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KOSHER

**Big Ben**  
Specialty Foods

2023



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# KOSHER PRODUCT CATALOGUE

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*New  
and featured  
Products*



Beigel & Beigel Pretzel Seame Sticks



Beigel & Beigel Pretzel Thin Sticks

Product Code	Product Name	Packaging / Unit Size
BIS1503	Beigel & Beigel Pretzel Seame Sticks	24x150g
BIS1502	Beigel & Beigel Pretzel Thin Sticks	24x150g

*New and featured Products*



Beigel & Beigel Pretzel Traditional



Beigel & Beigel Traditional Pretzel



Beigel & Beigel Pretzel Sesame Rings

Product Code	Product Name	Packaging / Unit Size
BIS1501	Beigel & Beigel Pretzel Traditional	12x200g
BIS1504	Beigel & Beigel Pretzel Sesame Rings	12x200g
BIS1500	Beigel & Beigel Traditional Pretzel	12x500g

*New  
and featured  
Products*



Chef's Choice Organic Green Lentils

Chef's Choice Certified Organic Green Lentils are colourful and have a mild earthy flavour and nutty aroma. A perfect, hassle-free addition to any meal and is a must have in all kitchen cupboards. Lentils are easy to cook and contain plenty of nutritious benefits and is great as part of a healthy diet. Easy to cook and delicious in curries, salads, burgers, soups and more!

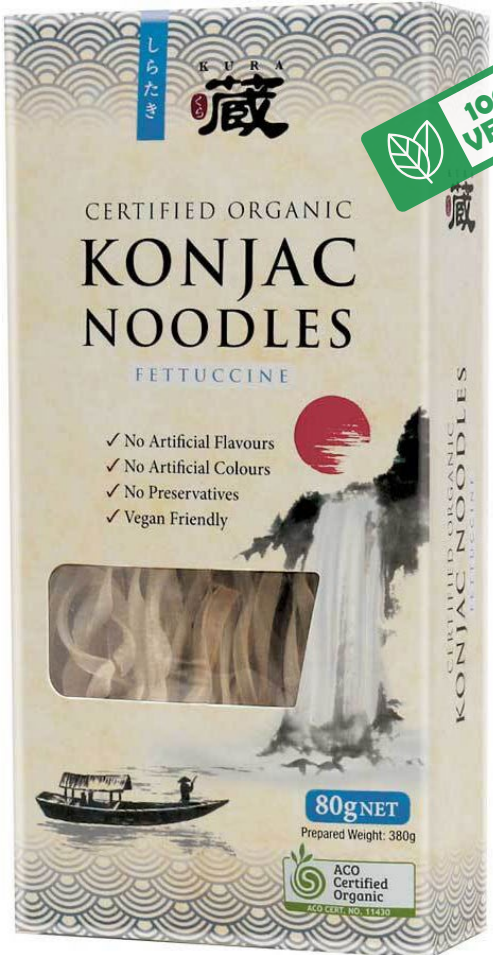


Chef's Choice Organic Red Lentils

Chef's Choice Certified Organic Red Split Lentils are colourful and have a earthy, nutty flavour and aroma. They are simple and easy to use and provide a lot of nutritional value! Because of their versatility, they can be used in a variety of dishes and cuisines from around the world!

Product Code	Product Name	Packaging / Unit Size
GRA2992	Chef's Choice Organic Green Lentils	10x500g
GRA2993	Chef's Choice Organic Red Lentils	10x500g

*New and featured Products*



Kura Organic Konjac Noodles Fettucine

These noodles are made from an all-natural vegetable Konjacmannan; a water-soluble dietary fibre that has been a traditional staple in Japan for hundreds of years. Proven to be beneficial for aiding digestion, it's low in carbohydrates and is just simply the perfect noodles to enjoy all your favourite noodle dishes!



Kura Organic Matcha Powder

Kura Certified Organic Matcha is green tea in its most aromatic form. Ground from the finest tea leaves, it inherits a vibrant green colour and smooth, authentic taste from Japan, creating a delicious drink or a perfect addition to your favourite bakes, dressings and sauces.

Product Code	Product Name	Packaging / Unit Size
JAP049	Kura Organic Konjac Noodles Fettucine	8x80g
JAP073	Kura Organic Matcha Powder	8x100g

*New  
and featured  
Products*



**Lovin' Body Organic 100% Wild Cranberry Juice Norway (not from concentrate)**

Lovin' Body Certified Organic Wild Cranberry 100% Pure Juice is strong in taste as it's jam-packed with the numerous antioxidants extracted from cranberries, not loaded with sugar! Enjoy full strength or mix 1 part juice with 1.5 parts water. This juice makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh wild cranberries to preserve its natural goodness, beautifully rich taste and sweet aroma.



**Lovin' Body Organic 100% Sour Cherry Juice (not from concentrate)**

Lovin' Body Certified Organic Sour Cherry 100% Pure Juice is strong in taste as it's jam-packed with the numerous antioxidant's cherries naturally source, not loaded with sugar! Enjoy this juice full strength or dilute with water or juice in small amounts if need be. This juice makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh sour cherries to preserve its natural goodness, beautifully rich taste and sweet aroma.



**Lovin' Body Organic 100% Wild Blueberry Juice (not from concentrate)**

Lovin' Body Certified Organic 100% Pure Wild Blueberry Juice is jam-packed with the numerous antioxidants extracted, not loaded with sugar! Enjoy this juice full strength or mix with other juices for enhanced sweetness. Makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh fruits to preserve its natural goodness, beautifully rich taste and sweet aroma.

Product Code	Product Name	Packaging / Unit Size
JUI3508	Lovin' Body Organic 100% Wild Cranberry Juice Norway (not from concentrate)	12x510ml
JUI3509	Lovin' Body Organic 100% Sour Juice Norway (not from concentrate)	12x510ml
JUI3510	Lovin' Body Organic 100% Wild Blueberry Juice (not from concentrate)	12x510ml



Chef's Choice Organic Maple Syrup

Chef's Choice Certified Organic Maple Syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yoghurt, ice cream, oatmeal and more.

Product Code	Product Name	Packaging / Unit Size
MAP2366	Chef's Choice Organic Maple Syrup	6x1L





**Chef's Choice Organic Sunflower Seed Kernels**

Chef's Choice Certified Organic Sunflower Seeds - Kernels have a delicious, rich and nutty flavour that complements a variety of dishes. They can be eaten as a snack, either raw or roasted; on their own or mixed with other seeds and nuts. They taste great when added to pasties and other baked goods or granolas, as well as in sauces or sprinkled over salads.



**Chef's Choice Organic Pumpkin Seed Kernels (Pepitas)**

Chef's Choice Certified Organic Pumpkin Seeds have a delicious, rich and nutty flavour that complements a variety of dishes. They can be eaten as a snack, either raw or roasted, on their own or mixed with other seeds and nuts. They taste great when added to pasties and other baked goods or granolas, as well as in sauces or sprinkled over salads.

Product Code	Product Name	Packaging / Unit Size
NUT052	Chef's Choice Organic Sunflower Seed Kernels	10x160g
NUT053	Chef's Choice Organic Pumpkin Seed Kernels (Pepitas)	10x180g

*New  
and featured  
Products*



Van Holten King Size Pickle  
Big Papa



Van Holten King Size Pickle  
Big Mama



Van Holten King Size Pickle  
Sour Sister



Van Holten Jumbo Pickle  
Tapatio



Van Holten Jumbo  
Pickle Sour



Van Holten Large Pickle Dill





Van Holten Large Hot Pickle

Product Code	Product Name	Packaging / Unit Size
PIC2500	Van Holten King Size Pickle Big Papa	12x196g
PIC2501	Van Holten King Size Pickle Big Mama	12x196g
PIC2503	Van Holten King Size Pickle Sour Sister	12x196g
PIC2505	Van Holten Jumbo Pickle Tapatio	12x140g
PIC2507	Van Holten Jumbo Pickle Sour	12x140g
PIC2508	Van Holten Large Pickle Dill	12x126g
PIC2509	Van Holten Large Hot Pickle	12x126g



Chef's Choice Celtic Sea Salt Fine

Product Code	Product Name	Packaging / Unit Size
SAL764	Chef's Choice Celtic Sea Salt Fine	10x500g
SAL765	Chefs Choice Celtic Sea Salt Fine	1x10kg <b>BULK</b> 
SAL766	Chefs Choice Celtic Sea Salt Fine	1x25kg <b>BULK</b> 

# BAKERY SPECIALTIES



Bakels Instant Dry Yeast



Bi Carbonate Soda

Certified Kosher. It is a premium leavening agent with no aluminium or mercury and no bitter aftertaste. Made from deposits of mineralised sodium bicarbonate, it is extracted by a natural water process that uses no chemicals.



Chef's Choice Aluminium Free Baking Powder

Chef's Choice Baking Powder will be your perfect pick for making fluffiest and softest texture in baked goods. This premium leavening agent is ideal for cakes, cupcakes, sponges, brownies, short breads, biscuits, scones etc.

Product Code	Product Name	Packaging / Unit Size
BAK2255	Bi Carbonate Soda	12x350g
BAK2258	Chef's Choice Aluminium Free Baking Powder	8x200g
BAK2261	Bakels Instant Dry Yeast	20x500g



Armaris Sesame Snaps



Beigel & Beigel Pretzel Seame Sticks



Beigel & Beigel Pretzel Thin Sticks

Product Code	Product Name	Packaging / Unit Size
BIS2047	Armaris Sesame Snaps	24x35g
BIS1503	Beigel & Beigel Pretzel Seame Sticks	24x150g
BIS1502	Beigel & Beigel Pretzel Thin Sticks	24x150g



Beigel & Beigel Pretzel Traditional



Beigel & Beigel Traditional Pretzel



Beigel & Beigel Ptelzel Sesame Rings

Product Code	Product Name	Packaging / Unit Size
BIS1501	Beigel & Beigel Pretzel Traditional	12x200g
BIS1504	Beigel & Beigel Ptelzel Sesame Rings	12x200g
BIS1500	Beigel & Beigel Traditional Pretzel	12x500g

# CAPERS/CAPERBERRIES



Whole Capers in Vinegar 7-8mm



Capers Lilliput in Vinegar 3-6mm



Capers Non Pareilles in Vinegar x 5-7mm



Capers Non Pareilles In Salt 5-7mm



Caperberries Small In Vinegar



Whole Capers in Vinegar 7-8mm



Capers Lilliput in Vinegar 3-6mm



Caperberries Small in Vinegar

Product Code	Product Name	Packaging / Unit Size
CAP2470	Whole Capers in Vinegar 7-8mm	12x110g
CAP2471	Whole Capers in Vinegar 7-8mm	6x950g
CAP2485	Capers Lilliput in Vinegar 3-6mm	12x110g
CAP2486	Capers Non Pareilles in Vinegar x 5-7mm	24x110g
CAP2487	Capers Non Pareilles In Salt 5-7mm	12x100g
CAP2488	Capers Lilliput in Vinegar 3-6mm	6x950g
CAP2490	Caperberries Small in Vinegar	6x950g
CAP2491	Caperberries Small In Vinegar	12x240g



Chef's Choice Organic Wholewheat Buckwheat Flakes

Chef's Choice Breakfast Certified Organic Delicious Buckwheat Flakes – Wholegrain Cereals are a healthy and nutritious alternative to oats and other corn-based cereals. Organic buckwheat flakes have a delicious nutty flavour and make a delightful morning meal. They taste delicious in a muesli base, or added to pancakes, cakes and porridge.



Chef's Choice Buckwheat Flakes with Fruit and Nut Cereal

Chef's Choice Breakfast Delicious and Crunchy Buckwheat Flakes with Fruit & Nut Mix Cereal is a healthy and nutritious alternative to oats and other corn-based cereals. Mixed with a combination of delicious nuts, fruits and organic buckwheat flakes, which have a delicious nutty flavour, this mix is a great way to start your day.

Product Code	Product Name	Packaging / Unit Size
CER011	Chef's Choice Organic Wholewheat Buckwheat Flakes	6x280g
CER012	Chef's Choice Buckwheat Flakes with Fruit and Nut Cereal	6x380g





**Chef's Choice Muesli with Nuts & Seeds 485g**

Chef's Choice Breakfast Delicious Muesli with Nuts & Seeds is a delicious combination of rolled oats, walnuts, sunflower seeds, pepitas and organic shredded coconut. This blend contains healthy nuts and seeds that are full of natural antioxidants, minerals and healthy fats to keep you full for hours.



**Chef's Choice Muesli with Dried Fruit 485g**

Chef's Choice Breakfast Delicious Muesli with Dried Fruits contains a delicious mix of quality rolled oats and dried fruits. Our muesli is GMO free and produced without the addition of sugar or any artificial colours of flavours. Enjoy our muesli with your favourite dairy or non-dairy milk for an excellent start to the day.



**Chef's Choice Bircher Muesli with Vanilla 500g**

Chef's Choice Breakfast Delicious Bircher Muesli with Vanilla Flavour is one of the most nutritious ways to start the day. Easy to prepare, great for those who have an active and busy lifestyle and makes a healthier option than other breakfast products.



**Chef's Choice Organic Paleo Muesli 550g**

Chef's Choice Breakfast Certified Organic Delicious Paleo, Grain-Free and Raw Muesli is blended with 100% all natural ingredients and is perfect for those on a paleo or grain free diet. With no added sugar, no additives or preservatives it is the perfect meal to start your day or as an ideal in-between snack for an active lifestyle.

Product Code	Product Name	Packaging / Unit Size
CER013	Chef's Choice Muesli with Nuts & Seeds 485g	8x485g
CER014	Chef's Choice Muesli with Dried Fruit 485g	8x485g
CER015	Chef's Choice Bircher Muesli with Vanilla 500g	8x500g
CER016	Chef's Choice Organic Paleo Muesli 550g	8x550g

# CHOCOLATE - COUVERTURE



The iconic all-round white chocolate that always works. Recipe n° W2 is one of Octaaf Callebaut's original recipes that has grown into many chefs' preferred chocolate. This chocolate is as Belgian as can be, since it's mainly made with milk from cows grazing on Belgian pastures and sugar from locally grown sugar beets. It has a delightful taste with pronounced milky, creamy, caramelly and vanilla notes that are in perfect balance. W2 can be paired with a wide range of ingredients and flavours: from sour to bitter, from spices to herbs, and from fruits to beers. With its medium viscosity, this is a great all-round chocolate. Used in chocolate bars or hollow figures, it takes you by surprise with its lovely satin gloss and snappy texture. And fully rely on it to flavour mousses, cremes, ice creams, drinks, sauces, etc as well.



Dark Chocolate Slab 53%



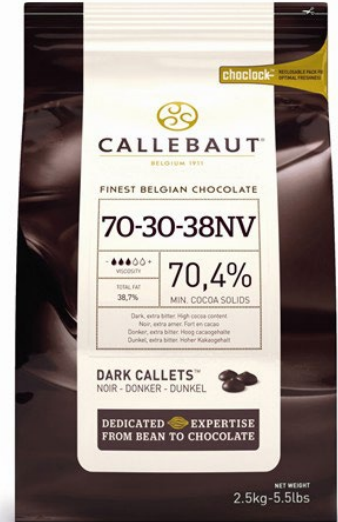
Milk Chocolate Slab 33%

Product Code	Product Name	Packaging / Unit Size
CHO2220	Dark Chocolate Slab 53%	5x5kg
CHO2224	Milk Chocolate Slab 33%	5x5kg

# CHOCOLATE - COUVERTURE



Dark Chocolate Callets 53%



Dark Chocolate Callets 70%



Milk Chocolate Callets 33%



Dark Chocolate Callets 53%



Milk Chocolate Callets 33%

Product Code	Product Name	Packaging / Unit Size
CHO2221	Dark Chocolate Callets 53%	8x2.5kg
CHO2222	Dark Chocolate Callets 70%	8x2.5kg
CHO2223	Dark Chocolate Callets 53%	2x10kg
CHO2225	Milk Chocolate Callets 33%	8x2.5kg
CHO2226	Milk Chocolate Callets 33%	1x10kg

# CHOCOLATE - COUVERTURE



White Chocolate Slab 28%



White Chocolate Callets



White Chocolate Callets

Product Code	Product Name	Packaging / Unit Size
CHO2227	White Chocolate Slab 28%	5x5kg
CHO2228	White Chocolate Callets 28%	8x2.5kg
CHO2229	White Chocolate Callets 28%	1x10kg

# CHOCOLATE - COUVERTURE



Organic Dark Chocolate  
Drops 70%

It is made up of 70% cacao and is a wonderfully smooth and intense bittersweet chocolate that can be used for baking as they are for melting or nibbling. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other recipes! Ideal for baking, ice cream making and confectionery applications.

