

Iron-on Instructions

GARMENT CHOICE

This iron-on is for use on light colored garments ONLY.

Your shirt or onesie must be:

- **PLAIN WHITE for best results.**
- **50/50 blend for best results, or 100% cotton.**

Do not use on dark fabric or on fully synthetic fabric blends

YOU'LL ALSO NEED

Scissors

An iron. The hotter the better!

A smooth, hard surface for application

A pillowcase

Parchment paper (optional)

HOW TO APPLY

KEY TIP: DON'T SKIP ANY STEPS!

1. Trim the excess paper from around your iron-on design. It's ok to leave a little blank space around the design – this will be mostly invisible (clear) after application.
2. Empty the water from your iron (you don't want ANY steam).
3. Turn your iron on to the **hottest setting** and let it fully pre-heat **for at least 5-10 minutes**.
4. Find a smooth, hard surface to iron on, such as a tile floor, stone countertop, large wooden board, etc. (**do not use an ironing board**).
5. Place a pillowcase on the surface and thoroughly iron the pillowcase, removing any wrinkles and moisture.
6. Place your garment on top of the pillowcase and thoroughly iron the garment, removing any wrinkles and moisture.
7. Place the iron-on on top of the garment with the design facing the shirt (the patterned backing will be facing you).
8. With both hands on the iron, use **very heavy pressure** to slide the iron up and down over the entire image.
For shirts, iron for 90 seconds. For onesies, iron for 45 seconds.
9. Repeat, going from left to right.
For shirts, iron for another 90 seconds (total ironing time: 3 minutes).
For onesies, iron for another 45 seconds (total ironing time: 90 seconds).
10. Let the shirt cool completely. Then, peel the backing paper off.



Optional finishing touch: For a softer feel and improved durability, cover the image with **parchment paper** (no substitutions! Do not use wax paper, as it will burn onto your shirt!) and re-iron the image for 30 seconds. **QUICKLY** peel the parchment paper off **while it is still hot** and stretch the garment both vertically and horizontally.

CARE INSTRUCTIONS

NO HEAT!

Treat your finished shirt as a delicate garment when washing and drying. Turn inside out and wash in cold water. Dry on lowest heat setting, or line dry. Do not iron.

SHARING TIME!

SHOW OFF YOUR ONE-OF-A-KIND SHIRT

We'd love to see your finished shirt! Make our day and tag **@Chickabug** on Instagram to share!

