

# **User Guide and Instruction Manual**

Nordic Ways – NWSSAU13BLK

v1.01

### WELCOME TO THE INCREDIBLE BENEFITS OF STEAM HEAT THERAPY!

Your new Signature Steam Spa is designed to facilitate the ideal moment to yourself... meant to offer a place free from outside distractions where you can clear your mind, focus on your breath, and enjoy all of the amazing benefits that Steam Heat Therapy has to offer. Whether you are an experienced sauna-goer, or are trying to add a new amazing health practice into your daily routine, our Signature Steam Spa is your new relaxation sanctuary.



# SAFETY INSTRUCTIONS – TO KEEP YOU SAFE, PLEASE CAREFULLY READ THE FOLLOWING:

- 1. Check with your physician or doctor before using this sauna, if you are under medical care, pregnant, or taking certain medication.
- 2. Exit the Steam Spa immediately if you feel nausea, discomfort, dizziness, severe shortness of breath, or sudden sleepiness.
- 3. The Steam Spa is not a medical device and is not intended for medical purposes.
- 4. This Spa can cause overheating. It is important to be adequately hydrated before, after, and during your Spa session. Please use the Spa for a 30 min per day, 4 times per week max.
- 5. Listen to your body, if you are feeling overheated please exit the Spa immediately.
- 6. Not to be used by children under the age of 8. Anyone under the age of 18 should have adult supervision when using the steam room.
- 7. Children of all ages should be kept away from the steamer and steam nozzle when in use and should not play with the appliance.
- 8. The Spa is not to be used by any person with reduced mental, physical, or sensory capabilities, or lack of experience and knowledge of Spa safety, unless they have been given supervision and/or instructions.
- Individuals, who may be at risk from conditions such as hyperthermia or other cardiovascular diseases, should seek medical advice before using the Spa.



Use at your own risk!



Not recommended for use by anyone under 18 years of age.

Despite their **many** benefits, saunas and steam rooms may not be for everyone. Always check with your doctor before using the Steam Spa, especially if you have any of the following health conditions:

- Uncontrolled high or low blood pressure
- Heart failure or heart disease
- Abnormal heart rhythm
- Heart related chest pain (unstable angina)
- After or during drinking alcohol



## WARNING:

- Only turn on steamer when full of water. Never let steamer run without adequate water.
- Unplug the power cord after each use, empty and dry steamer immediately for best use.
- Keep electrical cord away from heat sources.
- To avoid electrical shock, do not use in or around water.
- Avoid using electrical cord if the cord is damaged.
- Do not pull on electrical cord. Unplug from the wall directly.
- Any repair must be done by the manufacturer, its agent, or a similarly qualified person.

## WARNING:



The use of alcohol, drugs, or medication while in a steam room or sauna can greatly increase the risk of severe (or even fatal) hyperthermia.



Do not use the Spa under the influencer of alcohol, drugs, medications, or any substance that can compromise your body's natural reaction to heat.

# FUNCTIONS AND TECHNICAL SPECS:

- Power Output: 1600 Watt
- Low cost to operate
- Maximum Temperature Reached: 122° Fahrenheit (50° Celsius)
- Adjustable Time Setting: Up To 99 Minutes
- Level choose: 16 levels
- Power Supply: 120V
- Product Dimension (L x W x H): 36 x 36 x 71 inches, 90 x 90 x 180 cm
- Weight: 27 lbs.

