

# LUCY'S BEST BITS



Here are my must have drill bits that I believe these are essential for nail techs using an eFile.

*Love Lucy x*



# PERFECT PREP.

The Perfect Prep Kit was created to give you everything you need to achieve perfect preparation of the natural nail. It's the best kit to start your eFile journey and an essential for our LP eFile Course.

Made up of Diamond Dust Drill Bits, with both medium (blue) and fine (red) grits - which are all safe to use on the natural nail before product application.

**Mini Diamond Ball 12RPM+** designed to remove excess cuticle and hard skin around the nail plate, its small head is designed for precision and works great on smaller nails.

**Diamond Twist Flame 10RPM+** pushes back the cuticle and cleans the area of non-living tissue underneath the Proximal nail fold. Use this drill bit for clients with tough cuticles - it's perfect for toes!

**Diamond Ball 10RPM+** designed to remove larger amounts of cuticle skin around the nail plate and the finger.

**Diamond Barrel 10RPM+** used to prep the nail plate, etching the natural nail ready for product application.

**Diamond Flame 10 RPM+** like the Diamond Twist Flame, with a soft grit, use to push back the cuticle and clean the area of non-living tissue underneath the proximal nail fold. This is a must-have drill bit for cuticle prep.

**Dust Brush** a handy little brush, designed to remove dust and debris from those hard-to-reach areas.



## MEET THE MINI'S.

Small but mighty...  
The LP Mini's are essential kit items.

### The Mini Diamond Barrel<sup>2</sup> - 10RPM+

Designed to remove the non-living tissue from the cuticle and sidewalls. The small squared barrel shape allows you to get into those hard-to-reach areas and gives you the perfect finish the whole way around the nail plate. The flat tip helps to exfoliate the skin down the sidewalls.

### The Mini Pear Drop 10RPM +

Like the Mini Diamond Barrel<sup>2</sup>, plus the petite pear drop shape allows you to work on the smallest of nails and guarantees that perfect prep every time.

THESE ARE OUR RECOMMENDED STARTING RPM'S - YOU MAY NEED TO INCREASE DEPENDING ON YOUR EFILE. LOWER TOURQUE EFILES MAY REQUIRE A HIGHER RPM SPEED.

# EXTRA STEP.

The LP Ceramic is one of my favourite drill bits, it's amazing how much this bit can remove. Use it at the end of your prep to remove extra non-living tissue - even when you think you have it all, The Ceramic will find more.

Ceramic drill bits are similar to carbide drill bits in terms of durability, however due to the cooling nature of the ceramic material, the clients often feel less heat.

The LP Ceramic is available in black and white and is used at a speed of 10RPM - No pressure is needed.



ALL PREP BITS ARE DESIGNED FOR LEFT & RIGHT HANDED USE.

# WORKING OVER PRODUCT.

Carbide drill bits are made from carbide metal which is twenty times stronger than steel. They contain flute like cuts that help them to shave through product easily and effectively.

Carbide bits should not be used on the natural nail.

**The LP 5-in-1 (Medium grit) 20 RPM +**  
For me is the best all-rounder.

The base of the drill bit is medium grit, the centre is fine, and the top is extra fine - meaning you can use different parts of the drill bit for different parts of the nail service.

For example, when removing gel polish over product, you would use the base.

When working around the cuticle and thinly applied products, you would use the tip.

**The Swiss Safety Barrel (Medium grit) 20 RPM+**

Perfect for working over product, especially for beginners.

The rounded head makes it safe to use around the cuticle. It glides over product like butter, and allows you to get that bit closer.

**The Glider (Extra course grit) 20 RPM+**

Does what it say's on the tin; glides over the nail, removing product. Nail techs are often scared to use a drill bit with such a strong grit. However, using a stronger grit helps you to remove product in less strokes, which generates less heat and feels more comfortable for your client.

These Carbide drill bits are for left and right-handed use



YOU CAN SEE VIDEOS OF OUR DRILL BITS ON OUR INSTAGRAM HIGHLIGHTS. @lucypastorellitools\_