Signature Brown Butter Buns

By Erin Hungsberg

Erin's most requested bread recipe, these rolls are next-level. The tangzhong method creates a pillow-like interior, similar to biting through a cloud.

Yield: 15 dinner rolls, 9 hamburger buns, or 6 long

sandwich rolls Prep Time: 2 hr Bake Time: 20 min

Ingredients:

- 10 tablespoons butter, unsalted, divided by tablespoon
- 3/4 cup whole milk, divided by 1/4 cup
- 1/4 cup water
- 25g (3 tablespoons) Caputo "00" Chef's Flour
- 2 and 1/4 teaspoons Caputo Lievito Dry Yeast
- 2 tablespoons sugar, superfine
- 2 large eggs
- 360g (3 cups) Caputo "00" Chef's Flour
- 2 teaspoons salt, kosher
- Flaky sea salt to top



Instructions:

Part 1 (Prep the Butter):

- 1. Place 5 Tablespoons of butter in a small glass bowl.
- 2. Melt the remaining 5 Tablespoons in a small saucepan over medium heat.
- 3. Swirl the pan and heat it until the butter foams and the milk solids brown and smell nutty.
- 4. Scrape the butter and browned bits into the glass bowl with remaining butter and stir until all butter is melted and smooth.
- 5. Reserve 4 Tablespoons of the melted butter into a small measuring cup.
- 6. Let the remainder of the butter solidify before proceeding.

Part 2 (Make the Tangzhong):

- 1. In the same saucepan, whisk 1/4 cup whole milk, 1/4 cup water and 25 grams Caputo "00" Chef's Flour over medium heat, stirring constantly until it forms a paste.
- 2. Scrape the paste into the bowl of a stand mixer fitted with a dough hook.

Part 3 (Finish the Dough):

- 1. Pour the remaining 1/2 cup whole milk into the same saucepan and heat to 100 degrees F.
- 2. Whisk in the Caputo Lievito Dry Yeast and let it sit for 5 minutes or until foamy.
- 3. Add the yeast mixture, sugar, 1 egg and 360 grams Caputo "00" Chef's Flour to the mixing bowl with the tangzhong.

- 4. Mix on low speed for 1 minute and add the 2 teaspoons of salt.
- 5. Increase the speed to medium and mix for 3 minutes.
- 6. Reduce the speed to low and add remaining 6 Tablespoons of browned butter, 1 Tablespoon at time, until all butter is incorporated.
- 7. Increase the speed to medium-high and knead for 8-10 minutes.
- 8. Transfer the dough to an oiled bowl and cover it with plastic wrap.
- 9. Proof the dough for 45-60 minutes, until it has doubled in size.
- 10. Turn the dough out onto a clean work surface and divide it into equal portions:
 - 15 dinner rolls (1-7/8 ounces each) 9"x13" pan
 - 9 hamburger buns (3 ounces each) bun pan
 - 6 long sandwich rolls (4-1/2 ounces each) silicone lined sheet pan
- 11. Form and roll the dough into your desired shape, maintaining a smooth and taut surface.
- 12. Use 2 Tablespoons of the reserved brown butter to butter the appropriate pan.
- 13. Place the rolls in the buttered pan and cover with plastic wrap.
- 14. Proof the rolls for 35-45 minutes until they have doubled in size.
- 15. Preheat the oven to 350 degrees F on convection setting (or 375 non-convection).
- 16. Use the remaining egg to baste an egg wash on the tops of the buns and generously sprinkle them with flakey sea salt.
- 17. Bake until the rolls are golden and the internal temperature reads 200 degrees F (12-20 minutes depending on size/shape of rolls and oven function).
- 18. Remove the buns from the oven and place the pan on a wire rack to cool.
- 19. Baste the rolls with remaining 2 Tablespoons browned butter.
- 20. Serve warm and enjoy!