



LADINA
YOGA

Christmas

Gift guide

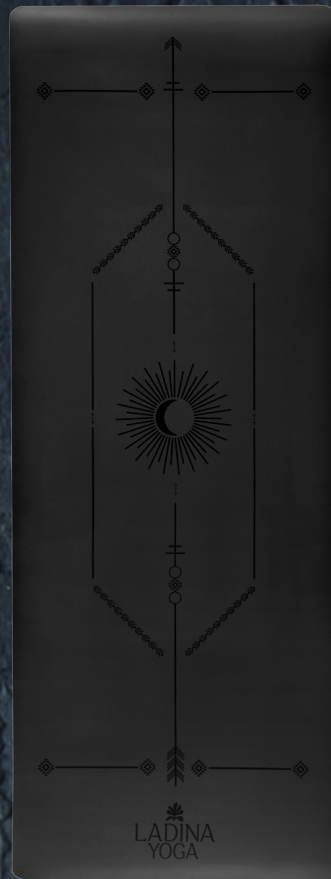
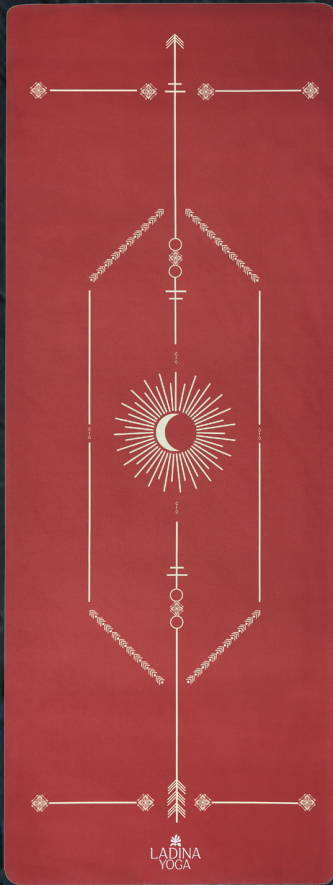
[SHOP NOW](#)



Celebrate the season with thoughtful gifts that align with your values of sustainability and well-being.

From eco-friendly yoga mats to stylish apparel, we have curated the perfect selection for every yogi on your list.

**For the
Beginner
Yogi**



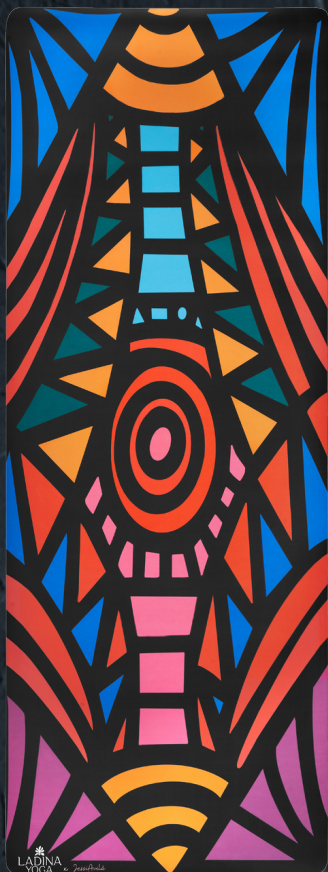
Warrior Yoga Mat

Dive into the practice with our beginner-friendly yoga mat, featuring alignment lines, £65.

The top layer is made of an anti-slip material ensuring your hands will stick during your Downward Facing Dog and the best grip for balancing poses!

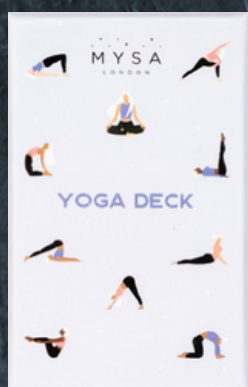


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For the
Creative
Yogi

2



3

1. Natural Rubber Courbe D'Energy Yoga Mat by [@ladinayoga](#), an explosion of joy, £75
2. The Stag Art Print by [@chidi3s_art](#), £30
3. Recycled paper Yoga Deck by [@mysalondon](#), £22



1



For the
Skincare
Obsessed
Yogi

2



ROLASKIN

ULTRA HYDRATING
RESTORE GLOW SHEET MASK

Biodegradable Sheet Mask Infused with Ceramides, Shea Butter,
and Peony Complex. Suitable for All Skin Types.

5 Sachets x 25ml / 0.84 fl. oz

3

1. My Skin Feels Amazing facewash + moisturiser made from rescued food waste by [@myskinfeels](#), £60

2. Antioxidant Power Serum made of Yendy Approved™ Baobab Seed Oil, Marula, Rosehip, Jojoba, and Squalane by [@yendyskin](#), £24

3. Biodegradable Ultra Hydrating Restore Glow Sheet Mask by [@rolaskinbeauty](#), £8



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For the
Mini Yogi

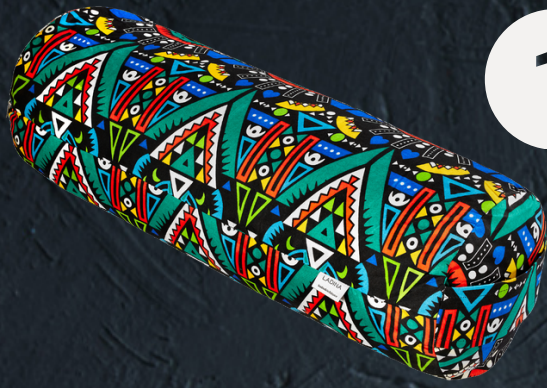
2



1. Once Upon A Breath In a Magical Forest, 1,200 hand-illustrated mindfulness sequences for mini yogis by [@zenrebels](#), £26.99

2. Yogi Power Playing Card, a combination of yoga, mindfulness, games and characters by [@yogipower](#), 19.99





1

**For the
Stressed
Yogi**



2



3

1. Handmade Makena yoga bolster filled with UK-grown organic buckwheat hulls by [@ladinayoga](https://www.ladinayoga.com), £73

2. Soy wax Joy candle with orange blossom, bergamot and tuberose by [@maevarae](https://www.maevarae.com), £28-£34

3. Handmade Ylang Ylang Calm spray by [@ladinayoga](https://www.ladinayoga.com), £14



1



2



For the
Dreamer
Yogi

1. Natural rubber Ravinala yoga mat
by [@ladinayoga](#), £70

2. Seachange Ocean Plant Pot made
from recycled abandoned ghost nets
by [@ecotribolife](#), £24.99



**For the
Fashionable
Yogi**

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2



3



1. Hand Painted jewellery box
by [@antarcreativelab](#), £29

2. Handmade Pink Blush Yoga Bag by
[@ladinayoga](#), £20

3. Organic cotton hidden heat crops
grey harem pants by [@chaykra](#), £48



Still unsure what would make the best gift, or have any questions about our range?

As the holiday season approaches, we're excited to present a Christmas Gift Guide that goes beyond the ordinary, celebrating the spirit of sustainability, mindfulness, and the joy of supporting independent brands. Each product featured has been handpicked with love, not only from Ladina Yoga but also from small independent businesses that share our commitment to conscious living.

By choosing gifts from our curated selection, you're not just embracing the joy of giving but also contributing to a more mindful and sustainable world. We believe that the spirit of the season lies in the connections we make and the positive impact we have on the planet. This guide is a celebration of those values, and we are grateful to be on this journey with you.

Thank you for choosing to support Ladina Yoga sustainable yoga brand and these wonderful independent brands.

Please let us know if you have any questions or queries, we are more than happy to help with whatever you need.

Contact: hello@ladinayoga.com