

MISSIONDRIVEN

WHAT HUMAN FOOD CAN MY DOG EAT?

CAN EAT

Bread
Popcorn (unsalted & unbuttered)
Quinoa
Oatmeal**
Rice
Eggs*
Fish (Salmon, Sardines)*
Ham*
Pork*
Shrimp*
Tuna (unflavored, in water)*
Turkey*
Beef*
Cantaloupe
Pumpkin (cooked only)
Blueberries
Watermelon (seedless)
Blackberries
Apples (without seeds)
Bananas
Coconut (raw, unfiltered)
Kiwi
Mango
Strawberries
Pears
Raspberries
Cranberries
Oranges
Tomatoes (ripe only)
Cauliflower
Corn
Carrots (bite-size pieces)
Broccoli
Sweet Potatoes (cooked ONLY)
Green Beans
Celery
Cucumbers
Brussel Sprouts
Spinach
Cheese
Ice Cream**
Yogurt**
Honey
Peanut Butter**

CANNOT EAT

Almonds
Macadamia Nuts
Yeast Dough
Fruit Pits or Seeds
Avocado
Macadamia Nuts
Asparagus (hard to chew & swallow)
Onion
Chives
Leeks
Alcohol
Chocolate
Cinnamon
Garlic
Corn on the Cob
Cooked Bones
Nutmeg
Candy
Rhubarb
Spices and seasonings
Any foods with xylitol (a sugar substitute that is toxic to dogs)

**NO FOOD COOKED IN OILS, SALTS, OR SEASONINGS. ALSO, CHECK NUTRITION FACTS TO ENSURE NO ADDED SUGARS, ARTIFICIAL FLAVORS, OR ANY OTHER TYPE OF SWEETENERS.

*ALL MEAT/FISH SHOULD BE COOKED AND GIVEN WITH NO FAT, SKIN/SHELL, OR BONES.

AND PORTION SIZE MATTERS. TREATS SHOULD BE KEPT TO NO MORE THAN 10% OF DAILY CALORIC INTAKE.