# FEATURES:

- Full Spa Experience At-Home
- Ambient Control: 16 Levels of Steam Output
- Compact Size, Perfect For Storage and Limited Space Apartments
- Remote Control
- Energy Saving & Power-Efficient, Low Cost to Heat (1600W, 120V)
- Perfect Solution to COVID Shutdown of Gyms and Wellness Centers

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- An Extreme Variety of Amazing Health Benefits
- Sweat Faster and More Often
- Compact, Comfortable Folding Chair Included
- Provides The Perfect At-Home Spa Experience

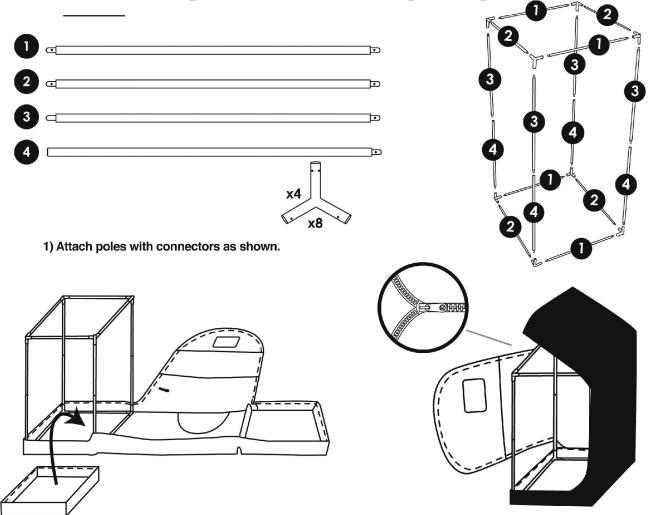
# WHAT'S IN THE BOX:

- 4L Premium Steamer + Pipe
- Remote Control
- Durable Steam Spa Tent
- Collapsible Frame
- Folding Chair
- Sweat Liner

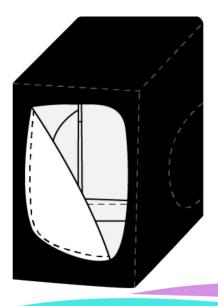


#### STEAM SPA TENT ASSEMBLY INSTRUCTIONS

# **Assembly Guide - 3 Easy Steps**



- 2) Place frame into the bottom square of the spa tent. Insert the included sweat liner.
- 3) Lift the top of spa tent over the frame (it will be snug!) and zip both of the zippers around the frame.

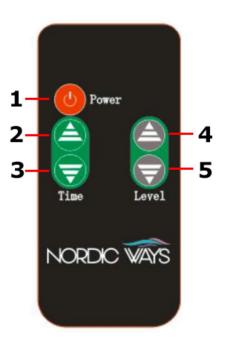


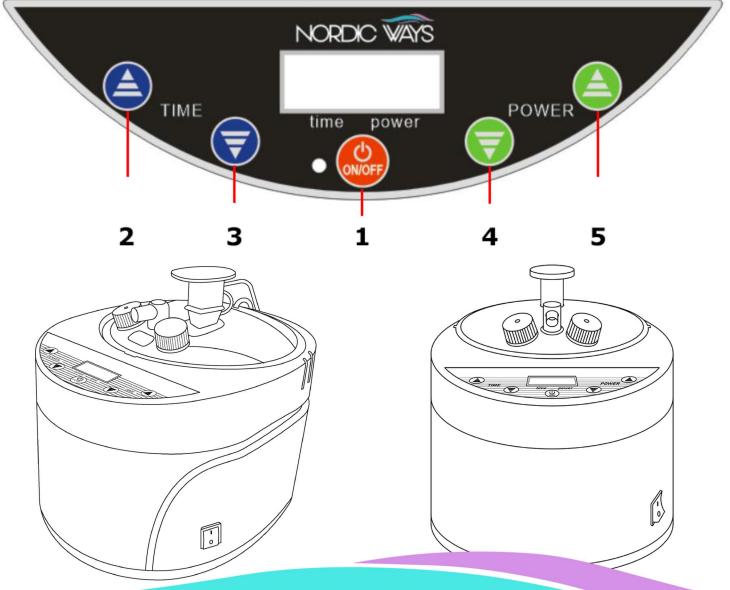
# STEAMER INSTRUCTIONS:

### (Steamer Interface + Remote Control)

- 1. Power Switch
  - Press to turn unit on/off from standby mode.
- 2. Increase Time Button
  - Press to increase time of operation (max 99 mins).
- 3. Decrease Time Button
  - Press to decrease time of operation.
- 4. Increase Steam Performance Button
  - Press to increase strength of steam output.
- 5. Decrease Steam Performance Button
  - Press to decrease strength of steam output

