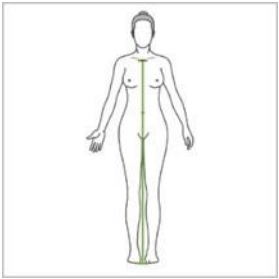
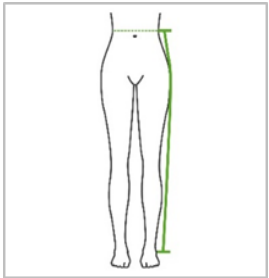
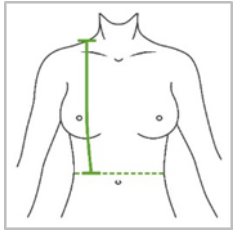
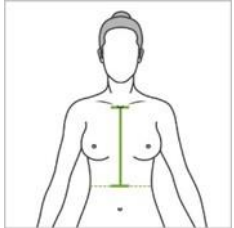
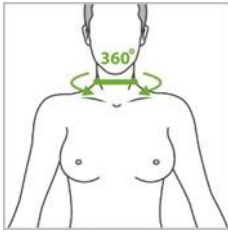
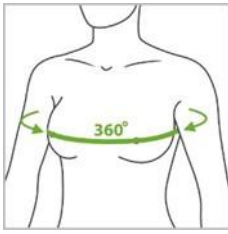
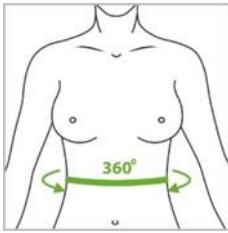
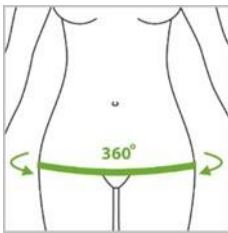
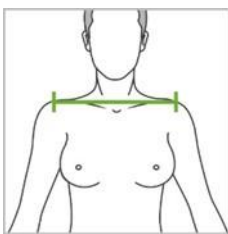
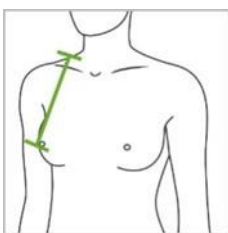


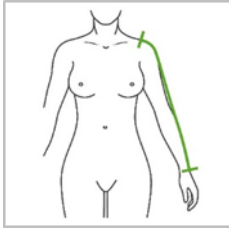
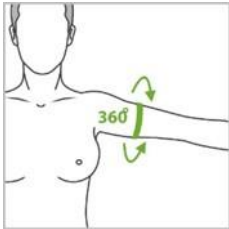

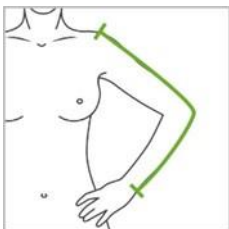
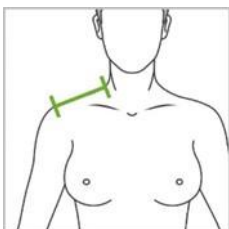
## My Fit Profile

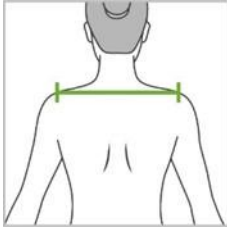
**Investing 10 minutes can save you HOURS of shopping frustration and lost \$\$**

- You don't have hire a professional, just ask a friend! But we always recommend a professional measuring session with a tailor or alterations specialist. It's usually a tiny cost and takes only about 10-20 minutes most cases.
- Wear the shoes and undergarments you will wear with your item, or an average of your typical clothing.
- For best results, **put a ribbon or stretchy string** around your waist to get the midpoint measurements. Then you are consistently using the same reference point.
- Not all measurements are required for all items, but the more complete and accurate measurements you can provide, the better the ability of your dressmakers to fit you perfectly.
- IMPORTANT: **Please use inches for your measurements.**

