



Simply Sustainable

Eco-Informative Tips & Cool Facts
Just for you!



EWG Rating: 1



Hyaluronic Acid

CLEAN INGREDIENT #1

Hyaluronic acid is a substance that is naturally produced in our bodies. It is mainly present in the skin, our biggest organ, and other areas like joints and connective tissues to provide lubrication.

Hyaluronic acid has a unique ability to bind to water molecules and its main function is to retain moisture which is why it is present in your skin and a great addition to any skincare regime.

What types of products contain hyaluronic acid?

- Skincare products
- Facial / body injections & fillers
- Supplements

Hyaluronic Acid and Aging:

As we grow older your skin naturally ages, but you are also exposed to external factors that may speed up the process or cause damage along the way. Some examples would be UV radiation and free radicals. UV radiation is damaging to the skin and decreases the production/amount of hyaluronic acid in your skin.

The amount of hyaluronic acid in your body naturally decreases but skin damage increases the rate at which that happens and this decreases your skins ability to retain moisture.

Hyaluronic Acid and Skincare:

Hyaluronic acid has been popular in the beauty industry for a while now, from injections to oral supplements. It is also a very useful ingredient in skincare products because it supports hydration.

When applied to the skin, it is able to absorb through the pores and help skin cells pull in a bind to water molecules to keep the skin supple and hydrated.

Hyaluronic acid added to skincare products can be produced synthetically in the lab from bacteria or be derived naturally from plants. It can also be derived from animals so it is important to research the source.

SUR and Hyaluronic Acid!

SUR uses hyaluronic acid as an ingredient in several products, it helps the skin retain moisture and absorb the product!

Multi-Action
Hydrating
Base

Shop Here



Repairing
Serum w/
Vitamin C

Shop Here



Luminous
Creme w/
Niacinamide

Shop Here



References

Environmental Working Group. (OAD). HYALURONIC ACID. Retrieved September 26, 2019, from https://www.ewg.org/skindeep/ingredient/702887/HYALURONIC_ACID/.
Julson, E. (2018, April 21). 7 Surprising Benefits of Hyaluronic Acid. Retrieved September 26, 2019, from <https://www.healthline.com/nutrition/hyaluronic-acid-benefits#section4>.
Papakonstantinou, E., Roth, M., & Karakiulakis, G. (2012). Hyaluronic acid: A key molecule in skin aging. *Dermato-Endocrinology*, 4(3), 253–258. Retrieved from <https://www.tandfonline.com/doi/full/10.4161/derm.21923>