

Contents

Rock Recipes 3 | Barry C. Parsons 2

The Hush Sisters | Gerard Collins 3

Two for the Tablelands | Kevin Major 4

The Ice Shack I Katia Canciani, Christian Quesnel, Jocelyne Thomas 5

Nan's Pantry I Mary Duffy Hayward 6

Approaching Fire | Michelle Porter 7

Backlist Highlights 8

Rock Recipes 3: Even More Great Food and Photos from My Newfoundland Kitchen

BARRY C. PARSONS

SEPT | 2020

ISBN 978-155081-856-7

English

COOKING General

264 pages | 7.75 x 9.125 PBK Over 200 colour photographs \$29.95



DISTRIBUTOR: University of Toronto Press Distribution CARTON QUANTITY: 28

ALSO AVAILABLE:

Rock Recipes | 9781550815559 Rock Recipes 2 | 9781550816129

Rock Recipes Christmas | 9781550816556 Rock Recipes Cookies | 9781550817461





Even more Great Food and Photos From My Newfoundland Kitchen

BARRY C. PARSONS



Break out your mixing bowls and preheat the oven because Barry C. Parsons, the best-selling cookbook author and creator of the phenomenal *RockRecipes.com*, is back with an extra helping of delicious recipes to delight everyone at your dinner table. And as always, every recipe is accompanied by one of Barry's amazing full-colour photographs to help guide you from preparation to presentation. With helpful cooking tips and a recipe for every possibility, *Rock Recipes* makes mealtime as easy as 1, 2, 3!



One wife, two kids, one mortgage, lifelong food obsessive, recipe blogger, and food photographer: that's how *Rock Recipes* creator **BARRY C. PARSONS** describes himself on *RockRecipes.com*. The popularity of his recipes and cooking philosophy has led to four incredibly successful cookbooks. Parsons cooks & writes from his home in St. John's, NL.

The Hush Sisters

GERARD COLLINS



SEPT | 2020

ISBN 978-1-55081-841-3 English FICTION Gothic

312 pages | 5.5 x 8.5 PBK \$22.95



DISTRIBUTOR: University of Toronto Press Distribution CARTON QUANTITY: 32

Sissy and Ava Hush are estranged sisters with little in common beyond their upbringing in a peculiar manor in downtown St. John's. With both parents now dead, the siblings must decide what to do with the old house they've inherited. As the sisters discover the house's dark secrets, the spirits of the past awaken, and strange events envelop them. In The Hush Sisters, Gerard Collins weaves psychological suspense with elements of the fantastic to craft a contem-porary urban gothic that will keep readers spellbound until the novel whispers its startling secrets.

ALSO AVAILABLE:

Finton Moon | 9781897174906 Moonlight Sketches | 9781897174708







GERARD COLLINS is a Newfoundland writer whose first novel, Finton Moon, was nominated for the International Dublin Literary Award and won the Percy Janes First Novel Award. His short-story collection, Moonlight Sketches, won the NL Book Award, and his stories have been published widely in journals and anthologies. He lives in southern New Brunswick.

Two for the Tablelands

KEVIN MAJOR

SEPT | 2020

ISBN 978-1-55081-844-4 English FICTION Crime 224 pages | 5.5 x 8.5 PBK \$22.95



DISTRIBUTOR: University of Toronto Press Distribution CARTON QUANTITY: 44

ALSO IN THIS SERIES:
One for the Rock | 9781550816877

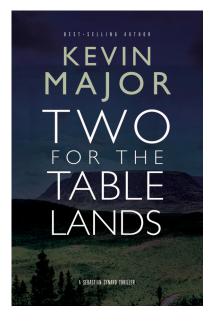


ALSO AVAILABLE:

Found Far and Wide | 9781550816327 Land Beyond the Sea | 9781550817522







Sebastian Synard is back. It's the off-season, and the Newfoundland tour guide introduced in *One for the Rock* has crossed the island for a weekend exploring the wonders of Gros Morne National Park. Life as a tour guide had its twists and turns, but now Sebastian is crossing a more dangerous landscape, on a path that will leave him face-to-face with a killer.

