large mammals, including healthy populations of bison, elk, moose, wolves, and grizzly and black bears.

While in Yellowstone, mountain biking is an excellent way to connect with the park on a deeper level away from the crowds. There are several accessible trails in the Old Faithful area, all of which tour some of Yellowstone's lesser known geothermal sites. A stroll along the Firehole River to Lone Star Geyser or Grand Prismatic Spring will leave an indelible impression. Routes around Mammoth Hot Springs and to the top of Mount Washburn afford magnificent, almost endless views, and the opportunity for an up close, personal experience with Yellowstone's creatures. No matter the path, expect to be entranced – Yellowstone has no equal in the world.

AREA ATTRACTIONS

Old Faithful tops the list of destinations to visit on any trip to Yellowstone. Set in the Upper Geyser Basin, Old Faithful erupts on average 20 times per day, or about every 74 minutes, and can reach as high as 180 feet. Find out the next predicted eruption at the Old Faithful Visitor Education Center. At the height of the summer tourist season, watch eruptions from the viewing area, but arrive early to find the best viewing spot. Afterwards, walk the boardwalks around the geyser and the Norris Geyser Basin. There are more than 150 geysers and thermal features in the general area. If your schedule allows, tour the historic Old Faithful Inn, a massive rustic log and wood frame structure more than 100 years old. Yellowstone National Park, WY 82190 (307-344-7381; nps.gov/yell)

At the northern border of Yellowstone is the town of Mammoth, once a wilderness outpost of the U.S. Army known as Fort Yellowstone. Outside of town is the **Roosevelt Arch,** inscribed with a quote from the Organic Act of 1872, the legislation that created Yellowstone, which reads "For the Benefit and Enjoyment of the People." Rising above town is **Mammoth Hot Springs,** the only major thermal feature in Yellowstone located outside the rim of the Yellowstone caldera. Wander the boardwalk among the colorful travertine terraces cascading down Mammoth Mountain and then head to the Albright Visitor Center for information on Yellowstone's history. Yellowstone National Park, WY 82190 (307-344-7381; nps.gov/yell)

Within Yellowstone, the broad expanse of the Lamar Valley, surrounded by horizons of mountains, offers visitors the best chance to view vast herds of bison and pronghorn antelope. Often called the "Serengeti of North America," this extraordinary valley is also home to bighorn sheep, elk, moose, and hundreds of other smaller species. And where there is prey there are predators. Wolves, black bears, and grizzly bears are frequently spotted throughout the area. As a general rule, patience pays. To improve your odds of spotting Yellowstone's biggest predators, slow down and come early or late in the day. Yellowstone National Park, WY 82190 (307-344-7381; nps.gov/yell)

In the central part of the park, hydrothermal features and the Yellowstone River have eroded the volcanic rock, creating the **Grand Canyon of the Yellowstone**, a dramatic landscape of colors and contours. Twenty miles in length, the canyon is up to 4,000 feet wide and more than 1,000 feet deep in places. The north and south rims of the canyon provide various overlooks of the Lower Falls (308 feet) and Upper Falls (109 feet). For an up close and personal view, descend the Brink Trail to observe the color and geology of the canyon and to stand next to the river where it plunges into the abyss at the brink of the Lower Falls. Yellowstone National Park, WY 82190 (307-344-7381; nps.gov/yell)

MOUNTAIN BIKE ORGANIZATIONS

Cycle Wyoming

Statewide cyclewyoming.org

International Mountain Bicycling Association (IMBA)

4888 Pearl East Circle, Suite 200E Boulder, CO 80301 303-545-9011 imba.com

Wyoming Pathways

P.O. Box 153 Wilson, WY 83014 307-413-8464 wyopath.org

Yellowstone

Yellowstone National Par

Bunsen Peak



Named for the noted German chemist Robert W. Bunsen who discovered basic fundamental functions of geysers, and for whom the Bunsen Burner is named, Bunsen Peak sits prominently south of Mammoth Hot Springs in northern Yellowstone. While geologists agree about the volcanic origins of the mountain, other factors related to its creation remain up for debate. A popular area hike involves scaling to the summit on the Bunsen Peak Trail – no bikes. Mountain bikes are however allowed on the old roadway of the Bunsen Peak Road, which rounds the eastern flank of the mountain dropping into Mammoth.

The route starts out along the base of Bunsen Peak in the open sagebrush. Initially the rise of the trail is gentle passing through several islands of pines in sight of the Sheepeater Cliffs. Named after a band of Eastern Shoshone known as the sheepeaters, the cliffs are made up of columnar basalt exposed by the Gardner River. Bison, elk and bears are common in the area, so be alert. Near the backside of the peak the trail enters the trees for a long descent. Occasionally the trees open up to glimpses of the Blacktail Plateau, Mount Everts and Mammoth Hot Springs in the distance. After crossing Glen Creek the trail climbs quickly, coming out behind the Mammoth housing and maintenance area where the lower trailhead is located.

ELEVATION: 6,335 - 7,377 feet

SEASON: June – September

MANAGING AGENCY: National Park Service; Yellowstone National Park, P.O. Box 168, Yellowstone National Park, WY 82190-0168; 307-344-7381

FEES: \$30 per vehicle per seven days

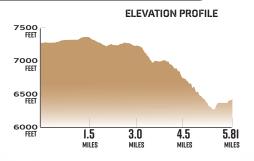
DRIVING DIRECTIONS: From Mammoth Hot Springs travel south on US-89, Grand Loop Road for approximately 5 miles to the Bunsen Peak Trailhead, which is on the left (east) side of the road. Leave a shuttle vehicle at the Mammoth housing and maintenance area, which is located off of the Grand Loop Road south of Mammoth Hot Springs.

CAMPING: There are 85 campsites in the Mammoth Campground, which is managed by the National Park Service. Fees – \$20 per night per campsite. No reservations; first come, first served.



A – Bunsen Peak Road DISTANCE» 5.81 MILES ELEVATION GAIN» 370 FEET RIDING TIME» 1 - 3 HOURS

moderat



Riding Directions

A1-0.0 Start at the Bunsen Peak Trailhead. The trail begins with a measured climb for a little more than a mile before a slow and then more rapid descent.

A2 – 3.2 Junction with the Osprey Falls Trail; bear left and continue to descend on the old Bunsen Peak Road. **Option:** Stash your bike and descend 700 feet into Sheepeater Canyon to the base of Osprey Falls, a 150 foot cascade. NO BIKES ALLOWED.

A3 – 5.2 Cross Glen Creek. The trail makes a steep initial ascent before a mellower ride around a wet meadow to the finish.

A4 – 5.81 End at Mammoth housing and maintenance area.



