

# Chalcedony

Neutral Mind  
Clarity  
Inner Wisdom



The *peace* stone

# Aventurine

Optimism  
Prosperity  
Empathy



The *lucky* stone

# Rose Quartz

Acceptance  
Truth  
Life As It Is



The *heart* stone

# Tiger's Eye

Stability  
Security  
Perspective



The *personal power* stone

# Howlite

Serenity  
Calm Mind  
Patience



The *quiet* stone

# Citrine

Abundance  
Miracles  
Joy



The *generous* stone

# Aquamarine

Tranquility  
Release  
Peace



The *harmony* stone

# Smoky Quartz

Illuminator  
Mood Elevator  
Detoxifier



The *stabilizing* stone

# Garnet

Passion  
Energy  
Courage



The *activation* stone

# Labradorite

Amplifier  
Light  
Renewal



The *intuition* stone

# Jade

Stillness  
Balance  
Authenticity



The *soothing* stone

# Carnelian

Vitality  
Confidence  
Movement



The *awakening* stone

# Amethyst

Adi-Shakti  
Soul  
Primal Force



The *guardian* stone

# Lapis Lazuli

Insight  
Reflection  
Fulfillment



The *spiritual attainment* stone

# Onyx

Discipline  
Integrity  
Dedication



The *oneness* stone

# Quartz Crystal

Healing  
Vibration  
Synchronicity



The *master* stone



b e a d s

Touchstones for Mindful Living