

EveningStandard.

One of its taglines is “the world’s smallest, smartest kitchen”. As well as blending, this sleek dream machine heats up, chops, weighs and provides recipes on a smart screen, boasting that it is 12 appliances in one. I wouldn’t be surprised if it could do my laundry too.

The benefits is that you can control the temperature - handy if you believe that certain foods are only good for you when heated to a specific degree. For health fiends there is a steaming basket called The Varoma, which sounds like a machine from Back to the Future.

Caplan and I make a green juice that, considering it was to be pulverised by a fast-spinning blade, required a surprising amount of pre-chopping. A healthy strawberry sorbet, however, took just five minutes. Washing up is easy — put in water and whizz.

// Excerpt from The Evening Standard, 2014