Product Code	Product Name	Packaging / Unit Size
CH02230	Organic Dark Chocolate Drops 70%	10x300g
CH02231	Raw Organic Choc Drops 70%	1x14kg <b>BULK</b>





Raw Organic 100% Cacao Powder 300g

Certified Kosher.

Chef's Choice Certified

Organic Raw Cacao Powder is produced by pressing out the cacao butter after the cacao beans have been ground. Cacao powder is full of flavonoids, which act as a natural health remedy. It presents a hint of bitterness to maximise the flavour of what you add it to. This powder gives an intense chocolate taste to baked goods and desserts which is just delicious!

Product Code	Product Name	Packaging / Unit Size
COC2206	Chefs Choice Raw organic Cocoa Powder 100% (20 -22%)	10x1kg <b>BULK</b> 
COC2210	Raw Organic Cacao Powder	1x25kg <b>BULK</b> 
COC2213	Raw Organic 100% Cacao Powder	10x300g



Chef's Choice Raw Organic Cacao Butter



Raw Organic Cacao Nibs





Organic Cacao Butter

Certified Kosher.

Chef's Choice RAW ORGANIC CACAO NIBS are cacao beans that have been roasted, separated from their husks and broken into smaller pieces. These flavorful little pieces also have great nutritional value and acts as an energy booster and mood elevator! Great to use as a topping on salads or as a mix-in for baked goods or sweets for added crunch and flavour.

Certified Kosher.

It is an amazing, highly nutritious product obtained from cold pressing the cacao bean. It is excellent in making raw chocolates and can be combined with cacao powder or liquor and sweetener to make divine desserts. Cacao butter is nutrient dense which makes it a healthier alternative to butter, for use in baking, v making

Product Code	Product Name	Packaging / Unit Size
COC2215	Raw Organic Cacao Nibs	10x300g
COC2216	Chef's Choice Raw Organic Cacao Butter	1x1kg
COC2217	Chef's Choice Raw Organic Cacao Butter	10x300g
COC2219	Chef's Choice Raw Organic Cacao Butter	1x15.88kg <b>BULK</b> 
COC2220	Chef's Choice Raw Organic Cacao Nibs	1x15kg <b>BULK</b> 



Raw Cacao Drinking Hot Chocolate

Lovin' Body Certified Organic Raw Cacao Drinking Hot Chocolate is one of the most pure and enjoyable chocolate experiences you will find. Smooth and delicious, this delicacy finishes with an amazing flavour sure to leave your tastebuds satisfied. Your body will also be grateful for the amazing health benefits of raw and organic cacao. Enjoy this full-flavoured drink on its own or with marshmallows.



Raw Cacao Drinking Hot Chocolate with Tumeric and Maca

Lovin' Body Certified Organic Raw Cacao Drinking Hot Chocolate with Superfoods is one of the most pure and enjoyable chocolate experiences you will find. Smooth and delicious, this delicacy finishes with an amazing flavour sure to leave your tastebuds satisfied. Your body will also be grateful for the amazing health benefits of raw and organic cacao, maca, turmeric and cinnamon powders. Enjoy this full-flavoured drink on its own or with marshmallows.

Product Code	Product Name	Packaging / Unit Size
COC2221	Raw Cacao Drinking Hot Chocolate	6x300g
COC2222	Raw Cacao Drinking Hot Chocolate with Tumeric and Maca	6x300g



# COCONUT PRODUCTS



Organic Coconut Cream  
22% Fat BPA Free



Organic Coconut Milk 17% Fat

Product Code	Product Name	Packaging / Unit Size
CUT2321	Organic Coconut Milk 17% Fat	12x400ml
CUT2322	Organic Coconut Cream 22% Fat BPA Free	12x400ml

# COCONUT PRODUCTS



Organic Desiccated Finely Shredded Coconut



Organic Desiccated Medium Shredded Coconut

Certified Organic Desiccated Coconut - Finely Shredded / Medium Shredded is simply dried and grated retaining all the natural flavour and aroma of the coconut flesh without the use of sweeteners or preservatives. Organic desiccated coconut is free from preservatives, sulphur and cholesterol. It is also high in fibre and very delicious.



Chef's Choice Organic Coconut Flour



Chef's Choice Organic Shredded Coconut








Organic Coconut Flakes

Certified Organic Coconut Flour is a delicious, healthy alternative to wheat and other grain flours. It is essentially made from fresh organic coconut meat that is dried and grounded into a very fine, flour-like powder. The light coconut flavour allows coconut flour to blend seamlessly into sweet or savoury baked goods.

Chef's Choice Organic Shredded Coconut it is a baking essential. This all natural, healthy treat is bursting with tropical flavours and aromas, making it perfect as a topping or ingredient in cookies, curries, cakes and more.

Certified Organic Coconut Flakes are made from the dried white flesh of organically grown coconuts and have an irresistible coconut taste! Our Coconut Flakes are great for snacking on their own, raw or toasted and can also be used for cooking, baking or garnishing.

Product Code	Product Name	Packaging / Unit Size
CUT2330	Chef's Choice Organic Shredded Coconut	10x200g
CUT2337	Chef's Choice Organic Shredded Coconut	1x10kg <b>BULK</b> 
CUT2324	Chef's Choice Organic Coconut Flour	10x500g
CUT2332	Chef's Choice Organic Coconut Flour	1x20kg <b>BULK</b> 
CUT2325	Organic Desiccated Finely Shredded Coconut	10x200g
CUT2326	Organic Desiccated Medium Shredded Coconut	10x200g
CUT2334	Chef's Choice Organic Desiccated Coconut Medium	1x12.5kg <b>BULK</b> 
CUT2331	Organic Coconut Flakes	10x120g
CUT2336	Chef's Choice Organic Coconut Flakes	1x15kg <b>BULK</b> 
CUT2343	Chef's Choice Organic Fine Desiccated Coconut	12.5kg <b>BULK</b> 

# COCONUT PRODUCTS



Chefs Choice 100% Pure Organic Coconut Water



Chef's Choice Organic Coconut Water

Product Code	Product Name	Packaging / Unit Size
CUT2315	Chefs Choice 100% Pure Organic Coconut Water	12x330ml
CUT2316	Chef's Choice Organic Coconut Water	8x1L

# CONFECTIONARY BULK



A KISS IS THE HEART OF EVERY LOVE STORY, AND BACI® PERUGINA® IS A UNIQUE MESSENGER OF AN UNFORGETTABLE KISS WITH A TOTALLY ITALIAN TASTE. BACI® PERUGINA® IS MUCH MORE THAN SIMPLE CHOCOLATE, IT'S PERFECT FOR SAYING "I LOVE YOU THE ITALIAN WAY."

Baci® Perugina® has a delightful love story that starts in 1922 in Perugia, a medieval city in the heart of Italy. Baci® Perugina®, hazelnuts wed to chocolate, let millions of people express their love. It all began when a young chocolate maker created a special bonbon for his beloved. The confection, originally called cazzotto (punch) because its shape evokes a fist, was wrapped in a billet-doux, the Love Note that still today makes Baci® Perugina® unique. Everything about it was perfect but the name. It was as exquisite and sweet as a kiss, a bacio, in Italian. And so Bacio® Perugina® became its name. This romantic and very Italian story is the origin of Baci® Perugina®, icon of quality and symbol of excellence and passion.



Baci Perugina Milk with Almond



Baci Perugina Milk Chocolate



Perugina Milk Chocolate with Hazelnut

Product Code	Product Name	Packaging / Unit Size
CON008	Baci Perugina Milk with Almond	12x86g
CON009	Baci Perugina Milk Chocolate	12x86g
CON010	Perugina Milk Chocolate with Hazelnut	12x86g

# CONFECTIONARY BULK



Perugina Dark  
Cholocate Tablet 51%



Baci Perugina Dark Choc  
Tablet 70%



Baci Perugina Dark Chocolate  
85%

Product Code	Product Name	Packaging / Unit Size
CON011	Perugina Dark Cholocate Tablet 51%	12x86g
CON012	Baci Perugina Dark Chocolate 85%	12x86g
CON022	Baci Perugina Dark Choc Tablet 70%	12x86g

# CONFECTIONARY BULK



Baci Original Bijou 14 Pieces



Baci Milk Bijou 14 Pieces



Baci 70% Dark Bijou 14 Pieces



Baci Assorted Bijou 14 Pieces

Product Code	Product Name	Packaging / Unit Size
CON024	Baci Original Bijou 14 Pieces	10x175g
CON025	Baci Milk Bijou 14 Pieces	10x175g
CON026	Baci 70% Dark Bijou 14 Pieces	10x175g
CON027	Baci Assorted Bijou 14 Pieces	10x175g

# CONFECTIONARY BULK






Baci Milk 209 Pieces



Back Extra Dark 70% 209 Pieces



Baci Original 209 Pieces

Product Code	Product Name	Packaging / Unit Size	
CON031	Baci Milk 209 Pieces	1x3kg	<b>BULK</b> 
CON032	Back Extra Dark 70% 209 Pieces	1x3kg	<b>BULK</b> 
CON039	Baci Original 209 Pieces	1x3kg	<b>BULK</b> 

# CONFECTIONARY BULK



Baci Milk Chocolate Bag



Baci Original Bag Dark Chocolate



Baci Extra Dark 70% Bags 10 Pieces

Product Code	Product Name	Packaging / Unit Size
CON033	Baci Original Bag Dark Chocolate	4x125g
CON034	Baci Milk Chocolate Bag	4x125g
CON056	Baci Extra Dark 70% Bags 10 Pieces	12x125g



# CONFECTIONARY BULK



Baci Milk Tubes 14x3 Pieces



Baci Dark Chocolate Tubes 14x3 Pieces

Product Code	Product Name	Packaging / Unit Size
CON035	Baci Milk Tubes 14x3 Pieces	14x37.5g
CON036	Baci Dark Chocolate Tubes 14x3 Pieces	14x37.5g

# CONFECTIONARY BULK



Baci Original Dark Chocolate Gift Box 12 Pieces



Baci Dark Chocolate Gift Box 18 Pieces

Product Code	Product Name	Packaging / Unit Size
CON037	Baci Dark Chocolate Gift Box 18 Pieces	6x225g
CON038	Baci Original Dark Chocolate Gift Box 12 Pieces	6x150g

# CONFECTIONARY BULK



Achva Gourmet Halva Dried Marble and Cocoa Nibs



Achva Gourmet Halva Pistachio



Achva Gourmet Halva Honey & Almond

Product Code	Product Name	Packaging / Unit Size
CON071	Achva Gourmet Halva Dried Marble and Cocoa Nibs	16x200g
CON073	Achva Gourmet Halva Pistachio	16x200g
CON074	Achva Gourmet Halva Honey & Almond	16x200g

# COUS COUS



It is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with. The nutty flavour marries quite well with other herbs and spices too!



Organic French Whole Wheat Cous Cous



French Cous Cous






Israeli Pearl 3 Colour Cous Cous

Certified Kosher. It has a slightly chewy texture and nutty flavour. Like other couscous, it takes on flavours easily and suitable to many dishes so you can create various desired flavours using herbs and seasonings!



Israeli Pearl Cous Cous

Certified Kosher. It is tiny, round, toasted that has a slightly chewy texture, and because it's toasted, it has a slightly nutty flavour too. Like other couscous, this takes on flavours easily and adapts well to many dishes so you can create your desired flavours using herbs and seasonings!

Product Code	Product Name	Packaging / Unit Size
COU2802	French Organic Whole Wheat Cous Cous	10x500g
COU2806	French Organic Whole Wheat Cous Cous	1x5kg <b>BULK</b> 
COU2803	French Couscous Medium Fine Bag	5kg <b>BULK</b> 
COU2805	French Cous Cous	10x500g
COU2808	Israeli Pearl 3 Colour Cous Cous	10x500g
COU2812	Israeli Pearl Cous Cous	10x500g
COU2810	Israeli Pearl Cous Cous	10kg <b>BULK</b> 





Israeli Pearl Whole Wheat Cous Cous

Certified Kosher. It is a tiny, round, toasted variety of pasta that has a chewy texture with a slightly nutty flavour. Like other couscous, it absorbs flavours easily and can be used as a bed for stew, meat or vegetables or add it to soups, salads, pilafs and more!



Chef's Choice Chickpea Cous Cous  
(made from 100% Italian Chickpeas)

Product Code	Product Name	Packaging / Unit Size
COU2813	Israeli Pearl Whole Wheat Cous Cous	10x500g
COU2811	Israeli Pearl Whole Wheat Cous Cous	10kg 
COU2819	Chef's Choice Chickpea Cous Cous (made from 100% Italian Chickpeas)	10x500g
COU2820	Chef's Choice Chickpea Cous Cous	1x25kg 



### Simple Dahl

Certified Kosher. Our simple dahl recipe has been developed by a qualified chef. Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!



### Coconut Dahl

Certified Kosher. Our South Indian Style Coconut Dahl recipe has been developed by a qualified chef. Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!



### Curry Dahl

Certified Kosher. Our Curry Dahl recipe has been developed by a qualified chef. Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

Product Code	Product Name	Packaging / Unit Size	
DAH2905	Simple Dahl	15x180g	
DAH2906	Coconut Dahl	15x170g	
DAH2907	Curry Dahl	15x150g	
DAH2908	Curry Dahl	1x25kg	<b>BULK</b> 
DAH2909	Coconut Dahl	1x25kg	<b>BULK</b> 
DAH2910	Simple Dahl	1x25kg	<b>BULK</b> 

# EXTRACTS



Pure Vanilla Extract

Certified Kosher.



Pure Cinnamon Extract

Certified Kosher. We extract the oil from the bark of Ceylon cinnamon, the premium cinnamon of the world.



Chef's Choice Pure Chocolate Flavouring Extract

Certified Kosher. The rich extract of the cacao bean mingled with our pure vanilla extract for an outstanding, rich extract.



Pure Almond Extract

Certified Kosher. Use in cookies, cakes, and almond croissants for a bold and impressive flavour.



Chef's Choice Pure Rum Flavouring Extract

Certified Kosher. We have formulated this appealing flavour using Fine Meyer's Rum for the best rum flavour.



Chef's Choice Pure Red Raspberry Flavouring Extract

Certified Kosher. Oregon and Washington's red raspberries are used to make this bright, plush extract.



Pure Peppermint Extract

Certified Kosher. Only the most premium peppermint oil from the North-western United States is used to make this bold, bright and minty flavour.

Product Code	Product Name	Packaging / Unit Size
EXT2500	Pure Vanilla Extract	12x100ml
EXT2501	Pure Cinnamon Extract	12x100ml
EXT2502	Chef's Choice Pure Chocolate Flavouring Extract	12x100ml
EXT2503	Pure Almond Extract	12x100ml
EXT2504	Chef's Choice Pure Rum Flavouring Extract	12x100ml
EXT2505	Chef's Choice Pure Red Raspberry Flavouring Extract	12x100ml
EXT2506	Pure Peppermint Extract	12x100ml

# EXTRACTS



**Chef's Choice Coffee Flavour Extract**

Certified Kosher. By extracting flavour from full-flavored, robust coffee beans we have created a premium coffee extract with generous coffee flavour.



**Terpeneless Lemon Extract**

Certified Kosher. This lemon extract will exhibit a fresh lemony flavour to your culinary creations.



**Terpeneless Lime Extract**

Certified Kosher. The zesty taste of lime comes through magnificently in this very fine extract.



**Terpeneless Orange Extract**

Certified Kosher. Florida's premium oranges give this lush extract an unparalleled flavour.



**Natural Strawberry Extract**

Certified Kosher. This extract bursts with lively strawberry flavours that will add pretty notes in your gelatos, cakes, strudels, fruit salads, pies and sauces.



**Chef's Choice Natural Blackberry Flavour Extract**

Certified Kosher. An extract formulated to enhance sauces, bakery goods and ice creams with the succulent flavours of Oregon's blackberries.



**Chef's Choice Natural Hazelnut Flavour Extract**

Certified Kosher. This fine flavour has the aroma and flavour of roasted, buttery hazelnuts. It is excellent in cookies, sauces, and ice cream.



**Chef's Choice Alcohol Free Vanilla Flavour**

Product Code	Product Name	Packaging / Unit Size
EXT2507	Chef's Choice Coffee Flavour Extract	12x100ml
EXT2508	Terpeneless Lemon Extract	12x100ml
EXT2509	Terpeneless Lime Extract	12x100ml
EXT2510	Terpeneless Orange Extract	12x100ml
EXT2511	Natural Strawberry Extract	12x100ml
EXT2512	Chef's Choice Natural Blackberry Flavour Extract	12x100ml
EXT2513	Chef's Choice Natural Hazelnut Flavour Extract	12x100ml
EXT2515	Chef's Choice Alcohol Free Vanilla Flavour	12x100ml



# EXTRACTS



Chef's Choice Pure Maple Flavour Extract



Pure Vanilla Extract 500ml and 3.78L



Chef's Choice Alcohol Free Vanilla Flavour 500ml and 3.78L



Chef's Choice Pure Almond Extract



Natural Coconut Extract

Certified Kosher. It is pure tropical bliss in a bottle. With no artificial colours.



