Monitor Arm
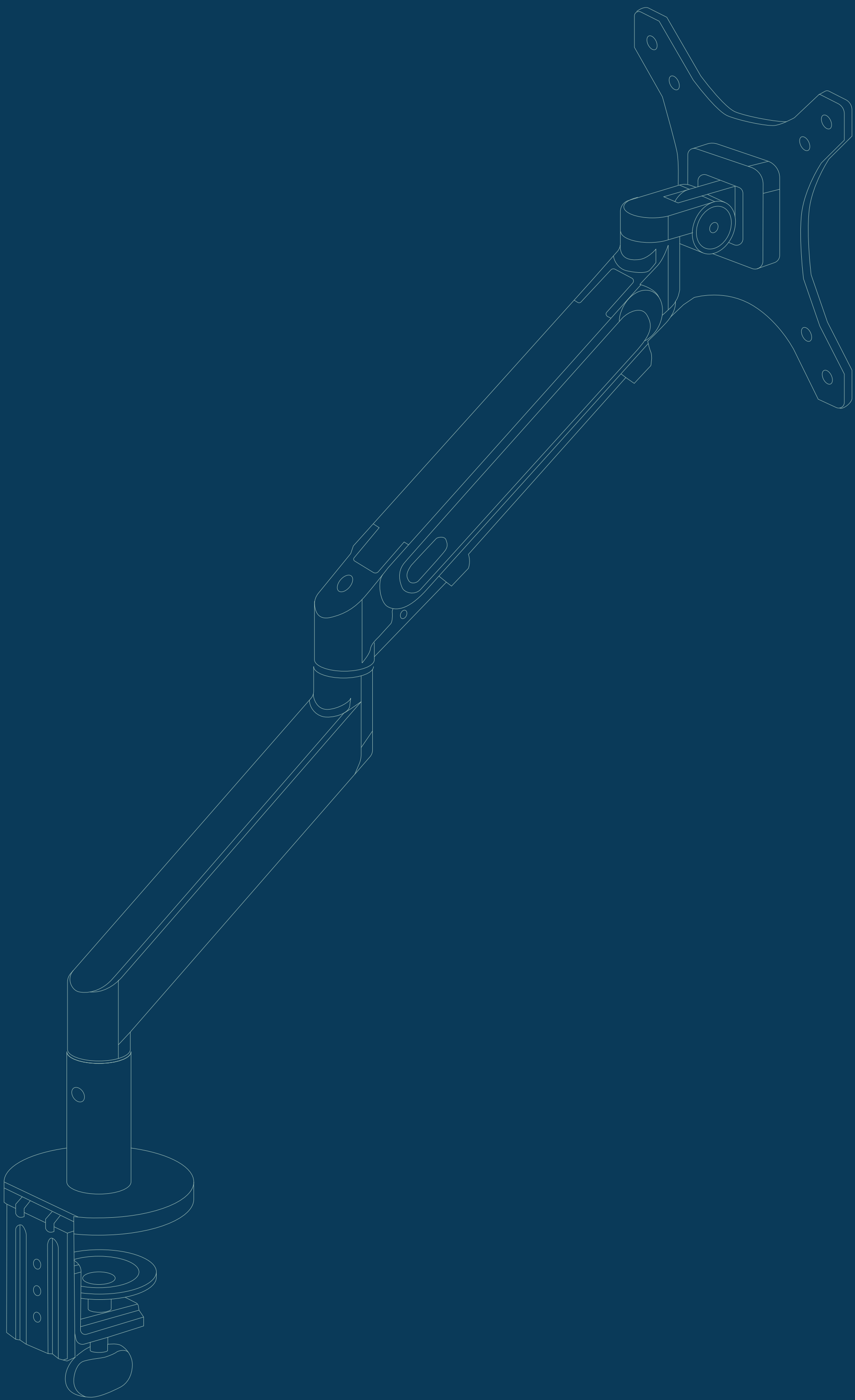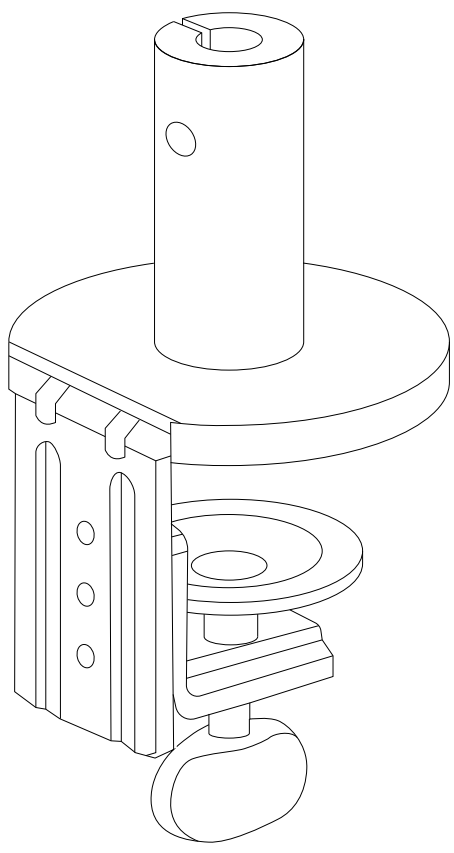## Assembly and User Guide

