

How to find your Reader's power

Print this chart at actual size (A4) for best result

- Print this chart for your simple test
- The chart should be around 14 to 16 inches away from you
- Continue until you reach a line which you can entirely read clearly
- The number beside the line which you can read clearly is the reading glasses strength that suits you the best
- Please discuss your doctor if you are not certain

If you can read this text, your power is	+0.75
If you can read this text, your power is	+ 1.00
If you can read this text, your power is	+ 1.25
If you can read this text, power is	+ 1.50
If you can read this text, your power is	+ 1.75
If you can read this text, your power is	+ 2.00
If you can read this text, your power is	+ 2.25
If you can read this text, your power is	+ 2.50
If you can read this text, your power is	+ 2.75
If you can read this text, your power is	+ 3.00