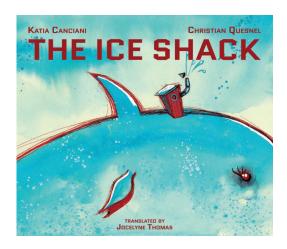


Governor General Award winner **KEVIN MAJOR** is the author of fiction, literary non-fiction, poetry, and plays. His first novel, *Hold Fast*, considered a classic of Canadian young-adult literature, was adapted into a feature film. *As Near To Heaven By Sea: A History of Newfoundland and Labrador* was a Canadian bestseller and finalist for the Pearson Non-Fiction Prize. The verse novel, *Ann and Seamus*, was shortlisted for a total of ten awards and has been turned into

an opera. New Under the Sun and Found Far and Wide are the first two books in Major's trilogy of Newfoundland historical novels. He lives in St. John's and, in his spare time, writes a whisky blog.

The Ice Shack

KATIA CANCIANI AND CHRISTIAN QUESNEL TRANSLATED BY JOCELYNE THOMAS



SEPT | 2020

ISBN 978-1-55081-850-5 English

CHILDREN Juvenile 24 pages | 9.25 x 10.75 PBK 24 colour illustrations \$12.95



DISTRIBUTOR: University of Toronto Press Distribution CARTON QUANTITY: 90

The most beautiful ice-fishing shack on the whole coast belongs to Alphonse. But he can't seem to catch a thing—not even a sock, or an old pair of underwear! How will be ever win the Best Fisherman Contest?!

A LOOK INSIDE:





KATIA CANCIANI lives in Gatineau, Quebec, and has published 36 books for children. She spends her time flying planes and meeting kids in schools.

CHRISTIAN QUESNEL lives in Saint-Andre-Avellin, Quebec, and is an author and illustrator of comics, graphic novels, and children's books.

JOCELYNE THOMAS has worked in books for more than 25 years as editor, researcher, writer, and retailer. In between editing books, she has managed an archival digitization project, transcribed legislative debates, researched episodes for a French-language television series, and most recently has been editing transcriptions for public inquiries.

Nan's Pantry

Traditional Newfoundland Recipes

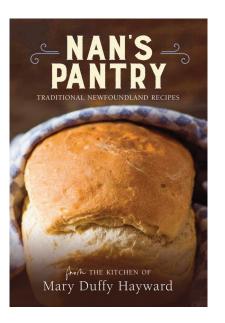
FROM THE KITCHEN OF MARY DUFFY HAYWARD

OCT | 2020

ISBN 978-1-55081-859-8
English
COOKING General
160 pages | 5.5 x 8 PBK

\$14.95

DISTRIBUTOR: University of Toronto Press Distribution CARTON QUANTITY: 64



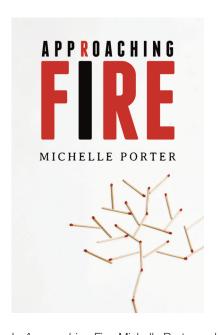
Every community has its good cooks—those people who can take the same ingredients and recipes as everyone else and somehow make everything taste better. Mary Hayward was one of those cooks, and Nan's Pantry shares her favourite recipes and special touches that made her a home-cooking legend. Every recipe is a kitchen and family tested wonder of great downhome Newfoundland cooking, with easy to follow instructions and tried-and-true kitchen secrets to help elevate your every meal to perfection.



MARY DUFFY HAYWARD was born in 1919 in St. John's, Newfoundland. She was known as a home-cook extraordinaire who raised nine children on the recipes found in *Nan's Pantry*. When she passed in 2017, she left behind her collection of amazing recipes, refined over decades of hard work and attention to detail, for everyone to enjoy.

Approaching Fire

MICHELLE PORTER



OCT | 2020

ISBN 978-1-55081-853-6 English

NONFICTION

200 pages | 5.25 x 8.25 PBK \$19.95

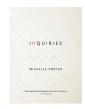


DISTRIBUTOR: University of Toronto Press Distribution CARTON QUANTITY: 48

In Approaching Fire, Michelle Porter embarks on a guest to find her great-grandfather, the Métis fiddler and performer Léon Robert Goulet. Through musicology, jigs and reels, poetry, photographs, and the ecology of fire, Porter creates a portrait which expands beyond documentation into a private realm where truth meets metaphor. Weaving through multiple genres and traditions, Approaching Fire fashions a textual documentary of rescue and insight, and a glowing contemplation of the ways in which loss can generate unbridled renewal.



Inquiries | 9781550817928





MICHELLE PORTER is a Red River Métis poet, journalist, and editor. She holds degrees in journalism, folklore, and geography (PhD). Her debut collection of poetry, Inquiries, was published by Breakwater in 2019. She's won awards for her work in poetry and journalism, and has been published in literary journals, newspapers, and magazines across the country. She lives in St. John's.

