

# SIZING CHART

Finger Size	UK Size	Inner Diameter (mm)	Inner Circumference (mm)
H	49	16.9	53.0
H½	49.5	17.3	54.0
I	50	17.7	55.1
I½	50.5	18.0	56.2
J	51	18.4	57.3
J½	51.5	18.8	58.4
K	52	19.2	59.5
K½	52.5	19.6	60.6
L	53	20.0	61.7
L½	53.5	20.4	62.8
M	54	20.8	63.9
M½	54.5	21.2	65.0
N	55	21.6	66.1
N½	55.5	22.0	67.2
O	56	22.4	68.3
O½	56.5	22.8	69.4
P	57	23.2	70.5
P½	57.5	23.6	71.6
Q	58	24.0	72.7
Q½	58.5	24.4	73.8
R	59	24.8	74.9
R½	59.5	25.2	76.0
S	60	25.6	77.1
S½	60.5	26.0	78.2
T	61	26.4	79.3
U	62	26.8	80.4
V	63	27.2	81.5
W	64	27.6	82.6
X	65	28.0	83.7
Y	66	28.4	84.8
Z	67	28.8	85.9