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INTERNATIONAL RING SIZE CONVERSION CHART

Use the circles below to judge sizes against your existing rings.

Make sure you line the circles up below with the inside of your band to get an idea of size.

14.05mm Size 3 F	14.45mm Size 3.5 G 1/4	14.86mm Size 4 H 1/2	15.27mm Size 4.5 I 1/2	15.70mm Size 5 J 1/2
16.10mm Size 5.5 L	16.51mm Size 6 M	16.92mm Size 6.5 N	17.35mm Size 7 O	17.75mm Size 7.5 P
18.19mm Size 8 Q	18.53mm Size 8.5 Q 3/4	18.89mm Size 9 R 3/4	19.41mm Size 9.5 S 3/4	
19.84mm Size 10 T 1/2	20.20mm Size 10.5 U 1/2	20.68mm Size 11 V 1/2	21.08mm Size 11.5 W 3/4	
21.49mm Size 12 Y	21.89mm Size 12.5 Z	22.33mm Size 13 Z+1	22.60mm Size 13.5 Z+1.5	

RING SIZING GAUGE

Try this Ring Sizing Gauge to help determine your ring size. The ring sizer works like a belt:

- Cut a slit along the top line and push the end through the slit to form a ring shape.
- Slip the ring sizer onto your finger.
- Adjust to give a comfortable fit, checking that it slips back over the knuckle.
- When best fit is achieved, your size is indicated by the arrow.

