



BREAKWATER BOOKS

WINTER 2023



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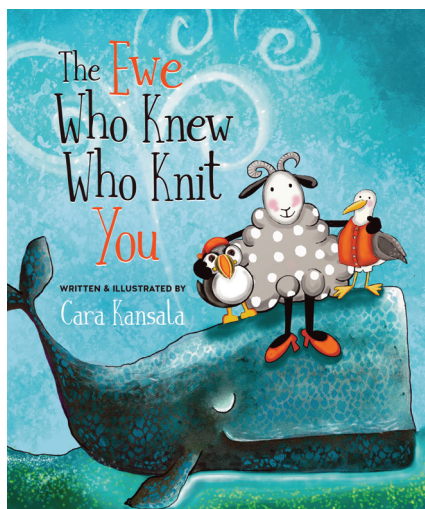
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The Ewe Who Knew Who Knit You

CARA KANSALA



FEB | 2023

ISBN 9781550819717

English

CHILDREN

88 pages | 7.5 x 9 PBK

\$14.95



DISTRIBUTOR: University of Toronto Press
Distribution

CARTON QUANTITY: 100

This magically illustrated story celebrates the power of friendship and kindness and teaches us to be proud of the things that make us unique.

When the warm winds summon the woollies of the world to the land of ice and fire, Lämmin the lamb sets out on an adventure to find out who she is and where she came from.

“Who Knit You” is a common question in Newfoundland and Labrador. It means “where do you come from and who do you belong to?” On her around-the-world adventure to find out “who knit her,” Lämmin meets friends everywhere she goes, realizing that your family can be whoever you choose. “We all belong together, and we’re knit by who we love.”



ALSO AVAILABLE

All Around the Circle 9781550816754

The Moon King 9781550818185

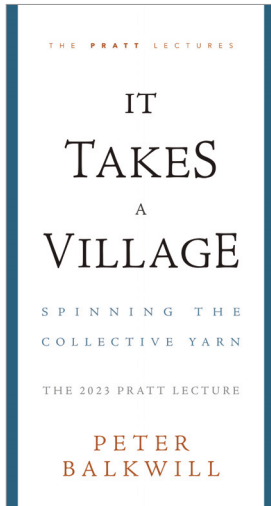


Born in Northern Ontario, **CARA KANSALA** now calls Newfoundland home. A full-time folk artist and children's book author, she is known for her whimsical depictions

of familiar Newfoundland sights. Cara draws constant inspiration from the rugged landscape and energetic spirit of the people she encounters. Her colourful Newfoundland scenes and playful style are recognized throughout the province and beyond. Cara spends her time between Upper Island Cove and St. John's, where she lives with her wife, Ailsa, two children, a Foofo, and a fluff-muppet called Beatrice.

It Takes a Village: Spinning the Collective Yarn

PETER BALKWILL



MAR | 2023

ISBN 9781550819656

English

LITERARY CRITICISM

64 pages | 4 x 7.5 PBK

\$14.95



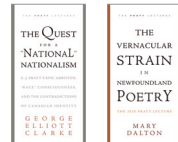
DISTRIBUTOR: University
of Toronto Press
Distribution

CARTON QUANTITY: 100

ALSO AVAILABLE

*The Quest for a 'National'
Nationalism*
9781550818758

*The Vernacular Strain in
Newfoundland
Poetry* 9781550819311



***It Takes a Village: Spinning the Collective Yarn* reflects on the collaborative process through which we discover our singular stories. It argues that sharing oral traditions is the best means to blaze pathways to performance.**

Every day we tell stories, and listen to them, in countless exchanges with people in all walks of life. Not all of the stories we tell are ours. Our stories are raised up from the communities that are our people, and they are added to the words that end up making us who we are. How do we find the ones that let us land here and now?

Peter Balkwill's *It Takes a Village: Spinning the Collective Yarn* is the 2023 Pratt Lecture, the oldest public lecture at Memorial University of Newfoundland and Labrador.

The Pratt Lectures were established in 1968 to commemorate the legacy of E. J. Pratt. Over the years, the series has hosted world-renowned authors and scholars, including Northrop Frye, Seamus Heaney, Helen Vendler, Mary Dalton, George Elliott Clarke, and Dionne Brand.

