

FACE AND BODY OIL – FORMULATION GUIDE



Face and body oils are incredibly simple to make, yet extremely effective when used on the skin. They can be nourishing, moisturising and can be blended to have a range of properties to help with dry skin, irritated skin, help minimise and prevent stretch marks (by adding much needed moisture) and can even be used for massages.

This recipe / assessment provides you with an assessment in your name to legally make and sell (valid in the UK and EU) a range of face and body oils.

The recipe / assessment must be followed for the assessment to remain valid; no substitutions/variations/omissions are permitted.

CARRIER OILS (SOME OILS MAY NOT BE INCLUDED WITH YOUR ASSESSMENT, DEPENDING ON THE BASES YOU CHOSE).

JOJOBA OIL: Jojoba is moisturising, nourishing, and hydrating. It is also very close (chemically) to the natural sebum our skin produces so it is very easily absorbed.

ROSEHIP OIL: A natural antioxidant, protects and hydrates skin and may help restore elasticity and reduce the appearance of blemishes.

ALMOND OIL: Can improve complexion and skin tone, moisturising, minimises moisture loss, restores the skins natural fatty acid barrier.

HEMPSEED OIL: Non-comedogenic, prevents flakiness and itchiness, rejuvenates, and nourishes skin.

SAFFLOWER OIL: Help retain moisture, softens the texture and tone of the skin.

SUNFLOWER SEED OIL: Good emollient, rich in vitamin E and other nutrients and antioxidants. Good for treating redness and dry skin.

OLIVE OIL: Highly moisturising and nourishing, rich in vitamins E, A, D and K. Good for protecting the skin against harsh weather.

FRACTIONATED COCONUT OIL: Light and non-greasy. Rich in fatty acids, vitamins, and an excellent oil to blend with others. Moisturising and nourishing.

SQUALANE: Anti-inflammatory properties, believed to be useful for reducing redness and swelling. Non-comedogenic, gentle and non-irritating.

SESAME OIL: Rich in Vitamin-E and antioxidants, can provide protection against intense sun and harsh weather. Moisturising and nourishing.

BLACK SEED (NIGELLA) OIL: Rich in Vitamin A and skin-nourishing proteins and fatty-acids. Natural antihistamine and anti-microbial. Moisturising and protecting.

TRITICUM VULGARE: Believed to have regenerating properties good for anti-aging. High in antioxidants and vitamins. Moisturising and nourishing.

MACADAMIA OIL: Rich in beneficial fatty-acids believed to help with maintaining and restoring elasticity and moisture. Can help tone and smooth the skin.

AVOCADO OIL: Moisturising, nourishing, and hydrating. Helps prevent itchiness and dryness. Rich in antioxidants.

ingredients

BASE

OIL 1	325g
OIL 2	100g
OIL 3	50g
VITAMIN E	25g

ESSENTIAL OILS

You can either use one of the essential oils listed in your assessment individually or use one of the permitted blends. If you are blending the essential oils the total overall content permitted is 1%

This assessment can give a number of oils, maximising on your opportunity to sell products. The recipe can produce a face oil, body oil, massage oil, hand oil, foot oil, all within the one assessment. You can also produce various types of the above products, one for dry skin, one for elasticity, one for the more mature skin, acne prone etc. Use the information above about the various properties of the oils to give you a variety of products under the one assessment.



www.essentialoilblends.co.uk