

A Little Crystal Magic

SEPTEMBER 2023
MOONSTONE

As we delve into the luminous month of Moonstone, our hearts resonate with the gentle yet profound energies that this radiant crystal embodies. Moonstone, like the silvery glow of the moon on a tranquil night, beckons us to explore the mystical and the ethereal.

In the heart of this month's collection lies Moonstone, a gem that has captured the imagination of dreamers, poets, and mystics for centuries. With its otherworldly iridescence and deep connection to the lunar cycles, Moonstone carries the secrets of the night sky and the wisdom of the cosmos. Just as the moon waxes and wanes, so too do the tides of our lives, and Moonstone whispers to us about the ebb and flow of existence.

Join us on this enchanting voyage as we unwrap the treasures within this box—a Moonstone Worry Stone, a Surprise Shaped Rainbow Moonstone (await the delightful mystery of its form), and The Moon Incense Cones. Let the radiant and tranquil energies of Moonstone be your guiding light through this exploration of self-discovery, intuition, and emotional healing. Together, we shall uncover the hidden facets of this captivating crystal and bathe in the soothing glow of the moon's embrace.

If you are a beginner in crystal healing, then you are starting in the right place!

Each month we will be sending you a Crystal Of The Month Kit, where we will include crystals, charged with Reiki Healing Energy by our Master Reiki Healer & Founder - Shereen, as well as exercises and rituals in which you can use your crystals. We will cover everything there is to know about that crystal, and its various uses from beginner to advanced, and through each crystal, we will help you to create your own damn magic.



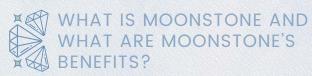
This month, we invite you to dive deeper into the mesmerizing world of Moonstone, a gem of ethereal beauty and profound significance. Moonstone is more than just a crystal; it's a portal to the mystical and a key to unlocking the secrets of your inner self.

Moonstone is revered for its enchanting play of colors, known as adularescence, which is reminiscent of the moon's gentle glow. This unique optical phenomenon is a result of the crystal's internal structure, scattering light into a spectrum of spectral hues. As you explore the facets of your Moonstone crystals, allow the dance of colors to transport you to a place of tranquility and introspection.

Beyond its visual allure, Moonstone holds a special place in the realm of spirituality and holistic healing. It is often associated with the divine feminine and is believed to enhance intuition, sensitivity, and emotional balance. The energy of Moonstone is as gentle and nurturing as the moonlight itself, offering solace during times of emotional turbulence and encouraging self-discovery.

Throughout history and across various cultures, Moonstone has been revered as a symbol of protection, love, and profound insight. Its calming influence on the emotional body makes it a cherished companion for those seeking harmony and peace in their lives. As we journey through this month's collection, we invite you to embrace the soothing and enchanting energies of Moonstone, allowing them to guide you on a path of self-exploration, intuition, and emotional healing.





Moonstone, with its captivating play of colors and ethereal allure, is a gemstone steeped in mystery and metaphysical significance. Composed of potassium aluminum silicate, Moonstone derives its name from the enchanting lunar-like glow it exudes when illuminated. This phenomenon, known as adularescence, infuses Moonstone with an otherworldly beauty that has captured the imagination of countless souls.

The benefits of Moonstone extend far beyond its visual splendor. At its core, Moonstone is a crystal that nurtures the spirit and empowers the soul. It is often revered for its connection to the divine feminine energy, serving as a symbol of intuition, sensuality, and emotional healing.

One of the most remarkable attributes of Moonstone is its capacity to enhance intuition and psychic abilities. It acts as a bridge between the conscious and unconscious mind, inviting you to explore the depths of your inner wisdom. By working with Moonstone, you can heighten your intuitive insights and gain a deeper understanding of your emotions and innermost desires.

Moonstone is also renowned for its soothing and calming properties. Like a gentle moonbeam, it washes over you, bringing emotional equilibrium and harmony. It has the power to alleviate stress, ease emotional turbulence, and promote a sense of inner peace. This tranquil energy makes Moonstone a cherished companion for those navigating life's challenges and transitions.

Furthermore, Moonstone resonates with the energies of love and compassion. It encourages self-acceptance and self-love, fostering a deeper connection with your own emotions and inner world. This gem inspires empathy and kindness, allowing you to forge more meaningful and loving relationships with others.

