





These shows & videos are evergreen and will be watched for years to come



- 40 million homes
- 30 minute TV show
- 7 days per week, 2 times per day 7am & 10am ET
- Broadcast on every major cable & satellite provider
- +57% over national average/income \$100,000+
- +150% over national average/income \$250,000+



YOUTUBE REACH

- Views 1.6M
- Watch time (hours) 157.8K
- 400.4K impressions (monthly)
- 38% subscriber increase (monthly)

NO GYM? NO PROBLEM!

Every episode is action packed with fun & effective exercises to build strength, endurance, trim waistline, strengthen core, and increase balance.

ALL EXERCISE SHOWS ARE NOT CREATED EQUAL

Unique locations, expert instruction, and charisma that reaches through the TV screen makes Vitality 4 Life with Curtis Adams unrivaled.

FUN WHILE YOU EXERCISE

Yes, really! Every workout is exciting. From cardio boxing in a real boxing ring, to a 50s inspired workout in a classic car museum to iso-dynamic training in front of a 50-foot shark, to stunning marina and yacht views or training inside a tea house. We have done it all.

SHOW DETAILS





EXPOSURE

JLTV DISTRIBUTION

JLTV is a huge national platform broadcasting to over 40 million homes and is present on every major satellite and cable provider.

DEMOGRAPHICS

JLTV offers impressive revenue opportunity because of intensely loyal audience, more educated and a significantly more affluent demographic.*

+57% over national average/income \$100,000+ +150% over national average/income \$250,000+

JEWISH AUDIENCE

JLTV is the ONLY 24/7 network focused on the Jewish lifestyle and culture reaching a +40% higher proportion of Jewish households than other networks.*

NON-JEWISH AUDIENCE

JLTV demonstrates a broad appeal of programming and delivers to +90% non-Jewish households.*

WARM UP

0 -2:00 Slowly warms up, having great 1 on 1 conversation with Curtis

FEATURE SEGMENT 2

9:30 - 15:30 Focuses on workout of the day: example- core

MINUTE OF WELLNESS

21:00 - 23:00

Curtis gives fitness tip or speaks to an "expert" about health-related topics.

FEATURE SEGMENT 1

2:00 - 9:30 Focuses on workout of the day: example- cardio

COOL DOWN, STRETCHING, BALANCE

15:30-21:00 Slowing down, Curtis gives congrats & has 1 on 1 convo

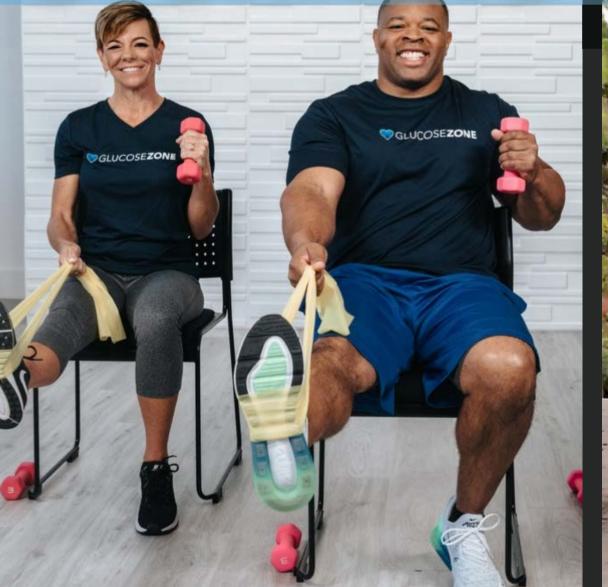
EPISODE PROMISE PROMIS















EVERYONE CAN DO IT!