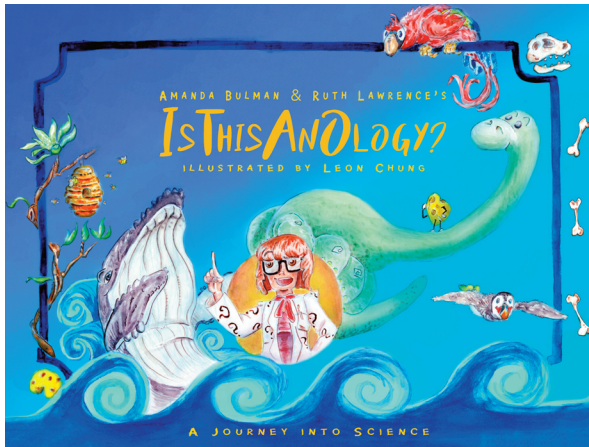


PETER BALKWILL is a founding co-artistic director at the Old Trout Puppet Workshop in Calgary, Alberta, whose internationally acclaimed productions include *The Unlikely Birth of Istvan*, *Beowulf*, *The Last Supper of Antonin Carême*, *Famous Puppet Death Scenes*, *The Erotic Anguish of Don Juan*, and *Ghost Opera*. Peter is also co-artistic director - curator of live performance for the International Festival of Animated Objects, as well as the founder and educational director of the Canadian Academy of Mask and Puppetry. He is an assistant professor in the School of Creative and Performing Arts at the University of Calgary.

IsThisAnOlogy?

AMANDA BULMAN & RUTH LAWRENCE

ILLUSTRATED BY LEON CHUNG



MAR | 2023

ISBN 9781550819694

English

CHILDREN

56 pages | 11 x 8.5 PBK

\$16.95



DISTRIBUTOR: University
of Toronto Press
Distribution

CARTON QUANTITY: 100

***IsThisAnOlogy?* is a journey of discovery! Andie interviews different “ologists” and learns all about different types of science.**

IsThisAnOlogy? explores big jobs, big science, and the biggest questions. Learn about fossils, bird migration, beekeeping, the science behind making food delicious, and the chemistry involved in cheese making. *IsThisAnOlogy?* features illustrations, interviews, comics, photographs, charts, recipes, and experiments you can try at home. Science can be a fun hands-on activity!

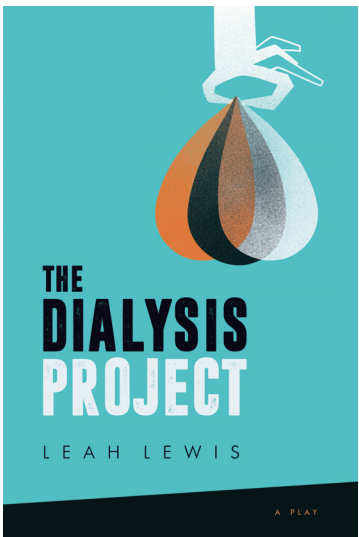


AMANDA BULMAN is a chef, writer, librarian, citizen scientist, and stand-up comic. She works closely with Little Green Thumbs and Agriculture in the Classroom and is the founder of Yes, Chef, a non-profit that brings sustainability, foraging, farming, and food into elementary school classrooms. Amanda hosts a segment on CBC's *Here and Now* entitled “Food and Fun” and hosted two children's television shows on Bell Fibe in 2021. She lives in beautiful Newfoundland with her basset hound. Amanda's cookbook and foraging guide, *Salt Beef Buckets: A Love Story*, was released in 2021.

RUTH LAWRENCE is a nationally recognized director, writer, and actor in film and theatre. In 2020, her debut narrative film, *Little Orphans*, won the Borsos Competition for Best Canadian Feature at the Whistler Film Festival. In 2019, she directed the documentary *Circus by Komatik*. Her writing for theatre includes the children's folktale adaptation of *Kate Crackerberry*. She is the artistic director of White Rooster Theatre. Her plays and poetry have been published in anthologies by Breakwater Books, Signature Editions, the Waterford Institute, and Playwrights Canada Press.

The Dialysis Project

LEAH LEWIS



MAR | 2023

ISBN 9781550819618

English

DRAMA

80 pages | 5.575 x 8.375 PBK

\$17.95



DISTRIBUTOR: University
of Toronto Press
Distribution

CARTON QUANTITY: 100

***The Dialysis Project* is the first-person story of agency and resilience.**

The Dialysis Project is a one-woman play about the experience of a home dialysis patient administering her own medical treatments every other day. The play explores what it's like to live with a lifelong chronic condition requiring regular medical procedures for survival, and touches on themes of identity and resilience.



LEAH LEWIS is a scholar and performer. Her work has focused on exploring chronic illness as a lived experience of

many. Leah's research and writing are arts-based, and work with first-person accounts of resilience and agency as it relates to daily lived experiences of chronic illness.