As you explore the wonders of Moonstone, you'll discover a gem that offers profound emotional healing, heightened intuition, and a profound connection to the divine feminine. Embrace the magic of Moonstone and allow its energies to illuminate your path toward self-discovery and inner transformation.



WHERE DOES MOONSTONE COME FROM?

Moonstone, with its celestial radiance, is sourced from various enchanting locales across the world, each imbuing the gem with its distinct character. Among the primary producers of Moonstone are India and Sri Lanka, where the gem is often entwined with rich cultural and mythological significance. India, renowned for its rainbow Moonstones, showcases these gems in their full spectrum of iridescent hues. Sri Lanka, on the other hand, yields Moonstones with a mesmerizing blue adularescence, captivating the hearts of those who gaze upon them.

Other countries also contribute to the global tapestry of Moonstone. Australia, Madagascar, Myanmar, and the United States, including states like North Carolina and Virginia, unearth their own Moonstone treasures, adding diversity to the gem's origin story. Each of these regions imparts a unique essence to Moonstone, making it a gem deeply connected to the earth's enchanting landscapes.



Moonstone, with its ethereal beauty, has a Mohs hardness that typically ranges from 6 to 6.5 on the Mohs scale of mineral hardness. While not as hard as some of the more robust gemstones, it offers a respectable degree of durability. However, it's essential to handle Moonstone with care, particularly when it is set in jewelry or incorporated into crystal grids, to safeguard its luminous surface from potential scratches or damage. This tender reminder ensures that Moonstone continues to radiate its enchanting glow for generations to come, symbolizing the enduring magic of this remarkable gem.



Moonstone, with its mystical and gentle energy, is closely aligned with several chakras, offering a harmonious connection that supports holistic well-being. It resonates most profoundly with the Sacral Chakra and the Crown Chakra.

The Sacral Chakra, positioned in the lower abdomen, governs emotions, creativity, and sensuality. Moonstone's soothing and intuitive vibrations nurture the Sacral Chakra, fostering emotional balance, heightened creativity, and the exploration of one's inner feelings and desires. It encourages a deeper connection with one's sensuality and a free flow of creative energies, making it an excellent ally for artists and those seeking to embrace their passions.

On the opposite spectrum, Moonstone's affinity for the Crown Chakra, located at the top of the head, enables a profound spiritual connection. It acts as a conduit to higher consciousness, facilitating meditation, intuition, and a deeper understanding of the self and the universe. Moonstone's ethereal glow resonates with the lunar energies that guide us during our inner journeys, opening the door to wisdom, enlightenment, and the mysteries of the cosmos.

Moonstone's dual alignment with the Sacral and Crown Chakras creates a balanced synergy between the earthly and the divine, making it a remarkable companion for those seeking to bridge the gap between their intuitive, creative selves and their spiritual, higher selves. This connection encourages a holistic approach to life, blending the beauty of the material world with the wisdom of the spiritual realm.





TYPES OF MOONSTONE



Moonstone manifests in captivating varieties, each with its unique attributes and purposes:

- 1.Rainbow Moonstone: This enchanting type is renowned for its mesmerizing play of colors, evoking the energy of transformation and intuition. It's a stone that encourages you to embrace change and trust your inner guidance.
- 2. White Moonstone: Often associated with new beginnings, white moonstone supports self-reflection and emotional clarity. It's a soothing gem that aids in calming emotions and accessing your inner wisdom.
- 3. Peach Moonstone: As the stone of sensuality and inner beauty, peach moonstone promotes self-love and deepens connections in loving relationships. It encourages you to appreciate your inner and outer beauty.
- 4.Gray Moonstone: This variety is prized for its capacity to provide mental clarity and emotional balance. Gray moonstone offers protection against negative energies and helps you stay grounded during emotional challenges.
- 5.Black Moonstone: It's the stone of new beginnings and inner growth. Black moonstone aids in revealing your inner truths and encourages you to embark on a journey of self-discovery and transformation.
- 6.Blue Moonstone: Known for its ability to boost communication and selfexpression, blue moonstone supports emotional healing and enhances your connection with your inner feelings.
- 7. Green Moonstone: This variety nurtures emotional healing, compassion, and love. It helps you open your heart to both yourself and others, fostering harmonious relationships.
- 8. Black Labradorite: Although not a traditional moonstone, black labradorite shares similar characteristics. It helps you uncover hidden truths, enhances intuition, and facilitates personal transformation.