RECESS

Congrats

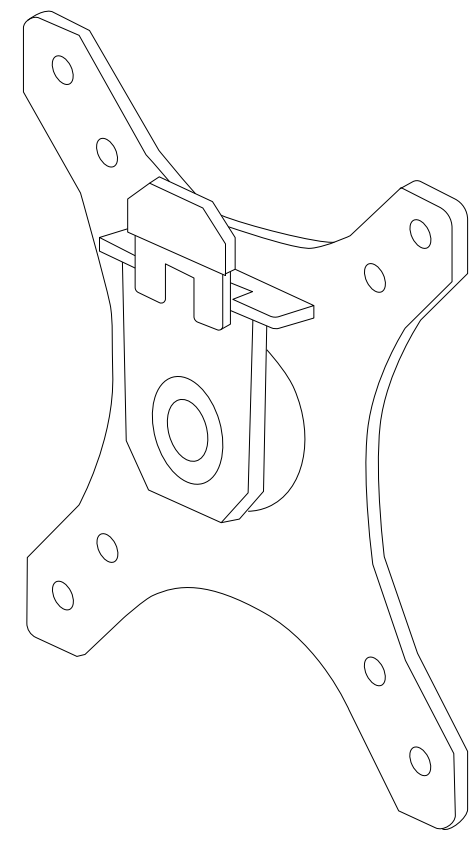You are now the proud owner of your very own Recess Monitor Arm.
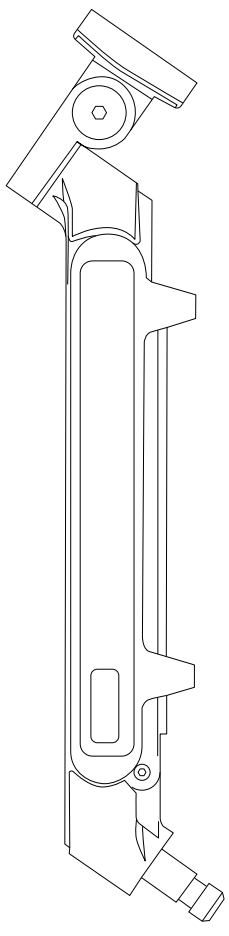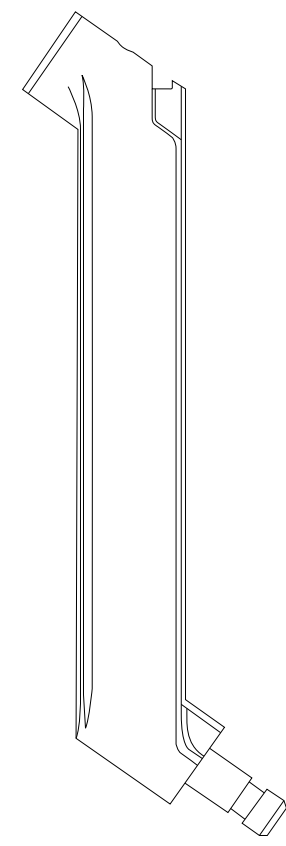Now let's get cracking with assembly- it shouldn't take you much longer than 30mins!
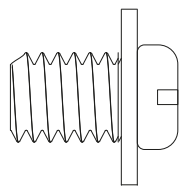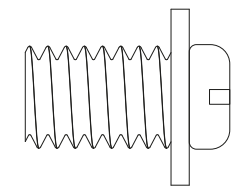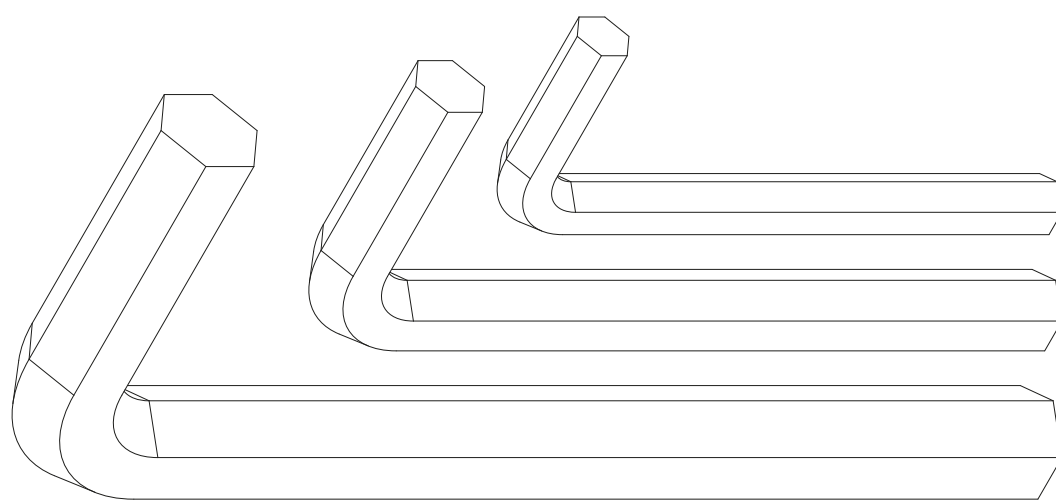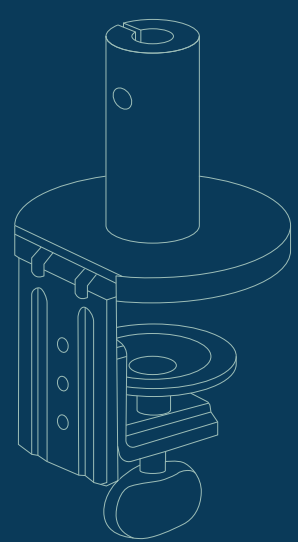
In the Box