BACKLIST HIGHLIGHTS



Some People's Children

BRIDGET CANNING

ISBN 9781550818123

Weaving through a maze of gossip, community, and the complications of

family, Some People's Children is a revealing and liberating novel about the way others look at us and the power of self-discovery.



Lost in Newfoundland

MICHAEL WINSOR

ISBN 9781550818215

An artistic compendium of Newfoundland's visual wonders—its seascapes, landscapes, cityscapes, and natural inhabitants. This is a fine-art homage to an island where, as Winsor himself suggests, "Every cove, inlet, tickle, island, bay, peninsula, point, or arm is more beautiful than the next."

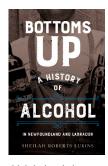


Field Guide to Newfoundland and Labrador

MICHAEL COLLINS

The most comprehensive guide of its kind on the market today. From flora and fauna to icebergs and

weather, no stone is left unturned in this perfect introduction to the province's life and landscape.



Bottom's Up

SHEILAH ROBERTS

ISBN 9781550818017

Bottoms Up is the story of alcohol in Newfoundland and Labrador, and reveals how the

drink helped shape so much of the province's culture.

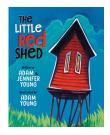


The Moon King

CARA KANSALA ISBN 9781550818185

When the magical Moon King tips over the night,

it spills across the land and sea, and he seeks the help of animals to collect the stars and return them to the sky. This beautifully illustrated bedtime story weaves an enchanting fable destined to become a children's classic—the perfect way to welcome the night and celebrate the wonder of dreams.



The Little Red Shed

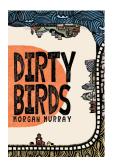
ADAM & JENNIFER YOUNG

ISBN 9781550818338

One morning, a little shed awakens to discover she

isn't quite the same as she used to be. Feeling as if she no longer fits in, she decides to leave home and sets out to sea. All alone on the wide, wide ocean, she meets an extraordinary new friend who sees how special she really is, and with newfound confidence, the little red shed returns home and inspires everyone to cherish their differences.

BACKLIST HIGHLIGHTS



Dirty Birds MORGAN MURRAY

ISBN 9781550818079

Hilariously ironic and irreverent, in *Dirty Birds*, Murray generates a quest novel for the twenty-first century—

a coming-of-age, rom-com, crime-farce thriller—where a hero's greatest foe is his own crippling mediocrity as he seeks purpose in art, money, power, crime, and sleeping in all day.



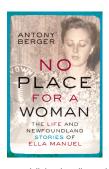
Hard Ticket

LISA MOORE

ISBN 9781550818277

Hard Ticket showcases thirteen of the most exciting emerging writers in Newfoundland. Selected by critically

acclaimed author Lisa Moore, these previously unpublished stories highlight the charged and magnetic work of Newfoundland's next generation of literary trailblazers.

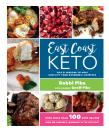


No Place for a Woman

ANTONY BERGER ISBN 9781550818369

Here, biographer Antony Berger expertly chronicles the life of Ella Manuel and incorporates

unpublished radio scripts and brilliant extracts from her private journals to bring Manuel to the page in her own words. Brimming with insight and wit, *No Place for a Woman* preserves the work of a truly original Newfoundlander.



East Coast Keto

BOBBI PIKE

ISBN 9781550817867

From the creative and culinary forces behind

the East Coast Keto community, comes the first cookbook that blends an East Coast way of life with ketogenic living. *East Coast Keto* contains over 100 keto recipes using flavours and ingredients of the East Coast, and with some traditional Newfoundland meals reimagined as low-carb and ketogenic staples.



Island Vegan MARIAN FRANCES WHITE

ISBN 9781550817652

In Island Vegan, Newfoundland's original

trailblazing vegan chef returns with over 100 plant-based recipes. The culmination of over forty years of exquisite vegan cooking, every recipe in *Island Vegan* is health conscious, environmentally sound, and absolutely delicious!



Some Good: Sweet Treats

JESSICA MITTON

ISBN 9781550818307

With decadent chocolate delights, oat-based goodies,

muffins, cakes, squares, and cookies, these recipes will satisfy your sweet tooth without the guilt. Now you can make truly tasty treats that are gluten and dairy free, incorporating healthier ingredients that will make everyone feel *Some Good*!

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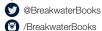
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