AWARD-WINNING DRAMA

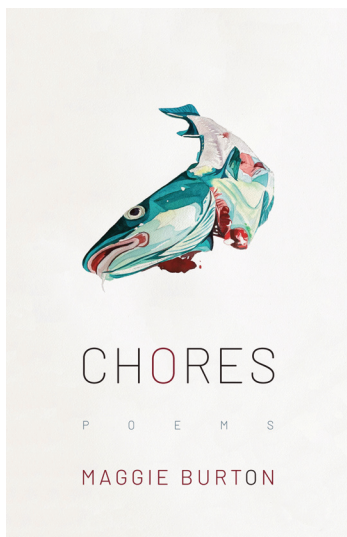
Crippled 9781550818932

From childhood conflicts to overwhelming adult loss and grief, from despair to hope, *Crippled* presents the commonality of our inner struggles with personal demons, framed against our exterior struggles with the perceptions of others.

2021 Governor General's Literary Award, Drama

Chores

MAGGIE BURTON



APR | 2023

9781550819632

English

POETRY

64 pages | 5 x 7.75 PBK

\$19.95



DISTRIBUTOR: University
of Toronto Press
Distribution

CARTON QUANTITY: 75

This semi-autobiographical collection of poetry offers an historical snapshot of domestic life that views women's labour, relationships, and sexuality through a feminist lens.

Chores is about families and the domestic work of settler women on the island of Newfoundland. A comedy and a tragedy in equal parts, *Chores* explores everyday life with all its pleasures and suffering.

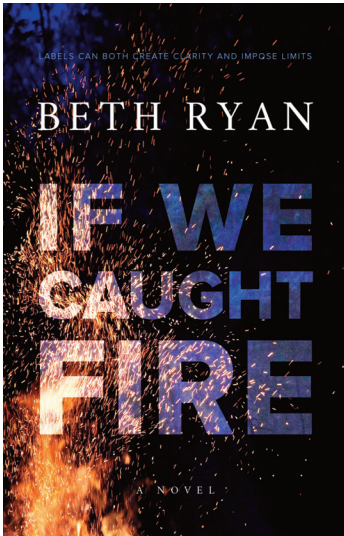
The simple, indirect, and accessible language of *Chores* creates vivid, recurring images of food, household objects, body parts, and animals. The poems scrutinize the physical and social details of domestic labour and of the conditions in which women did, and continue to do, the work of sustaining life.



Originally from Brigus, Ktamtukuk, **MAGGIE BURTON** currently lives in St. John's with her blended family, including four young children, a plethora of small animals, and her partner, Michael. Trained as a classical violinist, Maggie is a multi-disciplinary performer with a background in arts administration and music education. Maggie started writing poetry after having kids at the age of twenty. Currently, she dedicates her time to community-oriented work and writing. Her poems explore family, folklore, feminism, and sexuality.

If We Caught Fire

BETH RYAN



APR | 2023

9781550819670

English

FICTION

224 pages | 5.5 x 8.5 PBK

\$22.95



DISTRIBUTOR: University
of Toronto Press
Distribution

CARTON QUANTITY: 50

Set in St. John's, *If We Caught Fire* explores the complexities of life in a blended family.

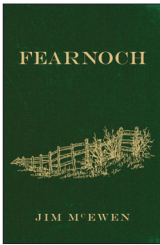
When her mother decides to remarry, Edie's calm and orderly life is knocked off kilter. The groom's son, Harlow, is a joyful adventurer who shows up for the wedding and quickly recruits Edie as his sidekick. Just when she thinks she's figured him out, Harlow reveals a depth and darkness she didn't see coming. Edie and Harlow—and their new unwieldy family—do an elaborate dance all summer, trying to discover what they are to one another. By Labour Day, they've created connections, tested boundaries, and found they've come together and apart in unexpected ways.

Edie and Harlow, the main characters in *If We Caught Fire*, navigate the world in disguise, creating personas that they believe hide their pain and vulnerability. The characters struggle to define themselves and others, to make sense of how they feel and act, to understand what they value and need. As they try to form connections with one another, they realize that labels can both create clarity and impose limits. Their families have been shaken by death, trauma, addiction, secrecy, and infidelity, which leaves them all feeling unsteady as they try to form a new blended family.