A seated modification was developed for every exercise so everyone can do them

INTERNATIONAL BROADCAST

The show took
off in Hong Kong
& is viewed by
millions

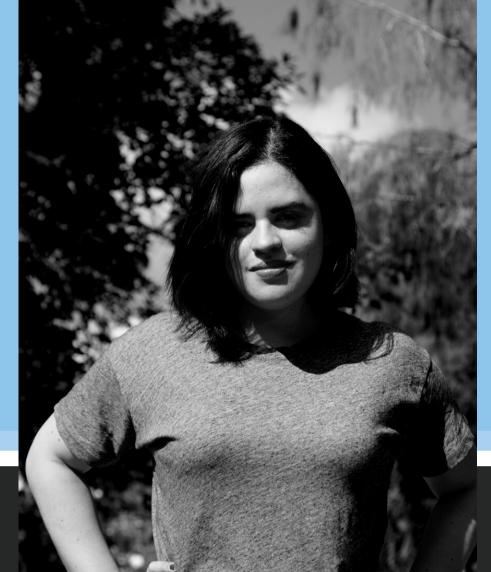
DIVERSITY OF AGE

exercise talent on the show ranges from age 40-95

COMPASSION & CHARISMA

Curtis Adams, host, has a heart for the viewers that can be felt through the screen







JILL ADAMS

Producer

ANNIE DAVILA

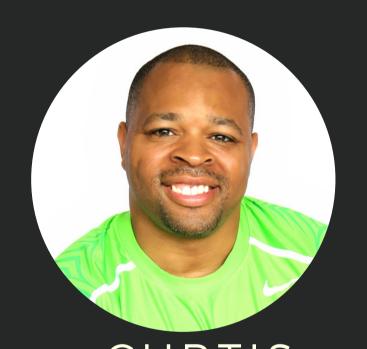
Director

STEPHAN LONG

Sound MIxer

THE HEAM 222

TALENT OVERVIEW



CURTIS ADAMS Host, Age 45



DAVID MOYE Age 47



LINDA MOYE Age 46



ROSE TURCHIN Age 92



MILLIE WARD Age 88

THE FIRST EXERCISE PROGRAM THAT EVERYONE CAN DO.

AWESOME WORKOUT AT ANY AGE.



nfluencer

Millions of views

Thousands of comments

38% monthly subscriber growth

Curtis is making his mark on YouTube

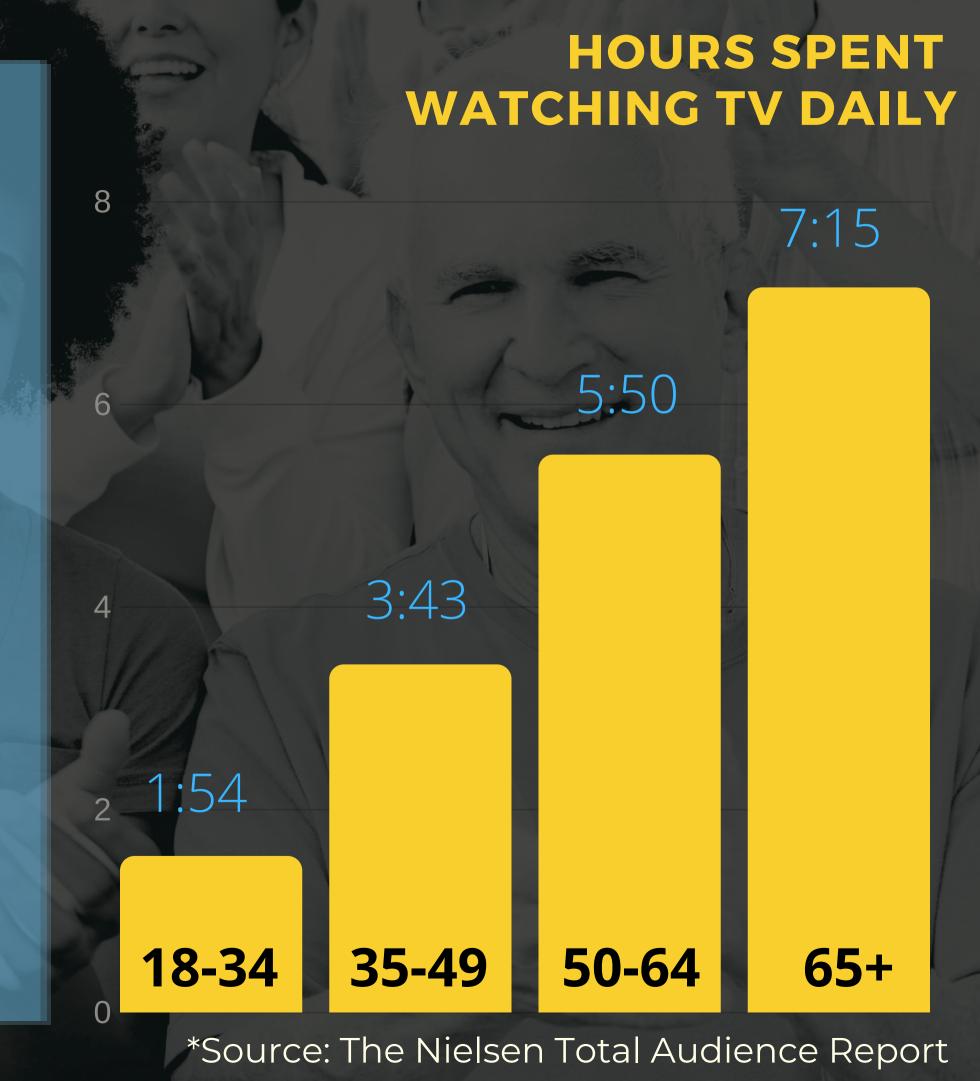
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You Tube