Measurement	Instructions	Reference Picture	Reference Picture Number
Front, Collarbone to Floor	Stand tall as you measure from the center of your collarbone (your clavicle) to the floor.		A
Outseam, Waist to Ankle	Measure outside the body from your waist to your ankle.		B
Front, Shoulder to Waist	Measure from the high point of your shoulder, over your bust, and to your waist.		C
Front, Collarbone to Waist	Stand tall as you measure from the center of your collarbone (your clavicle) to your waist. For added accuracy, tie a string around your natural waist before measuring!		D

Neck	Take a 360° measurement at base of your neck.		E
Total Bust	Take a 360° measurement at the widest point of your bust. Measure with your arms down rather than out to the side. Note: The nipples are not always the widest point of every woman's bust.		F
Waist	Put arms down and bend at your elbows. Where your elbow points is your natural waist. It is generally the narrowest point on your torso, about 2-3 inches above your belly button. Stand tall and natural. If you are round-shaped or have "rolls", do not suck them in abnormally. Just be relaxed, you want this to be comfortable but not too loose.		G
Hips, Widest Point	Measure approximately 8" below your waist, at the widest point of your hips (and generally encompassing your booty). Take a 360° measurement, with your feet together.		H
Shoulder to Shoulder - Front	Measure from one shoulder bone to the other across the <b>front</b> of your neck. If you have trouble figuring out where your shoulder tips are, find anything you own that fits you well and has both a collar and a sleeve and measure its shoulder width.		I
Bust Depth	Measure a straight vertical line from the top of your shoulder to the apex of your bust (may or may not be your nipple). Remember to wear or not wear a bra, depending on your general preferences.		J

Measurement	Instructions	Reference Picture	Write Your Measurements
Sleeve Length, <b>straight arm</b> (most tops and dresses)	Measure from your shoulder bone to your wrist bone. Let your arm hang down naturally. This is for most shirts and dresses. If you are measuring for a suit jacket, ask your designer to add 2 inches (4 cm) or preferred length for suit sleeve.		K
Widest Point of Upper Arm	Take a 360° measurement of the widest part of your upper arm. Flex or bend your arm if you want a looser fit. Otherwise, leave your arm outstretched.		L
360 Thigh (Under Butt)	Wrap the measuring tape around the thickest part of your thigh, with legs straight. This should be right under your booty. Take a 360° measurement.		M
Sleeve Length, <b>bent arm</b> (for suits and jackets)	Measure from your shoulder bone to your wrist bone. Place your hand on your waist to form a 90° angle as you take this measurement.		N
Neck to Shoulder	Measure at the base of your neck—on the top of your shoulder—to the tip of your shoulder bone.		O

Shoulder to Shoulder – Back	Measure from one shoulder bone to the other across the <b>back</b> of your neck. If you have trouble figuring out where your shoulder tips are, find anything you own that fits you well and has both a collar and a sleeve and measure its shoulder length. Often, the back measure is a few inches longer than the front shoulder-to-shoulder measure.		P
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### FAQs

<b>Don't my measurements change all the time?</b>	Most don't, unless you have a drastic weight change. Still, it's a good idea to re-check your waist, hips and bust about every 6 months or before ordering a new item.
<b>Should I add some "padding" on measurements?</b>	It depends on how you like your clothes to fit and which areas you're measuring. Use common sense and preference in thinking about the ultimate fit of the garment, such as sleeve length. You should not squeeze yourself when taking measurements or the clothing may be too tight. Dressmakers can usually add extra fabric in a garment seam if you request it, to allow you to expand it later if you need. Custom made clothing can last a lifetime, and knowing tips like this helps you get the most from your investment!
<b>My tailor measures things differently. Who's right?</b>	Tailors have their own preferences, and we respect that. However, we ask that you use our guides for Korlu Royal Beauty. It's the standard we ask all our designers and makers to use.