

NOVENA TO SAINT JOSEPH

A Nine Day Plan to Read Through the Consecration to Jesus Through Saint Joseph



HOW TO PRAY THIS NOVENA:

This is a book Novena. It is a prayer of spiritual reading, following along with the content found in the Consecration to Jesus through St. Joseph on a plan of nine days. (If you haven't purchased the book yet, you can **[get your copy here.](#)**)

Each day of the Novena may cross over a number of "days" of the Consecration, since the Consecration is meant to be prayed over the course of 44 days. Since we are abbreviating the timeframe, you can combine days according to the schedule outlined below.

Each day is broken up into 10 to 15 pages of actual reading (many pages in the book are taken up with journal lines for writing). See chart (on next page) for a breakdown of the reading for each day of the Novena.

Note:

You do not have to journal for each of the Consecration day prompts in the book, however you may choose one of the journal prompts from the section of reading for each day of the Novena. Journaling your thoughts and feelings as you read is a helpful way to integrate the material and bring it deeper into your prayer life.



NOVENA SCHEDULE:

Novena Day	Pages	Consecration Days	Week	Theme
1	9 - 27	1 - 6	First Week Day 1	Knowledge of Self
2	29 - 47	7 - 12	First Week Day 7	Knowledge of Self
3	49 - 65	13 - 17	Second Week Day 6	The Spirit of the World
4	67 - 87	18 - 22	Third Week Day 4	The Blessed Virgin
5	86 - 108	23 - 28	Fourth Week Day 2	Knowledge of St. Joseph
6	109 - 127	29 - 33	Fifth Week Day 1	Knowledge of Jesus Christ
7	129 - 144	34 - 37	Fifth Week Day 6	Knowledge of Jesus Christ
8	146 - 154	38 - 40	Sixth Week Day 3	The Holy Family
9	155 - 165	41 - 44	Sixth Week Day 6	The Holy Family

In addition to these reading sections, you are invited to view Dr. Greg's Novena Reflections inside the **Integrated App**. Dr. Greg will give a reflection each day related to the reading and then lead everyone in the following prayers.



NOVENA PRAYERS:

Day 1: Knowledge of Self

St. Joseph, Chosen by God before time began, by the sorrow of the immeasurable weight that crushed your soul when you saw your wife pregnant by the Holy Spirit and knew to what mission you were being called, and by the joy that lifted you beyond your human capacity at hearing the words of the Angel to “not be afraid to take Mary into your home,” obtain for us by your prayers the confidence to sustain us as we are called to follow the path of Jesus in his suffering and death.

Accompany us as we are tempted to believe in our own strength and help us instead to rely fully on the grace of God.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

Defend, O most watchful guardian of the Holy Family, the chosen offspring of Jesus Christ. Keep from us, most loving Father, all deceit of error, sin, confusion and corruption. Aid us from on high in this conflict with the powers of darkness. And even as you rescued the Child Jesus from the peril of His life, so now defend God's Holy Church from the snares of the enemy and from all adversity. Shield us always under your patronage, that, following your example and strengthened by your help, we may live a holy life, die a happy death, and attain to everlasting joy in Heaven. *Amen.*



NOVENA PRAYERS:

Day 2: Knowledge of Self

St. Joseph, Father of Jesus, by the bitter sorrow which your heart experienced in seeing the Child Jesus lying in a manger, and by the joy which you felt in seeing the Wise Men recognize and adore Him as their God, obtain by your prayers that our heart, purified by your protection, may become a living crib, where the Savior of the world may receive and bless our homage.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 3: Spirit of the World

St. Joseph, by your sorrow when told to fly into Egypt, and by thy joy in seeing the idols overthrown at the arrival of the living God, grant that no idol of earthly affection may any longer occupy our hearts, but being like you entirely devoted to the service of Jesus and Mary, we may live and happily die for them alone.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 4: The Blessed Virgin

St. Joseph, by the sorrow you felt when the Lord declared that the soul of Mary would be pierced with a sword of sorrow, and by thy joy you experienced when holy Simeon added that the Divine Infant was to be the resurrection of many, obtain for us the grace to have compassion on the sorrows of Mary, and share in the salvation which Jesus brought to the earth.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 5: Knowledge of St. Joseph

St. Joseph, by the sorrow of darkness that pierced your heart knowing you would not be able to accompany your wife and son through their suffering, and by the joy that came from the consolation of trust in God's Providence and His Holy Divine Will, help us know you better and rely on you for support as a true Father in the faith. Lead us closer to our Heavenly Father and obtain for us the peace that surpasses all understanding enclosed within His embrace.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 6: Knowledge of Jesus

St. Joseph, by the sorrow with which your heart was pierced at the sight of the Blood which flowed from the Infant Jesus in the Circumcision, and by the joy that inundated your soul at your privilege of imposing the sacred and mysterious Name of Jesus, obtain for us that the merits of this Precious Blood may be applied to our souls, and that the Divine Name of Jesus may be engraved forever in our hearts.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 7: Knowledge of Jesus

St. Joseph, Chaste Spouse of the Holy Mother of God, by the sorrow with which your heart was pierced at the thought of a cruel separation from Mary, and by the deep joy that you felt when the angel revealed to you the ineffable mystery of the Incarnation, obtain for us from Jesus and Mary, the grace of surmounting all anxiety. Win for us from the Sacred Heart of Jesus the unspeakable peace of which He is the Eternal Source.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 8: The Holy Family

St. Joseph, by the sorrow of your heart caused by the fear of the tyrant Archelaus and by the joy in sharing the company of Jesus and Mary at Nazareth, obtain for us, that disengaged from all fear, we may enjoy the peace of a good conscience and may live in security, in union with Jesus and Mary, experiencing the effect of thy salutary assistance at the hour of our death.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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NOVENA PRAYERS:

Day 9: The Holy Family

St. Joseph, by the bitter sorrow with which the loss of the Child Jesus crushed your heart, and by the holy joy which inundated your soul in recovering your Treasure on entering the Temple, we ask you to not permit us to lose our Savior Jesus by sin. But if we do sin, grant that we may share your eagerness in seeking Him, and obtain for us the grace to find Him again, ready to show us His great mercy, especially at the hour of death; so that we may pass from this life to enjoy His presence in heaven, there to sing with you His divine mercies forever.

We turn to you, St. Joseph, in our affliction and need, and having implored the help of your holy Spouse, we now, with hearts filled with confidence, earnestly beg you also to take us under your protection. Please grant for us the favors and graces we are here seeking in this novena. By that charity which you were united to the Immaculate Virgin Mother of God, and by that fatherly love with which you cherished your son Jesus, we beg you and we humbly pray that you will look upon us with gracious eyes upon that inheritance which Jesus Christ purchased by His blood, and will provide for us in our need by your power and strength.

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