Clamp x 1

Head x 1

Arm x 1

Rear Leg x 1

M4 Bolt
(Small) x 6

M5 Bolt
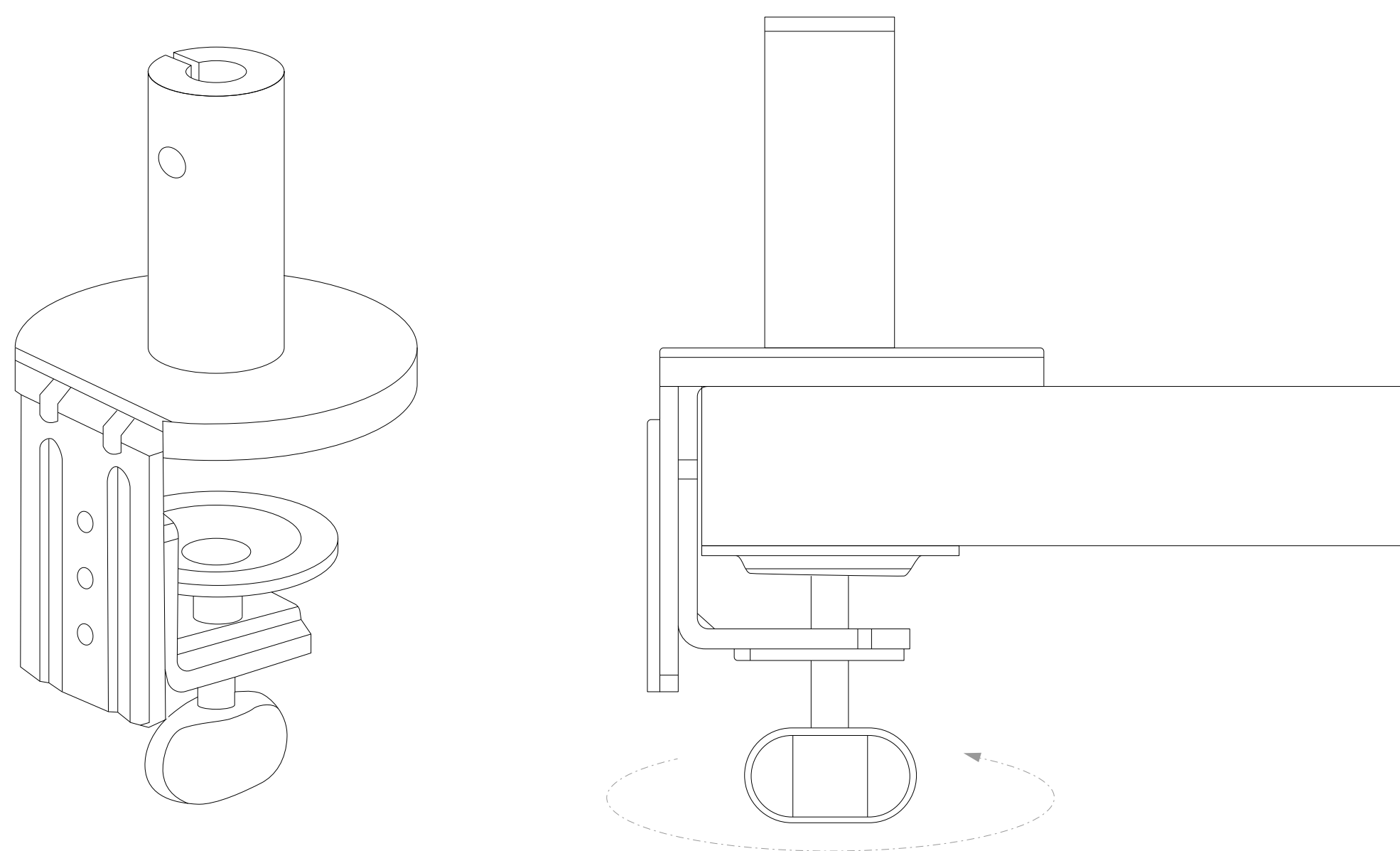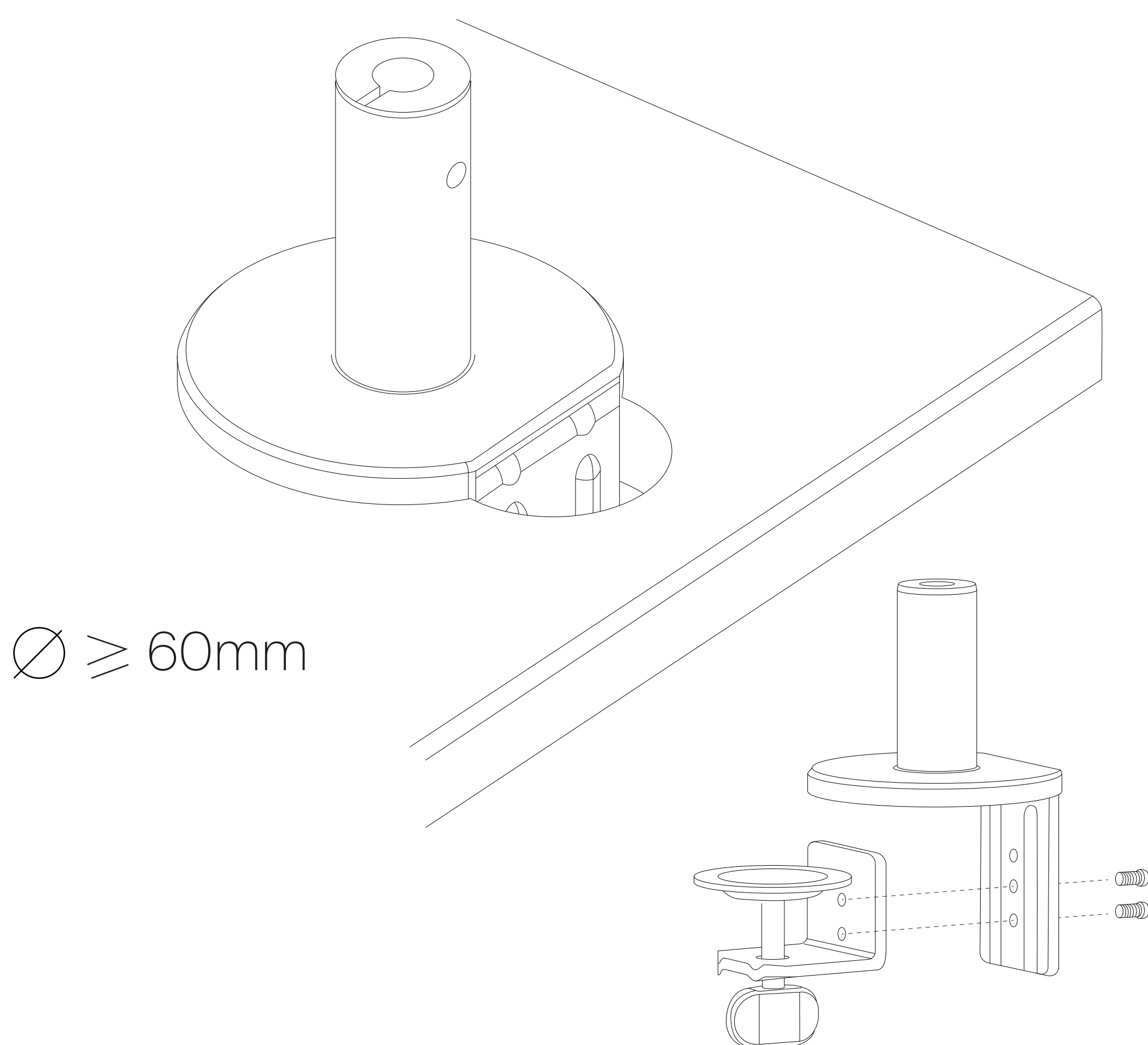(Medium) x 6

Allan keys

RECESS

1

Clamp

First thing's first - clamp it on!