Pure Anise Extract

Certified Kosher. It is a versatile extract with a subtle licorice overtone.



Chef's Choice Pistachio Flavour Extract

Certified Kosher. It is all natural and excellent in baked goods, beverages and ice cream. It is a versatile extract with sweet nutty tones that add a variety of flavours.



Chef's Choice Pure Brandy Flavour Extract



Chef's Choice Natural Banana Flavour Extract

It is a versatile extract that gives you many ways to add natural banana flavour to your dishes.

Product Code	Product Name	Packaging / Unit Size
EXT2516	Chef's Choice Pure Maple Flavour Extract	12x100ml
EXT2517	Pure Vanilla Extract	9x500ml
EXT2518	Pure Vanilla Extract	4x3.78L <b>BULK</b> 
EXT2519	Pure Vanilla Extract Alcohol Free	4x3.78L <b>BULK</b> 
EXT2520	Chef's Choice Alcohol Free Vanilla Flavour	9x500ml
EXT2521	Chef's Choice Natural Banana Flavour Extract	12x100ml
EXT2522	Chef's Choice Pistachio Flavour Extract	12x100ml
EXT2523	Natural Coconut Extract	12x100ml
EXT2524	Pure Anise Extract	12x100ml
EXT2525	Cooks Flavoured Pure Extract (Chef's Choice Range)	1x3.78L <b>BULK</b> 
EXT2526	Chef's Choice Pure Brandy Flavour Extract	12x100ml
EXT2531	Chef's Choice Pure Almond Extract	9x500ml

# FLOUR - ORGANIC



Organic Oat Flour

Certified Kosher. Made by finely milling whole organic oats. Oat flour can be mixed with other flours to create baked goods with a nutty flavour and a boost of nutrition to your baking recipes. Good for making biscuits, cookies, breads, pancakes, and more.



Organic Besan Flour

Besan (chick pea flour) is produced by dehusking and milling brown (desi) chick peas. Has a rich nutty flavour. USES: As a binding or thickening agent in many recipes and used widely in Indian and Middle Eastern cooking for pancakes, dumplings and sweetmeat - commonly used for pakora batter.






Organic Barley Flour

Produced by milling pearled barley to make a more nutritious, flavoursome barley flour. USES: Because of the low gluten content, must be mixed with other flours to make a yeast-raised bread, can be substituted for wheat flour in quick breads, scones, etc. And as a thickening agent in soups, gravies, etc.



Organic Millet Flour

Produced by milling the hulled millet into a fine flour. No additives. USES: For flat bread, tortillas, corn chips, must be combined with gluten-rich flours to make yeast raised bread and cakes and as a thickening or binding agent - as a corn flour would be used.

Product Code	Product Name	Packaging / Unit Size
FLO3017	Organic Oat Flour	10x500g
FLO3020	Organic Besan Flour	10x500g
FLO3034	Organic Besan Flour	1x20kg <b>BULK</b> 
FLO3025	Organic Barley Flour	10x500g
FLO3033	Organic Barley Flour	1x20kg <b>BULK</b> 
FLO3027	Organic Millet Flour	10x500g
FLO3035	Organic Millet Flour	1x20kg <b>BULK</b> 

# FLOUR - ORGANIC



**Organic Wholegrain Rye Flour**

Produced by roller-milling the whole rye grain. The nutrient-rich properties of the whole grain, and in particular the bran, are therefore retained. Moderately dark in colour with a strong, robust flavour. Easily digestible.



**Organic Stone Ground Wholegrain Spelt Flour**

Produced by removing the firm outer husk then stoneground-milling the inner kernel of grain. The end product makes for an easy digestible food when baked. Retains a substantial proportion of spelt wheat's nutrients and full dietary fibre. High in nutrition and has a nutty flavour. Uses: Well suited to baking producing excellent dough's and pasta.



**Organic Fine Corn Flour**

Corn flour is used to make corn bread, muffins, pancakes, polenta, and tortillas. Corn flour is very useful for gluten-free quick breads. Because corn flour contains no gluten, it must be blended with wheat flour when preparing yeasted breads.










**Organic Buckwheat Flour**

Certified Kosher. Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy flavour. It's most commonly ground into a dark, gritty flour and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.



**Organic White Rice Flour**

Certified Kosher. It is produced by milling the whole or broken pieces of grain into a fine flour. Because it is organic, it is more nutritious and slightly stronger in flavour than other commercially produced rice flours. Rice flour is high in protein and is excellent to use in shortbreads, loafs and noodles!

Product Code	Product Name	Packaging / Unit Size
FLO3028	Organic Wholegrain Rye Flour	10x500g
FLO3036	Organic Wholegrain Rye Flour	1x20kg <b>BULK</b> 
FLO3030	Organic Stone Ground Wholegrain Spelt Flour	10x500g
FLO3038	Organic Stoneground Wholegrain Spelt Flour	1x20kg <b>BULK</b> 
FLO3031	Organic Fine Corn Flour	10x450g
FLO3052	Organic Corn Flour Fine	1x20kg <b>BULK</b> 
FLO3053	Organic Corn Flour Wholegrain	1x20kg <b>BULK</b> 
FLO3032	Organic Buckwheat Flour	10x500g
FLO3024	Chef's Choice Organic Buckwheat Flour	1x25kg <b>BULK</b> 
FLO3037	Organic Soya Bean Flour	1x20kg <b>BULK</b> 
FLO3039	Organic White Rice Flour	10x500g
FLO3060	Organic White Rice Flour	1x20kg <b>BULK</b> 

# FLOUR - ORGANIC



**Organic Self Raising Flour**

Certified Kosher. It is produced by roller-milling the whole-wheat grain and sieving off of the bran. This is a strong flour which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour, a strong texture and is more flavoursome than other white flours. A baking flour suitable for most everyday-cooking needs.



**Organic Plain Flour**

Certified Kosher. It is produced by roller-milling the whole-wheat grain and sieving off of the bran which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour and a stronger texture, and is more flavoursome than other white flours.



**Organic Brown Rice Flour**

Certified Kosher. Product of Australia. It is produced by milling the whole or broken pieces of grain into a fine flour. It is more nutritious and slightly stronger in flavour than most commercially produced rice flours, making it an excellent flour to use for baking shortbreads, loaves and even noodles!








**Organic Stone Ground Wholegrain Self Raising Flour**

Certified Kosher. It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular self raising flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.



**Organic Stone ground Wholegrain Plain Flour**

Certified Kosher. It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular plain flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.

Product Code	Product Name	Packaging / Unit Size
FLO3040	Organic Self Raising Flour	10x500g
FLO3055	Organic Self Raising Flour	1x20kg <b>BULK</b> 
FLO3041	Organic Plain Flour	10x500g
FLO3056	Organic Plain Flour	1x20kg <b>BULK</b> 
FLO3042	Organic Brown Rice Flour	10x500g
FLO3059	Organic Brown Rice Flour	25kg <b>BULK</b> 
FLO3043	Organic Stone Ground Wholegrain Self Raising Flour	10x500g
FLO3057	Organic Stone Ground WholeGrain Self Raising Flour	1x20kg <b>BULK</b> 
FLO3044	Organic Stone Ground Wholegrain Plain Flour	10x500g
FLO3058	Organic Stone Ground Wholegrain Plain Flour	1x20kg <b>BULK</b> 

# FLOUR - ORGANIC



Pan Corn Flour White



Pan Corn Flour Yellow

PAN is the first and most popular brand of plain corn flour in Colombia and Venezuela. It is used to make the maize flour dough known as “masarepa”, that is a basic ingredient in typical Venezuelan and Colombian dishes such as arepas, hallacas and bollos. It is also used to prepare empanadas, hallaquitas, tamales, tortillas, gorditas, polenta and milho frito. It is a flour easily digested and contains no additives, being suitable for gluten-free and nut-free diets.

Product Code	Product Name	Packaging / Unit Size
FLO3015	Pan Corn Flour White (Gluten Free USA Non Organic)	10x1kg
FLO3016	Pan Corn Flour Yellow (Gluten Free USA Non Organic)	10x1kg



Chefs Choice Preserved Whole Beldi Lemons variety offers a unique acidic taste with an intense lemon flavour.

Chef's Choice Preserved Whole Lemon Beldi (Citron Beldi) 350g



All Natural Preserved Lemon



Chef's Choice Preserved Lemons

Chef's Choice All Natural Preserved Lemons are used as a condiment in many Middle Eastern, North African and Moroccan dishes. The liquid and lemon peel can be used for cooking with meat, poultry, seafood, soups, stews, rice or salads. The salty, savoury, pickled taste adds depth into vegan dishes and can be used as a great alternative to anchovy.

Product Code	Product Name	Packaging / Unit Size
FRU2013	Chef's Choice Preserved Whole Lemon Beldi (Citron Beldi) 350g	12x350g
FRU2014	Chef's Choice Preserved Lemons	4x4kg
FRU2015	All Natural Preserved Lemon	6x350g

# GRAINS & PULSES - ORGANIC



Organic Black Chia Seeds



Organic Black Chia Seed



Organic Black Chia Seed

Product Code	Product Name	Packaging / Unit Size
GRA3000	Organic Black Chia Seed	10x1kg
GRA3001	Organic Black Chia Seed	10x500g
GRA3011	Organic Black Chia Seeds	15x150g
GRA3044	Organic Black Chia	1x25kg

**BULK**

# GRAINS & PULSES - ORGANIC



**Black Barley**

Certified Kosher. Delicious grain that is highly nutritious and contains a high amount of protein and fibre. Perfect addition to a range of breakfast cereals, mueslis and granolas and also tastes great when combined with yummy soups, stews and breads. It is also a great substitute for rice when used in risottos.



**Organic Black Beluga Lentils**

They are tiny black lentils with have a hearty, earthy flavour and soft texture. They are high in fibre, protein and nutrition making them perfect for vegetarian dishes and a great meat alternative. They can absorb different flavours making them great in stews, soups, and salads or served with rice.







**Du Puy Style French Lentils**

Lentils have similar health benefits as common beans. Renowned for their deep nutty flavour and holding their shape when cooked. These lentils are perfect for salads or as a bedding for meat or fish.



**Organic Golden Flaxseed**

Flax seeds are very low carb, high nutrition seeds. They are the seeds of the flax plant, which linen cloth is made from. Flax has a pleasantly nutty taste. The whole seeds keep well, but they need to be ground into meal for us to get their full nutritional benefit. A simple spice or coffee grinder can do this in seconds.

Product Code	Product Name	Packaging / Unit Size
GRA3002	Chef's Choice Black Barley (non-organic)	10x500g
GRA2999	Chef's Choice Black Barley (non-organic)	1x25kg <b>BULK</b> 
GRA3004	Organic Black Beluga Lentils	10x500g
GRA3003	Organic Black Beluga Lentils	1x25kg <b>BULK</b> 
GRA3010	Du Puy Style French Lentils	10x500g
GRA3017	Du Puy Lentils	1x25kg <b>BULK</b> 
GRA3025	Organic Golden Flaxseed	10x500g
GRA3021	Organic Golden Flaxseed	1x25kg <b>BULK</b> 



# GRAINS & PULSES - ORGANIC



Chef's Choice Certified Organic Earth Blend is a healthy and flavourful mixture of brown rice and grains that has been popular in Japan as a healthier alternative to white rice. Great as a side dish in Western, Asian and Indian cuisines to compliment any main meal or with salads and soups.

Chef's Choice Organic 5 Earth Blend



Chef's Choice Organic Green Lentils

Chef's Choice Certified Organic Green Lentils are colourful and have a mild earthy flavour and nutty aroma. A perfect, hassle-free addition to any meal and is a must have in all kitchen cupboards. Lentils are easy to cook and contain plenty of nutritious benefits and is great as part of a healthy diet. Easy to cook and delicious in curries, salads, burgers, soups and more!



Chef's Choice Organic Red Lentils

Chef's Choice Certified Organic Red Split Lentils are colourful and have a earthy, nutty flavour and aroma. They are simple and easy to use and provide a lot of nutritional value! Because of their versatility, they can be used in a variety of dishes and cuisines from around the world!

Product Code	Product Name	Packaging / Unit Size
GRA2992	Chef's Choice Organic Green Lentils	10x500g
GRA2993	Chef's Choice Organic Red Lentils	10x500g
GRA3046	Chef's Choice Organic 5 Earth Blend	10x500g

# GRAINS & PULSES - ORGANIC



Organic Pearl Barley

Certified Kosher. Product of Australia. Add to soups and casseroles (may need to pre-cook). Cook together with rice or as a rice substitute or Pre-cook and add to baked goods. - To make a porridge. Add to soups (traditionally beef or vegetable) and casseroles and cook and serve as a simple side dish or pilaf.



Organic Buckwheat Kernels

Certified Kosher. Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy flavor. It's most commonly ground into a dark, gritty flour and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.








Organic Popping Corn

Certified Kosher. Product of Australia. Did you know that popcorn is one of the healthiest, and tastiest, snacks around? It's a whole grain food that's low in calories and fat and it's a complex carbohydrate. Popcorn is also high in fibre and 100% natural.



Organic Buckwheat Pancake Mix

Certified Kosher. It is made from a blend of high-quality buckwheat, maize flour and other organic ingredients that create a soft textured pancake with a nutty taste. Buckwheat is valued all over the world for its health benefits and its high antioxidant content.

Product Code	Product Name	Packaging / Unit Size
GRA3029	Organic Pearl Barley	10x500g
GRA3027	Organic Pearl Barley	1x20kg <b>BULK</b> 
GRA3031	Organic Buckwheat Kernels	10x500g
GRA3032	Organic Buckwheat Kernels	25kg <b>BULK</b> 
GRA3033	Organic Popping Corn	10x500g
GRA3022	Organic Popping Corn	1x20kg <b>BULK</b> 
GRA3105	Chef's Choice Organic Popping Corn	1x20kg <b>BULK</b> 
GRA3034	Organic Buckwheat Pancake Mix	10x500g
GRA3037	Organic Buckwheat Pancake Mix	1x20kg <b>BULK</b> 

# GRAINS & PULSES - ORGANIC



Organic Polenta

Certified Kosher. It is made by grinding corn and has a rich yellow colour with a slightly sweet flavour. Polenta is a staple ingredient in Italian households and can be cooked to be creamy and thick or allowed to set and then sliced.



Tri Coloured Organic Hulled Millet

Certified Kosher. Millet is highly nutritious, non-glutinous and like buckwheat and quinoa, is not an acid forming food so is soothing and easy to digest. In fact, it is considered to be one of the least allergenic and most digestible grains available and it is a warming grain so will help to heat the body in cold or rainy seasons and climates.



All Natural Chickpea Whole

Product of Australia. Certified Kosher. Chickpeas are a helpful source of zinc, folate and protein. They also can assist in lowering of cholesterol in the bloodstream. Chickpeas add lots of flavor and protein to all kinds of dishes, from hummus dips to salads to easy sides.



Chef's Choice Organic Green Split Peas



Organic Psyllium Husk

Product Code	Product Name	Packaging / Unit Size
GRA3035	Organic Polenta	10x500g
GRA3038	Organic Polenta	1x20kg <b>BULK</b> 
GRA3042	Tri Coloured Organic Hulled Millet	10x500g
GRA3018	Organic Hulled Millet	1x25kg <b>BULK</b> 
GRA3085	Chef's Choice Organic Tri Coloured Millet	1x25kg <b>BULK</b> 
GRA3059	All Natural Chickpea Whole	10x500g
GRA3061	Chef's Choice Organic Green Split Peas	10x500g
GRA3063	Organic Psyllium Husk	10x250g
GRA3062	Chef's Choice Organic Psyllium Husk 90% Pure	15kg <b>BULK</b> 

# GRAINS & PULSES - ORGANIC



Organic Hulled Sesame Seeds



Organic Roasted Black Sesame Seeds






Chef's Choice Organic Linseeds

Chef's Choice Certified Organic Linseed has a pleasant nutty taste and is a good source of protein and dietary fibre, making these tiny seeds a popular addition to any diet. While whole linseeds feature a soft crunch, the nutrients in the ground linseeds are more easily absorbed.



Chef's Choice Organic Hemp Seed

Loving' Body Certified Organic Hulled Hemp Seed are sourced from the finest quality plants from only the cleanest environments. These Organic Hemp Seeds can be used as an exfoliant for skin cleansing, and are also rich in vitamins, antioxidants, essential fatty acids and proteins for healthy skin.