If We Caught Fire is **BETH RYAN**'s first novel. Her collection of short fiction, *What Is Invisible*, won the Margaret and John Savage First Book Award in 2004 and was shortlisted for the NL Book Award for Fiction and the APMA Best Atlantic-Published Book Award. Her stories have appeared in various publications, been broadcast on CBC Radio, and won awards from the NL Arts and Letters Competition, the Cuffer Prize, the Atlantic Writing Competition, and the Victoria School of Writing. For twenty-four years, Ryan made her living as a writer and editor. After making a career change in 2011, she is now a counselling therapist in private practice in St. John's, where she lives with her husband, Stephen Kiraly, in a house filled with books and cats.

BACKLIST HIGHLIGHTS FICTION

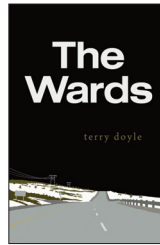


Fearnoch

JIM MCEWEN

ISBN 9781550819410

Steinbeck meets Miriam Toews in this insightful and illuminating debut about the decline of rural Canada and the meaning of community.

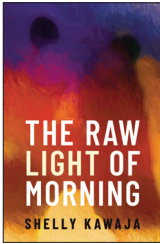


The Wards

TERRY DOYLE

ISBN 9781550819359

Terry Doyle offers heart-breaking and humorous insights into the instability of nuclear families in this gripping drama.



The Raw Light of Morning

SHELLY KAWAJA

ISBN 9781550819465

A powerful novel about women and children finding humour and love in the aftermath of domestic violence.

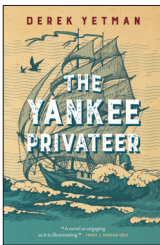


No One Knows about Us

BRIDGET CANNING

ISBN 9781550819502

Award-winning author Bridget Canning returns with an incisive and unsettling collection.



The Yankee Privateer

DEREK YETMAN

ISBN 9781550819236

A story of adventure, betrayal, and resilience in Newfoundland set against the backdrop

of the historical events of the American War of Independence.



Four for Fogo Island

KEVIN MAJOR

ISBN 9781550819526

Murder in a quilt shop on scenic Fogo Island leads sardonic private eye Sebastian Synard from his quest for

some R&R to a different kind of excursion altogether.

BACKLIST HIGHLIGHTS NONFICTION



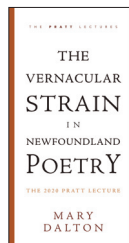
A Life Spent Listening

DR. HASSAN KHALILI

ISBN 9781550819373

A unique and engaging perspective of humanity – a journey to wisdom shared

through stories of self-awareness, acceptance, and discovery, by acclaimed psychotherapist Dr. Hassan Khalili.



The Vernacular Strain in Newfoundland Poetry

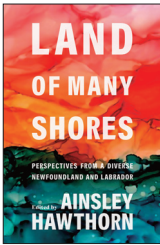
MARY DALTON

ISBN 9781550819311

Mary Dalton's 2020 Pratt Lecture engages with the vernacular

voice in Newfoundland poetry, illustrating the move from uncertainty to acceptance and welcoming of the beauty and variety of the language of Newfoundland.

BACKLIST HIGHLIGHTS ANTHOLOGY



Land of Many Shores

AINSLEY HAWTHORN
ISBN 9781550818963

Indigenous people, cultural minorities, LGBTQ+, people living with mental or physical disabilities and other under-

valued and hidden voices are coming to the forefront, with personal, poignant, celebratory and critical visions of the land we live on.



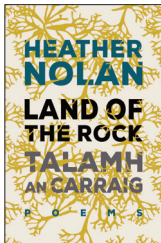
Hard Ticket

EDITED BY LISA MOORE
ISBN 9781550818277

Hard Ticket showcases some of the most exciting writers in Newfoundland. Selected by critically acclaimed author Lisa

Moore, these previously unpublished stories highlight the charged and magnetic work of Newfoundland's next generation of literary trailblazers.

BACKLIST HIGHLIGHTS POETRY | DRAMA



Land of the Rock

HEATHER NOLAN
ISBN 9781550819250

A poetic exploration of place and belonging, a quest that takes the speaker across the ocean in search of identity and origin. In

Land of the Rock, the lost utopia of Gaelic Ireland, which is interwoven through Irish writing and consciousness, is reimagined and displaced across the Atlantic.



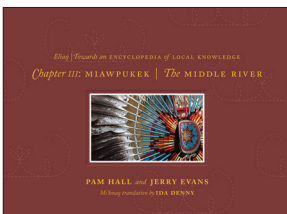
Hunger

MEGHAN GREELEY
ISBN 9781550819298

A play about currency during wartime, survival, and the power dynamic between protectors and the protected. The alcove isn't

big enough for three, and as the war outside reaches a deafening climax, hunger reduces the protectors and the protected alike to a surreal state of desperation.