Slide the clamp and bracket onto the flat edge on the rear of your desktop, then turn the handle clockwise to tighten.

For installation on open edge of work surface

For installation through a grommet hole

$\varnothing \geq 60mm$

TIP: When installing through grommet hole, detach the bottom clamp from the top bracket by loosening bracket screws with Allan key, as shown above.
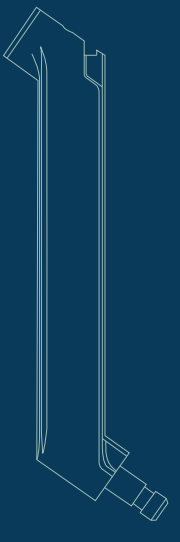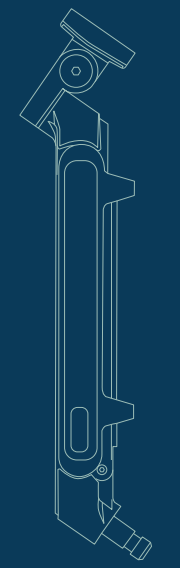
RECESS

2

Time to assemble!

Now, let's take the rear leg and insert it into the base stem. Use an Allan key to tighten the screw in the stem.
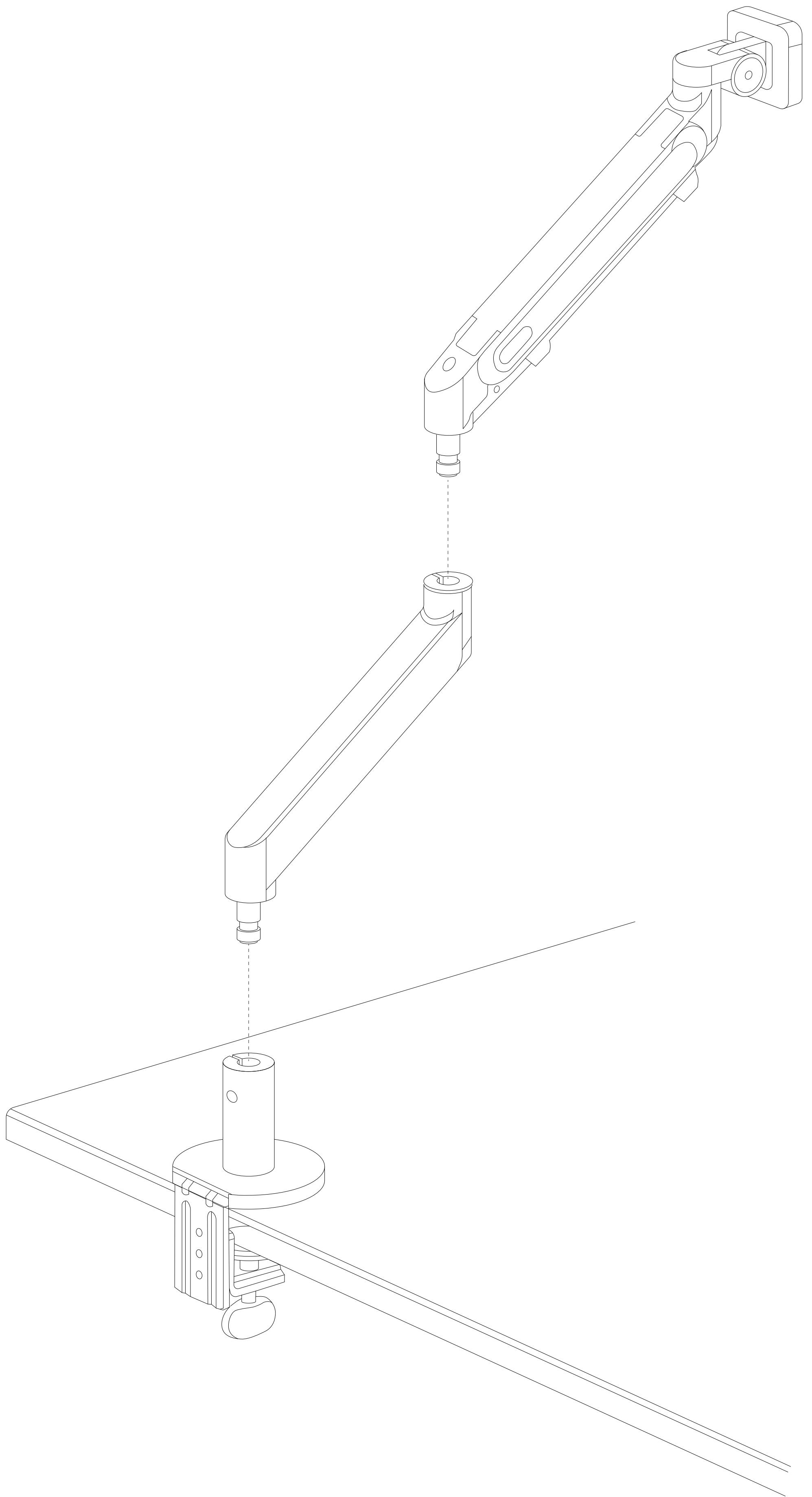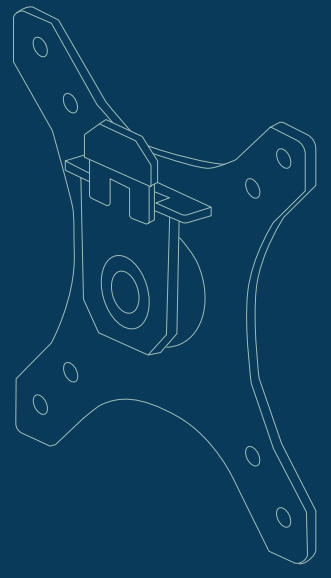
Then, insert the arm into the rear leg.