Product Code	Product Name	Packaging / Unit Size
GRA3064	Organic Hulled Sesame Seeds	15x150g
GRA3065	Organic Roasted Black Sesame Seeds	15x140g
GRA3113	Chef's Choice Organic Sesame Seeds White Hulled	1x15kg <b>BULK</b> 
GRA3114	Chef's Choice Organic Black Sesame Seeds	1x15kg <b>BULK</b> 
GRA3118	Chef's Choice Organic Linseeds	10x500g
GRA3072	Chef's Choice Organic Hemp Seed	10x350g
GRA3073	Loving Body Organic Hemp Seed	1x25kg <b>BULK</b> 

# GRAINS & PULSES - ORGANIC



Wholegrain Freekeh

Chef's Choice Premium Selected Australian Roasted Freekeh is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.



Cracked Freekeh

Chef's Choice Premium Selected Australian Roasted Freekeh is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.



Chef's Choice Organic Tapioca Pearls




Chef's Choice Organic Tapioca Flour

Chef's Choice All Natural Tapioca Pearls are a delicious and enjoyable experience to eat. These pearls are boiled with a liquid to form a gel, which can then be enjoyed as a dessert, or added to foods as a thickening agent. Tapioca's thick and chewy texture makes it fun to consume, and perfect for tapioca pudding, bubble or boba tea, and other desserts and candies.



Organic Green Lentil (Duy Puy Style)

Chef's Choice Certified Organic French Style Green Lentils have firm texture and an irresistible nutty taste. A dietary staple throughout in many regions, green lentils work perfectly as a healthy side dish. Perfect for salads, soup, curries, dahl and pilafs.

Product Code	Product Name	Packaging / Unit Size
GRA3066	Wholegrain Freekeh	10x500g
GRA3067	Wholegrain Freekeh	1x20kg <b>BULK</b> 
GRA3068	Cracked Freekeh	10x500g
GRA3069	Cracked Freekeh	1x20kg <b>BULK</b> 
GRA3070	Organic Green Lentil (Duy Puy Style)	10x500g
GRA3071	Organic Green Lentil (Duy Puy Style)	1x25kg <b>BULK</b> 
GRA3077	Chef's Choice Organic Tapioca Pearls	10x400g
GRA3078	Chef's Choice Organic Tapioca Pearls	20kg <b>BULK</b> 
GRA3079	Chef's Choice Organic Tapioca Flour	10x500g

# HONEY



Turkish honey is said to be the best honey in the world. Our Raw honey from Turkey has a very mild taste that can be added to anything like your drink, salad dressing, sauces, baking etc. Raw honey is only strained before it's bottled, which means it retains most of the beneficial nutrients and antioxidants that it naturally contains. Conversely, regular honey may undergo a variety of processing, which may remove beneficial nutrients like pollen and reduce its level of antioxidants. That is why Chef's Choice Artisan Raw honey doesn't crystallise.



Chef's Choice Raw Artisan Pure Multiflower Honey



Chef's Choice Raw Artisan Honeycomb



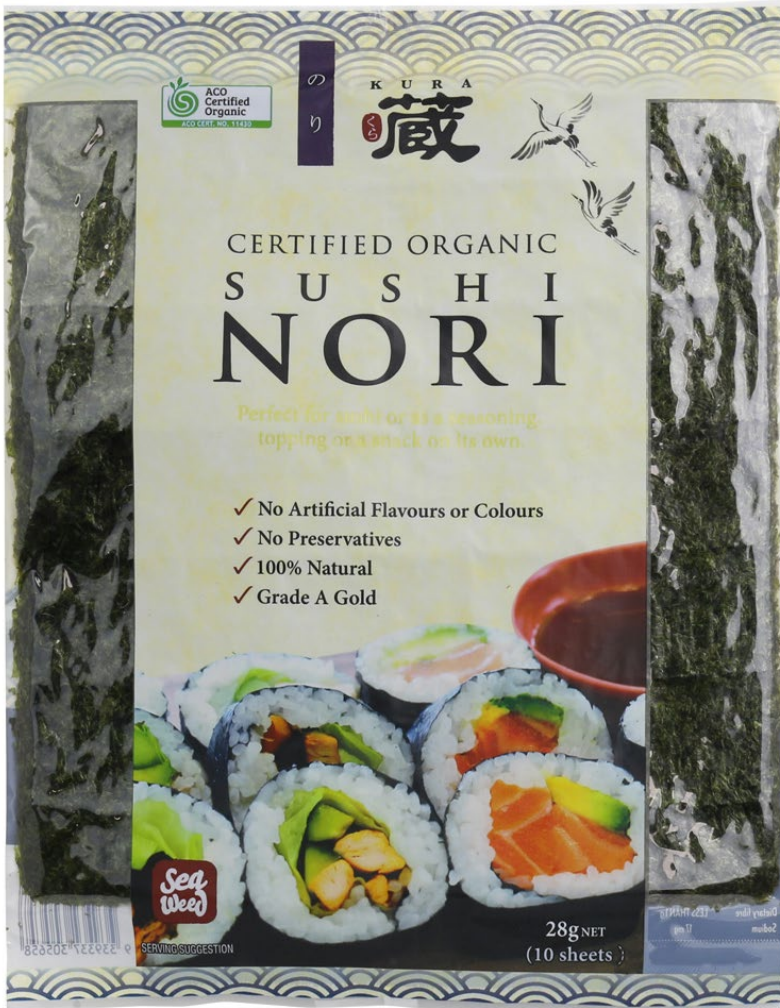
Chef's Choice Raw Artisan Pure Honey with Honeycomb (Wild Flower)



Chef's Choice Honey with Nuts (Peanut/Almond/Pistachio/Hazelnut)

Product Code	Product Name	Packaging / Unit Size
HON010	Chef's Choice Raw Artisan Pure Multiflower Honey	6x1kg
HON011	Chef's Choice Raw Artisan Honeycomb	12x400g
HON012	Chef's Choice Raw Artisan Pure Honey with Honeycomb (Wild Flower)	6x454g
HON013	Chef's Choice Honey with Nuts (Peanut/Almond/Pistachio/Hazelnut)	6x400g

# JAPANESE PRODUCTS



Kura Organic Sushi Nori 28g 10 Sheets

Kura Certified Organic Sushi Nori is of the highest quality you can buy; classifying as Grade A Gold. Its quality is shown in its dark colour, inhibiting a smooth and rich taste; truly reflecting the flavour of authentic Japanese Nori. Perfect for sushi, handrolls and simply eating as-is! Undeniably delicious!



Kura Sushi Bamboo Rolling Mat

Kura Bamboo Sushi Mat is made of the highest quality bamboo, simply used to create beautiful homemade sushi.

Product Code	Product Name	Packaging / Unit Size
JAP001	Kura Organic Sushi Nori 28g 10 Sheets	4x10sx28g
JAP005	Kura Sushi Bamboo Rolling Mat	1x120

# JAPANESE PRODUCTS



Kura Organic Miso Paste Shiro

Kura Certified Organic Miso Paste Shiro has a beautifully rich umami flavour with soft sweet tones. Consisting of enzymes that aid digestion, it also tenderised meats and fish, and further enjoyed to make soups, dressings, and dipping sauces.



Kura Pickled Ginger Pink



Kura Pickled Ginger White

Kura Pink & Natural Sushi Ginger is made from fresh ginger root. Its sweet, spicy flavour makes it a perfectly versatile condiment on your favourite dishes

Product Code	Product Name	Packaging / Unit Size
JAP006	Kura Organic Miso Paste Shiro 200g	12x200g
JAP008	Kura Pickled Ginger Pink 190g	12x190g
JAP009	Kura Pickled Ginger White 190g	12x190g



# JAPANESE PRODUCTS



**Kura Sushi Rice**

Kura Short Grain Sushi Rice is a premium grade Japanese style short grain rice. When cooked, this rice has a great consistency, making it easy to eat with chopsticks and ideal for all types of sushi or simply with any Japanese dishes.



**Kura Organic White Seame Paste**

Kura Certified Organic Japanese Style White Sesame Paste, also known as 'Shiro Neri Goma' in Japan, is a staple in many sweet and savoury dishes. Just a delight in salad dressings, sauces, baking and ice cream.



**Kura Organic Black Seame Paste**

Kura Certified Organic Japanese Style Black Sesame Paste, also known as 'Kuro Neri Goma' in Japan, is a staple in many sweet and savoury dishes. Just a delight in salad dressings, sauces, baking and ice cream.

Product Code	Product Name	Packaging / Unit Size
JAP071	Kura Sushi Rice	10x500g
JAP012	Kura Organic White Seame Paste	8x4x200g
JAP013	Kura Organic Black Seame Paste	8x4x200g

# JAPANESE PRODUCTS



Kura Organic Konjac Shirataki Noodles Spaghetti



Kura Organic Konjac Shirataki Rice Style 270g



Kura Organic Konjac Shirataki Noodles Flat 270g



Kura Organic Konjac Shirataki Noodles Angel Hair

Kura Certified Organic Konjac Shirataki Rice Style is made from an all-natural vegetable Konjac-mannam. This water soluble dietary fibre has been a traditional staple in Japan for hundreds of years. Imagine a 84 kJ per serving, digestive aiding and low carbohydrate noodle that is simply perfect for all your favourite meats, salads, sauces and more!

Product Code	Product Name	Packaging / Unit Size
JAP017	Kura Organic Konjac Shirataki Noodles Spaghetti	6x270g
JAP018	Kura Organic Konjac Shirataki Rice Style 270g	6x270g
JAP019	Kura Organic Konjac Shirataki Noodles Flat 270g	6x270g
JAP020	Kura Organic Konjac Shirataki Noodles Angel Hair	6x270g

# JAPANESE PRODUCTS



Kura Scichimi Togarashi Japanese  
7 Spice Blend 50g

Kura Shichimi Togarashi is the traditional staple of Japanese cuisine. The perfect trifecta of flavour-heat, citrus and umami is a killer addition to any dishes you please, including all soup, noodle dishes, roast veggies, meats and snacks!



Kura Organic Black  
Sesame Seed Roasted

Kura Certified Organic Black Roasted Sesame Seeds are small seeds that add a delicious, nutty taste to any meal. Add to smoothies, cereal and baking recipes or sprinkle over your salads, curries, stir fries and vegetables.

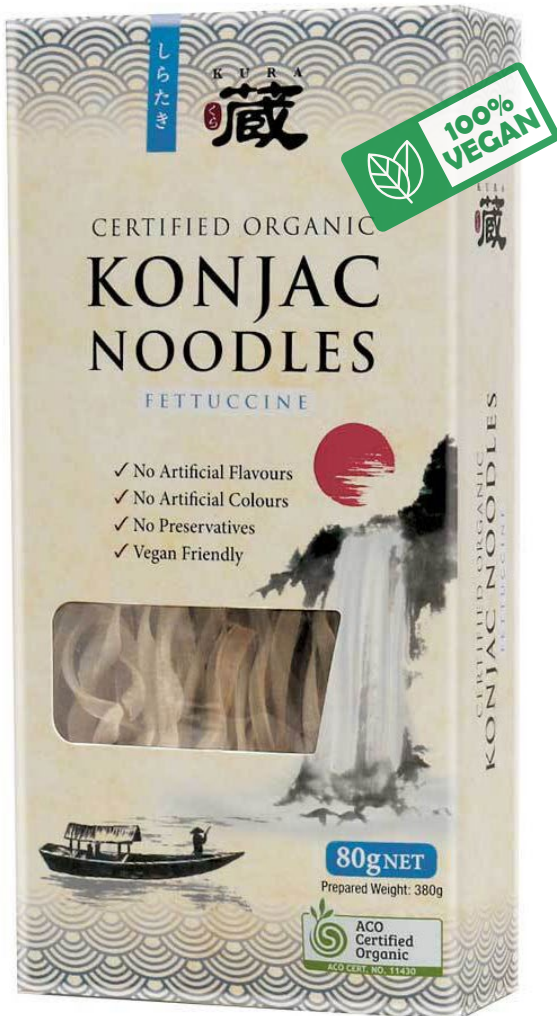


Kura Organic White  
Sesame Seed Hulled

Kura Certified Organic Sesame Seeds - Hulled are full of flavour which add a nutty, natural freshness to any meal. Perfect addition for baking recipes, making dip, sprinkled on salads or added to stir-fries.

Product Code	Product Name	Packaging / Unit Size
JAP010	Kura Scichimi Togarashi Japanese 7 Spice Blend 50g	12x50g
JAP050	Kura Organic Black Sesame Seed Roasted	12x60g
JAP051	Kura Organic White Sesame Seed Hulled	12x60g

# JAPANESE PRODUCTS



## Kura Organic Konjac Noodles Fettuccine

These noodles are made from an all-natural vegetable Konjacmannan; a water-soluble dietary fibre that has been a traditional staple in Japan for hundreds of years. Proven to be beneficial for aiding digestion, it's low in carbohydrates and is just simply the perfect noodles to enjoy all your favourite noodle dishes!



## Kura Organic Matcha Powder

Kura Certified Organic Matcha is green tea in its most aromatic form. Ground from the finest tea leaves, it inherits a vibrant green colour and smooth, authentic taste from Japan, creating a delicious drink or a perfect addition to your favourite bakes, dressings and sauces.

Product Code	Product Name	Packaging / Unit Size
JAP049	Kura Organic Konjac Noodles Fettuccine	8x80g
JAP073	Kura Organic Matcha Powder	8x100g



Organic Lemon Juice



Organic Lemon Juice

Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.



Organic Lime Juice



Organic Lemon Juice

Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.

Product Code	Product Name	Packaging / Unit Size
JUI3434	Organic Lemon Juice	12x125ml
JUI3435	Organic Lime Juice	12x125ml
JUI3436	Organic Lemon Juice	6x1L
JUI3437	Organic Lime Juice	6x1L



B-Well Pomegranate Juice



B-Well Blueberry Juice



B-Well Sour Cherry Juice

Many fruit juices are made from concentrates - not B-Well! Squeezed from freshly-picked fruit and bottled immediately, B-Well 100% freshly squeezed juice has no added sugar - or any other nasties. What it does have is an abundance of the anti-oxidants and vitamin C found naturally in cherries and pomegranates, making it ideal for the whole family.

Rich in antioxidants  
High in vitamin C  
No added sugar

Product Code	Product Name	Packaging / Unit Size
JUI3500	B-Well Pomegranate Juice	8x1L
JUI3501	B-Well Blueberry Juice	8x1L
JUI3502	B-Well Sour Cherry Juice	8x1L



Chef's Choice Certified Organic 100% Pomegranate Juice

Chef's Choice Certified Organic 100% Pomegranate Juice is pure pomegranate juice freshly cold pressed from whole ripe pomegranates. Our pomegranates are grown organically and harvested at peak ripeness for full flavour and nutrients. Naturally rich in antioxidants that aids in longevity, this vibrant drink delivers a unique taste of sweet and tart with a whole lot of nutrition. Enjoy it as a chilled refresher drink.

Product Code

Product Name

Packaging / Unit Size

JUI3506

Chef's Choice Certified Organic 100% Pomegranate Juice

6x750ml



**Lovin' Body Organic 100% Wild Cranberry Juice Norway**  
(not from concentrate)

Lovin' Body Certified Organic Wild Cranberry 100% Pure Juice is strong in taste as it's jam-packed with the numerous antioxidants extracted from cranberries, not loaded with sugar! Enjoy full strength or mix 1 part juice with 1.5 parts water. This juice makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh wild cranberries to preserve its natural goodness, beautifully rich taste and sweet aroma.



**Lovin' Body Organic 100% Sour Cherry Juice**  
(not from concentrate)

Lovin' Body Certified Organic Sour Cherry 100% Pure Juice is strong in taste as it's jam-packed with the numerous antioxidant's cherries naturally source, not loaded with sugar! Enjoy this juice full strength or dilute with water or juice in small amounts if need be. This juice makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh sour cherries to preserve its natural goodness, beautifully rich taste and sweet aroma.



**Lovin' Body Organic 100% Wild Blueberry Juice**  
(not from concentrate)

Lovin' Body Certified Organic 100% Pure Wild Blueberry Juice is jam-packed with the numerous antioxidants extracted, not loaded with sugar! Enjoy this juice full strength or mix with other juices for enhanced sweetness. Makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh fruits to preserve its natural goodness, beautifully rich taste and sweet aroma.

