



# Banana Maple

## Ingredients

- 500g Pure Food Butterscotch Cake
- 2 cups Full Fat Milk
- 1 Large Banana
- 3 tbsp Maple/golden syrup

## Directions

Place all ingredients in a blender. Blend until smooth and divide mixture among small glasses to serve!

\*\*Per serve-180ml

1186kJ  
Energy

8.5g  
Protein

\*Refer to the IDDSI test.= at the front of this booklet Always test the finished product as thickness can not be guaranteed - product may vary depending on ingredient variation.