TIP: The pieces are a snug fit so be sure to give it some elbow grease when inserting them.
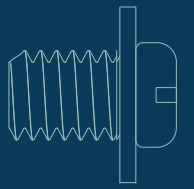
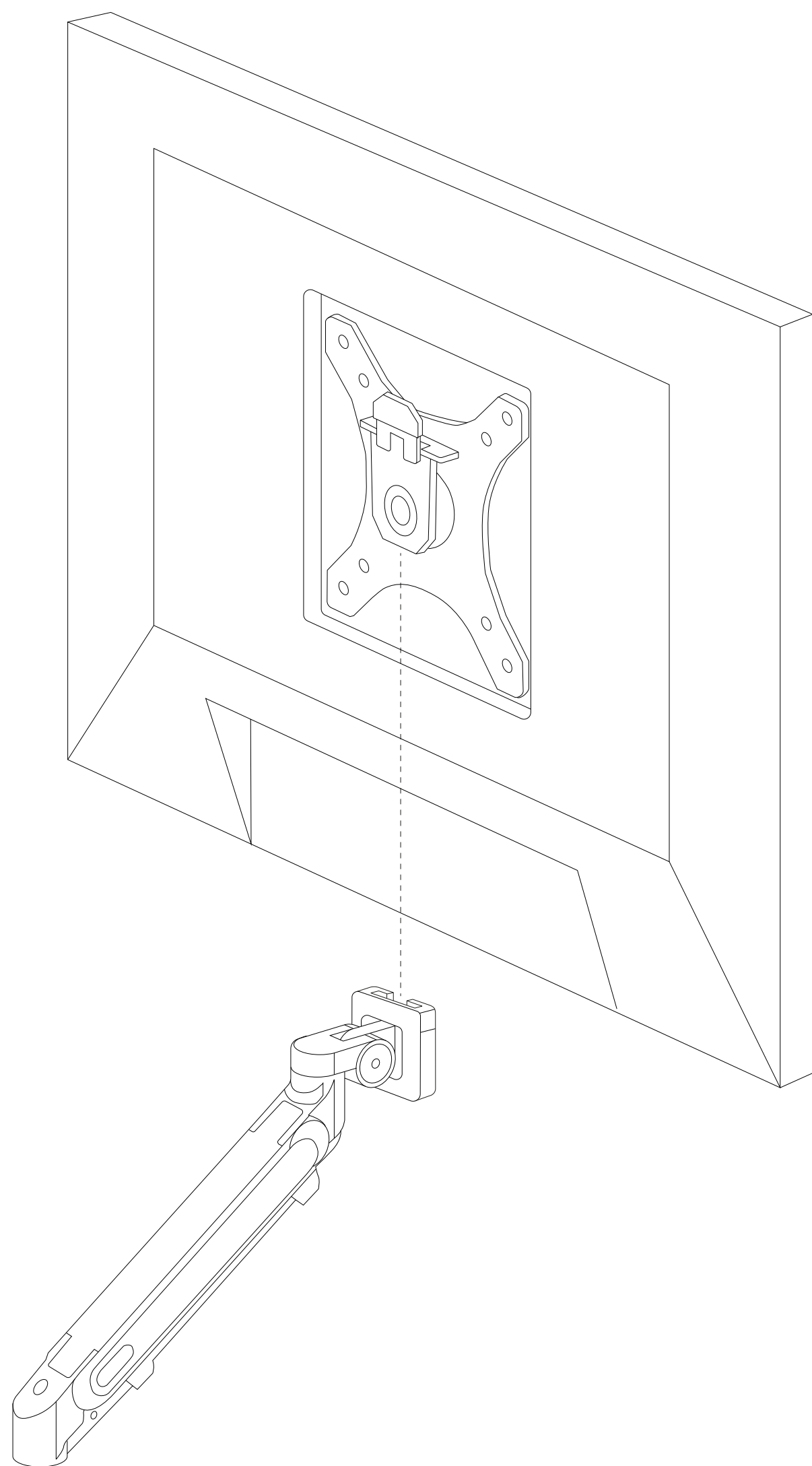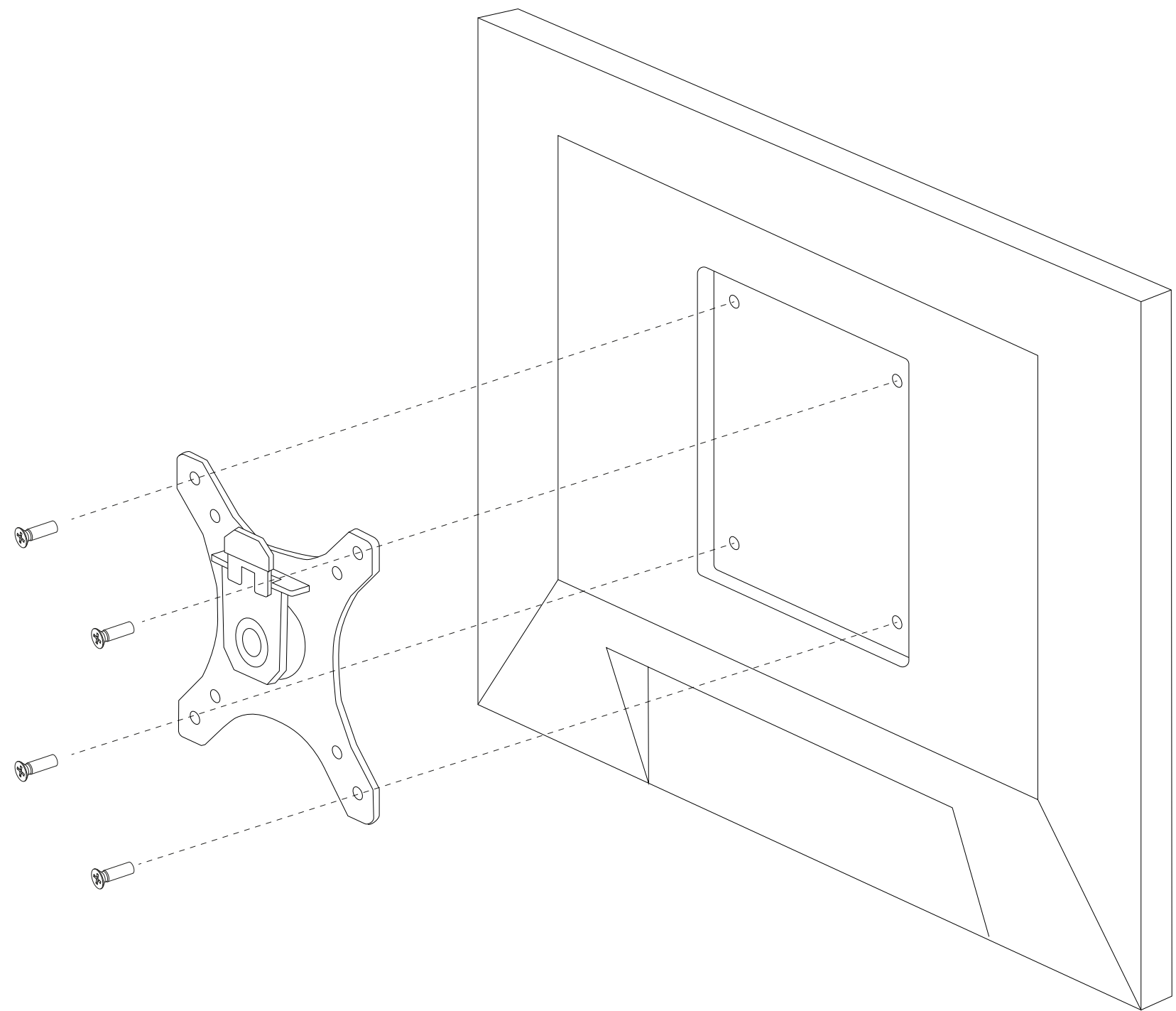**RECESS**