Product Code	Product Name	Packaging / Unit Size
JUI3508	Lovin' Body Organic 100% Wild Cranberry Juice Norway (not from concentrate)	12x510ml
JUI3509	Lovin' Body Organic 100% Sour Cherry Juice (not from concentrate)	12x510ml
JUI3510	Lovin' Body Organic 100% Wild Blueberry Juice (not from concentrate)	12x510ml



# MAPLE PRODUCTS



Organic Pure Maple Syrup

Our Certified Organic Maple Syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.



100% Pure Maple Syrup

Our 100% pure maple syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.



Organic Maple Sugar

Maple sugar is a traditional sweetener in the northeastern United States and Canada, prepared from the sap of the maple sugar tree. It can be used as an alternative to cane sugar. Maple sugar is about twice as sweet as standard granulated sugar.



Organic Maple Butter

Maple butter, also known as maple cream or maple spread, is a confection that is made from maple syrup. The consistency of maple butter is light and spreadable, very similar to the consistency of peanut butter. Use this creamy maple butter spread on bread, pancakes, muffins, toast, and biscuits. It's so tasty!

Product Code	Product Name	Packaging / Unit Size
MAP2368	Organic Pure Maple Syrup	12x189ml
MAP2371	100% Pure Maple Syrup	12x189ml
MAP2376	Chef's Choice Organic Maple Sugar	1x12kg <b>BULK</b> 
MAP2377	Organic Maple Sugar	15x150g
MAP2378	Organic Maple Butter	12x170g

# MAPLE PRODUCTS



Chef's Choice Certified Organic Maple Syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yoghurt, ice cream, oatmeal and more.

Chef's Choice Organic Maple Syrup



100% Pure Maple Syrup Jug 1L



100% Pure Maple Syrup Jug 4L

Product Code	Product Name	Packaging / Unit Size
MAP2366	Chef's Choice Organic Maple Syrup	6x1L
MAP2372	100% Pure Maple Syrup Jug	12x1L
MAP2373	100% Pure Maple Syrup Jug	4x4L

# MAPLE PRODUCTS



Organic Agave Syrup



Organic Agave Syrup

Chef's Choice Certified Organic Agave Syrup is a delicious and natural liquid sweetener with a low GI (32) that is made from the nectar of the blue agave plant. It is ideal for sweetening hot and cold beverages such as coffee, tea and smoothies and can also be used on pancakes, oatmeal and cereal. It can also be used in baking recipes such as brownies, chocolate cake and cookies.

Product Code	Product Name	Packaging / Unit Size
MAP2381	Organic Agave Syrup	12x250ml
MAP2382	Organic Agave Syrup	8x740ml



Chef's Choice 100% Natural Date Syrup

Chefs Choice 100% Natural Premium Selected Date syrup is produced from the finest dates, creating a naturally sweet and super tasty flavour. This rich and thick syrup has subtle caramel notes, just raw vegan and paleo-friendly deliciousness with no added sugar for that peace of mind.

Product Code	Product Name	Packaging / Unit Size
MAP2385	Chef's Choice 100% Natural Date Syrup	24x450g

# MAPLE PRODUCTS



Chefs Choice Organic Agave Syrup 1L



Chef's Choice Organic Agave Syrup 4L

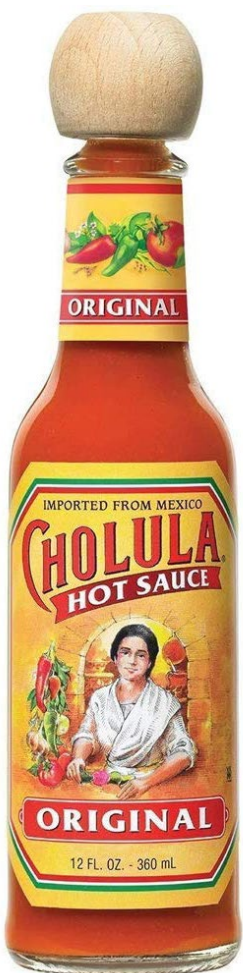
Product Code	Product Name	Packaging / Unit Size
MAP2386	Chefs Choice Organic Agave Syrup 1L	6x1L
MAP2387	Chef's Choice Organic Agave Syrup 4L	2x4L

# MEXICAN & LATIN AMERICAN SPECIALITIES



Cholula Hot Sauce is the delicious result of a generations old recipe and a rich Mexican heritage. By using the ripest local ingredients and a creative blend of authentic spices, Cholula quickly became known as “el sabor perfecto”, the perfect flavor. That original recipe has gone unchanged over the years and now expands to four additional varieties, each featuring a memorable taste experience that holds true to the brand philosophy of enhancing while never overpowering. Cholula Hot Sauce celebrates the best taste experience.

When you Uncap Real Flavor with Cholula Hot Sauce, prepare to have your food elevated to levels you never expected.



Cholula Original Hot Sauce



Chipotle Hot Sauce Mexico



Cholula Hot Sauce Original



Cholula Chilli Lime Sauce



Original Hot Sauce Mexico

Product Code	Product Name	Packaging / Unit Size
MLA3543	Cholula Original Hot Sauce	12x360ml
MLA3544	Chipotle Hot Sauce Mexico	12x150ml
MLA3545	Cholula Hot Sauce Original	24x60ml
MLA3546	Cholula Chilli Lime Sauce	12x150ml
MLA3558	Original Hot Sauce Mexico	6x150ml

# MEXICAN & LATIN AMERICAN SPECIALITIES



Tajin Chilli Seasoning 142g



Tajin Chilli Seasoning 400g

100% natural! A perfect blend made from a select combination of world-class Mexican chilies, lime juice and sea salt, TAJIN Clasico Seasoning adds the perfect balance of ZING to enhance the flavour of fruits, vegetables, drinks or any food such as Margaritas, Tacos and Vegetables.



El Mexicano White Hominy 800g  
(White Corn)



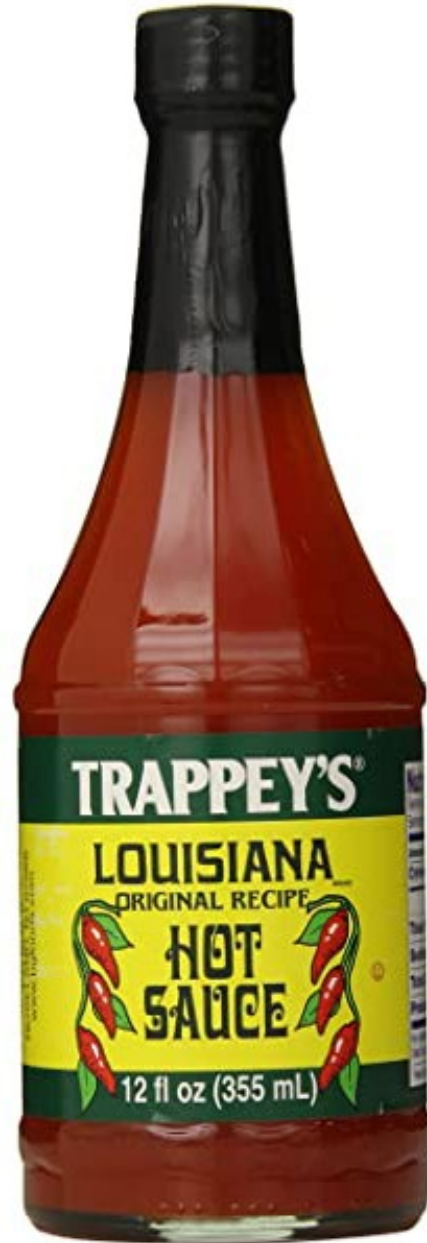
Carey Whole Green Tomatilo 800g  
(Green Tomatoes)

Product Code	Product Name	Packaging / Unit Size
MLA3570	Tajin Chilli Seasoning	12x142g
MLA3571	Tajin Chilli Seasoning	12x400g
MLA3587	El Mexicano White Hominy 800g (White Corn)	12x800g
MLA3579	Carey Whole Green Tomatilo 800g (Green Tomatoes)	12x800g

# MEXICAN & LATIN AMERICAN SPECIALITIES



La Costena Green Sauce  
Ready to use salsa



Trappeys Louisiana Original  
Hot Sauce

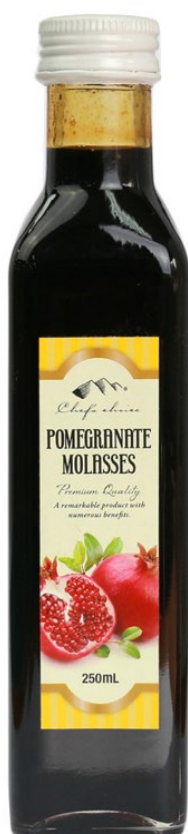
Product Code	Product Name	Packaging / Unit Size
MLA3580	La Costena Green Sauce	12x475g
MLA3582	Trappeys Louisiana Original Hot Sauce	12x350 ml



# MIDDLE EAST SPECIALITIES



Pomegranate Molasses



Pomegranate Molasses

Chef's Choice Pomegranate Molasses is a unique, thick tart condiment used to prepare marinades, vinaigrettes, dressings and dips. It imparts wonderful flavours to casseroles and stews and can be added to tea, on ice cream or sorbets.



Orange Blossom Water

Chef's Choice Orange Blossom Water has a subtle, citrus-floral aroma that adds an orange zest to your desserts and dishes like couscous, lamb, hummus and falafel. Alternatively, splash a little in your water, tea, salads or fresh fruits for a refreshing touch of orange.



Rosewater

Chef's Choice Rose Water has a unique floral scent that can be used to flavour desserts like baklava, nougat, ice cream or your favourite cocktails. Truly versatile, Rose Water has numerous benefits from culinary gourmet flavouring, medicinal uses, to uplifting cosmetic applications and aromatherapy.

Product Code	Product Name	Packaging / Unit Size
MID2028	Pomegranate Molasses	12x1L
MID2029	Pomegranate Molasses	24x250ml
MID2030	Orange Blossom Water	12x250ml
MID2031	Rosewater	12x250ml

# MUSHROOMS



Shitake Mushrooms Sliced



Whole Shiitake Mushrooms



Morel Mushrooms

Product Code	Product Name	Packaging / Unit Size
MSH495	Hana Donko Whole Shiitake Mushrooms	12x50g
MSH496	Shitake Mushrooms Sliced	12x40g
MSH498	Morel Mushrooms	12x40g

# MUSHROOMS



Chef's Choice Dried & Sliced  
Shitake Mushroom



Forest Mix Mushrooms



Porcini Mushrooms

Product Code	Product Name	Packaging / Unit Size
MSH497	Chef's Choice Dried & Sliced Shiitake Mushroom	6x500g
MSH499	Chef's Choice Forest Mix Mushrooms	6x500g
MSH500	Chef's Choice Porcini Mushrooms	6x500g

# MUSHROOMS



Chef's Choice Porcini Mushrooms

Certified Kosher. Dried Porcini is famous all over the world for its concentrated flavour and mouth-watering aroma that is a perfect addition to any risotto, soup or sauces. We have selected only the finest porcini mushrooms so that you can enjoy the 'King of Mushrooms' anytime and anywhere you desire.



Chef's Choice Dried Mixed Mushrooms

Certified Kosher. These marvellous mushrooms with a pleasant aroma and flavour can be added to almost any dish, delivering a strong flavour base and enticing taste. For the best results, add to cream soups, stews and risottos to experience the ir-resistible taste of this fine French delicacy.



Dried Chanterelle

The flavour and aroma of Dried Chanterelle Mushrooms are an excellent complement to meat, shellfish, and omelettes. Used in a wide variety of soups, cream sauces and pastas, they are best cooked with limited seasonings so the delicious flavour can be fully enjoyed.



Chef's Choice Morel Mushroom

Morel mushrooms are an earthy, delicate and highly-prized mushroom with a beautiful honeycomb cap and light, fawn-coloured stem. Once rehydrated, they have an amazing texture and flavour and are perfect for pasta dishes, risottos, stews, omelettes or stuffing.

Product Code	Product Name	Packaging / Unit Size
MSH501	Chef's Choice Porcini Mushrooms	6x20g
MSH502	Chef's Choice Dried Mixed Mushrooms	6x20g
MSH510	Dried Chanterelle	6x20g
MSH519	Chef's Choice Morel Mushroom	6x10g

# MUSHROOMS



Porcini Mushroom Powder

Certified Kosher. Powdered porcini mushrooms are secret weapons in the kitchen. It's an almost instant way to add an incredible depth of earthy flavour to meats, veggies, soup, and stir fry and just about everything in between.



French Morels



Chef's Choice Chanterelle Mushrooms

Product Code	Product Name	Packaging / Unit Size
MSH506	French Morels	1x500g
MSH507	Chef's Choice Chanterelle Mushrooms	6x500g
MSH508	Porcini Mushroom Powder	12x35g

# NOODLES



Hakubaku’s authentic Japanese organic noodles are the world’s favourite. They epitomise the attention to detail at the heart of Japanese culture.

A global search for the world’s highest quality organic wheat, and the wheat varieties most suitable for making Japanese noodles, brought Hakubaku to Australia.

Not only did Hakubaku find secure supplies of the wheat it needs, but it also found an organic flour mill and the perfect site for a noodle factory - in Ballarat.

In 1996, Ballarat became home to Hakubaku Australia – a distant outpost of one of Japan’s most important culinary traditions.

Hakubaku Australia is now a proud contributor to a cuisine that is considered one of the most sophisticated – and one of the healthiest - in the world.



Organic Green Tea Noodles 98% Fat Free



Organic Somen Noodles 98% Fat Free



Organic Soba Noodles 98% Fat Free



Organic Udon Noodles 98% Fat Free

Product Code	Product Name	Packaging / Unit Size
N003097	Organic Green Tea Noodles 98% Fat Free	12x200g
N003099	Organic Somen Noodles 98% Fat Free	12x270g
N003100	Organic Soba Noodles 98% Fat Free	12x270g
N003101	Organic Udon Noodles 98% Fat Free	12x270g



**Almond Meal**

Certified Kosher. It is made from ground premium Australian almonds and is fantastic for baking or desserts. Use as an alternative to wheat flour, almond meal is perfect for baking paleo bread, cookies, cakes, muffins as well as in cereals and smoothies.



**Hazelnut Meal**

Certified Kosher. It is the perfect ingredient to every chef's wholefood pantry. It contains the nutritious goodness of hazelnuts, which are packed full of nutritional benefits. Use hazelnut meal to add a naturally sweet, rich flavour to baked goods such as breads, biscuits, cakes, cookies or stuffings.

Product Code	Product Name	Packaging / Unit Size
NUT001	Almond Meal	10x400g
NUT003	Hazelnut Meal	10x320g



**Chef's Choice Chickpeas  
Roasted & Unsalted**

Chef's Choice Premium Selected Roasted & Unsalted Chickpeas are a good way to get through the day. They make a wholesome, tasty snack by themselves or added to salads. They are perfect anytime.



**Chef's Choice Double  
Roasted Unsalted Chickpeas**

Chef's Choice Premium Selected Double Roasted Chickpeas make a wholesome, tasty snack by themselves or added to salads. They are perfect anytime. Dry roasted a little longer than regular variety, revealing an enticing roasted, smoky flavour with a slightly darker colour.



**Chef's Choice Organic  
Sunflower Seed Kernels**

Chef's Choice Certified Organic Sunflower Seeds - Kernels have a delicious, rich and nutty flavour that complements a variety of dishes. They can be eaten as a snack, either raw or roasted; on their own or mixed with other seeds and nuts. They taste great when added to pasties and other baked goods or granolas, as well as in sauces or sprinkled over salads.



**Chef's Choice Organic  
Pumpkin Seed Kernels (Pepitas)**

Chef's Choice Certified Organic Pumpkin Seeds have a delicious, rich and nutty flavour that complements a variety of dishes. They can be eaten as a snack, either raw or roasted, on their own or mixed with other seeds and nuts. They taste great when added to pasties and other baked goods or granolas, as well as in sauces or sprinkled over salads.

Product Code	Product Name	Packaging / Unit Size
NUT050	Chef's Choice Chickpeas Roasted & Unsalted	10x350g
NUT051	Chef's Choice Double Roasted Unsalted Chickpeas	10x350g
NUT052	Chef's Choice Organic Sunflower Seed Kernels	10x160g
NUT053	Chef's Choice Organic Pumpkin Seed Kernels (Pepitas)	10x180g





Grapeseed Oil



Grapeseed Oil

Certified Kosher. It has a clean, light taste, which does not interfere with the flavours of anything you are preparing. It is an excellent ingredient to be used in salad dressings, to make mayonnaise and as a base for oil infusions with additions of garlic, herbs and spices. This is a delicate oil which is sure to be a great addition to your pantry!

