

X-ELITE PRO® Sit Stand Desk Made in China www.standsteady.com customerservice@standsteady.com 1-703-688-DESK(3375)

Caution

Always use two hands when raising and lowering the desk.

Weight limit is 20 lbs. Do not overload!

DIRECTIONS:

HOW TO RAISE THE DESK

Carefully remove the desk from the box and put it on top of your existing desk.

Use the lever to raise the desk: hold both sides of the desk, squeeze the lever, and lift.



HOW TO LOWER THE DESK

To lower the desk, hold onto both sides of the desk, squeeze handle, and gently push down on the desktop.



USE AN ANTI-FATIGUE MAT

We recommend you always use an anti-fatigue mat to stand on, which will reduce joint stress and leg fatigue while standing at work.



Troubleshooting:

WHAT IF DESK WON'T LOWER

When the desks are new, they may be a little stiff and require extra force to go down. Squeeze the lever and push down hard with both hands.

Don't worry - you aren't going to break it!