3

Head

M4 Bolt (Small) x 6

Secure the screen...

Use 4 small bolts to attach the head to your monitor.

Then, clip the attached head onto the arm.

TIP: You might want to ask a friend for some help with this part if your monitor has a bit of weight to it!

RECESS

All done!

Whether you're shipping code for the next great Aussie startup, leverage trading on crypto or just having a gander on the web, we hope your new Monitor Arm keeps you working healthy and happy, giving you time for some Recess and play!

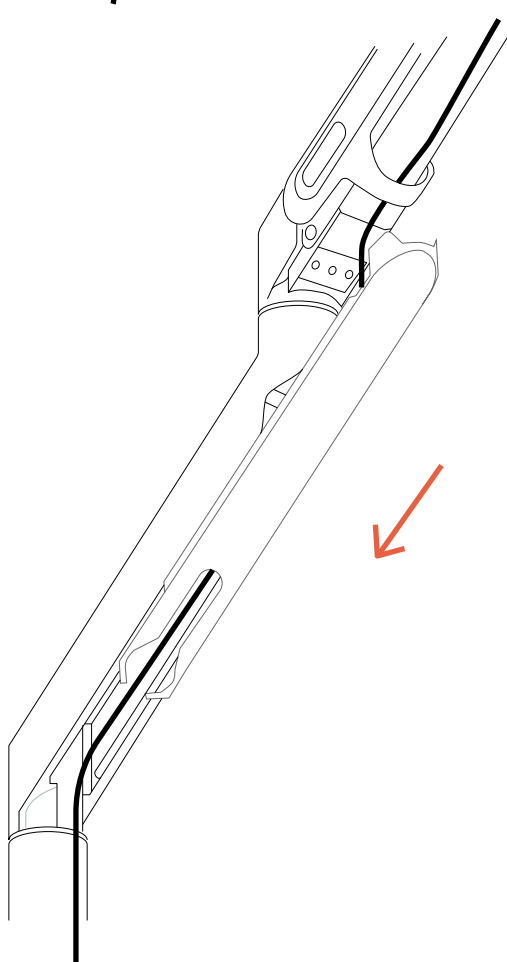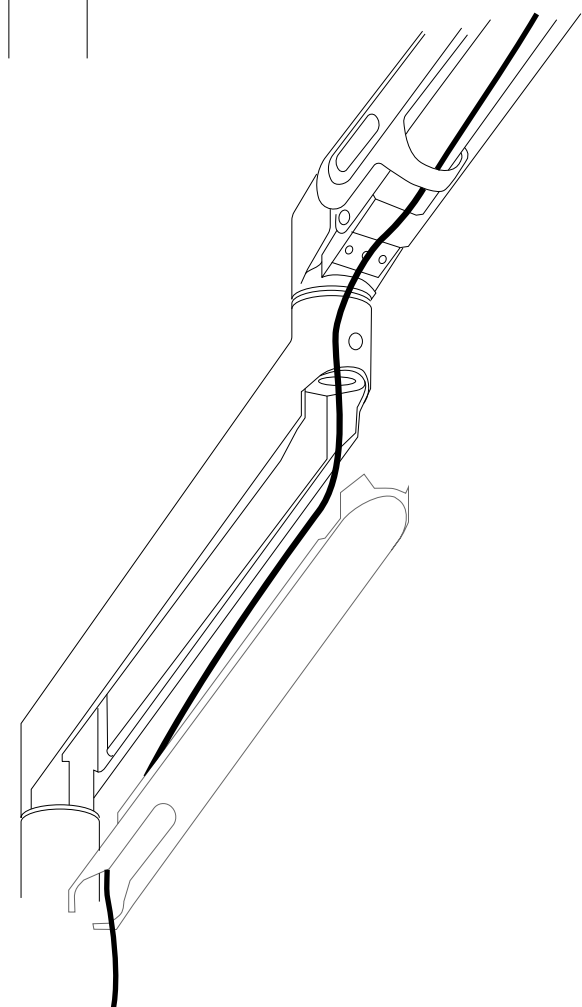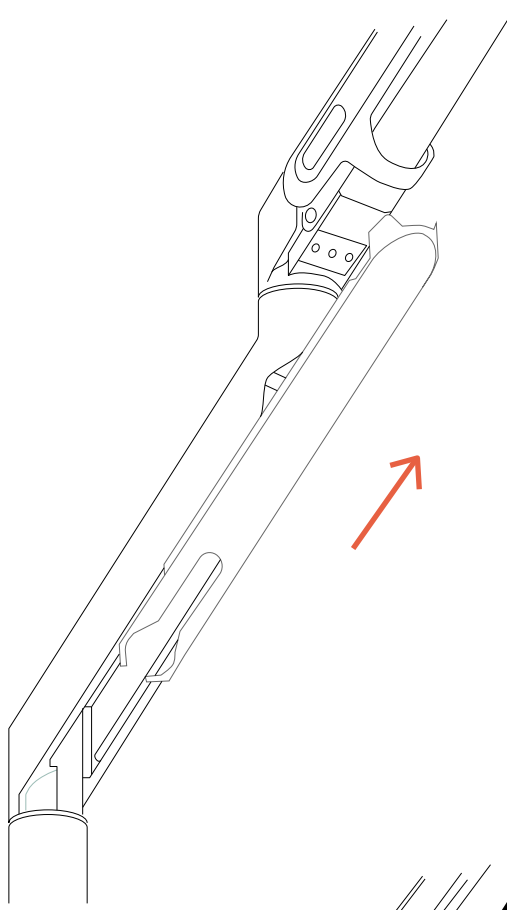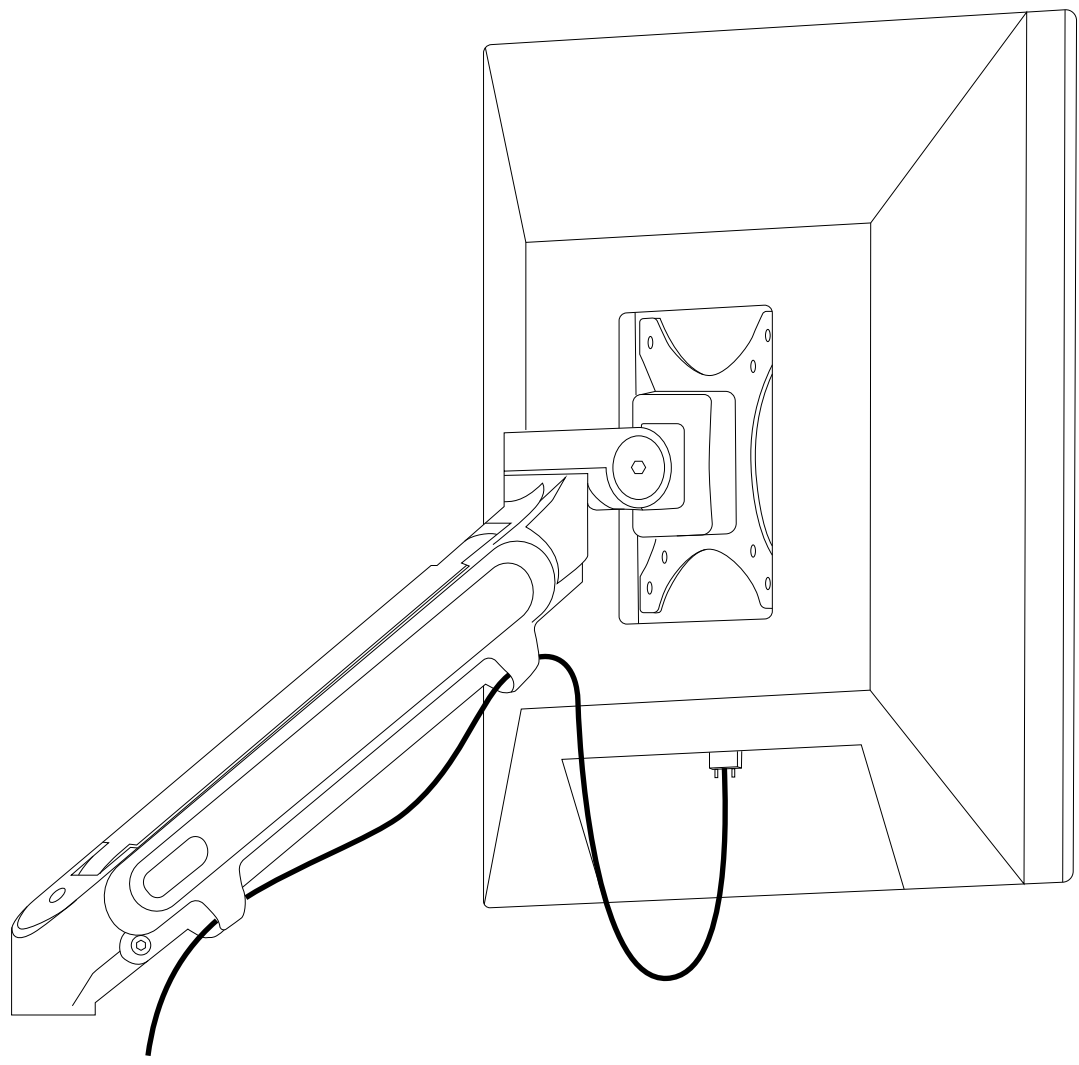Now don't be shy. Show us how it looks!