Product Code	Product Name	Packaging / Unit Size
OIL1120	Grapeseed Oil	12x1L
OIL1121	Grapeseed Oil	3x5L



Organic Unrefined Coconut Oil



Organic Unrefined Coconut Oil



Organic Purified Coconut Oil



Organic Purified Coconut Oil

Chef's Choice Certified Organic Purified Coconut Oil comes from dried coconut meat and is one of the healthiest oils in the world. This naturally purified coconut oil is one of the most versatile oils around because it can withstand higher cooking temperatures and is neutral in flavour in recipes for cooking, baking, stir-fries and searing. It can also be used as a moisturizer or conditioner for the hair or skin.

Product Code	Product Name	Packaging / Unit Size
OIL1116	Organic Unrefined Coconut Oil	6x915ml
OIL1117	Organic Unrefined Coconut Oil	12x500ml
OIL1118	Organic Purified Coconut Oil	12x915ml
OIL1119	Organic Purified Coconut Oil	2x4L



Three Olives Organic  
Extra Virgin Olive Oil 1L



Three Olives Organic  
Extra Virgin Olive Oil 3L

Three Olives Certified Organic Extra Virgin Olive Oil is produced from organically grown and hand picked Mediterranean olives using old traditional olive oil production methods and results in an elegant unfiltered oil, which has a earthy, mild and delicious fruity flavour and aroma. Perfect for everyday use and also ideal for dips, grilling or drizzling over salad, meat, fish or vegetables.

Product Code	Product Name	Packaging / Unit Size
OIL1126	Three Olives Organic Extra Virgin Olive Oil	6x1L
OIL1127	Three Olives Organic Extra Virgin Olive Oil	4x3L



Chef's Choice Organic Heart Hemp Oil

Lovin' Body Certified Organic Hemp Heart Oil has a rich and nutty flavour that pairs perfectly with salads, marinades and bread. As it is low in saturated fats and omega-3 fatty acids, this oil is renowned for its benefits to heart health.

Product Code	Product Name	Packaging / Unit Size
OIL1129	Chef's Choice Organic Heart Hemp Oil	6x250ml

# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Organic Brown Lentils in Water



Organic 4 Bean Salad



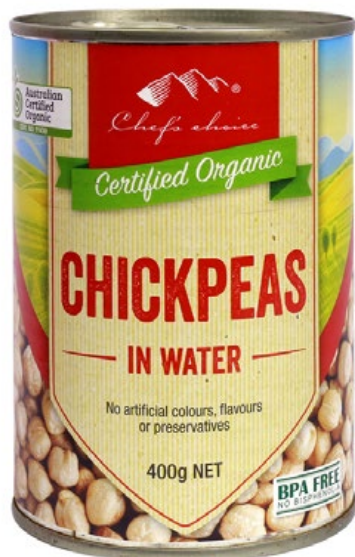
Organic Black Beans in Water



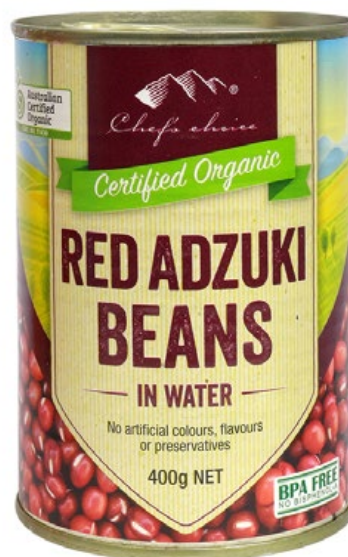
Organic Borlotti Beans in Water

Product Code	Product Name	Packaging / Unit Size
ORG008	Organic Brown Lentils in Water	12x400g
ORG009	Organic 4 Bean Salad	12x400g
ORG010	Organic Black Beans in Water	12x400g
ORG011	Organic Borlotti Beans in Water	12x400g

# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Organic Chickpeas in Water



Organic Adzuki Beans in Water



Organic White Cannellini Beans in Water



Organic Butter Beans in Water



Organic Baked Beans in Tomato Sauce

Product Code	Product Name	Packaging / Unit Size
ORG013	Organic Chickpeas in Water	12x400g
ORG015	Organic Adzuki Beans in Water	12x400g
ORG016	Organic White Cannellini Beans in Water	12x400g
ORG017	Organic Butter Beans in Water	12x400g
ORG019	Organic Baked Beans in Tomato Sauce	12x400g

# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Chef's Choice Organic Arrabbiata  
Hot Chilli Pepper Pasta Sauce 350g

Originating from an authentic Italian recipe, Chef's Choice Certified Organic Pasta Sauces takes the stress and time out of cooking a 5-star meal. This rich, zesty tomato-based sauce with a hint of Italian chilli pepper is now made readily available for your convenience to enjoy in just a few minutes.

Product Code	Product Name	Packaging / Unit Size
ORG020	Chef's Choice Organic Arrabbiata Hot Chilli Pepper Pasta Sauce 350g	12x350g

# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Organic Passata Di Pomodoro  
with Basil



Chef's Choice Organic Passata  
Cooking Sauce



Chef's Choice Organic Passata  
Rustica Crushed Tomato

Product Code	Product Name	Packaging / Unit Size
ORG022	Organic Passata Di Pomodoro with Basil	12x690g
ORG023	Chef's Choice Organic Passata Cooking Sauce	12x690g
ORG024	Chef's Choice Organic Passata Rustica Crushed Tomato	12x680g



# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Organic Italian Peeled  
Tomatoes in Tomato Juice



Organic Italian Diced  
Tomatoes in Tomato Juice



Organic Cherry Tomatoes

Product Code	Product Name	Packaging / Unit Size
ORG027	Organic Italian Peeled Tomatoes in Tomato Juice	12x400g
ORG028	Organic Italian Diced Tomatoes in Tomato Juice	12x400g
ORG029	Organic Cherry Tomatoes	12x400g

# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Chefs Choice Organic Garden Peas  
350g



Chefs Choice Organic Beetroot Slices  
340g



Chefs Choice Organic Spinach  
330g



Chefs Choice Organic Gherkins  
Sweet and Sour 680g



Chefs Choice Organic Red Cabbage  
350g

Product Code	Product Name	Packaging / Unit Size
ORG047	Chefs Choice Organic Garden Peas 350g	6x350g
ORG048	Chefs Choice Organic Beetroot Slices 340g	6x340g
ORG049	Chefs Choice Organic Spinach 330g	6x330g
ORG051	Chefs Choice Organic Gherkins Sweet and Sour 680g	6x680g
ORG052	Chefs Choice Organic Red Cabbage 350g	6x350g

# ORGANIC BEANS/SOUPS/SAUCES/ PRESERVES /CONDIMENTS



Chefs Choice Organic Celery Salad  
330g



Chefs Choice Organic Sauerkraut  
360g



Chefs Choice Organic Sauerkraut with  
Beetroot 350g



Chefs Choice Organic Sauerkraut with  
Ginger & Turmeric 350g



Chefs Choice Organic Sweet Corn  
Kernels 350g

Product Code	Product Name	Packaging / Unit Size
ORG053	Chefs Choice Organic Celery Salad 330g	6x330g
ORG054	Chefs Choice Organic Sauerkraut 360g	6x360g
ORG055	Chefs Choice Organic Sauerkraut with Beetroot 350g	6x350g
ORG056	Chefs Choice Organic Sauerkraut with Ginger & Turmeric 350g	6x350g
ORG057	Chefs Choice Organic Sweet Corn Kernels 350g	6x350g

# PICKLED PRODUCTS



**Chef's Choice Mediterranean Grilled Garlic in Extra Virgin Olive Oil**

Chef's Choice Mediterranean Grilled Garlic is delicious and can be eaten straight out of the jar, used as a marinade or sliced thinly over salads, seafood, chicken or any recipes calling for loads of garlic!



**Chef's Choice Mediterranean Wild Olives in Extra Virgin Olive Oil**

Chef's Choice Mediterranean Wild Olives are small and tender making it perfect for salads, sauces or as part of an antipasti platter.



**Chef's Choice Mediterranean Semi Dried Cherry Tomatoes**

Chef's Choice Semi-Sundried Cherry Tomatoes is produced using sweet, delicious soft tomatoes marinated in oil and garlic.

Product Code	Product Name	Packaging / Unit Size
PIC2440	Chef's Choice Mediterranean Grilled Garlic in Extra Virgin Olive Oil	6x200g
PIC2443	Chef's Choice Mediterranean Wild Olives in Extra Virgin Olive Oil	6x280g
PIC2445	Chef's Choice Mediterranean Semi Dried Cherry Tomatoes	6x280g

# PICKLED PRODUCTS



Sweet and Sour Gherkins



Cornichons (Baby Gherkins)



Crunchy Dill Gherkins



Polski Ogorki Gherkins

Product Code	Product Name	Packaging / Unit Size
PIC2451	Sweet and Sour Gherkins	12x680g
PIC2453	Cornichons (Baby Gherkins)	12x350g
PIC2454	Crunchy Dill Gherkins	12x680g
PIC2455	Polski Ogorki Gherkins	12x680g

# PICKLED PRODUCTS



Green Sliced Jalapeños



Chef's Choice Cornichons  
(150 count)

Product Code	Product Name	Packaging / Unit Size
PIC2457	Green Sliced Jalapeños	12x350g
PIC2459	Chef's Choice Cornichons (150 count)	3x4.1kg

# PICKLED PRODUCTS



Van Holten King Size Pickle  
Big Papa



Van Holten King Size Pickle  
Big Mama



Van Holten King Size Pickle  
Sour Sister



Van Holten Jumbo Pickle  
Tapatio



Van Holten Jumbo  
Pickle Sour



Van Holten Large Pickle Dill



Van Holten Large Hot Pickle

Product Code	Product Name	Packaging / Unit Size
PIC2500	Van Holten King Size Pickle Big Papa	12x196g
PIC2501	Van Holten King Size Pickle Big Mama	12x196g
PIC2503	Van Holten King Size Pickle Sour Sister	12x196g
PIC2505	Van Holten Jumbo Pickle Tapatio	12x140g
PIC2507	Van Holten Jumbo Pickle Sour	12x140g
PIC2508	Van Holten Large Pickle Dill	12x126g
PIC2509	Van Holten Large Hot Pickle	12x126g

# QUINOA - ORGANIC



Organic Red Quinoa



Organic White Quinoa



Organic 3 Mix Quinoa

Product Code	Product Name	Packaging / Unit Size
QUI3001	Organic Red Quinoa	10x500g
QUI3027	Chef's Choice Organic Red Quinoa	1x25kg 
QUI3002	Organic White Quinoa	10x500g
QUI3006	Chef's Choice Organic White Quinoa	1x25 kg 
QUI3003	Organic 3 Mix Quinoa	10x500g
QUI3023	Organic Mixed Quinoa	1x25kg 



# QUINOA - ORGANIC



Organic Quinoa Flour

It is ground pure organic quinoa. This versatile flour brings flavour and bountiful nutrition to your cooking. It is one of the healthiest types of flour on the market today and is mild with a hint of nuttiness. It can be used for both sweet and savoury recipes like biscuits, cakes, breads and pastas.



Organic Quinoa Flakes

Product Code	Product Name	Packaging / Unit Size
QUI3009	Organic Quinoa Flour	10x500g
QUI3024	Organic Quinoa Flour	1x20kg <b>BULK</b> 
QUI3010	Organic Quinoa Flakes	10x300g

# QUINOA - ORGANIC



Organic White Quinoa



Chef's Choice Organic Red Quinoa



Chef's Choice Organic 3-Coloured Quinoa



Chef's Choice Organic Black Quinoa

Product Code	Product Name	Packaging / Unit Size
QUI3016	Chef's Choice Organic Red Quinoa	10x1kg
QUI3017	Chef's Choice Organic 3-Coloured Quinoa	10x1kg
QUI3018	Chef's Choice Organic Black Quinoa	10x1kg
QUI3019	Organic White Quinoa	10x1kg

# RICE & GRAIN BLENDS



Wild Rice



Wild Rice

Certified Kosher. Grade A Wild Rice is known as Extra-Fancy, Grade A Wild Rice has dark, glossy grains in varying lengths that turn a deep brown colour when cooked. Cultivated in Minnesota, this wild rice offers a heady, roasted flavour.

Product Code	Product Name	Packaging / Unit Size
RIC2907	Wild Rice	15x150g
RIC2908	Wild Rice	12x1kg

# RICE & GRAIN BLENDS



Roasted Farro

Certified Kosher. It is a delicious, highly nutritious grain made from roasted green wheat. It is 100% natural therefore it is free from any additives, it is low GI and low in carbohydrates. This product has a fine nutty flavour and is very easy to cook, making it a perfect ingredient to use in a variety of dishes. As it is a good source of protein and fibre, adding this to your diet is a simple and delicious way to be nutritious.






Organic Brown Rice 500g

Certified Kosher. It is whole grain rice with all the nutritious goodness. It has a mild nutty flavour and a chewy texture, which is subtle and delicious when enjoyed with any dish. It is easy to cook and a pleasure to eat.



Organic Basmati Rice

It is delightful not only for its flavour, but for its fragrance. Basmati rice is a unique species of rice originating from India and it has its own special aroma. Basmati is excellent for keeping your system in good health.

Product Code	Product Name	Packaging / Unit Size
RIC2921	Roasted Farro	10x500g
RIC2941	Roasted Farro	1x25kg <b>BULK</b> 
RIC2922	Organic Brown Rice	10x500g
RIC2923	Chef's Choice Organic Brown Rice	1x25kg <b>BULK</b> 
RIC2925	Organic Basmati Rice	10x500g
RIC2928	Organic Basmatic Rice	1x25kg <b>BULK</b> 

# RICE & GRAIN BLENDS



Organic Black Rice

Parboiled. It has a sweet, alluring aroma with a nutty taste, soft texture and a striking colour, sure to be the wow factor in any dish.



Organic Red Rice

Certified Kosher. Chef's Choice Certified Organic Red Rice is a whole grain, medium rice that has a great aroma and nutty flavour. Organic Red Rice can be served as a side dish with a variety of foods or it can be incorporated into risotto and other mixed rice dishes as well. Organic Red Rice is considered a healthy staple for people of all ages for its nutritious values and health benefits.

Product Code	Product Name	Packaging / Unit Size
RIC2929	Organic Black Rice	10x500g
RIC2930	Organic Black Rice	1x25kg <b>BULK</b> 
RIC2937	Organic Red Rice	10x500g
RIC2938	Organic Red Rice	1x25kg <b>BULK</b> 

# RICE & GRAIN BLENDS



Spanish Paella Rice Meal

Certified Kosher. It has been developed by a qualified chef to deliver the authentic flavour of Spanish Paella. The blend of saffron and Spanish paprika we have included along with the gourmet flavours and spices incorporated in this rice, works magnificently with any paella you wish to bring to the table.



Organic Persian Spiced Basmati Rice Meal

Certified Kosher. It has been developed by a qualified chef to deliver the authentic flavour of Persian rice. The blend of saffron and Spanish paprika, that we have included, gives this rice a beautiful colour and presentation making it an excellent side dish to accompany any main meal.



Forest Mushroom Risotto Meal

Certified Kosher. It has been developed by a qualified chef to deliver a delicious risotto with rich premium mushroom flavours. By using only the finest mushrooms sourced from around the world.

Product Code	Product Name	Packaging / Unit Size
RIC2931	Spanish Paella Rice Meal	15x200g
RIC2932	Organic Persian Spiced Basmati Rice Meal	15x200g
RIC2934	Forest Mushroom Risotto Meal	15x200g
RIC2936	Medium Grain Sushi Rice	1x22.68kg <b>BULK</b>

# RICE & GRAIN BLENDS



Chefs Choice Organic Brown Basmati Rice 1kg

Chef's Choice Certified Organic Basmati Brown Rice is delightful not only for its flavour, but for its fragrance and texture. It is a delicious and healthy alternative to white rice. Basmati rice can be used in a variety of recipes such as biriyani, fried rice, pilafs, salads and stir-fries or served as a side dish with dahls, curries and other various main dishes.



Che's Choice Organic Jasmine Rice

Chef's Choice Certified Organic Jasmine White Rice is a fragrant, versatile, long grain rice with a nutty sweet flavour and soft texture. Perfect for rice dishes such as fried rice and pilafs or use as a side dish with soups, stews, casseroles and curries.



Chef's Choice Organic Basmati Rice

Chef's Choice Certified Organic Basmati White Rice is an aromatic long grain white rice with a subtle nutty flavour and fine texture. Use Basmati rice as a perfect side dish with soups, stews, pilafs, casseroles and curries.