BACKLIST HIGHLIGHTS NONFICTION

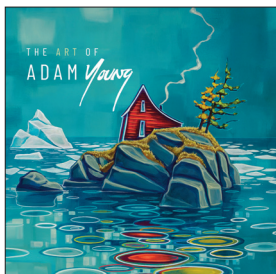


Towards an Encyclopedia of Local Knowledge Volume II: Excerpts from Chapter III—Miawpukek

PAM HALL & JERRY EVANS
ISBN 9781550819335

Presented in English and Mi'kmaq, the latest chapter in this ambitious series presents a remarkable and respectful collaboration between an Indigenous and non-Indigenous artist, deepening and diversifying our understanding of the intergenerational knowledge of a Mi'kmaq community in Newfoundland.

BACKLIST HIGHLIGHTS **ART**



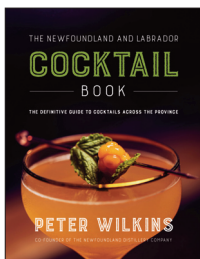
The Art of Adam Young

ADAM YOUNG

ISBN 9781550819397

A colourful journey through Newfoundland and Labrador as seen through the distinctive, whimsical style of internationally renowned artist Adam Young. Highlighting the last ten years of Young's artistic work, this book features over 100 paintings and sketches based on the artist's representation and vision of the Atlantic coast.

BACKLIST HIGHLIGHTS **COOKING**



The Newfoundland and Labrador Cocktail Book

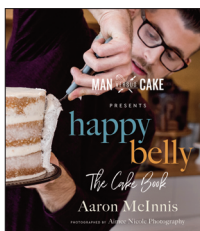
PETER WILKINS

ISBN 9781550819489

The definitive guide to cocktails in Newfoundland and Labrador from the co-founder of the popular Newfoundland Distillery, including recipes from the top mixologists and bartenders across the province.

Cocktails are all about pleasure and celebrating the finer moments in life. With recipes compiled and tested by Peter Wilkins, the co-founder of the Newfoundland Distillery, this is the essential guide on how to effortlessly

make classic and contemporary cocktails using the best local ingredients available. Peter introduces us to a range of delightful drinks in a variety of tastes and styles to make sure there is a cocktail for everyone.

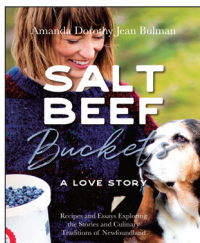


Man Versus Cake Presents Happy Belly: The Cake Book

AARON MCINNIS

ISBN 9781550819212

A fun, non-traditional approach to baking cakes and treats from the creator of Man versus Cake. As a firm believer that a great base recipe is all you need to be successful, Chef Aaron guides you on a journey through cakes and cupcakes, from popular candy bars and classic flavour pairings to holiday treats, unconventional flavours, and more.



Salt Beef Buckets: A Love Story

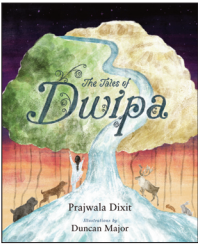
AMANDA BULMAN

ISBN 9781550819052

Three facts: 1. The culinary history of Newfoundland is unique and diverse. 2. Anyone can cook anything and make it delicious, so long as they prioritize local and seasonal ingredients. 3. Food tastes better when it is connected to stories and memory. These are the core beliefs of *Salt Beef Buckets: A*

Love Story, an affectionate tribute to the land, the people, and their meals.

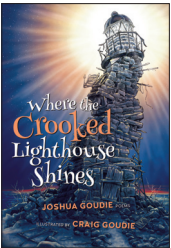
BACKLIST HIGHLIGHTS **YOUNG READER**



The Tales of Dwipa

PRAJWALA DIXIT WITH ILLUSTRATIONS BY DUNCAN MAJOR
ISBN 9781550819274

Through a framework of traditional tales, fantastic creatures struggle with issues of marginalization, opening discussion for parents and children in an accessible form.



Where the Crooked Lighthouse Shines

JOSHUA GOUDIE & CRAIG GOUDIE
ISBN 9781550819434

A dark, fantastical collection of narrative poems that draw on unique elements of Newfoundland and Labrador culture and folklore. Intended to be read aloud, *Where the Crooked Lighthouse Shines* draws on Newfoundland and Labrador's long tradition of lyric storytelling, making whimsical use of rhyme and rhythm.

Young readers will enjoy the humour in the verse while seeing how problems (even the dark and scary ones) can be resolved without losing one's sense of playfulness and wonder.

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