@recess.au
#myrecessoffice

Contact:
Have a question, comment or suggestion?
hello@recess.com.au

RECESS
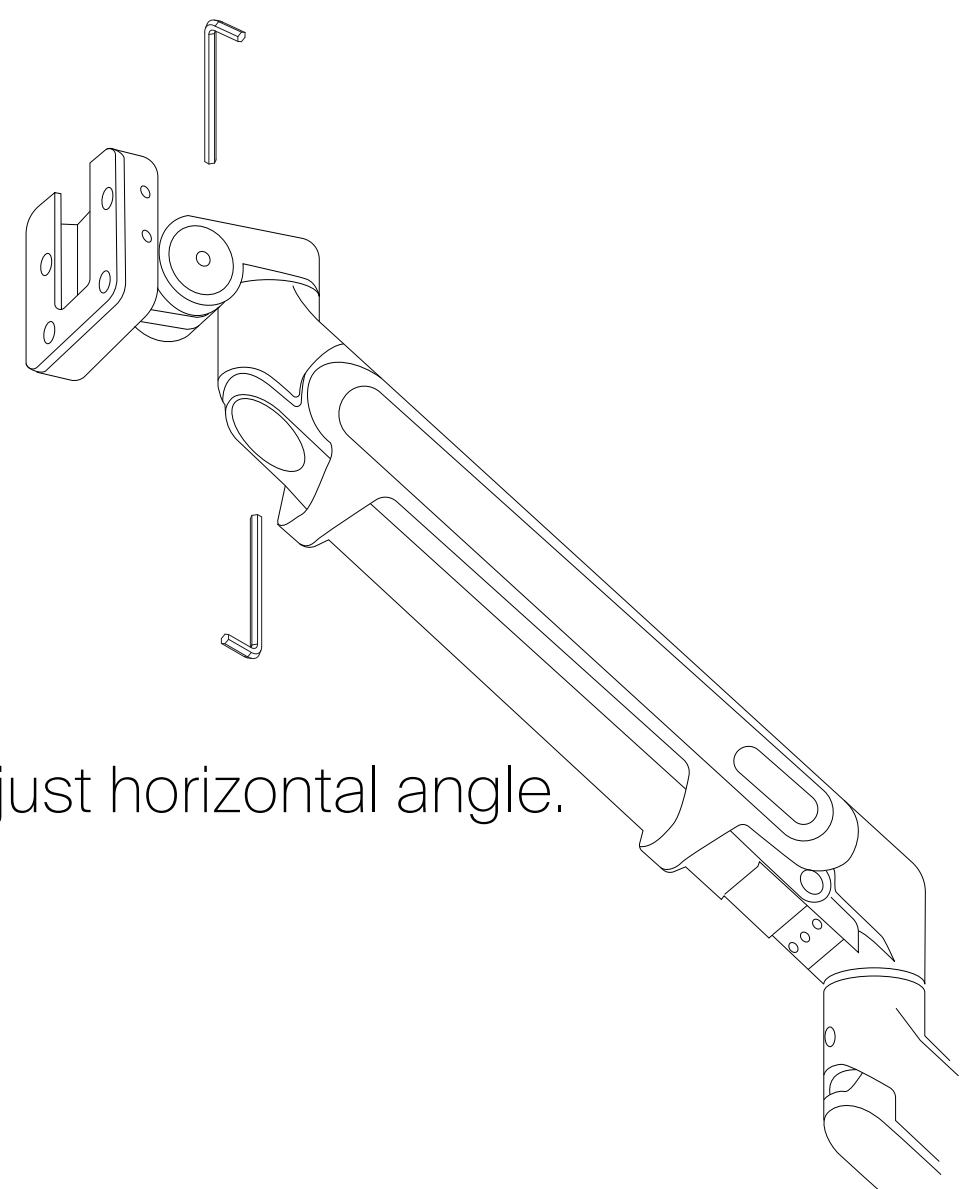
Cable management

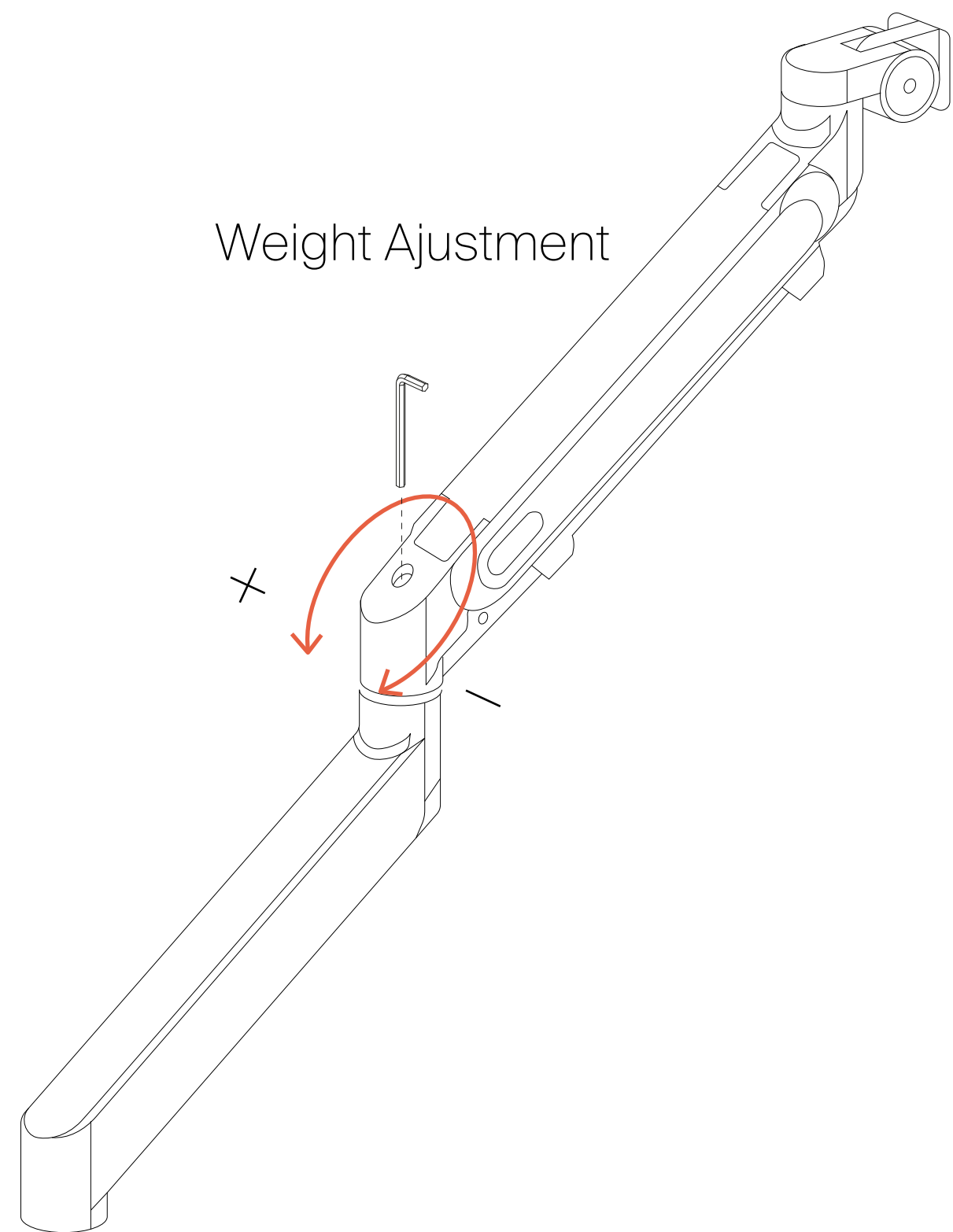## Arm Adjustment

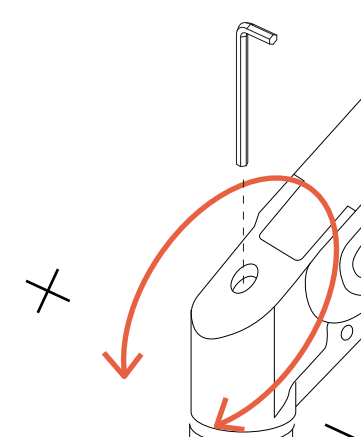Adjust pitching angle.

Adjust horizontal angle.

Weight Ajustment

RECESS

RECESS