Product Code	Product Name	Packaging / Unit Size
RIC2897	Chefs Choice Organic Brown Basmati Rice 1kg	10x1kg
RIC2952	Chef's Choice Organic Brown Basmati Rice	1x25kg <b>BULK</b>
RIC2944	Che's Choice Organic Jasmine Rice	10x1kg
RIC2946	Chef's Choice Organic Basmati Rice	12x1kg
RIC2948	Chef's Choice Organic Basmati Rice	1x25kg <b>BULK</b>

# RICE & GRAIN BLENDS



Chef's Choice Carnarolli Rice



Chef's Choice Arborio Rice

Product Code	Product Name	Packaging / Unit Size
RIC2949	Chef's Choice Carnarolli Rice	10x500g
RIC2950	Chef's Choice Arborio Rice	10x500g



# SAFFRON



Pure Saffron Powder  
1g



Pure Saffron Threads Med  
Grade 1g



Pure Saffron on Card 0.5g



Pure Saffron Threads  
Med Grade 10g



Pure Saffron on Card 1g

Product Code	Product Name	Packaging / Unit Size
SAF601	Pure Saffron Threads Med Grade 1g	50x1g
SAF602	Pure Saffron Threads Med Grade 10g	12x10g
SAF604	Pure Saffron Powder 1g	50x1g
SAF607	Pure Saffron on Card	24x0.5g
SAF613	Pure Saffron on Card	24x1g

# SALTS & PEPPER NATURAL SPICES & BLENDS



Australian White Seasalt  
Rock Grinder

It's dried and naturally evaporated sea salt from the waters of Australia. Enjoy the fresh flavour of natural sea salt and use it as a replacement for ordinary salt in cooking, baking, or to season dishes before serving.



Himalayan Pink Rock  
Salt with grinder

This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan Rock Salt easily, in exactly the right amount, every time. Perfect for table use.



Himalayan Pink Rock Salt with  
Organic Black Pepper with Grinder

For your convenience, we have mixed our healthy Himalayan Rock Salt with our Organic Whole Black Pepper so you can enjoy this freshly ground mix at the same time. Perfect for BBQ's or on seafood and salads.



Himalayan White Crystal  
Rock Salt with Grinder

This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan white Rock Salt easily, in exactly the right amount, every time. Perfect for table use.



Himalayan Pink Fine  
Salt Shaker

This attractive, disposable sprinkler allows for convenient table use as it dispenses Himalayan Fine Salt easily, in exactly the right amount, every time. Perfect for table use.



Australian White Fine Table  
Salt Shaker

It's dried and naturally evaporated sea salt from the waters of Australia. Enjoy the fresh flavour of natural sea salt and use it as a replacement for ordinary salt for all your favourite dishes.



Organic Whole Black  
Pepper Grinder

Organic is not a luxury – but is how food is intended to be. We select the highest quality, handpicked Organic Black Pepper from Sri Lanka, to be enjoyed with any cuisine.



Organic Cracked  
Black Pepper Shaker

Our organic black pepper is produced from black immature peppercorns that have been finely crushed to give the texture of coarse ground black pepper.

Product Code	Product Name	Packaging / Unit Size
SAL697	Australian White Seasalt Rock Grinder	12x200g
SAL698	Australian White Fine Table Salt Shaker	12x200g
SAL703	Himalayan Pink Rock Salt with grinder	12x200g
SAL704	Himalayan Pink Rock Salt with Organic Black Pepper with Grinder	12x200g
SAL705	Organic Whole Black Pepper Grinder	12x100g
SAL707	Himalayan White Crystal Rock Salt with Grinder	12x200g
SAL711	Himalayan Pink Fine Salt Shaker	12x200g
SAL723	Organic Cracked Black Pepper Shaker	12x110g

# SALTS & PEPPER NATURAL SPICES & BLENDS



**Chef's Choice Pink Rock Salt w/ Szechuan Pepper & Crushed Chilli Pepper Grinder**

Chef's Choice Himalayan Pink Rock Salt with Szechuan Pepper and Crushed Chilli holds a beautifully unique flavour, a classical Asian fusion, and it's just irresistibly too good! Highlighting the slightly numbing and sparks of hot citrusy goodness from the traditional Szechuan Pepper, blended with hot chilli and our hand-mined Himalayan salt, it is a must-have to kick and spice up all your favourite dishes!



**Chef's Choice Pink Rock Salt w/ Pink Peppercorns Grinder**

Chef's Choice Himalayan Pink Rock Salt with Pink Peppercorns is a beautiful twist to your regular salt and pepper combo that pairs with all dishes. Pink peppercorns have the same peppery bite, but only wrapped in a slightly fruity flavour, reminiscent of a berry with an attitude! This salt and pink peppercorn blend seasons all your favourite meals oh so perfectly!



**Himalayan Pink Rock Salt with 4 Seasons Mix Pepper with Grinder**

It is a delightful combination of black, white, pink and green peppercorns combined with our brilliant Himalayan pink rock salt. It creates an enchanting flavour that matches anything from barbeques to fresh seafood and is a versatile seasoning.



**Himalayan Pink Rock Salt with Crushed Chilli with Grinder**

This superb chilli salt that offers a balanced blend of chillies and salt that can add real flavour to your cooking and meals. A must for any chilli-fan and a perfect way to immerse yourself in the beauty of chillies as you can use as much or as little as you like on anything at all.

Product Code	Product Name	Packaging / Unit Size
SAL682	Chef's Choice Pink Rock Salt w/ Szechuan Pepper & Crushed Chilli Pepper Grinder	12x145g
SAL683	Chef's Choice Pink Rock Salt w/ Pink Peppercorns Grinder	12x170g
SAL716	Himalayan Pink Rock Salt with 4 Seasons Mix Pepper with Grinder	12x180g
SAL717	Himalayan Pink Rock Salt with Crushed Chilli with Grinder	12x160g

# SALTS & PEPPER NATURAL SPICES & BLENDS



It is an intensely aromatic finishing salt with high quality porcini mushrooms. The distinct scent of porcini mushrooms greets you when you grind this over a dish, and the concentrated flavour and aroma of the mushrooms will spread to your taste buds. It is excellent with risottos, soups, pastas and to accompany a barbecue of meats and seafoods!

Himalayan Pink Rock Salt with Dried Premium Porcini with Grinder

Himalayan Pink Rock Salt with Roasted Garlic with Grinder

It is a staple fusion of natural rock salt with real roasted garlic. The hearty flavour of the garlic is a perfect compliment to most dishes, adding an explosive layer of flavour to your seafood, poultry, meat and vegetables.

Himalayan Pink Rock Salt with Lemon Zest with Grinder

It is a sophisticated combination of lemon zest and pink rock salt. It has a delicate aroma, offering a slight tang which is sure to add depth to the flavours you enjoy this with. It is a great way to finish off roast potatoes, crispy chicken, pastas and roasts!

Product Code	Product Name	Packaging / Unit Size
SAL718	Himalayan Pink Rock Salt with Roasted Garlic with Grinder	12x160g
SAL719	Himalayan Pink Rock Salt with Dried Premium Porcini with Grinder	12x140g
SAL720	Himalayan Pink Rock Salt with Lemon Zest with Grinder	12x150g


# SALTS & PEPPER NATURAL SPICES & BLENDS



Chef's Choice Conventional  
Whole Black Pepper



Organic Black  
Pepper Pouch

Product Code	Product Name	Packaging / Unit Size
SAL691	Chef's Choice Conventional Whole Black Pepper	10x380g
SAL690	Chef's Choice Conventional Whole Black Pepper	1x20kg <b>BULK</b> 
SAL722	Organic Black Pepper Pouch	15x120g

# SALTS & PEPPER NATURAL SPICES & BLENDS



Chef's Choice Himalayan  
Pink Salt Flakes



Chef's Choice Himalayan  
Pink Salt Flakes Tub



Pink Rock Salt Pouch

Chef's Choice All Natural Himalayan Pink Salt Flakes are natural pink pyramid-shaped crystals loaded with flavour. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables.





Pink Fine Salt Pouch



Himalayan Pink Fine Salt  
Pouch



Himalayan Pink Rock  
Salt Pouch

Product Code	Product Name	Packaging / Unit Size
SAL684	Chef's Choice Himalayan Pink Salt Flakes	10x180g
SAL685	Chef's Choice Himalayan Pink Salt Flakes Tub	6x500g
SAL699	Pink Rock Salt Pouch	10x1kg
SAL708	Pink Rock Salt	1x20kg <b>BULK</b> 
SAL700	Pink Fine Salt Pouch	10x1kg
SAL706	Pink Fine Salt	1x20kg <b>BULK</b> 
SAL701	Himalayan Pink Fine Salt Pouch	15x300g
SAL702	Himalayan Pink Rock Salt Pouch	15x300g

# SALTS & PEPPER NATURAL SPICES & BLENDS



Chef's Choice All Natural Black Seasalt Flakes in Tub

Chef's Choice All Natural Black Sea Salt Flakes are natural Mediterranean sea salt flakes enriched with activated charcoal. Use black sea salt flakes both as a garnish or a roasting salt to enhance the flavour and look to any dish. Perfect for all types of seafood as well as meats, salads, fries and vegetables.



All Natural Black Seasalt Flakes



All Natural White Seasalt Flakes

Chef's Choice All Natural White Sea Salt Flakes are white, natural pyramid-shaped crystals harvested from the Mediterranean sea. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables



Australian White Premium Cooking Salt

Product Code	Product Name	Packaging / Unit Size
SAL686	Chef's Choice All Natural Black Seasalt Flakes in Tub	6x500g
SAL692	All Natural White Seasalt Flakes	10x180g
SAL693	All Natural Black Seasalt Flakes	10x180g
SAL695	Chef's Choice All Natural Black Seasalt Flakes	1x10kg <b>BULK</b> 
SAL696	Australian White Premium Cooking Salt	10x1kg

# SALTS & PEPPER NATURAL SPICES & BLENDS



Chef's Choice Celtic Sea Salt Fine



Italian Fine Seasalt



Sea Salt Bucket



Seasalt Flakes

Product Code	Product Name	Packaging / Unit Size
SAL712	Sea Salt Bucket	1.5kg
SAL713	Seasalt Flakes	12x240g
SAL714	Italian Fine Seasalt	12x750g
SAL764	Chef's Choice Celtic Sea Salt Fine	10x500g
SAL765	Chefs Choice Celtic Sea Salt Fine	1x10kg <b>BULK</b> 
SAL766	Chefs Choice Celtic Sea Salt Fine	1x25kg <b>BULK</b> 



# SALTS & PEPPER NATURAL SPICES & BLENDS



Oregano Shaker



Smoked Paprika Shaker



Sumac Shaker



Sweet Paprika Shaker



Zaatar Shaker

Product Code	Product Name	Packaging / Unit Size
SAL724	Oregano Shaker	8x40g
SAL730	Sumac Shaker	8x100g
SAL731	Smoked Paprika Shaker	8x100g
SAL732	Sweet Paprika Shaker	8x100g
SAL734	Zaatar Shaker	8x125g

# SALTS & PEPPER NATURAL SPICES & BLENDS



Cumin Shaker



Tumeric Shaker



Queen Dukka Tub



Baharat Shaker (Mixed Middle Eastern Spices)

Product Code	Product Name	Packaging / Unit Size
SAL735	Cumin Shaker	8x100g
SAL736	Tumeric Shaker	8x100g
SAL737	Queen Dukka Tub	8X250g
SAL740	Baharat Shaker (Mixed Middle Eastern Spices)	8x100g

# SALTS & PEPPER NATURAL SPICES & BLENDS



Kebab Spice Shaker



Shawarma Spice Shaker



Ras Al Hanoot



The Spice Merchant Moroccan Spice Shaker



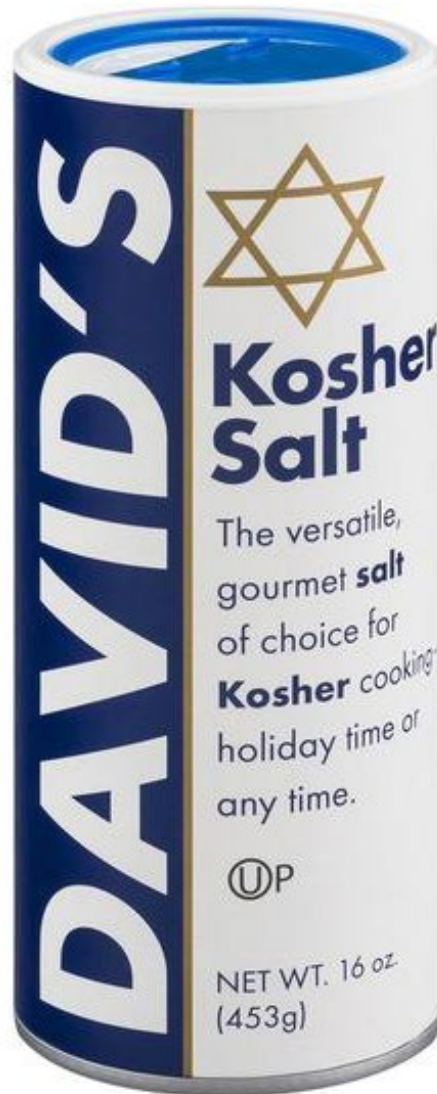
Rustic Cajun Blend Shaker



The Spice Merchant Taco Seasoning Shaker

Product Code	Product Name	Packaging / Unit Size
SAL743	Kebab Spice Shaker	8x125g
SAL744	Shawarma Spice Shaker	8x125g
SAL749	Ras Al Hanoot	8x100g
SAL751	The Spice Merchant Moroccan Spice Shaker	8x100g
SAL752	Rustic Cajun Blend Shaker	8x100g
SAL758	The Spice Merchant Taco Seasoning Shaker	8x100g

# SALTS & PEPPER NATURAL SPICES & BLENDS



David's Kosher Salt

Pure in taste and quick to dissolve, this Kosher Salt is the ideal choice for kashering, brining and canning. And unlike other boxed salts, the easy-to-reseal, free flow top keeps your Kosher Salt just where you want it to go and won't leave messy salt trails in your cabinets and pantry!

Product Code

SAL761

Product Name

David's Kosher Salt

Packaging / Unit Size

12x473g



## Certified Organic Spices

### Spice Rack Dimensions:

Height = 190 cm

Length = 46 cm

Width = 45 cm



Saffron Threads in Glass Jar 1g



Organic Large Vanilla Bean in Tube 3g

Product Code	Product Name	Packaging / Unit Size
OSP098	Organic Large Vanilla Bean in Tube 3g	10x3g
OSP099	Saffron Threads in Glass Jar 1g	8x1g

# SPICE ORGANIC



Organic Cardamom Pods 60g



Organic Cayenne Pepper 67g



Organic Curry Leaves 26g



Organic Lemon Leaves 37g



Organic Star Anise 23g

Product Code	Product Name	Packaging / Unit Size
OSP093	Organic Cardamom Pods 60g	6x60g
OSP094	Organic Cayenne Pepper 67g	6x67g
OSP095	Organic Curry Leaves 26g	6x26g
OSP096	Organic Lemon Leaves 37g	6x37g
OSP097	Organic Star Anise 23g	6x23g



Organic Dried Bay Leaves 9g



Organic Red Chilli Flakes 53g



Organic Cinnamon Powder 65g



Organic Cinnamon 30g



Organic Coriander Powder 55g



Organic Coriander Seed 37g

Product Code	Product Name	Packaging / Unit Size
OSP100	Organic Dried Bay Leaves 9g	6x9g
OSP101	Organic Red Chilli Flakes 53g	6x53g
OSP102	Organic Cinnamon Powder 65g	6x65g
OSP103	Organic Cinnamon 30g	6x30g
OSP104	Organic Coriander Powder 55g	6x55g
OSP105	Organic Coriander Seed 37g	6x37g



# SPICE ORGANIC



Organic Cumin Powder 70g



Organic Cumin Seed 55g



Organic Curry Powder 70g



Organic Fennel Seeds 58g



Organic Fenugreek Seeds 95g



Organic Garam Masala 70g

Product Code	Product Name	Packaging / Unit Size
OSP106	Organic Cumin Powder 70g	6x70g
OSP107	Organic Cumin Seed 55g	6x55g
OSP108	Organic Curry Powder 70g	6x70g
OSP109	Organic Fennel Seeds 58g	6x58g
OSP110	Organic Fenugreek Seeds 95g	6x95g
OSP111	Organic Garam Masala 70g	6x70g

# SPICE ORGANIC



Organic Garlic Powder 72g



Organic Ginger Powder 58g



Organic Lemon Grass 20g



Organic Mustard Seeds 85g



Organic Onion Flakes 27g



Organic Red Chilli Powder 65g

Product Code	Product Name	Packaging / Unit Size
OSP112	Organic Garlic Powder 72g	6x72g
OSP113	Organic Ginger Powder 58g	6x58g
OSP114	Organic Lemon Grass 20g	6x20g
OSP115	Organic Mustard Seeds 85g	6x85g
OSP116	Organic Onion Flakes 27g	6x27g
OSP117	Organic Red Chilli Powder 65g	6x65g