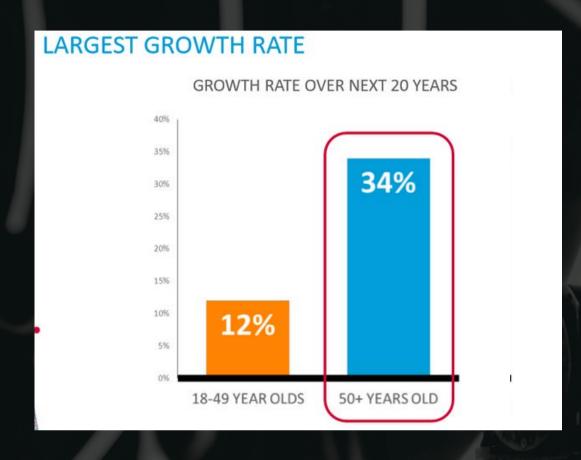


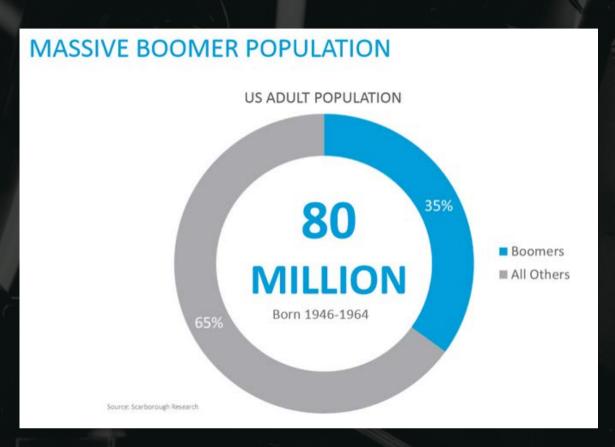
TARGET SALUDIENCE

The pace, talent, locations and music were all specifically selected to appeal to target audience age 45+. The workouts were thoughtfully designed to meet the fitness levels of this age group by offering modifications for each exercise. Over 35% of this demographic exercises regularly & are the most avid TV watching group.

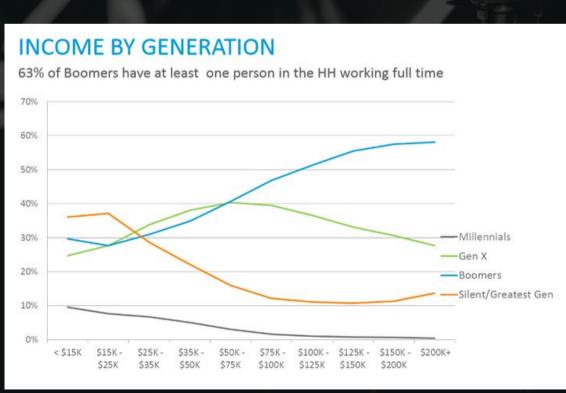


TARGET AUDIENCE AT A GLANCE













*Source: The Nielsen Total Audience Report

CONTACT US ==





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