

Skin Type

With so many fantastic products to choose from, its important to ensure that you are using the best products for your client's skin.

A simple skin type questionnaire is the best way to ensure that your client is getting the best possible treatment!

Antipodes skin products types are – Hydrating, Brightening, Anti-Blemish, Balancing, Anti-Aging, or Sensitive.

Use this time to plan the entire treatment so all the client needs to do is relax and enjoy this time.



Environmental Relaxation

Pip Hendry, the Antipodes manager at Ballantynes writes;

"I have a soft comfortable drape over the table & put towels to cushion their head & feet . I like to have a towel to drape over the client to keep them warm & relaxed Spa music, Lemon water & flowers to create a gentle calming environment."











The experience begins with which cleanser (Grace or Hallelujah) is better suited for your client's skin. Gently massage the cleanser over the face, paying special attention to areas with excess makeup. Wipe the cleanser residue with a warm and damp facial towelette.

The Grapeseed Butter Cleanser is a wonderful cleanser to use to really relax & massage a clients face & give a wonderful pampering experience. You can almost put clients to sleep with a facial massage by using this to gently massage their face. Remove the cleanser with a warm facial towel once finished.



Exfoliation and Masks

After the cleansing stage, exfoliate with Reincarnation if needed, or use the Halo Mask to complete a deep cleanse.

Use a warm facial towel to remove the Halo mask, and any remaining can be removed with Ananda, or the Resurrect toners.

Apply the Aura mask with a synthetic brush to apply as this gives a wonderful application and is a gentle relaxing way to experience the mask.

Arm and Hand Pamper

While the Aura Face mask is soaking into the skin and working its magic, use this time to give your client an arm and hand pamper.

Before the entire treatment begins, explain the different creams and fragrances to your client, and complete this part with the selected cream.

You can additionally use the Saviour balm to care for the cuticles of your clients.

Once the arm pamper is complete, remove the Aura with a warm facial towel, and freshen with a spray of either Resurrect or Ananda toner.



Serums – Water Charged

Assess at the beginning of the treatment which water charged facial serum is most beneficial to your client's skin type.

Place a couple of drops on your hands, and gently press into the skin as it will absorb quickly.

Options for Water charged serums are – Hosanna, Worship, or Apostle.



Serums – Oil Charged

Follow the chosen water charged serum with one of the beautiful oil charged serums.

Only a few drops are needed, and apply in upward strokes to the face, neck, and décolletage.

Choices of oil charged serums are – Joyous, Blessing, Chia & Kiwi Seed, Divine Face Oil.

















Eye Care

After both types of serums have been applied to the skin of your client, Select an eye cream that is best suited to their skin type. Use a pea sized amount and apply with the fingertips by tapping gently around the orbital bone of both eyes.

Moisturiser

When applying the chosen moisturizer, it is important to talk to your client about the benefits & application & the product has been chosen for them, considering their skin type, lifestyle and beauty routine & what product would be the most beneficial to their requirements.

As there are many moisturisers to choose from, it is imperative that the best type is selected for your client's skin.

To apply, use a pea sized amount and apply in upward strokes to the face, neck, and decolletage.















Body and After Care

Following the completion of the facial, most clients enjoy to have a light layer of mineral powder applied to their face and décolletage.

This can be followed by the application of the Kiwi seed Lip Conditioner, or their favorite choice of Antipodes Lipstick.

Lastly you can go through the steps of the facial with the client and suggest what Antipodes products would be the most beneficial to add to their daily skincare routine.





· Avocado Pear Night cream Worship Defence Serum Juliet Gel Cleanser Resurrect Clarifying Toner Halo Mud Mask Anti- Aura Mask Blemish Immortal Moisturiser · Chia and Kiwi Facial Oil Blessing Anti Pollution Serum Rejoice Day Cream Manuka Honey Day Cream • Manuka Honey Eye Cream





Skin Balancing

- Baptise H2O Water Gel
- Avocado Pear Night Cream
- Vanilla Pod Day Cream
- Worship Defence Serum
- Divine Face Oil
- Resurrect Clarifying Toner
- Reincarnation Exfoliator
- Hallelujah Cleanser
- Immortal Moisturiser
- · Chia & Kiwi Seed Face Oil