# SPICE ORGANIC



Organic Dried Red Chilli Whole 17g



Organic Turmeric Flakes 22g



Organic Turmeric Powder 70g



Organic Dried Nutmeg Whole 60g



Organic Black Pepper Powder 85g



Organic Black Pepper 60g

Product Code	Product Name	Packaging / Unit Size
OSP118	Organic Dried Red Chilli Whole 17g	6x17g
OSP119	Organic Turmeric Flakes 22g	6x22g
OSP120	Organic Turmeric Powder 70g	6x70g
OSP121	Organic Dried Nutmeg Whole 60g	6x60g
OSP122	Organic Black Pepper Powder 85g	6x85g
OSP123	Organic Black Pepper 60g	6x60g

# SPICE ORGANIC



Organic Cloves 40g



Organic Nutmeg Powder 65g



Organic White Pepper 80g



Organic Basil Leaves 23g



Organic Caraway Seeds 65g

Product Code	Product Name	Packaging / Unit Size
OSP124	Organic Cloves 40g	6x40g
OSP125	Organic Nutmeg Powder 65g	6x65g
OSP127	Organic White Pepper 80g	6x80g
OSP128	Organic Basil Leaves 23g	6x23g
OSP129	Organic Caraway Seeds 65g	6x65g

# SPICE ORGANIC



Organic Anise Seeds 50g



Organic Marjoram 11g



Organic Rosemary 40g



Organic Thyme 27g



Organic Oregano 42g



Organic Peppermint Leaves 24g

Product Code	Product Name	Packaging / Unit Size
OSP130	Organic Anise Seeds 50g	6x50g
OSP131	Organic Marjoram 11g	6x11g
OSP132	Organic Rosemary 40g	6x40g
OSP133	Organic Thyme 27g	6x27g
OSP134	Organic Oregano 42g	6x42g
OSP135	Organic Peppermint Leaves 24g	6x24g

# SPICE ORGANIC



Organic Mint Leaves 18g



Organic Coriander Leaves 20g



Organic Dill 22g



Organic Parsley Leaves 15g



Organic Sesame Seeds 65g



Organic Sweet Paprika 60g

Product Code	Product Name	Packaging / Unit Size
OSP136	Organic Mint Leaves 18g	6x18g
OSP137	Organic Coriander Leaves 20g	6x20g
OSP138	Organic Dill 22g	6x22g
OSP139	Organic Parsley Leaves 15g	6x15g
OSP140	Organic Sesame Seeds 65g	6x65g
OSP141	Organic Sweet Paprika 60g	6x60g

# SPICE ORGANIC



Organic Smoked Paprika 70g



Organic Chamomile Flower 12g



Organic Italian Mixed Herbs



Organic Black Pepper Crushed 76g



Organic Garlic Flakes 68g



Organic Sage Leaves

Product Code	Product Name	Packaging / Unit Size
OSP142	Organic Smoked Paprika 70g	6x70g
OSP143	Organic Chamomile Flower 12g	6x12g
OSP144	Organic Italian Mixed Herbs	6x20g
OSP145	Organic Black Pepper Crushed 76g	6x76g
OSP146	Organic Garlic Flakes 68g	6x68g
OSP147	Organic Sage Leaves	6x23g



Soup Mix 7 Blend

Chef's Choice All Natural Soup Mix 7 Blend – Grain Free is made from quality assortment of beans, split peas and lentils. This hearty and flavoursome blend is nutritious, grain free and 100% natural.



Soup Mix 5 Blend

Chef's Choice All Natural Soup Mix 5 Blend is made from a quality blend of ingredients. We've combined pearl barley, green and yellow split peas and lentils to produce a hearty and nutritious soup filled with fibre and protein that tastes great.

Product Code	Product Name	Packaging / Unit Size
SOU001	Soup Mix 5 Blend	10x500g
SOU002	Soup Mix 7 Blend	10x500g




# SPANISH RICE

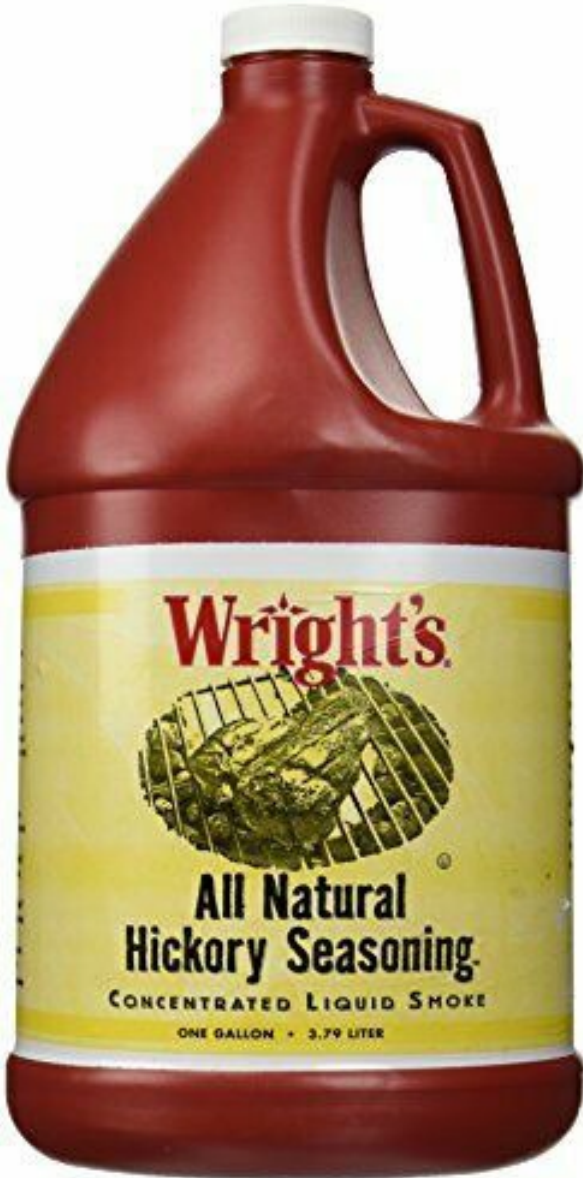


Gluten Free Arroz Bomba  
Spanish Paella Rice

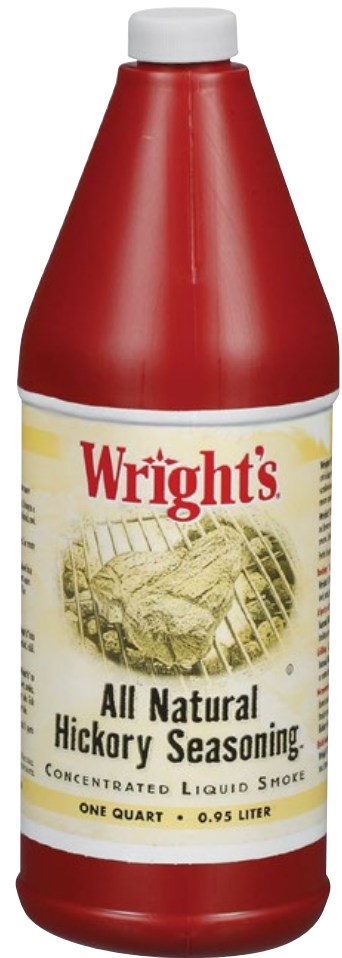
The best rice for paella is Bomba, a Spanish short-grain rice that is able to absorb three times its volume in liquid. When cooked, the grains remain separate and do not stick together. (The rice in paella should be dry and separate when it's done, not creamy like risotto.) Bomba is the rice prized by chefs in Spain; it's the best of the best.

Product Code	Product Name	Packaging / Unit Size
SPA951	Gluten Free Arroz Bomba Spanish Paella Rice Bulk	1x25kg <b>BULK</b> 
SPA953	Gluten Free Arroz Bomba Spanish Paella Rice	10x500g

# SPREADS & SAUCES



Wright's Liquid Smoke Drum (Gluten Free)



Wright's Liquid Smoke  
(Gluten Free)

Wright's All Natural Hickory Seasoning is produced by burning fresh cut hickory chips, then condensing the smoke into a liquid form. The liquid smoke is then scrubbed and filtered to remove all impurities. Modern ovens and condensers are used to ensure a consistent quality. The all-natural seasoning offers a bold taste that is ideal for barbecuing meats, poultry and vegetables.

Product Code	Product Name	Packaging / Unit Size
SPR2287	Wright's Liquid Smoke Drum (Gluten Free)	4x3.78L
SPR2288	Wright's Liquid Smoke (Gluten Free)	12x1L

# SPREADS & SAUCES



Wright's Hickory Liquid Smoke



Colgin Liquid Smoke Hickory

This is the original recipe by Colgin, Natural Hickory. In 1869 the first smokehouse was built in Mexia, Texas. Colgin is the all-natural liquid smoke with no additives or preservatives. Colgin is Vegan, contains no animal byproducts and is gluten free. Colgin is the instant answer for adding smoke flavor to almost any food that would benefit from real smoke flavor and aroma. Create a gourmet flavored dish with just a few shakes! Perfect cooking sauce for easy oven, charcoal or gas grill cooking. Dash or brush it on steaks, chicken, hamburgers, or hot dogs for a tangy outdoor smoke flavor. Excellent for seasoning soups, gravies, sauces, baked beans, salads, dips, seafood, eggs, or poultry or wherever smoke flavor is desired!



Wright's Liquid Smoke Mesquite

Product Code	Product Name	Packaging / Unit Size
SPR2328	Colgin Liquid Smoke Hickory	12x118ml
SPR2340	Wright's Hickory Liquid Smoke	12x103ml
SPR2341	Wright's Liquid Smoke Mesquite	12x103ml

# SPREADS & SAUCES



Sriracha (USA) Hot  
Chilli Sauce 250ml



Sriracha (USA) Hot  
Chilli Sauce 435ml



Sriracha (USA) Hot  
Chilli Sauce 740ml

Sriracha is made from sun ripen chilies which are ground into a smooth paste along with garlic and packaged in a convenient squeeze bottle. It is excellent in soups, sauces, pastas, pizzas, hot dogs, hamburgers, chowmein or on anything else to give it a delicious, spicy taste. Like all our sauces, we use only the highest quality ingredients and never any artificial colors or flavorings. Huy fong foods' chili sauces are made from fresh, red jalapeno chili peppers and contain no water or artificial colors.

Product Code	Product Name	Packaging / Unit Size
SPR2301	Sriracha (USA) Hot Chilli Sauce	24x250ml
SPR2309	Sriracha (USA) Hot Chilli Sauce	12x740ml
SPR2384	Sriracha (USA) Hot Chilli Sauce	12x435ml

# SPREADS & SAUCES



Huy Fong Chilli Garlic  
Sambal Oelek



Sambal Oelek (USA) Ground  
Chilli Paste

Product Code	Product Name	Packaging / Unit Size
SPR2357	Huy Fong Chilli Garlic Sambal Oelek	24x226g
SPR2359	Sambal Oelek (USA) Ground Chilli Paste	24x226g

# SPREADS & SAUCES



Karo Light Corn Syrup



Karo Light Corn Syrup

Product Code	Product Name	Packaging / Unit Size
SPR2343	Karo Light Corn Syrup	12x470ml
SPR2360	Karo Light Corn Syrup	4x3.78L

# SUGARS



Organic Raw Sugar

This organic raw sugar has a heavenly taste and is produced from 100% certified organic sugar cane grown on cooperative and sustainable family farms in Paraguay. Our sugar is hand cut and we do not burn or spray our fields.



Organic Coconut Sugar

Coconut Sugar is a natural sugar made from evaporated coconut sap. A pure and unrefined sugar with a low GI, it is a natural alternative to processed sugars and artificial sweeteners. It adds a rich depth of sweet flavour to desserts and baked goods. It does not have a specific coconut flavour making it a really versatile sweetener in a wide range of recipes.








Natural Sweetener Xylitol (sugar substitute)

It is a 100% natural sweetener that tastes just like sugar with no nasty aftertaste, but contains added health benefits. Made from non-GMO corn, it has 40% fewer calories and 75% less carbohydrates than sugar, and is also proven to aid dental health.




Chef's Choice Organic Rapadura Sugar

Chef's Choice Certified Organic Rapadura Sugar also known as Panela sugar is an unrefined and unbleached sugar, which is harvested from sugar cane and has a sweet caramel flavour and a fine texture. This healthy natural sweetener can be substituted for refined white sugar when baking or used to sweeten coffees, teas, hot chocolates, desserts and savoury dishes.

Product Code	Product Name	Packaging / Unit Size
SUG3401	Organic Raw Sugar	10x600g
SUG3402	Chef's Choice Organic Raw Sugar (Light Colour)	1x25kg <b>BULK</b> 
SUG3400	Chef's Choice Organic Raw Sugar (Dark Colour)	1x25kg <b>BULK</b> 
SUG3403	Natural Sweetener Xylitol (sugar substitute)	10x500g
SUG3416	Natural Sweetener Xylitol (sugar substitute)	1x25kg <b>BULK</b> 
SUG3404	Organic Coconut Sugar	10x500g
SUG3405	Organic Coconut Sugar	1x25kg <b>BULK</b> 
SUG3998	Chef's Choice Organic Rapadura Sugar	10x500g
SUG3999	Chef's Choice Organic Rapadura Sugar	10x1kg
SUG4000	Chef's Choice Organic Rapadura Sugar	1x20kg <b>BULK</b> 



Chef's Choice Organic Maca Powder

Product Code	Product Name	Packaging / Unit Size
SUP001	Chef's Choice Organic Maca Powder	10x300g
SUP021	Chefs Choice Organic Raw Maca Powder	1x20kg <b>BULK</b> 





According to family tradition, TABASCO® brand Original Red Sauce was created in the mid to late 1860s by Edmund McIlhenny. A food lover and avid gardener, McIlhenny was given seeds of *Capsicum frutescens* peppers that had come from Mexico or Central America. On Avery Island in South Louisiana, he sowed the seeds, nurtured the plants and delighted in the spicy flavor of the peppers they bore.

Over 140 years later, TABASCO® Sauce is made much the same way except now the aging process for the mash is longer – up to three years in white oak barrels – and the vinegar is high-quality distilled vinegar. Labeled in 22 languages and dialects, sold in over 180 countries and territories, added to soldiers' rations and put on restaurant tables around the globe, it is the most famous, most preferred pepper sauce in the world.



Tabasco Chipotle Sauce



Green Pepper Tabasco Sauce



McIlhenny Tabasco Habanero Extra Hot Sauce



Original Tabasco 60ml & 148ml

Product Code	Product Name	Packaging / Unit Size
TAB2271	Original Tabasco Sauce	6x12x60ml
TAB2273	Tabasco Chipotle Sauce	6x12x60ml
TAB2274	Green Pepper Tabasco Sauce	6x12x60ml
TAB2275	McIlhenny Tabasco Habanero Extra Hot Sauce	6x12x60ml
TAB2277	Original Tabasco	12x148ml

# VANILLA BEANS



**Chef's Choice Vanilla Bean Paste with Seeds 100g**

An infusion of a vanilla extract with finely ground vanilla beans. It will add an elegant appearance as well as an extraordinary flavour in culinary confections where the flavour and the appearance of vanilla beans are desired.



**Vanilla Beans 16-17cm**



**Single Vanilla pack 18cm**



**Vanilla Bean Sugar**

PGF Vanilla Sugar is a revolutionary vanilla and the first real alternative to pure vanilla extract, with some real advantages. Alcohol and gluten free, it is made with real vanilla beans and dextrose (corn sugar). Sprinkled on waffles, fresh fruit or cappuccinos it adds a subtle richness. Create your own hot chocolate mix with fresh cacao, spiced mocha mix, or use it as a light glaze for fresh corn or carrots. Sprinkled on cappuccinos or lattes—it's the ultimate coffee condiment and much, much more. In essence, PGF vanilla sugar is the perfect addition to any food or beverage that you wish to enhance with the sweet, rich, yet subtle taste of pure vanilla.



**A-Grade Vanilla Bean in Glass Tube**

Product Code	Product Name	Packaging / Unit Size
VAN1201	Single Vanilla pack 18cm	1x50
VAN1202	Chef's Choice Vanilla Bean Paste with Seeds	12x100g
VAN1207	Vanilla Bean Sugar	12x85g
VAN1208	A-Grade Vanilla Bean in Glass Tube	10x2 pieces
VAN1221	Vanilla Beans 16-17cm	10x100g



Bragg Apple Cider Vinegar

Product Code	Product Name	Packaging / Unit Size
VIN441	Bragg Apple Cider Vinegar	12x473ml