When Printing for sizing:

Use paper size: 8.5 x 11 or "Letter"

Scale: 100% or "Actual size" **Orientation:** Landscape

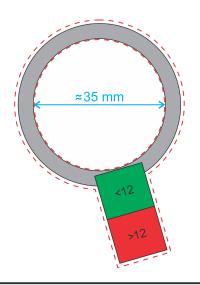


Cut along red dashed line

Bottom Bracket Measurement Guide

1. Bottom Bracket Diameter

Cut along the red dotted lines & hold up the cutout against your bike's bottom bracket to see if your bike has a standard ≈ 35 mm diameter bottom bracket.



2. Bottom Bracket Shell Thickness

Using the same cutout from Step 1, use the green and red gauge to confirm that your bike's frame has a bottom bracket that is 12 mm or less in thickness. When you hold up the circle in line with the diameter of your bike's bottom bracket, confirm that the thickness of your bottom bracket falls within the green area of the gauge.

3. Bottom Bracket Size/ Width

Cut along the red dotted lines to cut out the bottom bracket measuring tool. Flip your bike over for easy access to measure the width of your bike's bottom bracket. Line up the light blue line with the edge of your bike's bottom bracket (do not measure any parts of the bottom bracket assembly). Only measure the width of your bike's actual frame at the bottom bracket. Use the measuring tool to determine the width of your bike's bottom bracket.