# \*\*Please allow for 10-15 minutes for Spa to heat up



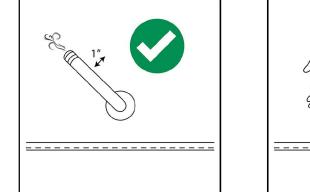


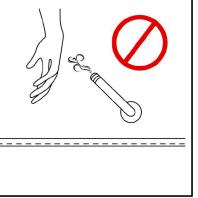
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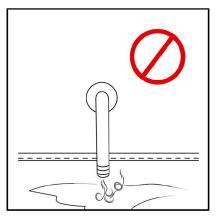
## **STEAMER CARE:**

- Use distilled or filtered water in the steamer, as tap or unfiltered water may eventually leave mineral deposits.
- To help protect against mineral deposits, empty the remaining water of the steamer shortly after leaving the Steam Spa and then dry it completely with the lid off.
- If you live in an area with hard water and see mineral buildup after several uses, you can remove this naturally by filling up your steamer to the max line with one part water and one part white vinegar and letting it run, outside, on its highest setting. After 20-30 minutes, empty the steamer tank and rinse it thoroughly with water and dry completely. It will look brand new!
- Never clean your steamer with harmful chemicals, as this could be very dangerous if you inhale leftover cleaner residue that was not properly rinsed out on your next spa session.

# **POSITIONING OF STEAM NOZZLE:**







## How to correctly position the steam input nozzle within the Spa Tent

- To protect your spa against damage from the steam input, position the white steam input nozzle so that it is facing up and towards the back of the wall of the spa at a 45-degree angle.
- Always make sure to leave 1 inch of separation between the nozzle and the wall.
- <u>NEVER</u> have it positioned directly at you or directly touching the special silver lining of the spa (it can cause bubbling).
- We also find this method produces the best steam.

## AFTER EACH USE

To keep your Signature Steam Spa in great shape:



Wipe down the joints of the spa frame with a dry towel, empty & rinse the sweat liner with water, and allow to dry fully.

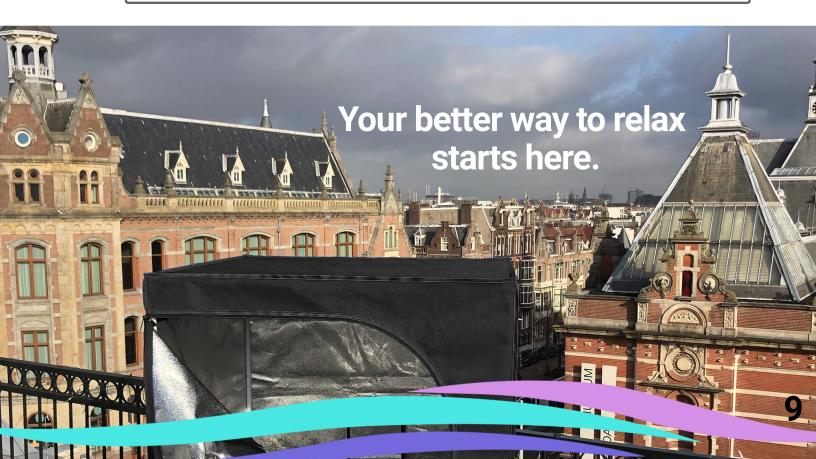


Unplug the steamer and empty it. Wipe the inside of the steamer with a dry towel.



Enjoy all of the amazing relaxation, rejuvenation, detoxifying, and recovery benefits you just received from your Spa sweat session.

Note: Due to the heavy steam production of this unit, discoloration of the metal piping may naturally occur and this is normal.





**Questions or Issues?** 

Let us help! Phone (Toll-Free): +1 (888) 808-0292 Email: info@nordicways.boutique



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