Each type of moonstone aligns with specific intentions and energies, allowing you to choose the one that resonates with your unique needs and goals.



Welcome to a journey of lunar enchantment with the radiant Moonstone! As the moon waxes and wanes, so do the energies and mysteries it bestows upon us. This month's Crystal of the Month, Moonstone, holds the key to tapping into the celestial dance of light and shadow, guiding us through the phases of life's transformations. Delve into the world of Moonstone as we explore its varied types and their unique properties. Learn how to harness its gentle yet powerful energy in our special Moonstone Meditation and Empowerment Ritual, and let its luminescent glow illuminate your path toward abundance, intuition, and inner wisdom.

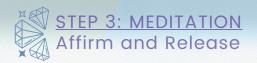


You know we always like to set sacred space before doing any ritual. So, go to your sacred space or find a cozy and peaceful space where you are truly comfortable and won't be disturbed. Take a moment to settle in and ready to tune into your magic!

- Set up your items on a clean surface
- Light a Moon incense cone and let the fragrant smoke fill your space.
- Take a few deep breaths, inhaling positivity and exhaling any tension or doubt.
- Ask your guides, ancestors and loved ones to come forward.



Hold the <u>Moonstone Worry Stone</u> in your hand and take a few deep breaths. Close your eyes and set a clear intention for this ritual. It could be about inviting abundance, enhancing intuition, or whatever resonates with you.



Hold the Surprise Shaped Rainbow Moonstone (Sphere, Pyramid, Rough, or Heart Shaped) in your other hand.

Just as a special note: each shape has a meaning. Does yours resonate?

- Sphere: Represents unity and completeness.
- Pyramid: Symbolizes ascension and transformation.
- Rough: Embraces raw, authentic energy.
- Heart Shaped: Signifies love, compassion, and emotional healing.

Close your eyes and envision the gentle, soothing light of the moon washing over you. Allow your thoughts to drift like the phases of the moon, reflecting on what you wish to release and what you desire to manifest. Take your time in this lunar meditation, connecting with your Moonstone's energy.



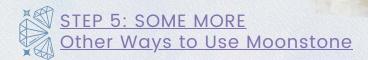
STEP 4: MONTHLY INTENTIONS Setting Monthly Intentions

Since moonstone is connected with the lunar cycle, they are amazing for using them during the lunar phases.

- One the next New Moon, write down your intentions for the month ahead.
 Use words of positivity, abundance, and growth.
- Place your intention near your Moonstone shape as a reminder.
- Whenever you hold your Moonstone, visualize your intentions manifesting with the power of the moon.



 During the next Full Moon, give your moonstone all your worries, anxieties and concerns. Release whatever no longer belongs to you and set your moonstone out under the Full Moon to be cleansed, along with everything you've given it.



Moonstone Worry Stone: Carry it as a calming pocket companion, meditate with it for clarity, enhance dream recall, and use it as an anxiety-relief tool.

Surprise Shaped Rainbow Moonstone: Meditate for intuition and spiritual growth, set intentions, balance chakras, and consider wearing it as jewelry.

The Moon Incense Cones: Elevate moon rituals, enhance meditation, create a soothing atmosphere, and infuse moon magic spells with their celestial aroma.

Sacred Geometric Shapes: Spheres for unity, Pyramids for focus, Rough Crystals for grounding, and Heart Shapes for love and emotional healing.





Moonstone is a shimmering gem that enchants us with its ethereal beauty and profound metaphysical properties.

As you embark on your journey with this captivating crystal, may it illuminate your path with inner wisdom, emotional healing, and a deeper connection to the mystique of the moon. Let it remind you that, like the moon's ever-changing phases, your life too can dance to the rhythm of transformation, inviting abundance, intuition, and harmony.

Embrace the magic of Moonstone and allow its energies to guide you on a luminous voyage of self-discovery and spiritual awakening.



We hope that you have enjoyed this month's box!

Happy healing!
With love, the MLMS team xoxo



