



STAR ESCAPES

Founded in 1630, this New England destination brims with history and innovation By Andrea Karr

EXPLORE

Home to Harvard University and MIT, Boston is a university city known for centuries of worldchanging inventions and scientific discoveries. To learn all about them, wander the newly launched Innovation Trail with 21 stops from downtown Boston to Cambridge. The city also boasts two new music venues: Roadrunner, a modern space styled for dance parties, and MGM Music Hall, next to Fenway Park (America's oldest MLB stadium), where the Prince and Princess of Wales will host the second annual Earthshot Prize awards ceremony on Dec. 2.

INDULGE

Amenity kits, heated floors and "experience showers" with ambient sound and light are just a few of the perks of a treatment at the award-winning Spa at Mandarin Oriental, Boston (1). Try a Biologique Recherche facial for visible rejuvenation or book the



Time Rituals for 110 blissful minutes of personalized therapies.

TASTE

Acclaimed restaurant Celeste recreates the feel of an intimate dinner party. Now you can visit its sibling, La Royal Cambridge, to enjoy Peruvian fare like ceviche and lomo saltado (stir-fried beef). High Street Place Food Hall also opened this year and features 20-plus food counters from local vendors like Dive Bar (2), which merges New England and New Orleans flavours. For evening cocktails, pop by the underground bar Hecate – if you can snag a seat.

STAY

In picturesque Beacon Hill, The Whitney Hotel (3) offers impeccable service, elegant-meetsquirky décor and a complimentary pantry on each floor. You can even take your dog! A few blocks away, in the city's affluent Back Bay neighbourhood, the century-old (and recently restored) Newbury Boston boasts luxurious suites with wood-burning fireplaces.





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TRIP TIPS Some downtown sidewalks are made of brick or cobblestone, so pack footwear accordingly • For transit, stick with water taxis and the T (subway) using a one-day or seven-day pass • Check Harvard University's calendar for free events and lectures

Kate and her husband.

Prize awards ceremony

Prince William, are

hosting the Earthshot

in Boston next month.